



AGENDA

Alaska Health Care Commission

Wednesday, August 21 – Thursday, August 22, 2013

Dena'ina Civic & Convention Center
600 W. 7th Avenue, Anchorage, Alaska

Wednesday, August 21

Workshop on Evidence-Based Medicine: Empowering Patients, Providers and Payers to Improve Quality and Safety in Health Care

Workshop Purpose: Understand the importance of critical appraisal of medical literature and application of evidence-based medicine for informed decision making by patients, providers, payers and public policy leaders.

Learning Objectives:

1. Define evidence-based medicine from a science-based perspective
2. Describe the importance of an evidence-based approach for quality patient care
3. Identify at least three factors needed for an evidence-based approach
4. List at least four elements of patient-centered decision-making from the viewpoint of the patient

7:30 – 8:00

Gathering & Breakfast

8:00 – 8:30 (30 min)

Welcome & Introductions

Dr. Ward Hurlburt

- Workshop Purpose and Objectives
- Commission Member and Workshop Participant Introductions
- Faculty Introductions

8:30 – 10:00

(90 min)

Why Evidence-based Medicine and Critical Appraisal are so Important for Patient Care

Dr. Mike Stuart & Sheri Strite

10:00 – 10:15

(15 min)

BREAK

Wednesday, August 21 *(continued)*

10:15 – 12:00 <i>(105 min)</i>	Case Studies	<i>Dr. Mike Stuart & Sheri Strite</i>
12:00– 12:30 <i>(30 min)</i>	LUNCH <i>(provided)</i>	
12:30 – 2:10 <i>(100 min)</i>	Critical Appraisal Sampler	<i>Dr. Mike Stuart & Sheri Strite</i>
2:10– 2:25 <i>(15 min)</i>	BREAK	
2:25 – 2:55 <i>(30 min)</i>	Requirements for an Evidence-based Approach	<i>Dr. Mike Stuart & Sheri Strite</i>
2:55 – 3:15 <i>(20 min)</i>	What Patients need for Evidence-based Decision-making	<i>Dr. Mike Stuart & Sheri Strite</i>
3:15 – 3:35 <i>(20 min)</i>	What Policy Makers Need for an Evidence-based Approach	<i>Dr. Mike Stuart & Sheri Strite</i>
3:35 – 4:55 <i>(80 min)</i>	Discussion	<i>Dr. Mike Stuart & Sheri Strite</i>
4:55 – 5:00 <i>(5 min)</i>	CLOSING	<i>Dr. Mike Stuart & Sheri Strite</i>

Thursday, August 22

7:30 Gathering & Breakfast

**8:00 Draft Preliminary Findings & Recommendations
Regarding Evidence-Based Medicine**

Deb

- Q&A with Dr. Stuart and Ms. Strite
- Commission Discussion & Brainstorming Session

10:00 BREAK

10:15 Commission Discussion

Deb

- Follow-up on August 9 Stakeholders' Meeting
- Review current Core Strategies and Recommendations and discuss Next Steps

**11:15 Tracking Prior Year Recommendations,
Previous Studies, and Related Initiatives**

Deb

- Federal Reform Update – Health Benefits Exchange and Medicaid Expansion
 - **Commissioner William Streur**, Department of Health & Social Services
 - **Josh Applebee**, Deputy Director of Health Policy, DHSS
 - **Bret Kolb**, Director, Division of Insurance

11:45 Wrap-Up

Deb & Dr. Hurlburt

12:00 Adjourn

Teleconference access for listening to the meeting is available by calling into the following toll-free numbers at the time of the meeting (note that callers will be muted):

Aug 21: 1-877-309-2071 access code 341-677-835

Aug 22: 1 877 309 2074 access code 976-712-798

To follow the presentation via webinar, register by clicking on the link below for each day:

Aug 21: <https://www4.gotomeeting.com/register/579878047>

Aug 22: <https://www4.gotomeeting.com/register/755869383>