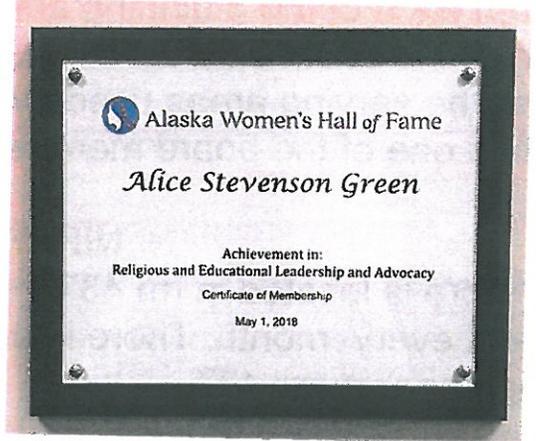




**A monthly newsletter for residents, family, staff, and friends**

Congratulations to our own Alice Green who was inducted into the Alaska Women's Hall of Fame in May for her achievements "Religious and Educational Leadership and Advocacy." She also attended the Older Alaskans Luncheon (the only centenarian in attendance) where she was able to tell Senator Dan Sullivan the secret to a long life in Alaska. Here is a picture of Alice's plaque, which she graciously allowed us to hang near the entrance to our chapel. Thank you, Alice, for your wonderful and meaningful contributions to the people of the State of Alaska. We are honored and proud to have you as part of our family!



Thank you to the Master Gardeners for working their magic on our front flower beds again this spring. I can't wait to see how they grow.



## Resident Council News

Co-President, Bill MacClarence asked me to remind all that he has office hours every Monday from 10am to 11am in room 419, on the 4th floor on the southside. Stop by see him if there is a problem that you have a concern that you wish to have the APHRC address. Or even if you just wish to shoot the breeze with him,

Volunteers are needed for the following Committees:

### **Development Committee**

Looks for ways to raise funds for the APHRC

( Note – The APHRC is self funded and relies on donations and fund raising)

### **Action Committee**

Evaluates items for purchase with the limited funds available.

At this time we have several items under study for purchase

### **Welcome Committee**

Assist new residents in their move to living at the APH. This will provide new residents a fellow resident that they can go to to ask questions and get aimed in the proper direction

We hope to soon have several members serve this function with an individual from each of the 3 dinning areas on the 5th floor, the second floor, the first floor on the south side as well as someone from the north side. Our intent mirror the serving areas used by the kitchen. If you are interested please contact one of the board members

### **NIFTY THRIFTY STORE**

The store is located in rm 437 from 10am to 2pm on the 2nd and 4th Mondays of every month. There is a collection drum for donated items in the lounge near room 437.

We want to take this opportunity to thank all who have made donations to the store. The store sells new and gently used sundry items that have been donated

The store is looking for volunteers to work in the store. (Never worked retail, we will train you.) If more residents are willing to work in the store it could be possible to extend hours and days the store is open,

## Maintenance Moment

Happy Summer everyone, the days are longer and the weather is warmer; the deck is open, and people are using the planter boxes with sprouts already showing up in a few of the boxes. The master gardeners have done their magic, and all around the front and side of the building look wonderful with the flower and the work they have done.



We have already mowed (at least twice) and have been doing some outside stuff whenever we can get out of the building. I hope everyone gets out and enjoys some of the long summer days before the nice weather goes away.

If for any reason you need the maintenance crew, call us, or let your nurses and aids know and they can get ahold of us or they can shoot us a request via email.

## Resident Council News Continued...

**JOB VACANCY** — Your Council needs a new Treasurer. For information on this opportunity to serve contact Bill MacClarence at 346-1349 or Jan MacClarence at 227-0327

## REMEMBERING OUR FRIENDS

Sven-Erik Eriksson  
Joyce Scott  
Una Haverty

Ruth Piser  
Nancy Van Loon



*May your soul rest in peace. You will be missed by your family, friends and the Anchorage Pioneer Home staff.*

**Across**

- 1. Up
- 6. Behold, in old Rome
- 10. Tailless stout-bodied amphibian
- 14. Columbus's birth-place
- 15. Change direction
- 16. Sea eagle
- 17. Constrained
- 19. Trailer trucks
- 20. Record player
- 21. Donkey
- 22. Docile
- 23. Sound of contempt
- 25. Satiates
- 26. High fidelity
- 30. Intensify
- 32. Monkwood
- 35. Long-lasting
- 39. A religious cult
- 40. Relating to the lips
- 41. Empower
- 43. Roars
- 44. Highly seasoned fatty sausage
- 46. Being
- 47. Clenched hands
- 50. Rituals
- 53. Against
- 54. Petrol
- 55. One or the other
- 60. Patch
- 61. Stress
- 63. Sweeping story
- 64. Cold-shoulder
- 65. Follow as a result
- 66. Immediately
- 67. P P P P
- 68. Flavorful

