

ALASKA COMMISSION ON AGING
Rural Outreach Meeting, September 15-17, 2015
Kenai Peninsula & Girdwood, Alaska
DRAFT Agenda

Tuesday, September 15, 2015
Soldotna Senior Center

1:00 p.m. Good Afternoon & Welcome All! Coffee and tea will be provided.

The public is invited to attend in person or call in on September 15 from 1:00 to 4:00 p.m. and on September 17 from 1:00 p.m. to 4:00 p.m. The toll-free number 1-800-315-6338, pass code 53250#.

Public comment is scheduled for Tuesday, September 15, from 2:30 to 3:00 p.m. at the Soldotna Senior Center. The Commission and the Anchorage Senior Advisory Commission will hold a joint meeting on September 17 from 12:30 to 3:30 p.m. in Girdwood at the Public Library Conference Room. Public comment is scheduled for 3:00 to 3:30 on September 17. Please come in person at the designated location or call in using the toll-free number 1-800-315-6338, pass code 53250#.

1:00 p.m. Call to order. Roll Call, Announcements, & Introductions
ACTION: Adoption of the Agenda
ACTION: Adoption of Minutes, June 25, 2015, State Plan for Senior Services, FY16-19 meeting
ACTION: Adoption of Minutes, May 5-6, 2015 meeting.
Ethics Disclosures
A “Safety Moment” Announcement – Facility Manager
(Approved ACoA Executive Committee minutes are attached under Tab 1 in the meeting binder)

1:05 p.m. Chair Report – Mary Shields

ACTION: Request for ACoA Commissioner to serve on the Governor’s Council on Disabilities and Special Education
ACTION: Request for ACoA Commissioner to serve on the Curriculum Advisory Board for the new Geriatric Workforce Enhancement Program, Southcentral Foundation and the University of Alaska

1:15 p.m. Executive Director & Staff Report
Denise Daniello, ACoA Executive Director

1:30 p.m. ACoA Committee & Representational Reports

- Executive Committee: Mary Shields, Chair**
- State Plan Steering Committee: David Blacketer & Marie Darlin, Co-Chairs**
- Legislative Advocacy Committee: Marie Darlin, Committee Chair**
- Pioneer Home Advisory Board (PHAB) Report & Discussion about the Future of the Pioneer Homes: Bob Sivertsen, PHAB Chair**

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- 2:15 p.m.** **Break**
- 2:30 p.m.** **PUBLIC COMMENT**
Please call 1-800-315-6338, enter code 53250# or provide comment in person.
- 3:00 p.m.** **Alaska Mental Health Trust Authority**
Jeff Jessee, CEO & Amanda Lofgren, Program Officer
- 3:30 p.m.** **Division of Senior & Disabilities Services**
Duane Mayes, Division Director
- 4:00 p.m.** **Alaska Housing Finance Corporation**
Jim McCall, Senior Housing Program Officer
- 4:30 p.m.** **Advocacy Reports (by teleconference)**
Marianne Mills, AgeNet Chair
Ken Helander, AARP Advocacy Director & Marie Darlin, AARP Capitol City Task Force
- 5:00 p.m.** **Elder Protection**
Teresa Holt, Office of Long-Term Care Ombudsman
- 5:20 p.m.** **Review of Site Visit Schedule for Wednesday, September 17**
- 5:30 p.m.** **Recess to Thursday, September 17, 1:00 p.m. ACoA members will conduct site visits in designated locations on the Kenai Peninsula. The Commission will reconvene at the Girdwood Public Library Conference Room on September 17 to hold a joint public comment session with the Anchorage Senior Advisory Commission (1:00 to 2:30 p.m.) and complete the Commission’s business agenda (adjourning at 5:15 p.m.).**

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Rural Outreach Visit Schedule

Wednesday, September 16, 2014

Group 1: Soldotna. Sherice Cole will be the driver for this group. Marie Darlin, David Blacketer, Anna Frank, Jim McCall, Teresa Holt and Amanda Lofgren are the group participants. Group 1 will depart from the hotel lobby at 8:15 a.m. to begin site visits.

**8:30 a.m. Heritage Place Continuing Care Community
232 West Rockwell Ave., Soldotna, AK 99669
907-714-5000**

Heritage Place is a 60-bed, skilled nursing facility that was established in 1986. The facility offers special care for dementia patients in the "Sitka Rose" community. Heritage Place also provides end-of-life "Comfort Care" for residents and their families. Heritage Place is owned and operated by Central Peninsula General Hospital.

**10:00 a.m. Riverside Assisted Living (Note: The facility is behind the Dairy Queen)
190 Lovers Lane, Soldotna, AK 99669
907-262-9600**

Situated on the bank of the Kenai River, Riverside Assisted Living provides 24-hour staffing along with meals, medication management, access to a nurse, and assistance with bathing, dressing, and mobility. The facility offers an activity room, theater, atrium lounge, salon, spa, library and game and exercise rooms. In 2012, the historic Riverside House and Restaurant was renovated into the Riverside Assisted Living facility.

