

## Services for Children and Adults with FASD

### Meeting notes – January 22, 2013

- *We are reviewing one goal at a time. We decided to begin 2013 with our focus on Goal 1 - Improve and expand services for adults with FASD transitions from foster care, secondary education, and correction systems—including assistance with housing, treatment, medication, employment, training, education, case management, etc.*
- *This is a huge goal with many parts. Let's break it down..."How can we IMPORVE SERVICES..."*
  - *Transition from Foster Care*
  - *Transition from Secondary Education*
  - *Transition from youth & Adult Corrections*
  - *Assistance with housing*
  - *Treatment*
  - *Medication*
  - *Employment*
  - *Training*
  - *Education,*
  - *Case Management*
  - *ETC – What Else*
- *The group is tasked with providing three specific strategies for each of the four areas below. These will be forward to Art for inclusion in the next Agenda.*
- *Next meeting is February 19, 2013 at 9:00. Same Call In information and code. This will be clearly outlined in the next Agenda.*

Our meeting today allowed us to fully explore the top four parts. And, there is always good information shared from personal experiences and perspective.

#### Transition from Foster Care:

- We have to start young.
- OCS waits too long to get things going.
- Must be a place to Transition to.
- Must start early with OCS

#### Transition from Secondary Education:

- Get School district to start early
- Must start early.
- Not everyone has a Transition Plan at school
- Some kids transition out without an IEP (no plan at all)
- Need to have a "system in place"
- Need to have better follow through

#### Transition from Youth & Adult Corrections:

- Must start as early as possible.
- Services need to be in place before release to expect positive results

Transition from Aging Parents:

- Need a safety net. (case management, housing, employment, volunteer work, mentor program)
- Need “External Brain” someone who can provide consistent and constant guidance.
- Need an APP for mapping and cueing
- Need Service Dogs

Transition from youth/adult corrections:

- Not everyone qualifies for waivers or any other services
- Need for Shared apartments
- Housing is very short supply

**OVERALL:**

- Housing is an immediate need. Needs to be safe, reliable, close to transportation.
- Cannot find Assistive Housing.
- Housing by Duplex for parents to use with their children with FASD.
- “Working FARMS” – 16 farms in lower 48 as a MODEL for living/learning/employment/productivity
- Sheltered Workshops – falling by the wayside
- The certainty of “managing Scarcity” ie. Glory Hole Example ...Public homelessness can not deal with disabled homelessness, mental ill homelessness, etc.
- SEEK OUT the Alaska Housing Authority Initiative Goal to Eliminate homelessness by ???
- Need to look for all underutilized facilities (ie. Northern Lights Hotel to turn into affordable housing).
- Senator Kevin Meyer- Advocating for Looking for Housing & Services.

-- submitted by Art Arnold