

State of Alaska  
Department of Health & Human Services  
Division of Behavioral Health



Bring the Kids Home  
Individual Services Agreement  
FY 09 Report

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Division of Behavioral Health: Policy & Planning  
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## **Introduction**

The Individualized Service Agreements (ISA) provide for individual, specialized services for children with severe emotional disturbance (SED) under the age of 22 who would otherwise be at risk for placement out of the home. These funds are designated to maintain children and youth in the least restrictive setting closest to their home community. Requested services must be considered essential to maintain the recipient in the community. Services may include identified family interventions.

Youth must be assessed at residential level of care (LOC) to be eligible for individualized service dollars. Division of Behavioral Health (DBH) Utilization Review (UR) staff will determine level of care (utilizing the InterQual tool) at time of application for individual service dollars and yearly thereafter. The provider is responsible for providing documentation needed for determination of the award.

This report discusses the services funded by the Division of Behavioral Health ISA grant dollars during fiscal year of 2009. It presents data by region, service category, age, and agency. In addition to the findings basic demographics of the recipients are described.

Total ISA requested services were near 1725 for 543 recipients; however, there were 42 recipients denied services mainly due to incomplete paperwork. Other than incomplete paperwork recipients were denied services if it were found other payment sources were available for services. In all 506 recipients were served for a total of 1706 services.

Method: Data was collected, entered and assembled into an Access database from individual ISA recipient charts. A filter was used to conduct an extract from the STARS database using the Medicaid IDs of the recipients who received services paid for by ISA funding. Recoding of variables to apply value labels to ethnicity, race, gender, service categories, and regions was conducted. Calculations were performed to determine age of recipients at the time of service in FY09. Queries were then built to extract data for this report.

This report explores the data in depth as depicted in tables and graphs. This data is then used to formulate the “Conclusion and Policy Implications” section found at the end of this report on page 14.

SFY09: N = 506

Division of Behavioral Health (DBH) received 1.2 million for ISA funding in 2009.

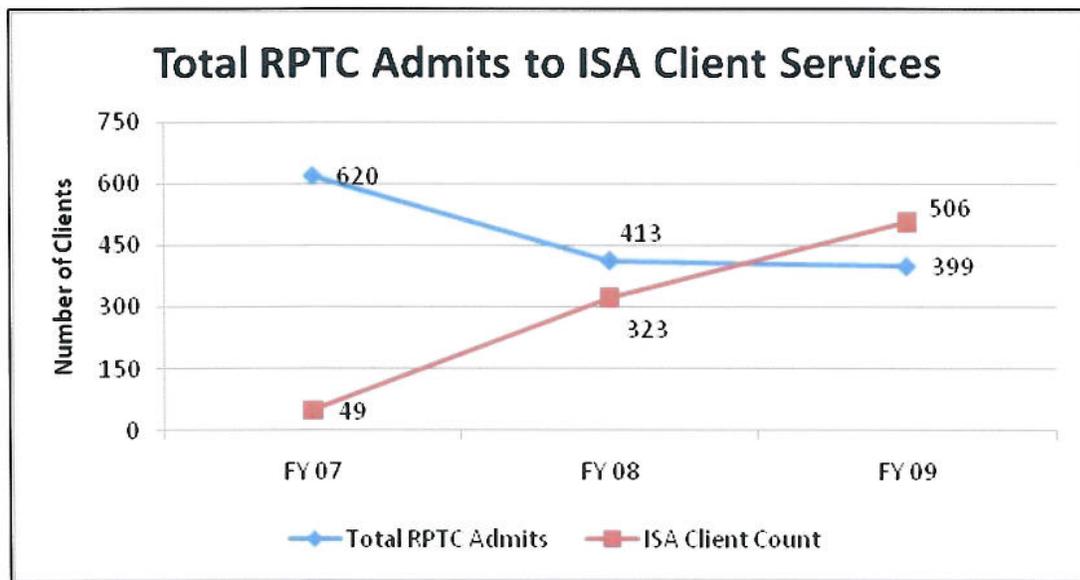
**Table 1**

<b>DBH ISA Appropriated</b>	<b>Dollars</b>
ISA Total	1.2 million
DBH	<b>1.05 million</b>
DJJ & OCS	150 K/ 75k each
DBH Services Spent	<b>1.158 million</b>