**11:15 a.m. Soldotna Senior Citizens Site Visit & Lunch
197 W. Park Ave. Soldotna, AK 99669
Contact: Jan Fena, Executive Director (907-262-2322)**

Services include senior meals, transportation, senior housing, outreach, shopping, exercise, and social/recreational activities.

Enjoy lunch with Soldotna seniors. The suggested senior donation is \$5 and non-senior cost is \$10.

Representatives from ResCare, the National Family Caregiver Support Program, Aging and Disability Resource Center (operated by the Kenai Peninsula Independent Living Center), and Frontier Community Services have been invited to join ACoA at the Senior Center to talk about their services for seniors and families caring for elderly loved ones living at home. ResCare Alaska provides personal care assistance, chore, respite, care coordination, and other services. The National Family Caregiver Support Program provides training, education, and respite for caregivers of seniors age 60 and older in frail health or with cognitive disabilities of any age with Alzheimer's disease. Frontier Community Services provides adult day, respite care, chore services, case management, and care coordination.

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- 1:00 p.m.** **Northwood Retirement Apartments**
190 West Park Ave. #1, Soldotna, AK 99669
907-262-8448
23 units of independent senior housing for low-income seniors and disabled persons
- Sterling** **Distance from Soldotna to Sterling, 10 miles**
- 2:00 p.m.** **Sterling Area Senior Citizens**
34453 Sterling Highway Sterling, AK
907-262-6808
Senior meals, home visits, information/referral, social activities, health programs, caregiver support group, volunteer and employment opportunities (MASST program).
- 3:30 p.m.** **Harbor Lights House Assisted Living (Note: On the way back to Soldotna)**
39355 Dudley Ave.
Soldotna, AK
907-262-5355
Eight-bed assisted living home offering 24 hour care with private bedrooms, transportation, and music/arts/crafts.
- 4:30 p.m.** **Return to Aspen Suite Hotel (10431 Kenai Spur Highway, Kenai, 907-283-2272).**

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Group 2: City of Kenai and Nikiski. Rita Bowen will be the driver accompanied by Mary Shields, Eleanor Dementi, Denise Daniello, and others. Group 2 will depart from the hotel lobby at 8:15 a.m.

City of Kenai: Distance from Soldotna to City of Kenai, 11 miles

8:30 a.m. Forget-Me-Not Center Adult Day

905 Cook Avenue

Kenai, AK 99611

907-283-7294

Program includes social activities, meals, and general elderly supervision.

9:45 a.m. Tyotkas Elder Services (Auntie's Place)

1000 Mission Ave. Kenai, AK 99611

907-283-3612

Services include Elders' lunch program, social activities/outings, transportation, caregiver support, home visits, abuse prevention and information/referral. This program is operated by the Kenaitze Indian Tribe of the Dena'ina people.

11:00 a.m. Kenai Senior Services Site Visit & Lunch

Kenai Senior Center

361 Senior Court

Kenai, AK 99611

907-283-4156

Senior meals, information/referral, outreach, transportation, shopping assistance, home visits, volunteer opportunities, MASST program participant, and other services.

Enjoy lunch with seniors at the Kenai Senior Center. Suggested senior donation is \$6 and non-senior cost is \$12.

12:30 p.m. Vintage Pointe Independent Senior Housing (next door to the Kenai Senior Center)

210 Fidalgo Ave., Kenai, AK 99611

907-283-7535

Independent, non-subsidized senior housing that provides opportunities for fellowship.

Exercise equipment rooms, hair salon, social events, potlucks and other amenities.

1:15 p.m. U.S. Department of Veterans Affairs Outpatient Clinic

11312 Kenai Spur Highway, Suite 39, Kenai, AK 99611

907-395-4100

Provides primary medical and mental health care that includes some specialty clinics

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- 2:30 p.m. Chuda House (Take the Spur Highway to Wildwood to 6th Ave.)**
2090 East 6th Ave., Suite 25, Kenai, AK 99611
907-283-5459
Chuda House, owned and managed by Cook Inlet Housing Authority, provides independent, income-restricted housing for seniors (62+) and disabled persons. Common areas include lounge, library, and craft room.
- Nikiski: Allow 25 minutes to drive from City of Kenai to Nikiski (13 miles)**
- 4:00 p.m. Nikiski Senior Center & Senior Shore Apartments**
50810 Island Lake Rd, Kenai, AK 99611
Contacts: Mike Endsley, Associate Director & Jill Smith, MASST Coordinator, (907) 776-7654
Senior meals, activities, transportation, care coordination, chore services, respite services, and Mature Alaskans Seeking Skills Training (MASST) program participant.
- The Senior Shore Apartments is an eight-apartment senior housing complex for persons age 55+ that offers subsidized and market rate housing.**
- 5:00 p.m. Return to Aspen Suite Hotel (10431 Kenai Spur Highway, Kenai, 907-283-2272).**

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Group 3: Cooper Landing & Seward. Duane Mayes is the driver for Group 3. Group members include Bob Sivertsen, Rachel Greenberg, and Lesley Thompson. Group 3 will depart from the hotel lobby at 7:45 a.m. to Cooper Landing first, followed by Seward.

