

Youth Online: High School YRBS

Alaska 2009 and United States 2009 Results

High School Youth Risk Behavior Survey						
Question	Alaska 2009	United States 2009	p-value	Alaska 2009 More Likely Than United States 2009	United States 2009 More Likely Than Alaska 2009	No Difference
Unintentional Injuries and Violence						
Rarely or never wore a bicycle helmet (among students who had ridden a bicycle during the 12 months before the survey)	72.5 (68.3–76.2) 996†	84.7 (81.2–87.6) 10,486	0.00		●	
Rarely or never wore a seat belt (when riding in a car driven by someone else)	12.1 (9.1–16.0) 1,360	9.7 (8.2–11.4) 16,220	0.20			●
Rode with a driver who had been drinking alcohol one or more times (in a car or other vehicle during the 30 days before the survey)	21.3 (18.9–23.9) 1,369	28.3 (26.7–29.9) 16,347	0.00		●	
Drove when drinking alcohol one or more times (in a car or other vehicle during the 30 days before the survey)	8.9 (7.3–10.9) 1,333	9.7 (8.7–10.8) 16,121	0.45			●
Carried a weapon on school property on at least 1 day (for example, a gun, knife, or club during the 30 days before the survey)	7.8 (6.3–9.6) 1,353	5.6 (5.0–6.3) 16,256	0.02	●		
Did not go to school because they felt unsafe at school or on their way to or from school on at least 1 day (during the 30 days before the survey)	6.0 (4.9–7.5) 1,360	5.0 (4.3–5.7) 16,371	0.15			●
Threatened or injured with a weapon on school property one or more times (for example, a gun, knife, or club during the 12 months before the survey)	7.3 (5.7–9.3) 1,372	7.7 (6.9–8.5) 16,367	0.70			●
In a physical fight on school property one or more times (during the 12 months before the survey)	9.8 (7.9–12.1) 1,347	11.1 (10.0–12.2) 16,089	0.27			●
Bullied on school property (during the 12 months before the survey)	20.7 (18.3–23.4) 1,364	19.9 (18.8–21.1) 15,633	0.58			●
Felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	25.2 (22.4–28.3) 1,362	26.1 (24.8–27.5) 16,232	0.57			●
Seriously considered attempting suicide (during the 12 months before the survey)	13.9 (11.4–16.8) 1,361	13.8 (13.1–14.6) 16,220	0.96			●

Made a plan about how they would attempt suicide (during the 12 months before the survey)	11.7 (9.5–14.2) 1,362	10.9 (10.0–11.8) 16,213	0.53			●
Attempted suicide one or more times (during the 12 months before the survey)	8.5 (6.3–11.4) 1,183	6.3 (5.7–7.0) 14,609	0.10			●
Suicide attempt resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	2.6 (1.7–4.2) 1,158	1.9 (1.6–2.3) 14,514	0.27			●
Carried a weapon on at least 1 day (for example, a gun, knife, or club during the 30 days before the survey)	20.0 (17.5–22.7) 1,315	17.5 (16.1–19.0) 16,110	0.09			●
Carried a gun on at least 1 day (during the 30 days before the survey)	6.9 (5.5–8.7) 1,337	5.9 (5.1–6.9) 15,664	0.28			●
In a physical fight one or more times (during the 12 months before the survey)	27.8 (24.9–31.0) 1,339	31.5 (30.1–32.9) 16,130	0.03		●	
Injured in a physical fight one or more times (injuries had to be treated by a doctor or nurse, during the 12 months before the survey)	3.0 (2.2–4.1) 1,346	3.8 (3.3–4.3) 15,749	0.15			●
Hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend (during the 12 months before the survey)	13.3 (11.4–15.4) 1,362	9.8 (8.9–10.8) 16,217	0.00	●		
Ever physically forced to have sexual intercourse (when they did not want to)	10.1 (8.6–11.9) 1,357	7.4 (6.7–8.3) 15,735	0.00	●		
Tobacco Use						
Ever tried cigarette smoking (even one or two puffs)	47.5 (44.1–50.9) 1,315	46.3 (43.7–48.9) 15,888	0.56			●
Smoked a whole cigarette for the first time before age 13 years	12.8 (10.7–15.3) 1,286	10.7 (9.6–11.9) 15,739	0.11			●
Smoked cigarettes on at least 1 day (during the 30 days before the survey)	15.7 (13.1–18.8) 1,286	19.5 (17.9–21.2) 15,762	0.02		●	
Smoked cigarettes on 20 or more days (during the 30 days before the survey)	5.1 (3.7–6.9) 1,286	7.3 (6.4–8.3) 15,762	0.02		●	
Smoked more than 10 cigarettes per day (among students who currently smoked cigarettes, on the days they smoked during the 30 days before the survey)	5.3 (2.7–10.3) 184	7.8 (6.6–9.0) 2,940	0.20			●
Smoked cigarettes on school property on at least 1 day (during the 30 days before the survey)	4.5 (3.2–6.2) 1,337	5.1 (4.5–5.8) 15,851	0.40			●
Ever smoked at least one cigarette every day for 30 days	10.3 (8.3–12.8) 1,321	11.2 (10.0–12.6) 15,431	0.49			●
Did not try to quit smoking cigarettes (among students who currently smoked cigarettes, during the 12 months before the survey)	41.8 (33.4–50.7) 176	49.2 (45.9–52.6) 2,859	0.12			●
Usually obtained their own cigarettes by buying them in a store or gas station (among the students who were aged <18 years and who currently smoked cigarettes, during the 30 days before the survey)	5.5 (2.7–10.6) 146	14.1 (11.7–17.0) 2,266	0.00		●	
Used chewing tobacco, snuff, or dip on at least 1 day	13.6 (10.7–17.1)	8.9 (7.3–10.8)	0.01	●		