It appears that the development and use of ISA Funding was a key strategy in decreasing use of RPTC treatment. During the period of FY07 to FY09, we see an increase of the number of youth receiving ISA funded services and a decrease in RPTC admissions for both out-of-state and in-state.

**Table 2a**

	<b>FY 07</b>	<b>FY 08</b>	<b>FY 09</b>
Total RPTC Admits	620	413	399
ISA Client Count	49	323	506



Less than one percent of ISA recipients were admitted to an RPTC after receiving those services.

**Table 2b**

ISA Recipients Admitted to RPTC	Client Count	%
Received ISA Services After RPTC Discharge	42	8.3
Received ISA Services Prior to RPTC Admit	5	< 1.0
< 180 Days of Receiving ISA Services (4 months)	3	
> 210 Days After Receiving ISA Services (7 months)	2	

Approximately 30% of ISA recipients received services for 30-days or less; another 30% received ISA funded services for greater than 181 days but less than 365 days.

**Table 3**

Length of Time Receiving ISA Services	Client Count	%
0 to 30 Days	144	28.5%
31 to 90 Days	118	23.3%
91 to 180 Days	90	17.8%
181 Days to 365 Days	154	30.4%

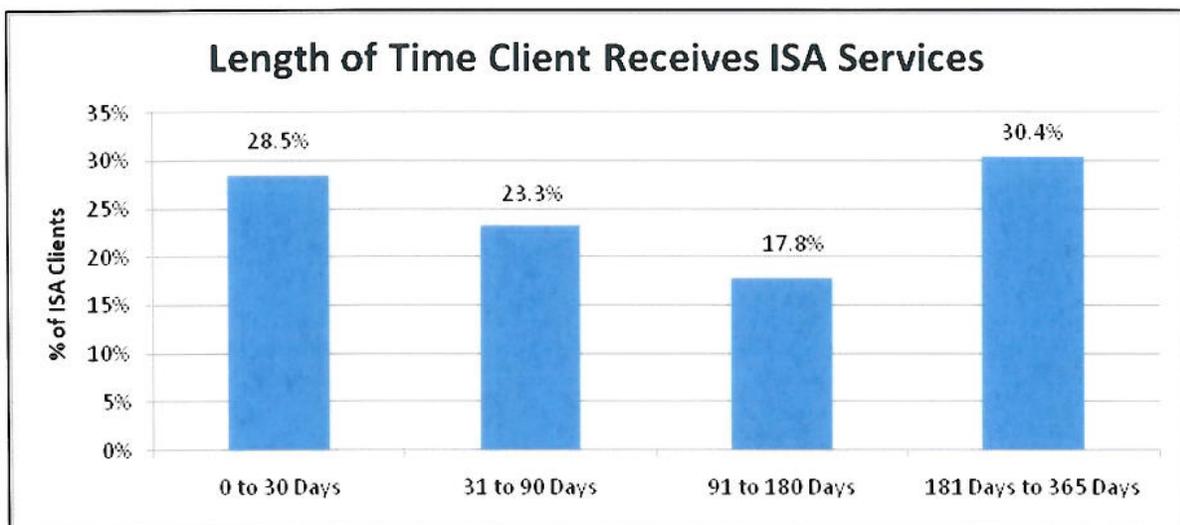
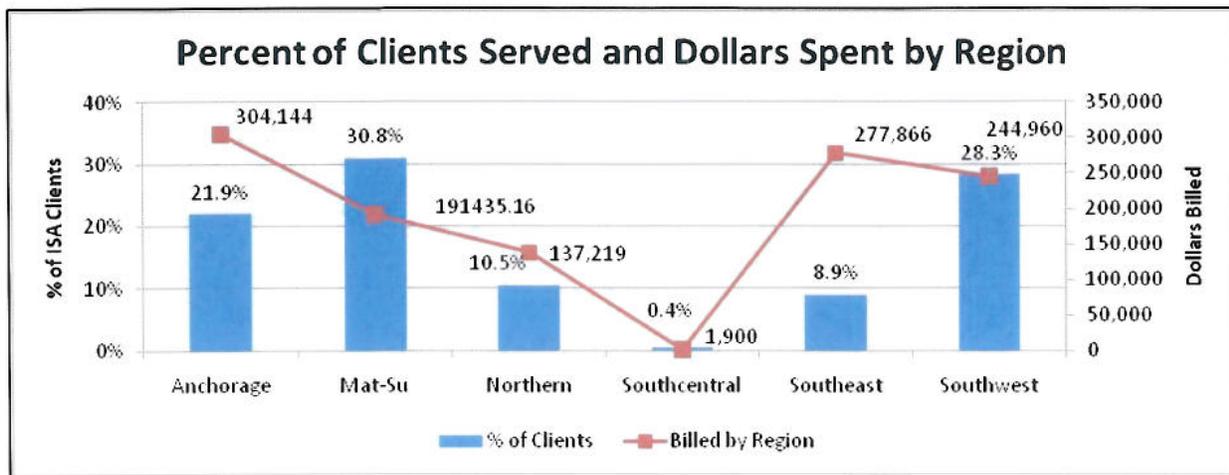


