

Healthy Alaskans 2020: Update



Health Care Commission Meeting
Anchorage, Alaska
Friday, March 8th, 2013

Lisa DH Aquino
State of Alaska, Division of Public Health
Community Health Improvement Manager

Beverly K Wooley
Alaska Native Tribal Health Consortium
Community Health Systems Performance Improvement Director

Presentation Objectives

- Overview Healthy Alaskans 2020 framework - including the vision, mission and process
- Introduce the Health Status Progress Report and key findings
- Share results from the Community of Interest Surveys (One and Two)
- Describe next steps and the future of Healthy Alaskans 2020





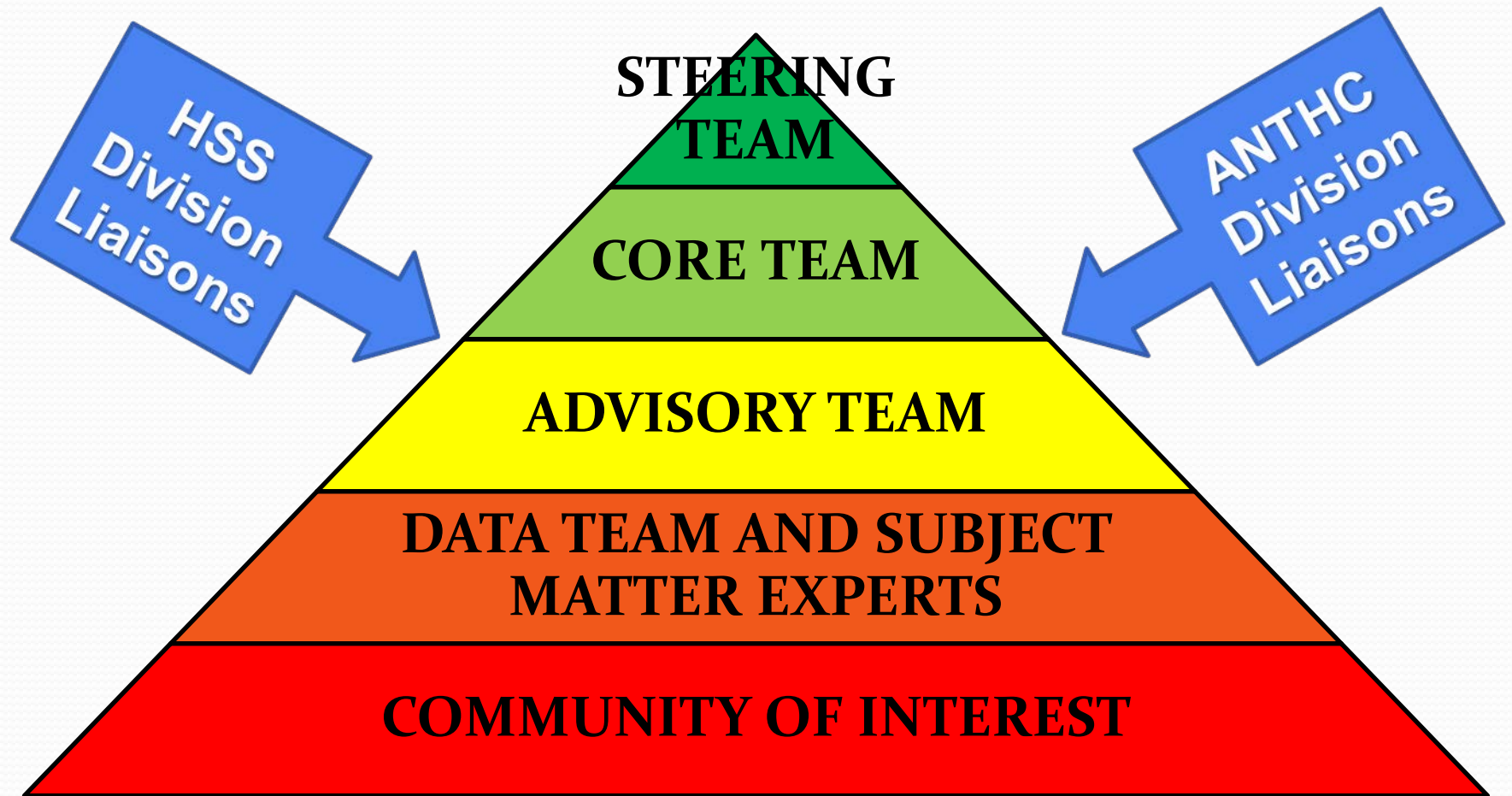
VISION

Healthy Alaskans in healthy communities.