1	2	3	4	5		6	7	8	9		10	11	12	13	
14						15					16				
17					18						19				
20							21				22				
				23		24				25					
26	27	28	29			30			31						
32				33	34				35			36	37	38	
39									40						
41						42		43							
			44				45				46				
47	48	49				50			51	52					
53						54				55		56	57	58	59
60						61			62						
63						64					65				
66						67					68				

**Down**

- 1. How old we are
- 2. Gave temporarily
- 3. A single time
- 4. Two times two
- 5. Domesticates
- 6. French for "Summer"
- 7. Neuromuscular blocking agent
- 8. Plumed
- 9. Terminates
- 10. Temporary
- 11. Bay window
- 12. Cherub
- 13. Davenport's
- 18. French for "Good"
- 24. Lyric poem
- 25. Not domesticated
- 26. Possess
- 27. Computer symbol
- 28. 12 inches
- 29. Nebulous
- 31. Whimper
- 33. Smidgens
- 34. Fee
- 36. Life stories
- 37. Statutes
- 38. If not
- 42. Otagia
- 43. Smidgen
- 45. Goof
- 47. Evanesces
- 48. Awkward
- 49. Stripes
- 51. Poetic dusk
- 52. Locations
- 54. Shocked reaction
- 56. Bluefin
- 57. Metal fastener
- 58. Decorative case
- 59. Marsh plant
- 62. N N N N

## June Birthdays!

# HAPPY BIRTHDAY

5th Beverly Neeley  
7th Paula Mahle  
8th Louise Poss  
12th Dany Swank  
14th Grace Cates

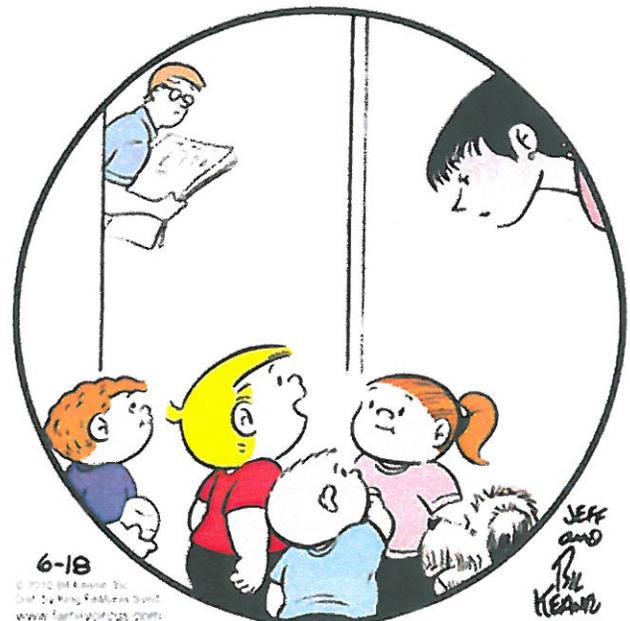
15th Bill MacClarence  
16th Lone Janson  
19th Madeline Belleau  
24th Lois Pickens  
27th Pat Bernard

## Social Work Corner

Medicare is sending out NEW Medicare cards! The cards will have a newly issued Medicare number and will no longer use your social security number for your protection. When you get your new card please provide it to the nursing department, social work or front office to make a copy so we can update your file.



*"For Father's Day, I'm giving my dad an hour of free tech support."*



6-18  
© 2010 Jeff and P. Kearns  
Get the King Family Book  
www.familybook.com

**"We voted and on Father's Day Daddy gets to play with us ALL DAY!"**

## Resident Council Board Members

Co-Presidents: Jan and Bill MacClarence  
 Vice President: Harry Stober  
 Treasurer:  
 Secretary: Carol Scott

## Resident Council

Your Resident Council meets the 3rd Friday of every month at 1:00pm in the West Lounge.