Table 4 reports ISA utilization in six regions of the State of Alaska: Anchorage, Matanuska-Susitna (Mat-Su), Northern, Southcentral, Southeast, and Southwest. The Northern region encompasses the interior (53). The Southwest region includes recipients from Kenai (131) and Kodiak (10).

**Table 4**

Region	Client Count	%	\$ Billed
Anchorage	111	21.9%	\$304,144
Mat-Su	156	30.8%	\$191,435
Northern	53	10.5%	\$137,219
Southcentral	2	0.4%	\$1,900
Southeast	45	8.9%	\$277,866
Southwest	143	28.3%	\$244,960
Total	510		\$1.158 million

Note: There were two recipients served in multiple communities with ISA \$, thus the total equal to 510.



Nearly all of the ISA recipients have Medicaid. Many of the ISA services are not covered by Medicaid dollars.

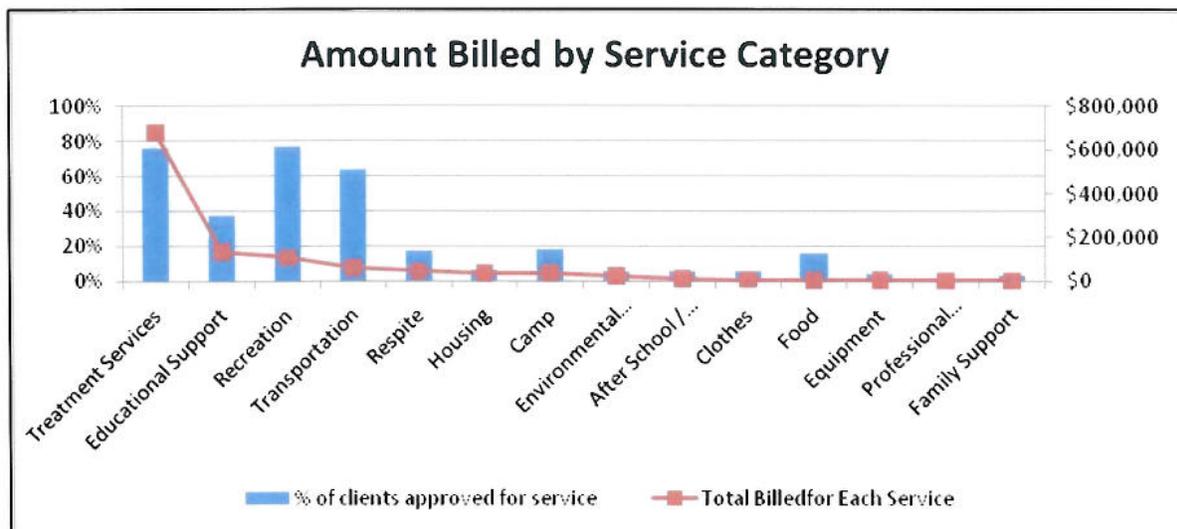
**Table 5**

Resource	Client Count	%
No Resource	25	5.0
Medicaid	453	90.0
Private Insurance	26	5.0

The highest cost ISA services are Treatment Services. Treatment Services costs includes clinical, rehabilitation and counseling services. These youth were either non-resourced, Medicaid status had lapsed, or their insurance limitations were maximized. Educational Supports include tutoring support such as those provided by Sylvan Learning Center, as well as class tuition for vocational training such as small engine repair. Transportation costs include local travel such as bus and taxi fare as well as airline fare from one community to another for services.

**Table 6**

Service Categories	Count of Recipients Approved for Services	% of recipients approved for service	Mean Billed	Total Billed
Treatment Services	386	76.3%	\$1,610	\$676,692
Educational Support	189	37.4%	\$730	\$136,511
Recreation	387	76.5%	\$278	\$107,591
Transportation	323	63.8%	\$192	\$62,151
Respite	87	17.2%	\$521	\$45,289
Housing	33	6.5%	\$1,132	\$37,367
Camp	92	18.2%	\$403	\$37,075
Environmental Modification	29	5.7%	\$785	\$22,751
After School / Summer Program	30	5.9%	\$382	\$11,455
Clothes	30	5.9%	\$254	\$7,624
Food	78	15.4%	\$57	\$4,420
Equipment	22	4.3%	\$168	\$3,685
Professional Consultation	3	0.6%	\$725	\$2,175
Family Support	17	3.4%	\$201	\$2,738
Total	1706			\$1.158 million



Anchorage providers billed approximately 30% of the 1.05 million during FY09.

