Early Childhood Comprehensive Systems (ECCS)

• Purpose: To improve developmental trajectories for infants and young children by fostering safe and nurturing relationships and mitigating the effects of toxic stress and trauma.

• August 1- September 31
**5 CONDITIONS OF COLLECTIVE IMPACT:**


<table>
<thead>
<tr>
<th>Condition</th>
<th>Description</th>
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<tr>
<td>Common Agenda</td>
<td>All participants have a shared vision for change including understanding of the problem and a joint approach to solving it through agreed upon actions.</td>
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<td>Shared Measurement</td>
<td>Collecting data and measuring results consistently across all participants ensures efforts remain aligned and participants hold each other accountable.</td>
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<td>Mutually Reinforcing Activities</td>
<td>Participant activities must be differentiated while still being coordinated through a mutually reinforcing plan of action.</td>
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<td>Continuous Communication</td>
<td>Consistent and open communication is needed across the many players to build trust, assure mutual objectives, and create common motivation.</td>
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<td>Backbone Support</td>
<td>Creating and managing collective impact requires a separate organization(s) with staff and a specific set of skills to serve as the backbone for the entire initiative and coordinate participating organizations &amp; agencies.</td>
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Life Course Theory

“Instead of focusing on differences in health patterns one disease or condition at a time, LCT points to broad social, economic and environmental factors as underlying causes of persistent inequalities in health for a wide range of diseases and conditions across population groups. LCT is population focused, and firmly rooted in social determinants and social equity models.”

• Pathways or Trajectories
• Early Programming
• Critical or Sensitive Periods
• Cumulative Impact
• Risk and Protective Factors

1. Create A Movement for Change

- Connect ECCS and major State level efforts by articulation of a shared vision, shared measurements, and continuous communication related to our youngest children.
- Support a collective impact approach in the Mat-Su Valley.
- Support a collective impact approach in at least one additional community in Alaska.
2. Educate a cross-section of providers, caregivers, families and communities about the critical importance of human development during infancy and early childhood, the impacts of adverse childhood experiences, and their role in the mitigation of toxic stress.

- “Repository” for training opportunities
- Training to cross-section of providers
- Support Pediatric Symposium
- Technology Transfer, ECMH Learning Network
- Early Childhood Mental Health Institute
3. Enhance early childhood systems focused on creating a trauma informed system, strengthening infant mental health, and improving attachment and early relationships.

- Implement recommended policy changes for ECMH services
- Expand ECMH consultation services
- Articulate continuum of services and supports from prevention to intervention
- Embed best practices in CPS
4. Develop and implement projects to screen and monitor for adverse childhood experiences, family domestic violence and trauma risk.

- Increase standardized screening and monitoring
- Establish “one-stop” website regarding preventative pediatric care
5. Expand and coordinate networks of evidence based/informed supports and treatment services for families identified with trauma or risk for trauma will be expanded and coordinated.

- Increase EB/informed supports and interventions
- Expand Strengthening Families Protective Factors approach
Mitigating Effects of Toxic Stress & Trauma

- Create a Movement for Change
- Enhance Systems
- Educate Providers
- Screen & Monitor
- Expand Services
Steering committee:

- Alaska Children’s Trust
- Alaska Chapter of the American Academy of Pediatrics
- Alaska Child Trauma Center
- Alaska Mental Health Trust Authority
- Alaska Mental Health Board
- All Alaska Pediatric Partnership
- Division of Behavioral Health
- Matanuska-Susitna Health Foundation
- Part C/Early Intervention Program
- Southcentral Foundation
- ECCS/Office of Children’s Services
AECCC Recommendations

5. Embed “Strengthening Families” protective factors through systems across the board to include grant proposals, policies, materials development, and sustainability of long-term funding efforts.

7. Seek to ensure every child will have full access to well-child exams that follow the Alaska Periodicity Schedule which is based on the recommendations of the American Academy of Pediatrics. (Health and Mental Health)

8. Seek to ensure every child and their family has full access to age appropriate services that promote physical, emotional, and behavioral health and safety. (Health and Mental Health)
Strengthening Families™ is a research-informed approach to increase family strengths, enhance child development and reduce the likelihood of child abuse and neglect. It is based on engaging families, programs and communities in building five protective factors:

• Parental resilience
• Social connections
• Knowledge of parenting and child development
• Concrete support in times of need
• Social and emotional competence of children
• The Strengthening Families approach is grounded in seven foundational ideas:
  • (a) the multi-generation approach,
  • (b) a consideration of culture,
  • (c) the strengths based perspective,
  • (d) the biology of stress,
  • (e) resilience theory
  • (f) a focus on well-being, and
  • (g) the nature of risk and protective factors.