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1	BTKH FY08 Home and Community Based Grants Annual Report: Operational Projects Spreadsheet				
2	I. - Continuation & New BTKH Grants for FY08				
3	<i>Grantee Name</i>	<i>Location & Project</i>	<i>Project Details</i>	<i>Annual Service Report</i>	<i>Lessons Learned that may Impact Future Funding</i>
4	Anchorage Community MH Center 602-08-968 602-08-970	Anchorage In-Home and School Based TX Services to Prevent Crisis	Funded Project: This project will expand the in-home rehabilitation and clinical services available to youth and families under 12 in three Anchorage schools (Mt. Iliamna Elementary School, Whaley School & Little Tykes pre-school). It will prioritize youth in acute psychiatric care, returning from OOS RPTC, in in-state residential care or at risk of movement into residential care.	Service Report: The Continuation grant (#602-08-968) served 22 children in FY08. There were three admissions coming from in-state residential treatment. The Home Based Family Preservation team does provide rehabilitation services for clients served by this grant. Funding from BTKH will end for this position, however, ACMHS absorbed the clinician into their home based team and she will continue to serve BTKH kids. Plan for FY09 is to continue prioritizing referrals from BTKH youth in our Home Based program in the coming year. Re: the School Based Grant (#602-08-970), Through the first three quarters, 56 youth were served in the school based On Target Program at Mt. Iliamna Elementary and Whaley Schools. Five families were provided in-home parenting support. In-home parenting support was provided to five families of children served by Little Tykes. Pilot project staff and On Target staff began implementing the Second Step Violence Prevention Program in all the On Target schools. Pilot project staff were trained on assessing children using the Eyberg Child Behavior Checklist. This will be administered every three months to project clientele. The	On going staff training and retention.
5	Central Peninsula General Hospital 602-08-973	Kenai, Soldotna, surrounding area: Medicaid MH Service Delivery	Funded Project: FY08 New Grant to develop MH Medicaid service delivery capacity within CPH's existing services and within the new support program for adolescents described below.	Service Report: CPGH submitted their application to First Health to obtain MH billing number (pending) under the Community Mental Health Center designation, developed billing policies and procedures and trained staff. CPGH anticipates releasing their billing upon receipt of MH Medicaid number. Serenity House Advisory Committee formally accepted oversight responsibility for Diamond Willow and changed their name to the Serenity House/Behavioral Health Advisory Committee. The required data set is present in AKAIMS and third quarterly reports were completed in AKAIMS. Re: provision of psychiatric care, Central Peninsula Counseling Services is unable to provide consulting psychiatric services into FY09. CPGH will utilize their existing contract with API for telemedicine services to meet the psychiatric needs of enrolled clients. Contract secured with Northern Psychology Services and Jackie Bock, PhD, a local neuropsychologist is now available to CPGH. The psychological assessments are geared toward youth with a complex diagnostic presentation. BTKH grant funds to sponsor Dennis Embry, PhD, training to focus on innovative strategies for	Developing, training staff and implementing a billing system for both mental health and substance abuse services is time-consuming and labor intensive under current Medicaid regulations. AKAIMS implementation proved challenging and labor intensive, substantial efforts were required and internal efficiencies will be needed to improve in order to maintain fiscally reasonable reporting compliance. Contracting for services Licensed Psychiatrist took much longer than anticipated.

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6	Central Peninsula General Hospital 602-08-974	Kenai, Soldotna, surrounding area: Medicaid MH Service Delivery	Funded Project: This is an FY08 project which was awarded to provide new individualized services targeted towards adolescents with co-occurring SA and MH disorders. Target population: those youth who are considered at highest risk of movement into more restrictive environment.	Service Report: Grant activities required a reorganization of staffing patterns. Through reassignment of existing resources (1.5 FTE substance abuse counselor and billing personnel) and the addition of a full time Counseling Assistant, part time Receptionist and a per diem Licensed Professional Counselor, CPGH was able to meet goals set forth in the Pilot Project. With their experience in chemical dependency treatment (Serenity House) and their strengths in mental health care developed a program for co-occurring disorders treatment that addresses the core needs that lead to mental health and substance abuse issues. Data collected confirms that at least three (3) youth were diverted from long term psychiatric and/or juvenile justice placements. CPGH continues to be the lead agency for a ten (10) agency community prevention grant. CPGH continues to be a member of the Children's Planning Team and is visible in community efforts to decrease underage drinking and prevent substance abuse. Treatment referrals have been received from Juvenile Justice, schools, physicians, developmental disability services, RPTC's and other mental health providers.	Heavy need for support staff was under-estimated in the initial grant application. Contracting for services Licensed Psychiatrist took much longer than anticipated. As community demand continues to grow, CPGH is faced with developing a prioritization system that allows for the best use of their limited resources.