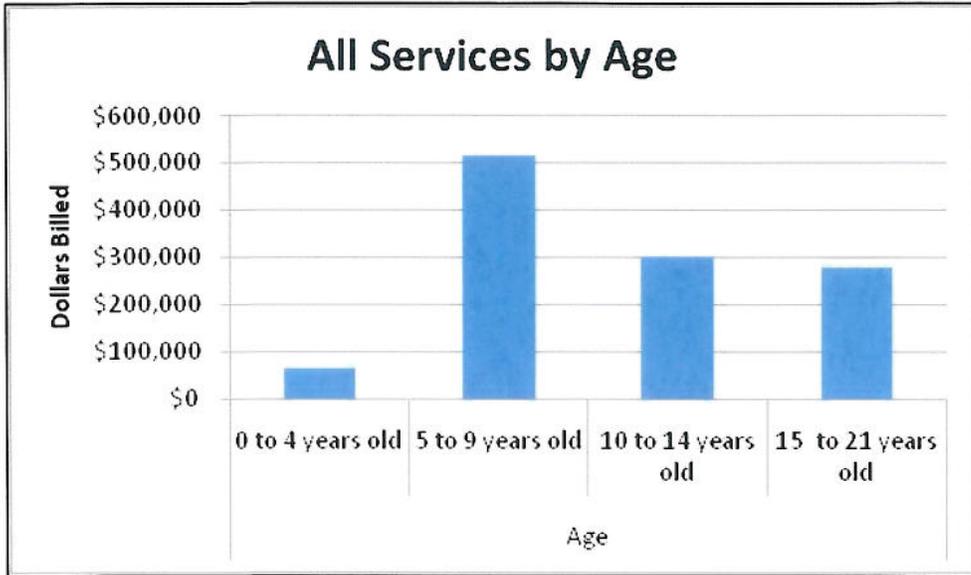
**Table 7**

<b>Amount Billed by Region by Services FY09</b>						
<b>Service Categories</b>	<b>Anchorage</b>	<b>Northern</b>	<b>Mat-Su</b>	<b>Southeast</b>	<b>southwest</b>	<b>Southcentral</b>
Treatment Services	\$128,372	\$83,335	\$63,374	\$237,735	\$163,876	
Educational Support	\$101,270	\$13,440	\$14,271	\$686	\$6,845	
Recreation	\$4,905		\$84,111	\$5,960	12614	
Transportation	\$23,295	\$7,806	\$8,787	\$1,063	21201	
Respite	\$15,199	\$1,710	\$600	\$24,737	\$3,043	
Housing	\$12,728	\$1,521	\$7,676	\$959	\$14,483	
Camp	\$6,476	\$14,986	\$796	\$510	\$12,407	\$1,900
Environmental Modification	\$2,540	\$13,407	\$1,642	\$3,340	\$1,823	
After School / Summer Program	\$4,894		\$6,561		0	
Clothes	\$710		\$260	\$1,436	\$5,217	
Food	\$160	\$1,015	\$2,162	\$587	497	
Equipment	\$857		\$15	\$345	\$2,469	
Professional Consultation	\$1,775			\$400	0	
Family Support	\$963		\$945	\$110	720	
<b>Region Total</b>	<b>\$304,144</b>	<b>\$137,220</b>	<b>\$191,200</b>	<b>\$277,868</b>	<b>\$245,195</b>	<b>\$1,900</b>

Providers billed to serve ‘5 to 9 year olds’ roughly 50% of the 1.05 million during FY09.

**Table 8**

<b>Amount Billed by Age by Services FY09</b>				
<b>Service Categories</b>	<b>0 to 4 years old</b>	<b>5 to 9 years old</b>	<b>10 to 14 years old</b>	<b>15 to 21 years old</b>
Treatment Services	\$53,336	\$371,988	\$165,879	\$85,489
Educational Support	\$114	\$5,046	\$38,115	\$93,237
Recreation	\$97	\$81,799	\$14,931	\$10,762
Transportation	\$12	\$12,048	\$23,200	\$26,893
Respite	\$7,104	\$23,344	\$9,455	\$5,386
Housing			\$19,709	\$17,658
Camp		\$7,749	\$12,588	\$16,738
Environmental Modification	\$2,218	\$2,558	\$2,926	\$15,050
After School / Summer Program		\$7,066	\$4,389	
Clothes		\$760	\$4,998	\$1,865
Food		\$612	\$1,632	\$2,177
Equipment		\$235	\$878	\$2,574
Professional Consultation		\$700	\$1,075	\$400
Family Support	\$400	\$1,280	\$833	\$225
<b>Age Total</b>	<b>\$63,281</b>	<b>\$515,185</b>	<b>\$300,606</b>	<b>\$278,454</b>



