

FOURTH R HEALTHY RELATIONSHIPS CURRICULUM TEACHER TRAINING

October 24, 2016 WORKSHOP APPLICATION/SCHOLARSHIP FORM

Thank you for your interest in the Fourth R for Healthy Relationships Curriculum Teacher Training. The workshop will be held in Anchorage on Monday, October 24, 2016 in conjunction with the 2016 Alaska School Health and Wellness Institute (October 25 and 26) at the BP Energy Center. In order to receive a scholarship, participants must participate in the full day workshop on October 24th from 9:00am to 4:00 pm. Participants are also encouraged to attend the two days of the Institute (Tuesday 10/25 and Wednesday 10/26), and may request travel assistance to do so. More information can be found at www.akshwi.alaska.gov.

Eligibility:

Public school teachers/counselors/nurses that are planning to teach the Fourth R curriculum for the first time or have already been trained on the Fourth R curriculum, have used it, and are committed to teaching it during the 2016-2017 school year.

Description: The Fourth R (R = Relationships) is an evidence-based comprehensive health education curriculum that focuses on healthy relationships and decision-making relevant to adolescents to reduce violence and many of today's risk behaviors. Developed in Canada by the Centre for Addiction and Mental Health, Centre for Prevention Science, the program is based on 21 lessons designed for use in grades 7 - 9. This workshop will also introduce participants to the Healthy Relationships Plus curriculum (14 session small group program). Important topics include bullying, personal relationships, peer and dating violence, substance use and abuse and more. The Fourth R curricula has been recommended by the Alaska Safe Children's Act Task Force as model curricula related to implementing the Alaska Safe Children's Act.

Funding from Department of Education & Early Development (EED) will cover travel-related expenses for: air fare, hotel costs, per-diem, substitute teacher costs, and ground transportation for 1) post-conference only or 2) post-conference and additional days of the Institute (optional). Course materials will be provided. The participant will be responsible for their own CEU costs.

All participants need to commit to completing the one-day workshop and attending the Institute days (if applicable) in its entirety in order to be **reimbursed** by the EED.

In order to be eligible, participants also need to have administrative support and submit a signed Memorandum of Agreement (which will be forwarded to the applicant).

OCTOBER 24, 2016 4th R WORKSHOP APPLICATION/SCHOLARSHIP FORM

First Name		
Last Name		
Title		
Phone	Fax	
E-mail		
School District		
School		
Address		
City	AK	Zip

1) Please check which event day you are applying for:

- Fourth R Healthy Relationships Curriculum Training Pre-Conference, October 24 (**mandatory**)
- Alaska School Health and Wellness Institute Day 1, October 25 (optional)
- Alaska School Health and Wellness Institute Day 2, October 26 (optional)

2) Please check your level of experience with the Fourth R:

- teacher new to the Fourth R curriculum
- teacher trained on Fourth R and would like a refresher

3) In what grade level (7, 8 or 9 -12) will you be teaching the Fourth R? _____

4) In what class will you be teaching the Fourth R? (i.e. health, PE, science, other)

5) What is your position in your school?

___ Health Teacher ___ PE Teacher ___ Other, Specify _____

6) Briefly explain why you are interested in participating in the Fourth R Training:

7) Please state how the Fourth R fits into your district or school plan for health education and violence prevention:

8) Has this curriculum been taught in your school before?

- Yes
- No

SCHOLARSHIP ESTIMATED COSTS

Fourth R Curriculum (October 24, 2016) Teacher Workshop
in conjunction with the Alaska School Health and Wellness Institute (Oct. 25-26, 2016)

Please estimate the costs below for financial assistance requested.
Districts are encouraged to cover some of these costs on their own.

	Estimated Costs
Travel/Airfare (or mileage) Roundtrip to Anchorage from: _____	\$
Registration Fees: No Cost	\$ 0
Hotel @ \$99 per night plus 12% tax Number of nights _____ Scholarship recipients must stay at the Anchorage Residence Inn Midtown.	\$
Per diem @ District rate per day = \$ _____ per day x _____ days Breakfast = \$ _____ Lunch = \$ _____ Dinner = \$ _____ (Lunch is provided Wednesday Oct. 26)	\$
Ground Transportation/Parking No rental cars allowed	\$
Substitute Teacher Pay Number of days _____ x \$ _____ per day	\$
TOTAL Requested	\$

Once your application has been approved, a staff development contract for reimbursement will be established and sent to your district's business office.

Districts will be responsible for handling on-line registration, transportation arrangements and other costs, and will be reimbursed after the event.

Please [register now \(https://akshwi.eventbrite.com/\)](https://akshwi.eventbrite.com/) when applying for a scholarship, so we can reserve your space if/when you are awarded.

Please contact Katie Reilly, katie.reilly@alaska.gov with additional questions on completing scholarship application (phone 907-269-4921). Email or FAX (907-269-3465) application by the **deadline date of Monday, September 19th, 2016**