MISSION

Provide a framework and foster partnerships to optimize health for all Alaskans and their communities.

HA2020 Structure – Built For Success



HA2020 - Process

Data Team
and Subject
Matter Expert
Input

1st Round
Community of
Interest Input
Sept 17-Oct 22

Advisory Team

Recommends 71
Indicators

Data Team
and Subject
Matter Expert
Input

2nd Round
Community of
Interest Input
Jan 15-Feb 28

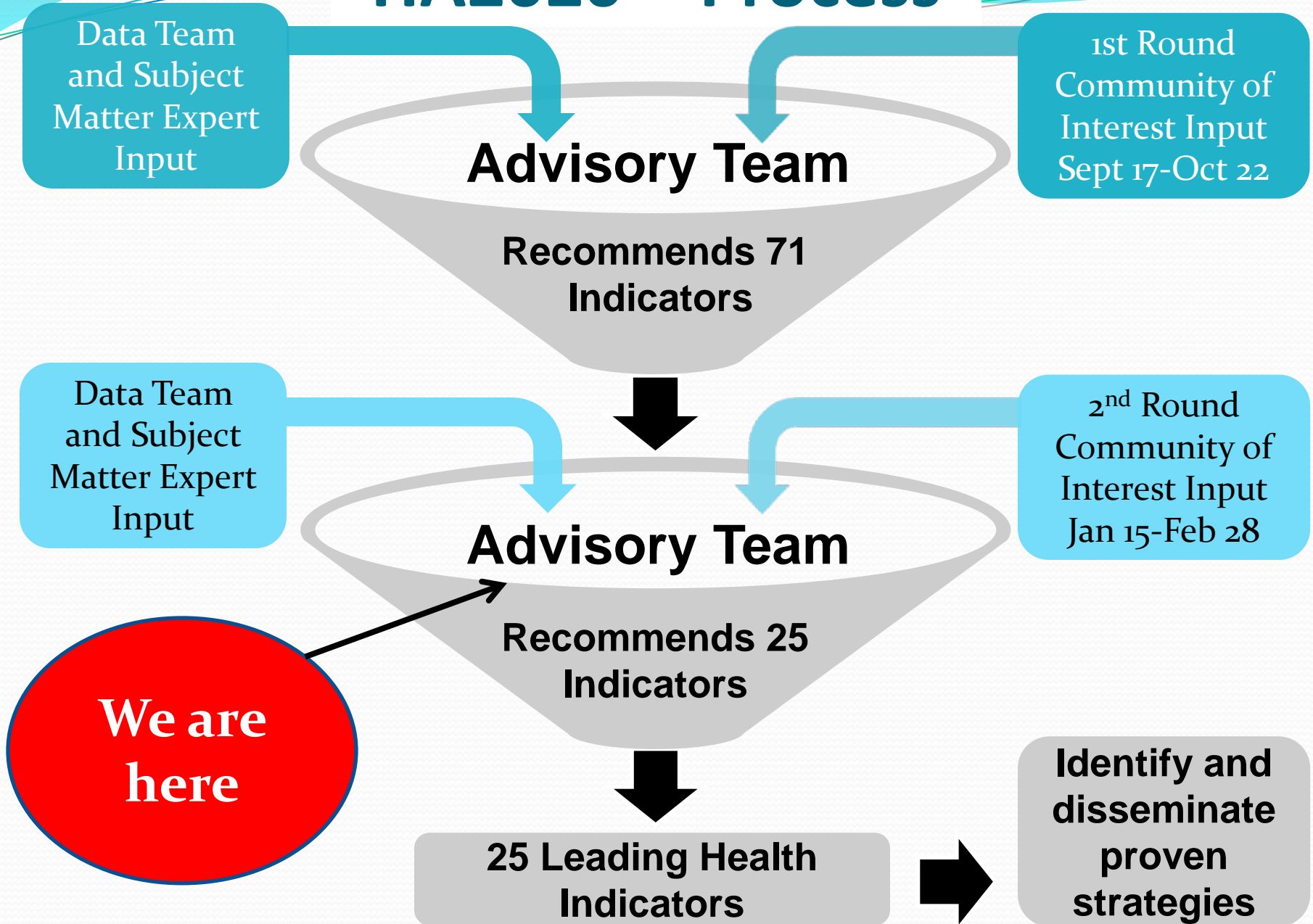
Advisory Team

Recommends 25
Indicators

**We are
here**

25 Leading Health
Indicators

Identify and
disseminate
proven
strategies

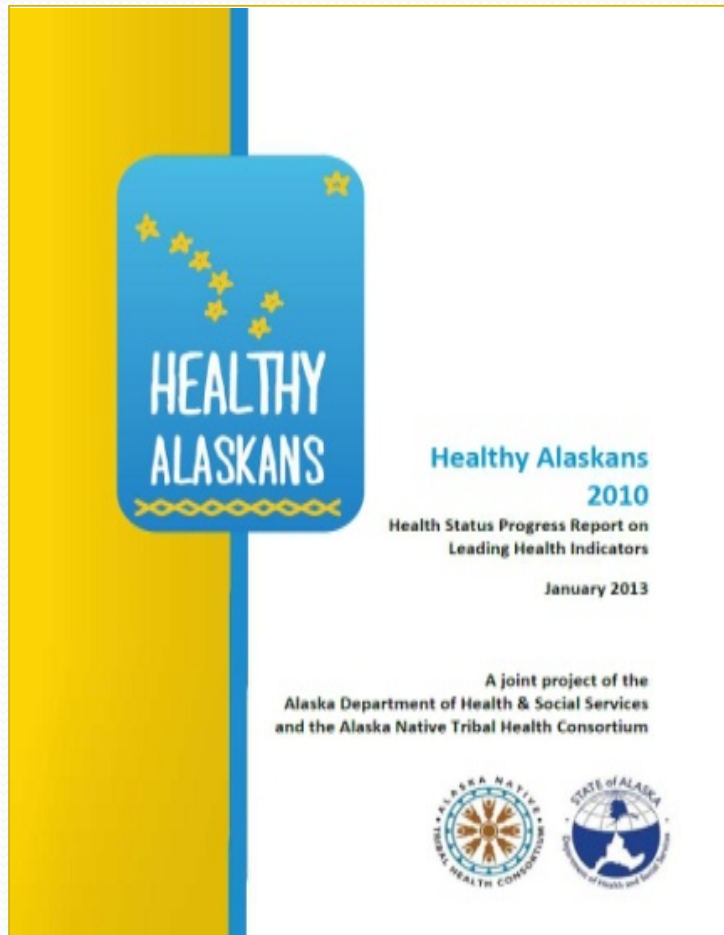


Shared Accountability – FY13 Deliverables

- Statewide Health Assessment ✓
- Leading Health Indicators (25-30)
- Evidence-based Strategies
- Web-based Resources
- Web-based Interactive Tools for Monitoring
- Ongoing partnerships to align efforts, monitor status and assure accountability



Statewide Health Assessment





- Completed January 2013
- The *Health Status Progress Report* is an overview of the Healthy Alaskans 2010 Leading Health Indicators and progress made towards the health targets
- Available on-line at ha2020.alaska.gov

Healthy Alaskans 2010

Leading Health Indicators:

Successes

Objective	HA2010 Target	Baseline*	Current*	Target Met?
Reduce cigarette smoking among adolescents	17%	19.2%	14.1%	
Reduce the post-neonatal death rate (per 1,000)	2.7	3.2	1.8	

Healthy Alaskans 2010

Leading Health Indicators:

Movement Towards Targets

(but targets not met)

- Reduce cigarette smoking among adults
- Increase abstinence from alcohol and illicit drugs among adolescents
- Reduce deaths caused by motor vehicle crashes
- Increase the proportion of elderly adults who are immunized against pneumococcal disease

Healthy Alaskans 2010

Leading Health Indicators:

Little to No Movement Towards Targets

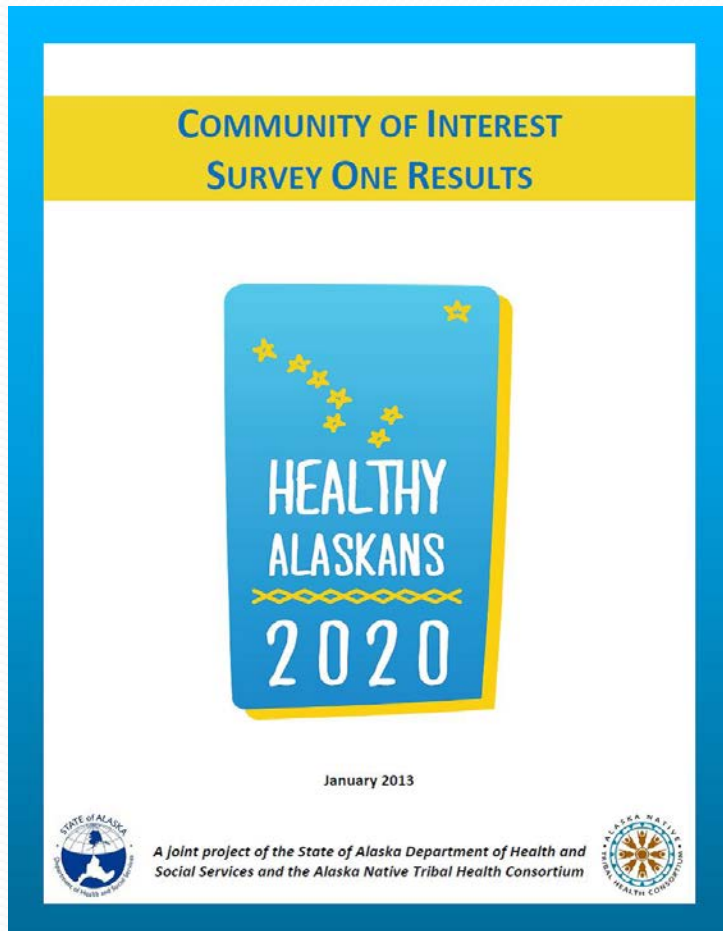
- Obesity among adolescents
- Obesity among adults
- Binge drinking among adults
- Suicide death rate
- Deaths by unintentional injury
- Deaths from homicide
- Child maltreatment
- Vaccination for young children
- Flu vaccination for elderly adults
- Alaskans without health insurance
- Access to healthcare among adults
- Prenatal care for pregnant women
- Abstinence from sexual intercourse among adolescents
- Condom use among sexually active adolescents

Addressing Past Challenges...

Strategies to Meet HA2020 Targets

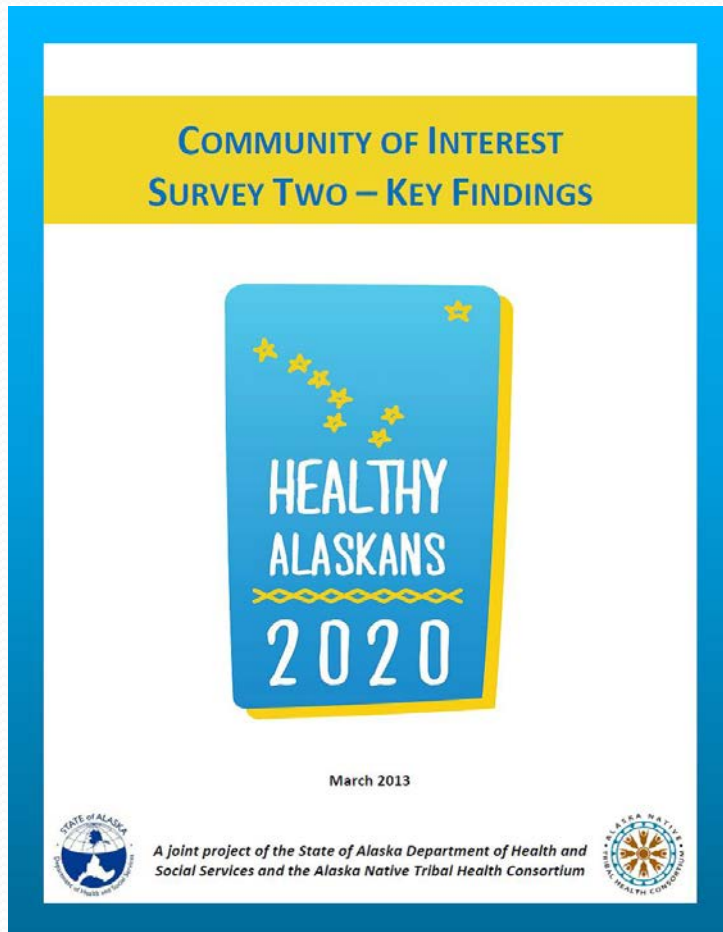
- Develop HA2020 implementation plan in FY14
 - **Promote collective work and ownership among all partners**
 - Encourage alignment of agency and community plans with HA2020 Leading Health Indicators
 - ↑ public awareness of the benefits of achieving the LHI
 - ↑ public policy to promote health and prevent diseases
 - Distribute strategy information and tools
- Ongoing monitoring of progress in meeting targets
 - Share information widely
- Make mid-course corrections as needed