**Table 9a**

**Billed by Agency FY09**

<b>Agency Name</b>	<b># Recipients Receiving ISA</b>	<b>Number of ISA's</b>	<b>Total Billed for ISA</b>	<b>Mean</b>	<b>Mode</b>	<b>Median</b>	<b>Minimum</b>	<b>Maximum</b>
Alaska Children's Services	66	284	\$159,110	560	500	237	\$4	\$9,933
Alaska Family Services	2	10	\$5,985	598	52	448	\$52	\$2,538
Anchorage Community Mental Health Services	35	102	\$80,987	794	379	197	\$11	\$8,081
ARC	5	26	\$25,606	985	6	497	\$6	\$3,819
Catholic Community Service	10	47	\$5,286	112	6	53	\$2	\$803
Central Peninsula Hospital	5	12	\$5,093	424	21	90	\$21	\$2,128
Communities Organized for Health Options	3	3	\$6,921	1,730	5	1,735	\$5	\$3,446
Cottonwood Behavioral Health	94	93	\$75,327	810	379	343	\$3	\$7,895
Denali Family Services	155	602	\$384,606	639	379	209	\$2	\$11,279
Family Center Services of Alaska	16	77	\$31,336	407	447	121	\$5	\$3,376
Hope	7	23	\$37,371	1,625	50	50	\$15	\$8,523
Juneau Youth Services	20	100	\$26,801	268	29	74	\$10	\$3,095
Kenai Peninsula Community Care	7	20	\$7,240	362	17	178	\$17	\$2,579
Kodiak Island Counseling Center	10	40	\$9,838	246	50	106	\$11	\$715
Lynn Canal Counseling	6	34	\$24,328	716	339	250	\$3	\$5,250
Maniilaq Health Corporation	1	1	\$418		418			
Presbyterian Hospitality House	37	76	\$122,329	1,610	58	392	\$3	\$73,050
Providence Valdez BH	1	1	\$1,793		1793			
SeaView Community Service	2	3	\$2,031	677	70	191	\$70	\$1,770
Sitka Counseling & Prevention Services	7	19	\$10,213	538	400	471	\$15	\$1,357
South Peninsula Behavioral Health Services	54	124	\$131,971	1,064	379	314	\$4	\$6,943
