

Alaska Medicaid

Optional Benefits

Margaret Brodie, Director





What are Optional Benefits

Each state establishes and administers their own Medicaid programs. The federal government has determined what services each state must provide in their Medicaid programs. They have also provided a list of benefits that states may offer that are considered optional.



Optional Benefits

- Prescription Drugs
- Clinic services
- Physical therapy
- Occupational therapy
- Speech, hearing and language disorder services
- Respiratory care services
- Other diagnostic, screening, preventive and rehabilitative services
- Podiatry services



Optional Benefits cont.

- Optometry services
- Dental services
- Dentures
- Prosthetics
- Eyeglasses
- Chiropractic services
- Other practitioner services
- Private duty nursing services
- Personal Care



Optional Benefits cont.

- Hospice
- Case Management
- Services in an intermediate care facility for the mentally retarded
- Self-Directed Personal Assistance Services – 1915(j)



Optional Benefits cont.

- Community First Choice Option 0 1915(k)
- Inpatient psychiatric services for individuals under age 21
- Other services approved by the Secretary (Critical Access Hospitals)



Optional Benefits We don't Cover

- Services for Individuals Age 65 or Older in an Institution for Mental Disease (IMD)
- State Plan Home and Community Based Services – 1915(i)
- TB Related Services

Department of Health & Social Services





Covered Services

- Optional Benefits, *but not really*
- Limits on benefits?
- Considerations
 - Shifting bulge
 - Medicaid rules, Olmstead and other implications
 - CMS approval process
 - Access and quality impacts



1994-1996

- Occupational Therapy
- Speech, hearing and language disorder services
- Dental
- Vision

Department of Health & Social Services



Optional Service Expenditures 2013

Personal Care Services	\$ 126,786,223	Transportation (Waiver Only)	\$ 6,576,105
Mental Health Services	\$ 92,350,766	Vision Services	\$ 6,516,594
Drugs	\$ 66,413,523	Drug Abuse Center	\$ 5,467,620
Inpatient Psychiatry	\$ 53,897,956	Occupational Therapy	\$ 3,923,980
Rehabilitative Services	\$ 19,561,779	Private Duty Nursing	\$ 3,541,216
Medical Supply Services	\$ 12,060,706	ICF/MR Services	\$ 3,413,325
Accomodation Services	\$ 11,652,239	ESRD Services	\$ 2,963,834
DME Services	\$ 6,912,635		



*Thank
You*