



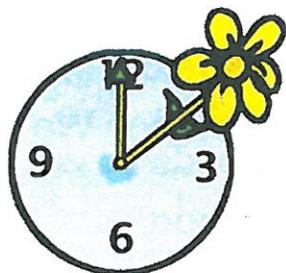
A monthly newsletter for residents, family, staff, and friends

Thank you to everyone who came out to our food forum last month. Food service is one of the most important things we do here. It is also one of the most difficult. As I am sure all of you know from experience, something you may love someone else will strongly dislike. I would like to thank all our food service staff as well. They work hard to be sure you have well balanced, nutritious, and tasty meals on a consistent basis.

We received a ton of valuable feedback and ideas at the forum. Please remember you don't have to wait for another food forum to provide us that feedback. We have a food service representative at every floor meeting. And if you can't wait for the next one, or think you might forget, feel free to stop by the food service offices on the 5th floor for more immediate gratification.



Daylight Savings Time



**SPRING
AHEAD**

Daylight Savings time ends at 2:00am on Sunday, March 11th. Be sure to set your clocks forward 1 hour before you go to bed on Saturday the 10th!

Resident Council News

NEW RESIDENT COUNCIL OFFICERS



Our Bi-Annual Elections were held at the February 16 Resident Council Meeting with the newly elected taking office March 1: Co-Presidents Jan and Bill MacClarence, Vice President Harry Stober, Secretary Carol Scott and Treasurer Ruth Spinner. Bobby Curry assumes the position of Past President. We congratulate the new officers and thank the outgoing officers for their service.

IT'S RAFFLE TIME AGAIN!

We have a beautiful Rainbow Afghan, on display in the Information Center on



1 South that we will be raffling on March 23. Tickets are \$1 each or 6 for \$5 and are available from Council leaders and at the Front Office. Please support YOUR Council! Raffles are an important source of income for us.

VALUE VILLAGE FUNDRIVE – Our first FUNDRIVE is winding down. We have until noon on March 6 to get everything together for transport to Value Village on March 7. We've placed a barrel near the front elevators for your convenience in donating. Thanks to all who have assisted with this project.

CERAMICS PAINTERS – The Council Development Committee has a project underway as a fund raiser. We have 50 soup mugs that need your artistic talent. You can be as creative as you want – see Marilyn or Bob in Activities. The current Ceramic Activities are held on Wednesdays at 2 PM and again at 5 PM in the 5th Floor Craft Room.

NIFTY THRIFTY – Thanks to all who support our thrift store. We appreciate your donations and your shopping with us. Watch for special sales in the future!

Now that the Resident Council is a 501 (C) 3 nonprofit we are developing relationships in the community for financial support to our organization. We are open to suggestions from residents, family members and friends as we pursue our long term goals. Thanks to all of you for YOUR support.



A jolly Irish fellow named Hugh
Was arrested for saying, "Look, Snoot"
"What's snoot?" they would cry,
And he'd always reply
"Oh, nothing much, what's snoot with you?"

Anchorage Municipal Election

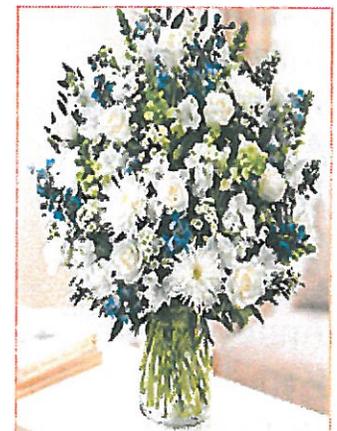
Don't forget, this years Municipal election will be by mail only which means we will not be a traditional voting precinct like we normally are. Look for your ballot in the mail beginning in mid-March.

Once your ballot is filled out, you can put it back in the mail, or if you prefer, you can come to the front lobby on March 27 and March 29 from 1:00pm-3:00pm. We will have ballot boxes located in our front lobby manned by a City official available for your use. If you have any questions about how to vote, please let us know and we can help!

REMEMBERING OUR FRIENDS

Louise Bockman

May your soul rest in peace. You will be missed by your family, friends and the Anchorage Pioneer Home staff.