Tok Area Counseling Center	1	6	\$2,934	489	835	538	\$27	\$940
<b>Total ISA Billed</b>	<b>506</b>	<b>1704</b>	<b>\$1.158 mil</b>	<b>679</b>		<b>209</b>	<b>\$2</b>	<b>\$73,050</b>

Providers that are eligible but have not signed ISA agreements are:

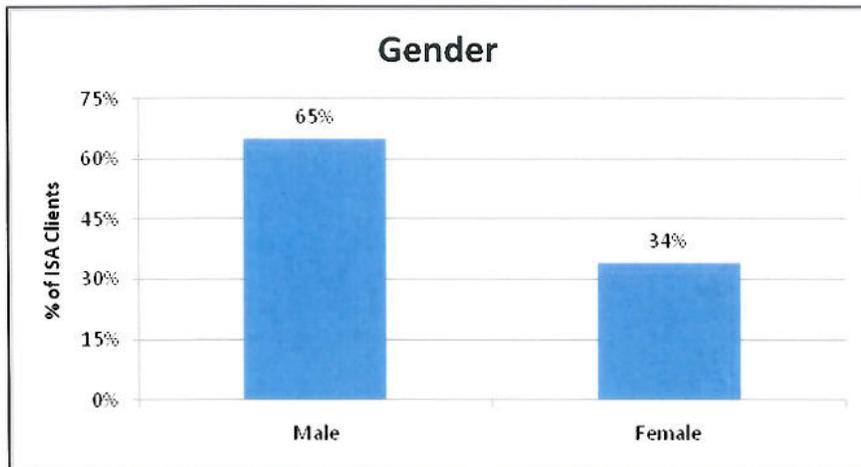
**Table 9b**

Access Alaska	Community Connections	Frontier Community Services	Norton Sound Health Corp.	Residential Youth Care, Inc.
Akeela Treatment Services, Inc.	Copper River Native Association	Gateway Center for Human Services	Peninsula Community Health Centers of Alaska, Inc.	Southcentral Foundation
Aleutian/Pribilof Island Assoc.	Cordova Community Medical Clinic - dba - Sound Alternatives	Juneau Alliance for Mental Health, Inc.	Petersburg Mental Health Services	SouthEast Alaska Regional Health Consortium
Alternatives Comm Men Health dba Denali Family Services	Daybreak, Inc	Kenaitze Indian Tribe	Polaris House	SouthEast Alaska Regional Health Consortium
Assets	Eastern Aleutian Tribes Inc	Mat-Su Health Services, Inc.	Providence Health System (Providence Crisis Respite Center)	Tanana Chiefs Conference, Inc.
Bristol Bay Area Health Corporation	Fairbanks Community Behavioral Health Center	Metlakatla Indian Community	Providence Kodiak Island Counseling Center	Volunteers of America of Alaska
CHOICES	Family Centered Services of Alaska	North Slope Borough	Railbelt Mental Health & Addictions	Yukon-Kuskokwim Health Corporation

About two-thirds of the ISA recipients are male and one-third is female.

