

Mat-Su BTKH Demonstration Project

Co-Occurring Disorders Institute, Inc.

FY 09

Annual Report

The Co-Occurring Disorders Institute, Inc. (CoDI) has finished the third year of the five year Bring the Kids Home (BTKH) Demonstration Project. Two of these years have been in the direct evolution of a model for organizing and monitoring the return of youth from out of state placements. The principles of the model parallel those of the BTKH children's treatment team and the Department of Behavioral Health (DBH) management. First principles include Family driven and responsive programming; community-wide partnerships in care planning and execution; and longitudinal support. The evolving model reflects these core values and activities.

CoDI has employed the use of Care managers to work with the families, the out of state placement treatment teams, the local cadre of providers and with state oversight personnel. These Care managers have had case loads of between 12 to 23 families and youth throughout FY 09. Likewise, our Care managers have provided a Parent Management Training to 14 families over 10 weeks with a follow up support group which was ongoing. In February 2009, the DBH management moved to transfer this family/parent component to Alaska Youth and Family Network (AYFN). CoDI subsequently met with AYFN staff to introduce our developed product and to begin the process of transfer. This process stumbled along without resolution until May 2009 when DBH management reversed their decision and again encouraged CoDI to have the Parent Management Training as part of the FY10 continuation grant. CoDI will be setting about to re-deploy this component during the first quarter.

CoDI has lost both of its Care managers within the past three months. Pauline Sullivan left to pursue further education in an allied field of medicine and Kathy Okeson left to fulfill her requisites for licensure as a clinician. This severely hampered CoDI's reach with the current youth and families along with connecting with new families and the ongoing development of fledgling program components. In early June, CoDI hired Dustin Logan LPC as a Care manager. We have started to reach out to new families and continue to follow the older cohort. CoDI is recruiting for another Care manager.

During FY 09 we served the following Families/Youth in the Mat-Su Program:

Active	Tracking	Contacted/ Not Engaged	Contacted/ Status Varied	Case Closed
19	5	3	20	4
Home	OOS	In state placement	OCS Cases	Diversion Referrals
31	19	1	3	6

Total Families Referred to CoDI = 61