

BTKH FY10 New Pilot Projects

Anchorage Community Mental Health Services **Anchorage**

Pilot Project 3 – Support Services for Transitional Aged Youth. The Anchorage Community Mental Health Services proposed to develop a pilot project using their trauma expertise in mental health treatment to work in conjunction with Covenant House, who has expertise in independent skills-building and case management, and with the Alaska Youth and Family Network, which is a client, family-focused consumer advocacy group. This cooperative treatment approach will provide comprehensive evidence-based, client-centered, and family-focused model to service Anchorage’s Severely Emotionally Disturbed (SED) youth in transition who are facing challenges in reintegration into their families and communities.

Grant Award: \$200,000

Catholic Community Services **Hoonah and Juneau**

Pilot Project 2- Pre-School & Grade School Based Services. The Catholic Community Services proposes a pilot program entitled ECLIPSE (Early Childhood Learning and Infant Program for Southeast) for children in pre-school or daycare who meet the criteria of SED. The program will serve children under the age of 5, experiencing SED, and their families, through the development and staffing of clinical and rehabilitative services in pre-school/daycare and home settings in Hoonah and Juneau. Prioritize referrals will be SED children with SED experiencing co-occurring disorders such as Fetal Alcohol Syndrome Disorders (FASD) and Traumatic Brain Injury (TBI) or cognitive delays; aggression, sexual offending, or self-harming behaviors; or children who have been sexually assaulted, are in Office of Children Services custody, been involved in domestic violence or other trauma. Services will be wrap-around and family-focused, enveloping the family, child and community.

Grant Award: \$125,000

Co-Occurring Disorders Institute **Matanuska-Susitna Borough**

Integrated Services for Children and Families in the Mat-Su Borough. The Co-Occurring Disorders Institute (CoDI) provides outreach, contact and support to families, with the focus being on bringing Mat-Su children home from out-of-state placement. The program is family-driven, no rejects-eject and maximizes the number and coordination of therapeutic events by addressing the youth’s and family’s challenges. The diversion piece will be comprised of family assessment and referral to appropriate services, an invitation to participate in parent management training, recommendation of participation in support groups at CoDI or within the community providers, and references to resource and informational materials of a child’s particular disorder. CoDI will continue to work with the Alaska Superior Court and the Division of Juvenile Justice to establish a youth mental health court.

Grant Award: \$430,800 (grant) and \$76,800 (provider agreement)

Fairbanks Community Behavioral Health Center

Fairbanks

Pilot Project 3 – Support Services for Transitional Aged Youth. The Fairbanks Community Behavioral Health Center’s transition program, Transition to Independence (TIP) process implements evidence-based practices to assist youth transitioning into adulthood. This in-house transitional program will be offered to youth a six-month to 12 month residential option – those needing extensive services will have 12 to 18 months. Youth will be linked to education, employment readiness, and independent living skills. Youth will also be linked to adult social networks, behavioral health services, local community providers and resources, emergency de-escalation services, and co-occurring substance abuse education and treatment support/referral.

Grant Award: \$200,000

Kodiak Area Native Association

Kodiak

Pilot Project 1 – In Home and Community Supports, Technical Assistance and Training. The Kodiak Area Native Association’s (KANA) service area consists of Kodiak, and the more remote and isolated villages of Ahkiok, Karluk, Larsen Bay, Old Harbor, Ouzinkie and Port Lions. Kodiak Island, including the City of Kodiak and the six surrounding villages are recognized by the State as an underserved geographical area for behavioral health services. KANA’s proposes effective services utilizing each village’s unique culture, building on traditional Alutiiq and Kodiak Island values.

Grant Award: \$224,751

Providence Kodiak Island Counseling Center

Kodiak

Pilot Project 1 – In Home and Community Supports, Technical Assistance and Training. The Providence Kodiak Island Counseling Center proposes an in-home program entitled Family-Focused Service Program to increase the family-centered in-home counseling services for the SED youth and families in the natural settings of their home. Youth with co-occurring substance abuse and mental health disorders will be given priority status. The focus will be on in-home counseling for SED youth and their families.

