

YOUTH & FASD WORKGROUP - MINUTES
Alaska FASD Partnership
Friday, August 10, 2012

- I. **Introductions/Check-In** – Brittany Arey (co-chair)/Alaska Mental Health Board is working on updating distribution lists and learning how to organize and run a meeting. Gail Perez/Juneau Youth Services just finished the FASD 101 & 201 Train the Trainers in Anchorage; Laurie Cooper Senior & Disabilities /DHSS; Teri Tibbett/Alaska Mental Health Board; Gayle Young, SEARHC Diagnostic Team in Sitka, will provide an FASD training for the school district before school opens – positive step toward educating teachers, also working on FASD awareness day activities.
- II. **Approval of Agenda.** Approved.
- III. **Approval of Minutes from 7/6/12.** Approved.
- IV. **Choose guest speaker for next meeting.** John Hays or Dan Duhovsky.
- V. **FASD training for youth.** Brittany offered to help anyone locate training opportunities.
- VI. **Decide three top priorities for workgroup action** – the group postponed making the decision until next meeting when more youth are on the teleconference. Gayle volunteered to make calls just before the next meeting to remind participants.
 1. FASD presentations to youth and adults at youth facilities – backed up with brochures and simple information to distribute.
 2. Research and promote programs in schools to educate teens about FASD.
 3. Pregnancy tests with warnings about drinking during pregnancy.
 4. Recruit qualified mentors for youth currently on FASD Waiver (collaborate with Alaska Peer Support Consortium?).
 5. Create a “Youth Section” for an Alaska FASD Resource Directory that lists programs and services that serve youth with FASD and their families. Services such as respite, case management, housing and employment support, treatment, mentorship, etc. Can include additional information about FASD, solutions, personal stories, and articles specific to youth with FASD.
 6. Research and identify FASD training that offers a hands-on approach, with interventions and better understanding of how to work with people who have an FASD. Need promising or best practices.
 7. Project to raise awareness to young women about drinking during pregnancy.
 8. Have a booth at AFN (Alaska Federation of Natives) to get info out to Native Alaskans.
 9. Get the FASD Partnership up on facebook.
 10. Hands-on presentations (youth to youth) about FASD.
 11. Get information to clinics that serve pregnant women (birth centers, Planned Parenthood, obstetricians, public health centers).
 12. Set up a Youth FASD support group (FASD Anonymous?).
 13. *PLEASE ADD YOUR ADDITIONAL IDEAS HERE...*

- VII. **Comments/Questions/Announcements** – Gayle talked about attending Whitecrow Village in Canada – a peer-driven camp for individuals, families and professionals impacted by FASD. Highlights included all rules are for everyone, no meltdowns for the entire week, supportive atmosphere, the youth are proud, active, and full of ideas because they are respected and included in the planning – which is very different from their regular lives. She suggested Alaska needs to have some readiness if we’re going to bring Whitecrow to Alaska and she would like to help out.
- VIII. **Next meeting:** Friday, Sept. 7 at 3:00pm