(during the 30 days before the survey)	1,323	16,134				
Used chewing tobacco, snuff, or dip on school property on at least 1 day (during the 30 days before the survey)	6.7 (4.8–9.3) 1,355	5.5 (4.4–6.8) 15,974	0.32			●
Smoked cigars, cigarillos, or little cigars on at least 1 day (during the 30 days before the survey)	10.3 (8.6–12.3) 1,368	14.0 (12.8–15.4) 15,671	0.00		●	
Smoked cigarettes; smoked cigars, cigarillos, or little cigars; or used chewing tobacco, snuff, or dip on at least 1 day (during the 30 days before the survey)	25.2 (21.8–28.8) 1,248	26.0 (23.8–28.3) 14,997	0.68			●
Alcohol and Other Drug Use						
Ever had at least one drink of alcohol on at least 1 day (during their life)	66.6 (63.4–69.7) 1,334	72.5 (70.6–74.3) 15,953	0.00		●	
Drank alcohol for the first time before age 13 years (other than a few sips)	16.9 (15.0–19.0) 1,354	21.1 (19.6–22.6) 16,207	0.00		●	
Had at least one drink of alcohol on at least 1 day (during the 30 days before the survey)	33.2 (30.0–36.6) 1,242	41.8 (40.2–43.4) 14,864	0.00		●	
Had five or more drinks of alcohol in a row within a couple of hours on at least 1 day (during the 30 days before the survey)	21.7 (18.8–24.8) 1,341	24.2 (22.6–25.9) 16,009	0.13			●
Usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol during the 30 days before the survey)	34.7 (28.5–41.4) 396	42.2 (40.3–44.1) 6,121	0.03		●	
Had at least one drink of alcohol on school property on at least 1 day (during the 30 days before the survey)	3.0 (2.2–4.1) 1,348	4.5 (3.9–5.1) 16,024	0.01		●	
Ever used marijuana one or more times (during their life)	44.5 (40.6–48.5) 1,311	36.8 (34.8–38.8) 16,060	0.00	●		
Tried marijuana for the first time before age 13 years	10.0 (8.2–12.0) 1,339	7.5 (6.7–8.3) 16,134	0.02	●		
Used marijuana one or more times (during the 30 days before the survey)	22.7 (19.5–26.1) 1,334	20.8 (19.4–22.3) 16,112	0.30			●
Used marijuana on school property one or more times (during the 30 days before the survey)	5.9 (4.7–7.5) 1,337	4.6 (4.0–5.4) 16,086	0.10			●
Ever used any form of cocaine one or more times (for example, powder, crack, or freebase, during their life)	7.4 (5.9–9.2) 1,352	6.4 (5.7–7.1) 16,204	0.25			●
Used any form of cocaine one or more times (for example, powder, crack, or freebase, during the 30 days before the survey)	2.1 (1.4–3.2) 1,342	2.8 (2.4–3.2) 15,557	0.16			●
Ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times (during their life)	9.8 (8.3–11.6) 1,366	11.7 (10.6–12.8) 16,293	0.06			●
Ever used heroin one or more times (also called "smack", "junk", or "China white", during their life)	3.3 (2.4–4.5) 1,361	2.5 (2.2–2.9) 15,731	0.17			●
Ever used methamphetamines one or more times	3.6 (2.8–4.5)	4.1 (3.6–4.6)	0.30			●