Grant Award: \$100,024

Sitka Counseling and Prevention Services

Sitka

Pilot Project 1 – In Home and Community Supports, Technical Assistance and Training. The Sitka Counseling and Prevention Services Center proposes in-home and in-school services, providing care coordination, case management, individual skill development, parent training and respite services.

Grant Award: \$156,797

BTKH FY10 Continuations

\$100 Grantees to maintain Medicaid MH Billing Number:

- Alaska Family Services (AFS)
- Metlakatla Indian Community (MIC)
- Presbyterian Hospitality House (PHH)
- Residential Youth Care (RYC)

CONTINUATION EXCEPTIONS (Those grantees who received additional year of funding. Justifications included below)

Central Peninsula General Hospital (CPGH):

The project has entered its 3rd year in FY10 and is not sustainable. The BTKH population's Medicaid costs either cannot be reimbursed or are not fully reimbursable. Without the \$100,000 funding, CPGH estimates a scale-back to 1.5 providers (currently at 3.5) for rehabilitation services and limiting psychiatric appointments to emergencies only. With this increased funding, CPGH has a stronger chance of sustaining this program after FY10. In FY10 CPGH will become a Designated Treatment and Stabilization Center ("DES"); expanding their capacity to provide MH services to SED youth, while contracting with their own psychiatrist. CPGH was awarded \$100,000 (48 percent of total FY09 funding) BHTK funds to supplement their program.

Juneau Youth Services (JYS) – Early Childcare Support Project:

The project is entering its 4th year in FY10 and continues to produce anticipated outcomes; however, the main barrier continues to be minimal Medicaid reimbursement opportunities for services provided to the target population. JYS has reduced their FY10 request to \$80,000 versus FY09 grant of \$100,000 and has increased their Medicaid projection by nearly \$28,000 in FY10 (25% increase). The requested \$80,000 accounts for only 36% of the overall project funding. JYS will meet the remaining 64% of the project cost through Medicaid and other sources.

Juneau Youth Services (JYS) – Independent Living Project:

The project, in its 3rd year in FY10, continues to work toward sustainability through BTKH and federal funding. JYS reduced their FY10 request to \$48,950 versus FY09 grant of \$56,954 (14% reduction) and has increased their Medicaid revenue projection by \$5,960 in FY10 (a 10% increase). Not all youth services are eligible for Medicaid, a barrier to sustainability. This year, federal reviewers visited and asked JYS to serve more non-SED runaway and homeless youth, a non-reimbursable population in Medicaid. The \$48,950 accounts for only 17% of the overall project funding. JYS will meet the 83% of the project cost, through their federal grant, Medicaid and JYS contribution.

Special Education Services Agency (SESA) – BTKH Educational Transition Support Project

The Special Education Service Agency (SESA) will continue to track stages of transition for children and youth coming from RPTC to their designated placement within Alaska. The target population is Alaska youths in transition to and from local, state and out-of-state RPTCs. SESA provides educational transition support and has partnered with Alaska Youth and Family

Network to provide services for family and youth upon the student's return from RPTC. Services include on-site and distance training, consultation and technical assistance in the prevention, instruction and consequence-based strategies to reduce problem behavior. Additionally, SESA's specialist participates in crisis prevention and response resource to the student's educational team. SESA provides short-term on-site social skills and therapeutic supports while agency linkages are being developed for the child.

Volunteers of America Alaska - Home & Community-Based Enhancements - ARCH

The ARCH treatment program serves youth 12-17 and involves a residential stay of 5 to 7 months. The youth's chemical dependency is addressed in a therapeutic environment and their maladaptive behavior patterns are addressed by the program's community. VOAA uses evidence-based strategies of treatment to maximize treatment success. For FY10, the Alaska Legislature placed intent language in the FY10 budget to provide funds to VOAA for ARCH. The \$181,000 is allocated for FY10 and will come from general funds outside of the funds allocated for the Bring the Kids Home Program.