**Table 10**

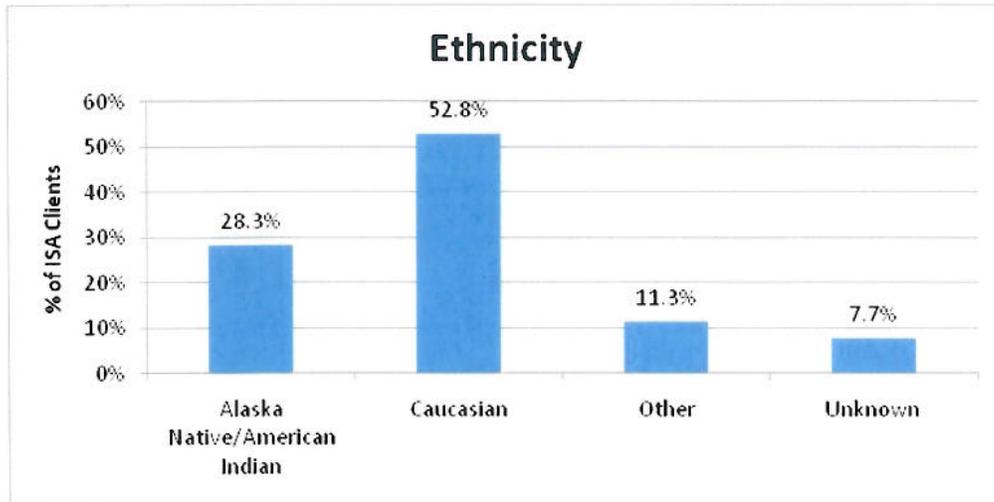
Gender	Client Count	%
Male	327	65.0
Female	170	34.0



Nearly thirty percent of the ISA recipients are Alaska Native.

**Table 11**

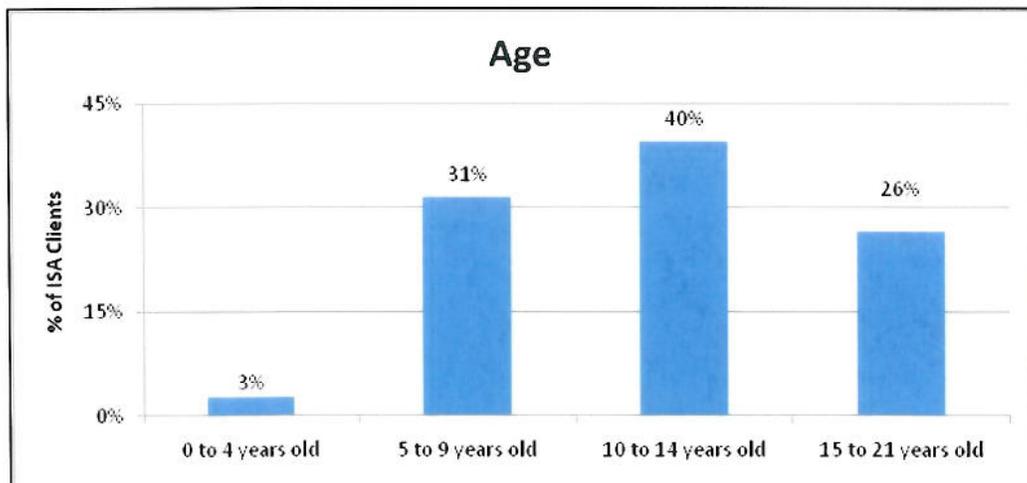
Race	Client Count	%
Alaska Native/American Indian	143	28.1
Caucasian	267	52.6
Other	57	11.2
Unknown	41	8.1



Approximately 34 % of ISA recipients are less than 9 years old.