7	Catholic Community Services 602-08-972	Juneau: Tx Resource homes (therapeutic foster care)	Funded Project: New FY08 Project: This project develops MH Medicaid service delivery capacity in a new therapeutic foster home project as well as in the CCS existing programs in Juneau. Program proposes a possible move into Hoonah in year 2. Program will target two populations: young youth and youth who experience co-occurring disorders such as FASD, TBI or cognitive delays.	Service Report: In first year, project had a two month start delay due to a delay in grant agreement. There was also a delay at the State level for agency approval as a licensed child placement agency which was finalized in January 2008. As of May 1, 2008 there were three approved foster care providers thus far currently serving 3 youth. One home has 2 kids in placement, another home has 1 placement and the third home is awaiting a specialized FASD, TBI or cognitive delay placement. The agency is on track with their goals and objectives.	The agency is on track their goals and objectives. Further coordination with OCS and other community agencies to assist in expediting new placements once a new home or an open bed in existing home is identified.
8	Communities Organized for Health Options 602-08-969	Prince of Wales Island: School Based BH Services	Funded Project: Project started in FY07 and increased school based programs on POW.	Service Report: FY 08 was the second year of a two year project. The project met its goals and objectives in the second year; after spending the majority of the first year developing organizational capacity. The individual hired to clinical oversee the project, was not qualified (he had a Masters in Special Education) and had to take accelerated coursework to become licensable as a Professional Counselor. The program serves an average of twenty-five (25) youth a quarter.	Recruitment of staff in rural areas is a challenge and frequently takes longer than initially planned. Building organizational capacity for clinical record keeping and billing for Medicaid also takes longer due to limited access to appropriate training. While these are frequently issues in more urban environments, in rural settings it can and does result in late starts of actual service delivery.
9	Community Connections 602-08-965	Prince of Wales Island: TX Resource Home	Funded Project: FY 07 project developing treatment group home on POW.	Service Report: Second year of the project. Per FY08 Third Quarter Narrative, a total of 14 youth served. Bed capacity increased from 4 to 6.	Recruitment of Licensed Therapeutic Resource Homes in rural areas is a challenge and frequently takes longer than initially planned. Currently supervision, both administration and clinical, poses challenges effecting treatment responsiveness.

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10	Denali Family Services 602-08-975		Funded Project: This project is set to provide respite care and crisis de-escalation services in Anchorage and Mat-Su for their existing continuum of group homes and community based care	Service Report: Second year of the project. 24 youth served through Q3. DFS continues to utilize the Respite Homes for children in need of short term treatment in foster care and crisis stabilization as at a sub-acute level of care; avoiding hospitalization and maintaining children in their home community. Both the Case Management Director and the Clinician serving this population have received the FASD Waiver training sponsored by DBH and UAA.	
11	Family Centered Services of Alaska 602-08-976	Fairbanks: Respite Care and Crisis De-escalation Services	Funded Project: This project is set to provide respite care and crisis de-escalation services in Fairbanks for their existing continuum of group homes and community based care as well as families or other providers requiring respite or crisis de-escalation services. This project's service population includes both children with an SED and other populations of children	Service Report: The REACH Program opened on February 22, 2008. From this date through the end of the third quarter, FCSA reported having served 100 children. Two psychiatric hospitalizations were averted by utilizing the REACH Home. Children services in the REACH program were diagnosed as SED and seen as at risk for transition into RPTC or higher level of care treatment facility.	Limited number of beds available is not serving all of the identified needs in the community for SED Youth who were seen as at risk for movement to RPTC placement.