Cooper Landing: Distance from City of Kenai, 56 miles (1 hour, 10 minutes)

9:00 a.m. **Cooper Landing Senior Citizens Corporation, Inc.**
Eagle's View (senior housing)
37325 Snug Harbor Road, Cooper Landing, AK
Raven's View (senior housing)
37326 Snug Harbor Road, Cooper Landing, AK
907-595-3000
Each of the two complexes offers 6 independent living apartments for persons age 55 years and older with a centrally located common room with satellite TV. Weekly bus services to Kenai and Soldotna. Eagles View opened in April 2006 and Ravens View followed in May 2009.

Seward: Distance from Cooper Landing, 48 miles (1 hour with added time for construction)

11:00 a.m. **Kenai Peninsula Independent Living Center, Aging and Disability Resource Center**
201 3rd Ave., Suite 1, Seward, AK 99664
The Kenai Living Center & ADRC provides information/referral, nursing home transition, transportation, assistive technology, peer support, nursing home transition, recreational services, and other services to promote choice and independence for seniors and persons with disabilities.

12:00 p.m. **Seward Senior Center, Site Visit & Lunch**
336 3rd Ave., Seward, AK
907-224-5604
Senior meals, transportation, information/referral, shopping, exercise programs, recreation, social activities, and other services.
Enjoy lunch with seniors at the Seward Senior Center. The suggested senior donation is \$5 and non-senior cost is \$12.

2:00 p.m. **Providence Seward Mountain Haven Nursing Home**
2203 Oak St, Seward, AK 99664
(907) 224-2900
Seward Mountain Haven is a long-term care facility based on the Green House model that offers quality medical services in the setting of a traditional home. Features include a shared dining room and kitchen along with private bedrooms and bathrooms. Elder residents are involved in everyday living activities including cooking, planning menus and activities, controlling personal schedules, and choosing home furnishings and décor.

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- 3:00 p.m. Seaview Community Services
302 Railway Ave., Seward, AK 99664
907-224-5257
This agency provides 24 hour crisis services, adult mental health services, substance abuse prevention and treatment for those with cognitive disabilities.**
- 5:00 p.m. Stay overnight at the Holiday Inn Express Seward Harbor (1412 4th Ave., Seward, 907-224-2550)**

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Thursday, September 17, 2015

All groups should leave their hotels by 8:30 a.m. in order to arrive at the Girdwood Health Clinic 11:00 a.m. Travel time from Seward to Girdwood (93 miles) and Soldotna to Girdwood (109 miles) is approximately 2.5 hours.

- 11:00 a.m.** **Tour of the Girdwood Health Clinic**
131 Lindblad Ave., Girdwood, Alaska, 99587
(907) 783-1355
Girdwood Health Clinic provides family health care services, urgent care, and women's health care services. We will tour the clinic with the Anchorage Senior Advisory Commission.
- 11:45 a.m.** **Working lunch with Anchorage Senior Advisory Commission Members at the**
Scott & Wesley Gerrish Public Library Conference Room
250 Egloff Drive, Girdwood, AK 99587
(907) 343-4024
- 12:15 p.m.** **Good Afternoon & Welcome All!**
ACoA Call to Order
Safety Moment: Library Facility Manager
- 12:15 p.m.** **JOINT MEETING: Anchorage Senior Advisory Commission & ACoA**
Girdwood Public Library Conference Room
The public is invited to attend in person or call in using the toll-free number 1-800-315-6338, pass code 53250#.
Meeting Objectives: To learn about the challenges of Alaska's fiscal situation and opportunities to achieve sustainability; hear updates regarding Alaska's efforts for Medicaid expansion/reform and the status of services for Alaskan seniors; and to hold a public comment session to learn about the need for services provided in Girdwood for seniors and services available.
- Panel Speakers include Randall Hoffbeck, Commissioner Department of Revenue; Medicaid Redesign Project, Department of Health and Social Services (DHSS) Commissioner's Office; Duane Mayes, DHSS Director for the Division of Senior & Disabilities Services; and Girdwood Service Providers**
- 2:45 p.m.** **Break**
- 3:00 p.m.** **PUBLIC COMMENT: Please provide comment in person or call in to 1-800-315-6338, pass code 53250#.**

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- 3:30 p.m.** **ACoA Commissioner Discussion of Site Visits**
- 4:00 p.m.** **Mature Alaskans Seeking Skills Training Program**
Rita Bowen, Program Coordinator
- 4:20 p.m.** **ACoA Staff Recognition**
- 4:30 p.m.** **Commissioner Closing Comments**
- 4:45 p.m.** **Adjourn**

Partner Reports & Other Correspondence

Upcoming ACoA Meeting Dates:

- **December 9, 2015 (Teleconference)**
- **February 8-11, 2016 (Juneau)**
- **May 2016 Dates TBD (Suggested Meeting Location, Mat-Su)**