**Table 12**

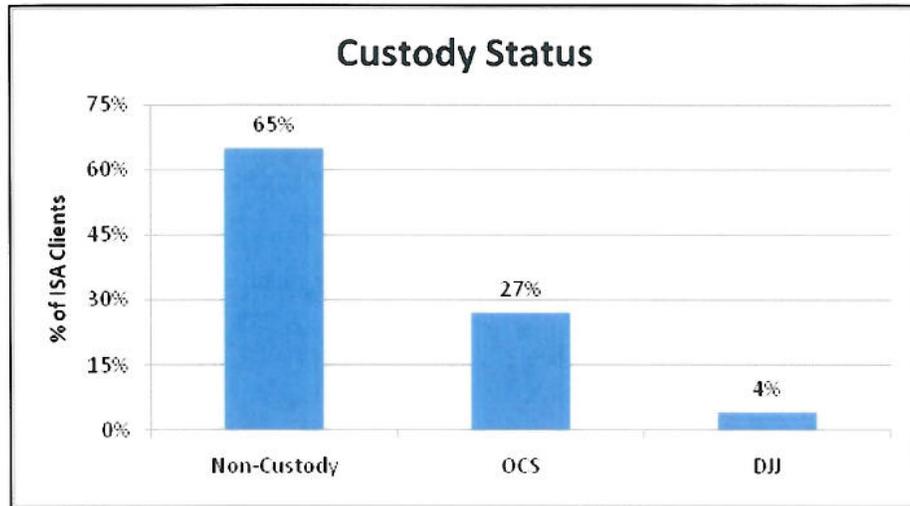
Age	Client Count	%
0 to 4 years old	13	2.6%
5 to 9 years old	159	31.4%
10 to 14 years old	200	39.5%
15 to 21 years old	134	26.5%



Custody status of recipients served through DBH ISA funds. This information does not include data from OCS &/or DJJ ISA or their respective funding processes.

**Table 13**

<b>Custody</b>	<b>Client Count</b>	<b>%</b>
Non-Custody	330	65.2
OCS	138	27.3
JJ	19	.01



## Conclusions and Policy Implications

- 1) Manual data collection, entry and reporting are time and resource intensive. Behavioral Health dedicates several staff to the development of ISA reporting mechanisms.
  - Utilize AKAIMS “Contract Management” module to develop efficiencies in the application process and quality assurance processes
- 2) Data indicates that an increase in the use of ISAs is occurring at the same time as a decrease in the utilization of RPTCs. The data does not identify whether the use of ISA funded services contributes to positive functional outcomes for the recipients and their families.
  - Develop mechanisms to enable AKAIMS to identify specific outcome data for youth who have received ISA funds.
- 3) Policies and procedures for ISA funding and data collection are not fully coordinated between BH, OCS, and JJ.
  - Interdivisional collaboration to coordinate ISA processes and data collection within DHSS.
- 4) This report does not identify youth who have received multi year ISA services. Review of these recipients’ clinical profiles may assist in long term planning.
  - Further analyze data and clinical profiles of youth receiving ISA funds for more than 365 days.
- 5) Some services such as respite may be funded by Medicaid. This leveraging of Medicaid would save ISA general funds for use in other types of service provision.
  - Evaluate ISA services may be included in future Medicaid State Plan amendments.
- 6) The highest cost center of ISA services are Treatment Services. These youth were either non-resourced, Medicaid status had lapsed, or their insurance limitations were maximized.
  - Identify issues related to Medicaid eligibility status.
- 7) The second highest cost center of ISA services are Educational Supports include tutoring support such as those provided by Sylvan Learning Center, as well as, class tuition for vocational training such as small engine repair.
  - Identify additional resources for the provision of educational/vocational supports.