(also called "speed", "crystal", "crank", or "ice", during their life)	1,357	16,289				
Ever used ecstasy one or more times (also called "MDMA", during their life)	7.1 (5.5–9.1) 1,362	6.7 (5.8–7.6) 15,887	0.69			●
Ever took steroid pills or shots without a doctor's prescription one or more times (during their life)	—	3.3 (2.9–3.8) 16,320	~			
Ever used a needle to inject any illegal drug into their body one or more times (during their life)	2.2 (1.5–3.4) 1,361	2.1 (1.8–2.5) 16,140	0.78			●
Offered, sold, or given an illegal drug by someone on school property (during the 12 months before the survey)	24.8 (22.4–27.4) 1,356	22.7 (20.7–24.9) 16,261	0.19			●
Sexual Behaviors						
Ever had sexual intercourse	43.5 (39.4–47.6) 1,252	46.0 (42.9–49.2) 15,065	0.32			●
Had sexual intercourse for the first time before age 13 years	5.1 (3.6–7.0) 1,244	5.9 (5.1–6.8) 15,046	0.36			●
Had sexual intercourse with four or more persons (during their life)	11.4 (9.3–13.9) 1,251	13.8 (12.4–15.4) 14,987	0.08			●
Had sexual intercourse with at least one person (during the 3 months before the survey)	30.4 (26.5–34.6) 1,253	34.2 (31.9–36.5) 15,017	0.11			●
Drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	17.1 (13.1–22.0) 364	21.6 (20.0–23.3) 5,548	0.06			●
Did not use a condom during last sexual intercourse (among students who were currently sexually active)	37.8 (33.3–42.5) 359	38.9 (36.9–41.0) 5,454	0.66			●
Did not use birth control pills before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	74.0 (68.7–78.7) 356	80.2 (77.5–82.6) 5,360	0.03		●	
Were never taught in school about AIDS or HIV infection	16.1 (13.5–19.1) 1,352	13.0 (11.7–14.3) 16,109	0.05			●
Did not use Depo-Provera before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	95.2 (91.9–97.2) 356	96.9 (96.3–97.4) 5,360	0.18			●
Did not use birth control pills or Depo-Provera before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	69.2 (64.2–73.7) 356	77.1 (74.3–79.7) 5,360	0.00		●	
Did not use both a condom during last sexual intercourse and birth control pills or Depo-Provera before last sexual intercourse (to prevent pregnancy, among students who were currently sexually active)	85.7 (80.8–89.5) 354	91.1 (89.7–92.4) 5,329	0.02		●	
Dietary Behaviors						
Ate fruits and vegetables less than five times per day (100% fruit juices, fruit, green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	82.8 (80.5–84.9) 1,339	77.7 (76.3–78.9) 16,057	0.00		●	