Community of Interest Survey One Results



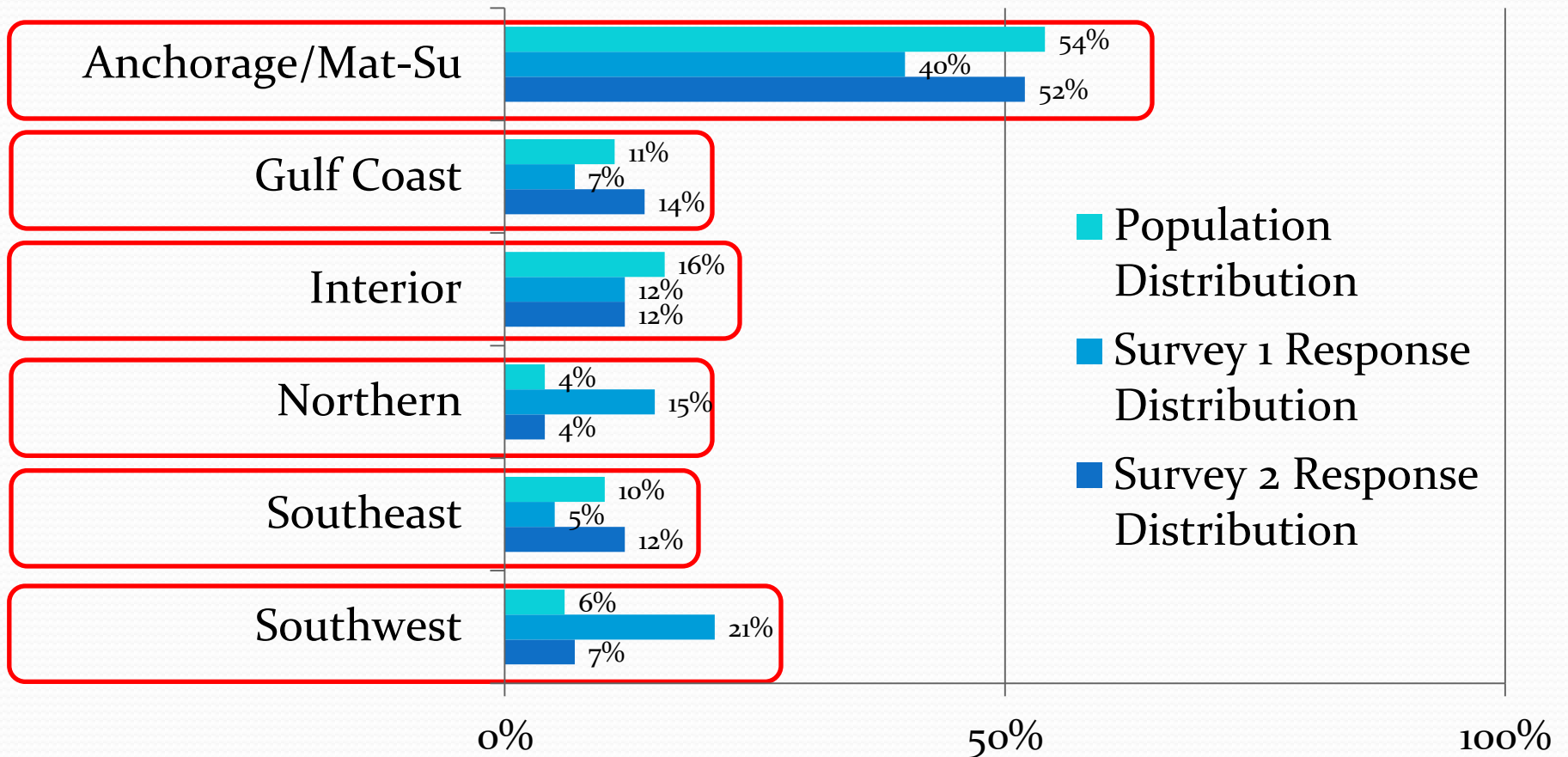
- Over 1,500 Alaskans responded (September 17-October 22, 2012)
- Top 5 perceived health related issues important to Alaskans:
 - Alcohol use and abuse
 - Cost of health care
 - Diet, exercise and obesity
 - Other substance abuse
 - Violence
- Available on-line at ha2020.alaska.gov

Community of Interest Survey Two Results



- Over 1,800 Alaskans responded (January 15-February 28, 2012)
- Age groups and regions were well represented among survey-takers
- Results report will be released in April on-line at ha2020.alaska.gov

Percent Response by Region to Surveys, and Percent Population by Region



Next Steps

- Collect and analyze input from second round of Community of Interest Surveys
- Solicit input from content experts to provide background
- Finalize 25 Leading Health Indicators for Alaska



Thank You.



Questions?

Comments...

For more information contact:

Lisa DH Aquino – phone (907) 269-3456 or email lisa.aquino@alaska.gov

Beverly K Wooley – phone (907) 729-3632 or email bkwooley@anthc.org