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12	Juneau Youth Services 602-08-952	Juneau: Crisis Nursery	Funded Project: Development of early childhood MH consultation in day care and early learning settings.	Service Report: Third year of an on-going project. 96 children were served in FY08. Of those, Funding has been allocated for FY09 to continue providing services. FY09 will emphasize increased services to families. During FY08 100% of referrals received an Intake within 3 weeks of referral. Per AKAIMS data, it is estimated that at least 90% of children enrolled in ECS will remain in their home or present living situation. It is also anticipated that 90% will remain in Headstart.	The need for more enhanced "Family Centered" Services. This issue was addressed in their FY09 Continuation Application. In addition, DHSS continues to work on regulatory changes to make it easier to serve young children. Need for assistance with strategies on staff retention. Creative solutions for movement toward sustainability.
13	Maniilaq 602-08-978	Kotzebue and Surrounding Villages: In-home and Community Supports, Technical Assistance and Training	Funded Project: FY08 Continuation to expand services provided by Maniilaq to include in-home and in-school services. It will add care coordination, case management and new individual skill development services.	Service Report: Program did not receive funding until the 2nd quarter FY08 so there was no activity in the 1st and most of the 2nd quarter. Later reports did document startup activities such as hiring and training of staff. They also documented the development of community involvement in service planning and coordination for treatment, set up for Medicaid billing. During Q3 FY08, Scholl Based Services increased as evidenced by Case Manager providing Group Sessions in Shungnak and Kobuk focused on alcohol abuse and suicidal ideation. 37 total visits during FY08. Case Manager documents she has earned the respect and confidence of both school personnel and parents, evidencing increased community support in area of school based support services. Maniilaq is now billing for Case Management and Individual Skill Development, with 20 total kids served in the Pilot Project for Q3 and Q4.	Start up took a long time because of staffing and training needed. This reduced ability to provide services. Attracting and retaining staff is ongoing challenge.
14	Metlakatla Indian Community 602-08-979	Metlakatla: Medicaid MH Service Delivery	Funded Project: New FY08 BTKH Grant designed to develop MH Medicaid service delivery capacity to serve SED youth.	Service Report: Agency developed their Medicaid billing structure in quarter one and served 37 SED youth in Q2 and Q3. Their projected number of youth to be served in year one was 6 and in year two was 13. We are awaiting their Q4 reports.	For future first time grantees; especially in the rural sectors; provide significant program and Medicaid oversight and TA at project start ups to support early implementation of strong billing and service delivery structures. Staff at MIC are not trained nor qualified to provide services. Lack of training plan for Staff. Need for TA re: AKAIMS. Development of Policies & Procedures 5. Development of Continuum of Care
15	Presbyterian Hospitality House 602-08-956	Fairbanks: Indiv Supports Transit - Aged Youth	Funded Project: Continuation from 07 to provide independent living supports for transitional aged youth: residential for boys and in home and community settings for girls.	Service Report: Second year of project. This is a pilot Transitional Living Program (TLP) for older severely emotionally disturbed (SED) teenagers aging out the system. The 18- to 21-year-olds served by this program have experienced multiple levels of out-of-home, out-of-state care yet they may not be able to return to their natural home or may not be suitable for foster care because of their age and presenting issues. This targeted population evidences great need for community based, in-state, transitional support services to prevent movement	The need for increased Medicaid billing capability, including lack of educated (in MH Medicaid billing) staff. Need for training in clinical documentation and other Medicaid billable documentation. Need for a training plan for Teaching Parents and Clinical Staff. AKAIMS not fully implemented; however, on-site TA with AKAIMS Staff was conducted 10/1/2008.
16	Residential Youth Care 602-08-964	Prince of Wales Island: Tx Resource Home	Funded Project: Development of at least 2 therapeutic group homes on POW.	Service Report: Second year of project. 2 treatment resource homes established on POW. However, over FY08, 2 youth placed in each home for a total of 1 youth served in Q1 and 2 youth served in Q2. 3 youth served through Q3. This project is not currently appearing to fully meet grant goals related to the level of service delivery established on POW. Continuation review is on-going and will determine whether to continue the grant.	Recruitment of Licensed Therapeutic Resource Homes in rural areas is a challenge and frequently takes longer than initially planned. AKAIMS is not fully implemented.