Across

- 1. Loft
- 6. A lyric poet
- 10. Anagram of "Tine"
- 14. Unpleasant person
- 15. Brother of Jacob
- 16. Notion
- 17. Forbidden
- 18. Largest continent
- 19. Encircle
- 20. Impasse
- 22. A flexible pipe
- 23. Slaloms
- 24. Second of two
- 26. Skin disease
- 30. Eastern newt
- 31. Aye
- 32. Cajole
- 33. Sage
- 35. Rhinoceros
- 39. Take up the cause
- 41. Diversify
- 43. Strict
- 44. Gull-like bird
- 46. Trade
- 47. Offer
- 49. Antlered animal
- 50. Catch a glimpse of
- 51. Large North American deer
- 54. Toboggan
- 56. Warmth
- 57. Disinfectant
- 63. Killer whale
- 64. Have the nerve
- 65. Angry
- 66. Bearing
- 67. Biblical garden
- 68. Condiment
- 69. Annoyance
- 70. Kiln-dried grain
- 71. Stories

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20					21						22			
				23					24	25				
26	27	28	29		30				31					
32					33			34		35		36	37	38
39				40				41	42					
43						44	45				46			
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51	52	53					54			55				
56					57	58					59	60	61	62
63					64					65				
66					67					68				
69					70					71				

Down

- 1. Does something
- 2. Not this
- 3. Brass instrument
- 4. Press
- 5. Chunks
- 6. Exalts
- 7. Helps
- 8. Train track
- 9. In a double capacity
- 10. African holly
- 11. Fool
- 12. Brusque
- 13. Consumer of food
- 21. Distorts
- 25. Relating to aircraft
- 26. Air force heroes
- 27. Outlay
- 28. Back of the neck
- 29. Outrageous
- 34. Exuberant
- 36. Midmonth date
- 37. Half-moon tide
- 38. Unique
- 40. Module
- 42. Scrapes gently
- 45. Sparrow hawk
- 48. Crown
- 51. Trounce
- 52. Eagle's nest
- 53. Strides
- 55. Anagram of "Dimes"
- 58. Zero
- 59. Beseech
- 60. Tight
- 61. Skin irritation
- 62. C C C C

March Birthdays!

HAPPY BIRTHDAY

2nd Gladys Rosier
6th Ruth Hausman
7h Thom Willis
10th Lenore Ortland

22nd Clara Kelly-Rondeau
23rd Myrtle Olsen
24th Nobu Terasawa
25th Mert Weaver
30th Jean Kaufman

Social Work Corner

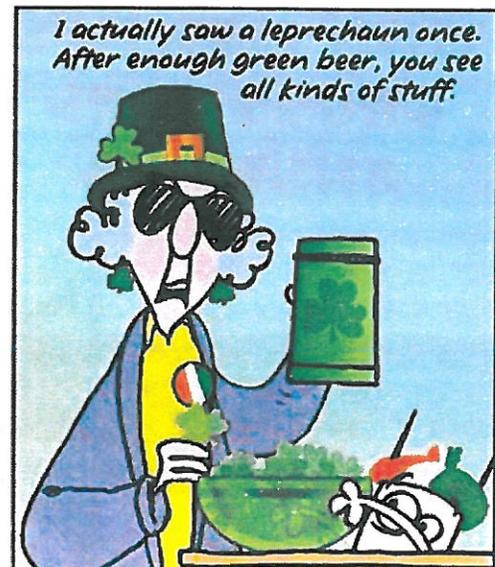
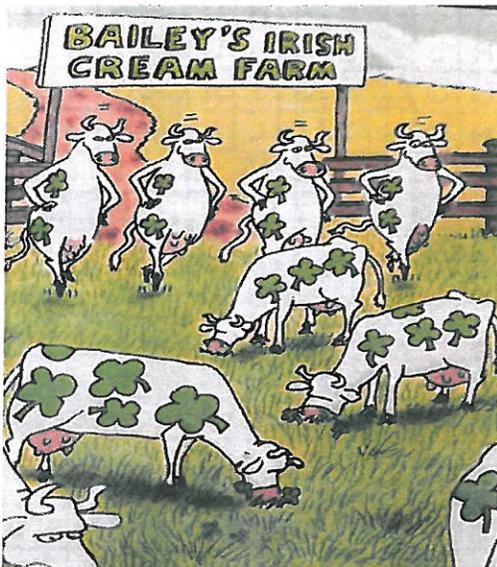
Permanent Fund Information

This is the last month to apply for this year's dividend. Applications must be submitted by March 31, 2017.



Residents it is you and/or your POA's responsibility to make sure you apply every year. We welcome you to stop by the social work office and we can assist you with your application if needed.

