

2. Youth who can discuss problems with their parents and are connected to other adults are more able to avoid the poor outcomes associated with ACEs.



For more information go to:
dhss.alaska.gov/abada/ace-ak/Pages/default.aspx

4. Trauma informed schools have learned that changing how adults interact with kids improves outcomes – fewer suspensions and more instruction time.



For more information go to:
dhss.alaska.gov/abada/ace-ak/Pages/default.aspx

6. When children are taught how to regulate their emotions and can effectively communicate their feelings with adults and peers, they have a strong protective factor against ACEs.



For more information go to:
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1. Communities with the following characteristics are protecting their children from the poor outcomes of ACEs:

- Adequate Housing
- Access to Health Care
- Access to Social Services



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3. High quality child care and preschool programs have been shown to lead to higher graduation rates and more future employment. They also are very cost effective in the long run.



For more information go to:
dhss.alaska.gov/abada/ace-ak/Pages/default.aspx

5. Parents who understand child development are more likely to provide appropriate responses to their children's behavior. Safe, secure and consistent homes lead to successful outcomes.



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