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18	II. BTKH Expansion Grants for FY08**				
19	Project	Location	Project Description		
20	Alaska Youth and Family Network: North Star Parent Navigation 602-08-985	Peer/Peer Navigation Services:	New services in Juneau/Southeast and Kenai Peninsula. Expand current services in areas already being services throughout the state.	<p>This project proposed to out-station 7.5 FTE who are trained Parent/Peer Navigators to assist families who need assistance with their child/youth who experiences neurobehavioral health concerns. AYFN teaches parenting classes specifically for parents who have children/youth with behavioral health issues. In Q4 quarter, AYFN provided two 7 week classes that began in May and ended in June. One was broadcast via Skype with a family and trainer in Juneau and in Kiana. That second class also involved the development of a trainer for Matsu and a fourth trainer for Anchorage. A total of 18 parents were involved in the two classes and a total of 57 parents for the year. The AYFN Peer Navigator at the ACMHS is currently billing Medicaid at Anchorage Community Mental Health Services (funded by The Trust) and Juneau Youth Services (not funded by The Trust). AYFN has established contracts to bill at Catholic Community Services in Juneau and Maniilaq Behavioral Health Services but neither entity has begun billing for their own services. AYFN has used the State of Alaska Behavioral Health Division grant to support the Peer Navigators out-stationed</p> <ul style="list-style-type: none"> • Anchorage with Anchorage Community Mental Health Services (in home and On Target programs), • Juneau with Juneau Youth Services and Catholic Community Services, • the other half of the Northwest Arctic Peer Navigator funded by The Trust at Maniilaq Behavioral Health Services, • Matsu with an agreement with CoOccuringDisordersInstitute and Office of Children's Services and LINKS for the Youth Peer Navigator services and where AYFN is still having dialogue with the behavioral health providers for possible out-stationing at Mastu Health Services. 	There is still no formal mechanism for referrals of family members to Peer Navigators. There are no standards for the meaning of "provided information about Peer Navigation" when an acute care facility checks "yes" as a requirement of the youth's paperwork being reviewed for residential placement. Per AYFN, "parents anecdotally report that they are not made aware of the services and reach a Peer Navigator generally though word of mouth from another parent or by picking up literature in the hospital lobby/waiting room."
21	Volunteers of America 602-08-983	Anchorage and Eagle River:	In Home Community Supports and Technical Training	<p>This project will further develop MH Medicaid service delivery capacity to serve youth with a co-occurring disorder within VOA's existing services and within their expanded service capacity. While the ARCH facility progressed as far as construction is concerned there were delays in implementing the start up plan due to Conditional Permit issues and the IMD issue. Conditional Permit issue has been resolved; however, IMD remains a significant challenge. No start-up funds were expended during FY08.</p>	IMD Issues need to be resolved.

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22	Sitka Counseling and Prevention Services 602-08-982	Sitka:	In Home Community Supports and Technical Training	This project is designed to expand services provided by SCPS to include in-home and in-school services. The service expansion will add increased care coordination, case management, individual skill development and parent training and respite services. This program, made possible by BTKH expansion funding received late in Q3, has produced a number of positive results, already. One is, the doubling of clients in the SED program, from 6 to 12, with another pending assignment as this is written. The Family Center provides for a case-manager position, filled by Sheldon Turner, who helps to supervise BHTs and provides coverage for the Program Coordinator during time off. Lucy completed a first 'Love and Logic Parenting' course in June, and has a second scheduled for August and September. The parents attending the first course organized a support group, with monthly potlucks, which they intend to keep going, inviting new participants as training courses are completed	AKAIMS TA needs. During the 4th quarter, Gordon made a trip to Yakutat, to establish relations and build a memorandum of agreement for services, there. The reception was good, and a proposed MOA has been prepared and forwarded for discussion. Communications are difficult, however. There is only one social worker serving the village, and she is pretty much in overwhelm.
23	Denali Family Services 602-08-984	Anchorage and MatSu:	In Home Community Supports and Technical Training	This project will develop intensive wrap around services for sexually reactive children and youth in foster care settings. In Q3 4 children were served. This is anticipated to increase in FY09.	
24	**These Grants were funded in March, thus the reason for minimal narrative reports				
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27	BTKH FY08 Annual Statistics				
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29			Criteria	Annual Totals	
30			Number of Children Accepted from Out of State RPTC Care	15	
31			Number of Children Diverted from Out of State RPTC Care	43	
32			Number of Children Diverted from more restrictive In-State Care	26	
33			Number of Children Denied Admission	15	
34					
35			Number of Children Experiencing SED served in the BTKH Pilot Projects	519	
36					
37			Number of Children Screening Positive for a Co-Occurring Disorder	31	
38			Number of Children Screening Positive for a Traumatic Brain Injury	17	

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39			Number of Children Screening Positive for a FASD	32	
40					