

Family/ Peer Support Workgroup - MINUTES
Alaska FASD Partnership
August 23, 2011

Present: Jeanne Gerhardt-Cyrus, Gayle Young, Mary Williard, Ardyce Turner, Amy Hansen, Teri Tibbett

ACTION ITEMS IN PURPLE

I. Alaska Peer Support Consortium:

- Schedule for Meetings
- “Alternatives Conference” in Florida Oct. 26-30. – Jeanne will be attending sponsored in part by APSC and Maniilaq Health Corp.

II. FASD Family Camp:

- Alaska FASD Camps 2012. Due to a miscommunication, it was recently discovered that there is not funding for four camps in 2012 as previously announced, but only two camps (Wasilla and Homer). Jeanne will be teaching FASD into Action at the Wasilla camp; Tami Eller will teach it at the Homer camp.
- Whitecrow Village. Mary went to Whitecrow Village with her children who experience FASD. She reported that though it was expensive to get there and cost of camp was a concern, they would gladly do it again. Whitecrow Village has lots of activities to do. Not a lot of new information, but valuable to have young adults with FASD to help peers understand and “translate” from their perspective – valuable hearing from someone who’s been through it and can give firsthand account of what works, doesn’t work, etc. Her kids reported enjoying meeting new friends, feeling welcome and not like outsiders, peer counselors who served as role models, hearing panelists talk about their lives, hearing strategies for success, and older kids getting guidance on what supports they might need as they move into adulthood. Mary would like to see this same model happen in Alaska. Jeanne commented that the Alaska camps don’t provide the same kind of training and peer support for the kids – it’s more for the parents, which differs from Whitecrow Village’s approach. **ACTION: Talk to VOA to see about incorporating some elements of the Whitecrow approach to the offerings at the Alaska camps.** See these websites for more info:

Whitecrow Village: Live-In FASD Education Sessions - (L.I.F.E.)

http://www.whitecrowvillage.org/community/life_sessions.html

FASD Interdependent Living Programs for Adults:

<http://www.whitecrowvillage.org/living/index.html>

III. FASD Awareness Day Activities:

- Kotzebue - Prevention Walk . Will meet at Maniilaq health center at 9am, with a pregnant pause at 9:09.
- Kiana – Prevention Walk. Will meet at the health clinic at 9am, will (tentatively) end at the school cafeteria of school for information, DVDs and hot chocolate. Jeanne will forward poster to Teri to post on statewide calendar.
- Sitka – Party at Centennial Hall with balloons, information, videos on Sept. 9. Also, Gayle will help with table tents in restaurants promotion.
- Wasilla/Palmer – Table tents in restaurants (Teresa). Amy will help in Palmer. **ACTION: Teri will follow-up with Teresa and Amy.**

- Juneau – Table tents in restaurants; Information table at Ethel Lund Medical Center (sponsored by SEARHC);
- Nome – Table tents in restaurants
- Bethel – Table tents in restaurants
- Anchorage – table tents in restaurants (sponsored by AWRP, CHARR, VOA)

IV. Next meeting:

- Case Management/Care Coordination (training, proactive, etc.)
 - Quality Assurance in the services; make sure services are appropriate and good
 - Technical assistance in how to do “active” case management
 - Measurables – what can be documented, families are connected to this many services, how many clients received DD eligibility or are put on a waiver, how are you measuring effectiveness.
- Explore curriculum for primary care providers
 - Sufficient training (FASD into Action) for anyone who is doing direct care. Coordinate with Arctic FASD RTC has this covered. Insuring that everybody has FASD training and support. Fidelity related appropriate services.
- Develop a scholarship fund for FASD camps, trainings, etc.