Did not drink 100% fruit juices (during the 7 days before the survey)	22.5 (20.1–25.2) 1,361	19.4 (18.0–20.8) 16,167	0.03	●		
Did not eat fruit (during the 7 days before the survey)	10.6 (8.8–12.8) 1,361	11.4 (10.1–12.9) 16,232	0.51			●
Did not eat green salad (during the 7 days before the survey)	37.1 (34.0–40.4) 1,358	36.6 (34.7–38.6) 16,220	0.78			●
Did not eat potatoes (excluding French fries, fried potatoes, or potato chips, during the 7 days before the survey)	31.9 (28.6–35.4) 1,362	31.2 (29.5–33.1) 16,224	0.73			●
Did not eat carrots (during the 7 days before the survey)	42.5 (38.9–46.1) 1,358	51.8 (49.5–54.2) 16,223	0.00		●	
Did not eat other vegetables (excluding green salad, potatoes, or carrots, during the 7 days before the survey)	16.1 (13.8–18.7) 1,352	16.7 (15.3–18.1) 16,215	0.70			●
Drank a can, bottle, or glass of soda or pop at least one time per day (not including diet soda or diet pop, during the 7 days before the survey)	20.1 (17.7–22.8) 1,360	29.2 (27.2–31.2) 16,188	0.00		●	
Drank less than three glasses per day of milk (during the 7 days before the survey)	88.3 (86.1–90.2) 1,355	85.5 (83.1–87.6) 16,174	0.06			●
Ate fruit or drank 100% fruit juices less than two times per day (during the 7 days before the survey)	72.5 (70.0–74.8) 1,360	66.1 (64.4–67.8) 16,141	0.00	●		
Ate vegetables less than three times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	86.8 (85.0–88.4) 1,341	86.2 (85.2–87.1) 16,160	0.54			●
Overweight (students who were \geq 85th percentile but $<$ 95th percentile for body mass index, by age and sex, based on reference data)	14.4 (12.3–16.7) 1,303	15.8 (14.7–17.0) 15,178	0.25			●
Obese (students who were \geq 95th percentile for body mass index, by age and sex, based on reference data)	11.8 (9.9–13.9) 1,303	12.0 (10.9–13.1) 15,178	0.87			●
Described themselves as slightly or very overweight	29.3 (26.1–32.7) 1,354	27.7 (26.7–28.6) 16,123	0.34			●
Did not exercise to lose weight or to keep from gaining weight (during the 30 days before the survey)	37.5 (34.6–40.6) 1,349	38.5 (37.2–39.8) 16,109	0.55			●
Did not eat less food, fewer calories, or low-fat foods to lose weight or to keep from gaining weight (during the 30 days before the survey)	63.7 (60.6–66.6) 1,336	60.5 (59.0–61.8) 16,099	0.05			●
Went without eating for 24 hours or more to lose weight or to keep from gaining weight (during the 30 days before the survey)	—	10.6 (9.7–11.5) 16,115	~			
Took diet pills, powders or liquids to lose weight or to keep from gaining weight (without a doctor's advice, during the 30 days before the survey)	—	5.0 (4.5–5.5) 16,120	~			
Vomited or took laxatives to lose weight or to keep from	—	4.0 (3.5–4.4)	~			

gaining weight (during the 30 days before the survey)		16,100				
Physical Activity						
Physically active at least 60 minutes per day on less than 5 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	57.6 (54.0–61.1) 1,358	63.0 (61.2–64.8) 16,109	0.01		●	
Did not attend physical education classes in an average week (when they were in school)	54.2 (49.3–59.1) 1,352	43.6 (36.4–51.1) 15,578	0.02	●		
Did not attend physical education classes daily (when they were in school)	82.3 (78.4–85.6) 1,352	66.7 (60.7–72.3) 15,578	0.00	●		
Did not play on sports teams (run by their school or community groups during the 12 months before the survey)	38.1 (35.2–41.2) 1,345	41.7 (38.9–44.5) 15,562	0.09			●
Watched television 3 or more hours per day (on an average school day)	24.8 (22.8–26.9) 1,352	32.8 (30.4–35.3) 16,126	0.00		●	
Used computers 3 or more hours per day (played video or computer games or used a computer for something that was not school work on an average school day)	23.6 (20.6–26.9) 1,349	24.9 (22.9–27.0) 16,124	0.51			●
Physically active at least 60 minutes per day on less than 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	79.8 (76.7–82.6) 1,358	81.6 (80.5–82.7) 16,109	0.25			●
Did not participate in at least 60 minutes of physical activity on any day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	16.2 (13.9–18.9) 1,358	23.1 (21.5–24.8) 16,109	0.00		●	
Asthma						
Ever told by a doctor or nurse that they had asthma	18.5 (16.7–20.5) 1,348	22.0 (20.8–23.1) 16,089	0.00		●	
Ever told by a doctor or nurse that they had asthma and still have asthma	7.9 (6.5–9.7) 1,333	10.8 (9.9–11.7) 15,998	0.00		●	

Footnotes

†	Percentage, confidence interval, cell size
—	Data not available
~	P-value not available

Application URL: <http://ngdev.cdc.gov/YouthOnline/App/Results.aspx?TT=G&OUT=0&SID=HS&QID=QQ&LID=AK&YID=2009&LID2=XX&YID2=2009&COL=&ROW1=&ROW2=&HT=QQ&LCT=&FS=1&FR=1&FG=1&FSL=&FRL=&FGL=&PV=&TST=True&C1=AK2009&C2=XX2009&QP=G&DP=1&VA=CI&CS=Y&SYID=&EYID=&SC=DEFAU LT&SO=ASC&PF=1>