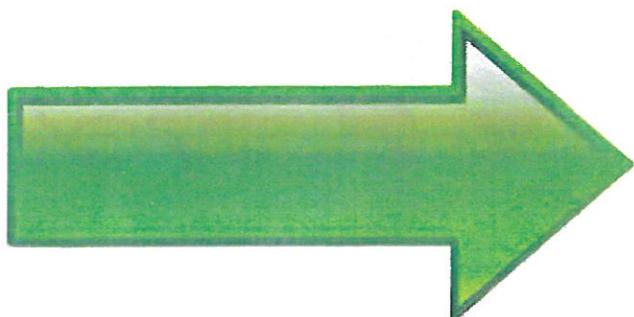
This month's meeting will be on June 22nd.

Come out and see what is happening and then enjoy ice cream social right after.

## Pioneer Poke Hours

Mon/Wed/Fri 10:00am—2:00pm  
 Saturday Noon—3:00pm

## THIS MONTH'S CROSSWORD ANSWERS



## Resident Floor Meetings

All residents are invited to attend the resident floor meetings held each month. This is a great way to share your ideas and keep informed about the happenings around APH. Here's the schedule:

**2nd Tuesday of Each Month  
 1:30 PM  
 2-South Wild Rose Café**

**4th Wed of Each Month  
 10:00 AM  
 Sunset View**

Hope to see you there!

A	L	O	F	T		E	C	C	E		T	O	A	D
G	E	N	O	A		T	U	R	N		E	R	N	E
E	N	C	U	M	B	E	R	E	D		R	I	G	S
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E	P	I	C			S	H	U	N		E	N	S	U
S	T	A	T			P	E	E	S		S	A	P	I

## June Activities

Here are some activity highlights you don't want to miss!:

**12th: Papa Lattes** - 10:00am in the first floor Information Center - Be sure to come down and get a cup of coffee and a snack in honor of all the fathers out there.

**14th: Aviation Museum trip** - 12:30pm. If you have never visited this museum you don't want to miss this opportunity. The sign up sheet is available at the front desk and admission will be covered by the Home.

**15th: Father's Day Iron Skillet Chili cook-off**

- This annual cooking competition will be held at 11:00 AM on Friday, June 15th. The winner will receive the coveted Iron Chef Skillet Award. This is our 23rd Pioneer Home Iron Chef competition. The competition is open for all residents, family members, staff and volunteers. To enter the contest all you have to do is bring your chili to the 3rd floor deck by 10:45am. If the weather does not cooperate, the competition will take place in the 5th floor Tundra Lounge. The more entrees the better. Over the years we have had residents, family members, staff and volunteers win.



**15th: Father's Day BBQ** - Following the Chili cook-off (about noon) on the 3rd floor deck (or the 5th floor Tundra Lounge if weather does not cooperate). This is an annual BBQ sponsored by the Mason's of Alpha Lodge 1. They do the cooking for us AND offer a gift to all men in the Home. There will also be a gift card raffle and entertainment will be provided by the Main Squeeze.

**29th: Arctic Thunder Air Show** - All day - check sign up for exit time. This show is put on every other year and is always a lot of fun. Go see the parachute show as well as the Air Force Thunderbirds perform. And grab a turkey leg or funnel cake while you're at it.



## ACTIVITIES

### June Shopping Trips

- 7th — Fred Meyer, Dimond  
14th — No shopping - Aviation Museum  
21st — Walmart, South  
28th — No shopping, vehicle maintenance

Remember, you can sign up at the front office up to two weeks in advance of the trip.

A reminder to meet in the front lobby no later than **12:30 PM** for shopping trips that you are signed-up for.



Everyone is invited to the 3rd floor of the south side for **Movie Mondays** and then again on **Wednesdays** for Daphne's **Man Cave Movies**.

### Coming Attractions:

#### **Mondays at 1:30pm**

- 11th — The Out-of-Towners  
18th — Ghostbusters  
25rd — You've Got Mail

#### **Man Cave Wednesdays**

- 13th — Big Lake  
20th — Island in the Sky  
27th — On the Waterfront

## Welcome New Residents



**Kay Vinson**  
**Juda and James Allen**  
**Robert Gilliland**  
**Carol Thomas**  
**Phyllis Thompson**  
**Madeline Belleau**  
**Ingeborg Rathke**  
**Myrna Sells**  
**Jack Tessier**

**To Our Home!!!**

## APH

**Anchorage Pioneer Home**  
**923 West 11th Avenue**  
**Anchorage, Alaska 99501**

Phone: (907) 276-3414  
Fax: (907) 343-7272  
Mukluk Contact: Robert  
Montague (907) 343-7240