We will stock paper applications for staff and residents, and we can help residents apply online.



Resident Council Board Members

Co-Presidents: Jan and Bill MacClarence
 Vice President: Harry Stober
 Treasurer: Ruth Spinner
 Secretary: Carol Scott

Resident Council

Your Resident Council meets the 3rd Friday of every month at 1:00pm in the West Lounge.

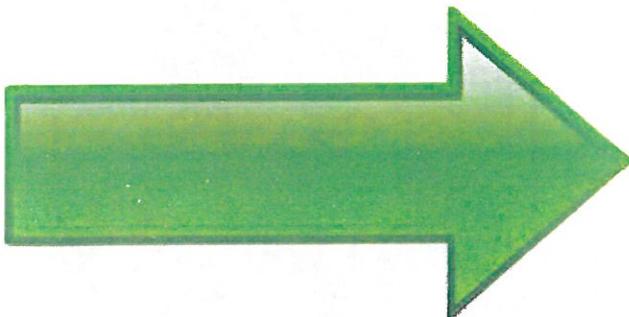
This month's meeting will be on **March 16th.**

Come out and see what is happening and then enjoy ice cream social right after.

Pioneer Poke Hours

Mon/Wed/Fri 10:00am—2:00pm
 Saturday Noon—3:00pm

THIS MONTH'S CROSSWORD ANSWERS



Resident Floor Meetings

All residents are invited to attend the resident floor meetings held each month. This is a great way to share your ideas and keep informed about the happenings around APH. Here's the schedule:

**2nd Tuesday of Each Month
 1:30 PM
 2-South Wild Rose Café**

**4th Wed of Each Month
 10:00 AM
 Sunset View**

Hope to see you there!

A	T	T	I	C		B	A	R	D		N	I	T	E
C	H	U	R	L		E	S	A	U		I	D	E	A
T	A	B	O	O		A	S	I	A		G	I	R	T
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A	C	N	E		E	F	T		Y	E	S			
C	O	A	X		W	I	S	E		R	H	I	N	O
E	S	P	O	U	S	E		B	R	O	A	D	E	N
S	T	E	R	N		S	K	U	A		D	E	A	L
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W	A	P	I	T	I		S	L	E	D				
H	E	A	T		A	N	T	I	S	E	P	T	I	C
O	R	C	A		D	A	R	E		I	R	A	T	E
M	I	E	N		E	D	E	N		S	A	U	C	E
P	E	S	T		M	A	L	T		M	Y	T	H	S

March Activities Spotlight

12th — Lucky Irish Lattes — 9:30am at the 1st floor Information Center

14th — St. Patrick's Day Refreshments 10:30am at the 1st floor Information Center. Roasted hot dogs, chips, and root beer floats will be served.

14th — Bird TLC — 2:00pm in the 3rd floor lounge — come check out the Peregrine Falcon!!!

17th — St. Patrick's Day social — 2:00pm in the 5th floor dining room. Kenny K and his friends will perform

31st — Easter egg decorating — 9:00am in the 5th floor West Lounge

31st — Easter basket making — 1:00pm in the 5th floor West Lounge



Since Easter Sunday falls on April 1st this year, here are a couple of Easter activities planned for early in April:

APRIL

1st — Easter Sunday portraits with Andy Romang — 10:00am - 2:00pm in the 1st floor lobby living room. These are free of charge and all elders, their families, and staff are invited to get their pictures taken.

3rd — Hippity Hoppity Lattes — 9:30am in the 1st floor Information Center



ACTIVITIES

March Shopping Trips

8th — Walmart East

15th — Walmart South

22rd — Fred Meyer Dimond

29th — Walmart East

Remember, you can sign up at the front office up to two weeks in advance of the trip.

A reminder to meet in the front lobby no later than **12:30 PM** for shopping trips that you are signed-up for.



Everyone is invited to the 3rd floor of the south side for **Movie Mondays** and then again on **Wednesdays** for Daphne's **Man Cave Movies**.

Coming Attractions:

Mondays at 1:30pm

5th — Touching Wild Horses

12th — Women in Gold

19th — North To Alaska

26th — no movie

Man Cave Wednesdays

7th — Mister Roberts

14th — no movie for Bird TLC

21st — True Grit

28th — The Incredible Mr.
Limpet

Welcome New Residents



**Ti Cobb
Dorothy Cobb
Kathy Segna
Caroline Miller
Lois Shake
Robert Price**

To Our Home!!!

APH

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