

ACTIVITY SCHEDULE

SEPTEMBER

***Newspaper &
Coffee @ 9:30
Mon – Fri &
Sat @ 10:00**

***Exercise every
Tuesday and
Thursday @ 10:30**

***Gospel Sing Along
every
Tuesday @ 1:30**

***Pastor Keith
visits every
Tuesday @ 2:00**

***BINGO is every
Wednesday
@ 1:30**

***Java Memory Care
Wednesdays
@ 3:00**

***Garden Club
Thursdays @ 1:30**

***Ice Cream
Social every Friday
@ 1:30**

***Every Sunday @
2:00 local Church
Service on the
3rd Floor**



**Continued on
Page 4**



Ketchikan Pioneer Home

VOLUME 16, ISSUE 9

SEPTEMBER 2018

GREETINGS FROM THE ADMINISTRATOR

I was reviewing the newsletter from September 2017 and in it I was whining about how we had experienced the wettest summer in recent history as evidenced by the photos of the salmon crossing the road at a flooded Ward Lake. In sharp

contrast I should note that Summer 2018 has provided us with more sun than any of us have seen in Ketchikan. I was thinking that the summer of 1989 was the most sunny in my memory but the elders said 1968 was sunnier and when I checked their facts I think they were

right. I took a day off from my day job this week to witness a bill being signed into law in Ketchikan and I even got to shake hands with our boss.

Julie Sande



Photo courtesy of Brice Habberger, Governors Office

Looking Forward

Please join us for a Tea Party on September 29th @ 2:00 in the Great Room . The Pioneers of Alaska will be hosting a tea party for residents and friends of the Pioneers of Alaska and we always look forward to the event for the fellowship of our sisters and for the opportunity to show off our growing tea cup collection. It's a wonderful way to welcome our Fall season and gather together for tea and treats. Please join us!

FRESH HERBS AND VEGGIES



Hopefully everyone was able to see the articles about the residents in the 8/25 edition of the Ketchikan Daily News. Our Pioneer Hydroponic garden was featured and staff and residents were able to explain how they use the garden provided by the Alaska Community Foundation/Ketchikan Community Foundation. The Hydroponic technology is pretty amazing as we are able to harvest fresh herbs and vegetables after just three weeks. We have been using them in our soups and salads among other tasty meals provided by our incredibly talented kitchen crew and our partners in food service at Nana Management



COMMUNITY SENIOR PICNIC



Despite some very nervous activity staff, the good weather prevailed and the senior picnic was once again held at our favorite picnic destination, Ward Lake. For the past two years we have had to move the festivities indoors and we all missed

sitting around the campfire. Though there were morning rain showers in town, Ward Lake remained rain free as we gathered with our good friends from Rendezvous, New Horizons, Community Connections, and Senior Center. Thanks again to the kitchen crew and our friends at Nana

for helping us have a wonderful day. Our favorite part was seeing Hilary go for her annual dip in the lake.



STAFF APPRECIATION



The staff of the KPH are an amazing group of individuals and we like to take a minute to recognize them for their service when we can. This month we honored: Sue Mickelson, Carmelita Manabat, Elena Pingul, Lodi Credito for their years of service to the State of Alaska and the residents of the KPH. Congrats and thank you for all you do.





BACK TO SCHOOL

It is that time of year again! The residents have spent a quiet summer without our preschool and we are so excited to welcome teachers, Tandra Thompson and Sarah Huerta and their troops back to the building. It's been so fun to watch the teachers put the classroom together now that they have new carpet and new furniture too. The residents are looking forward

to our weekly story time with the kiddos on Wednesday at 10:45 a.m. We also love arts and crafts with the students and the way they make every day so much more fun. We can't wait to hear all about their summer break, see how much they've grown, and meet all of the new students.

HAPPY New SCHOOL YEAR!



Some of our newest residents at the Ketchikan Pioneer Home / Fawn Mountain Elementary preschool.

TAZLINA CHRISTENING

Special thanks to the crew at Vigor Alaska for inviting us to attend their big celebration as they unveiled the M/V Tazlina. Our friends at Vigor are incredibly considerate and helpful whenever we go to their facility and we are so thankful to have such good neighbors. The weather was perfect for an outing and we loved the adventure.



JAMMIN ON THE DOCK



The KPH has some pretty talented musicians in residence. Staff, elders, and community members have been coming together every Thursday this summer to practice their Ukelele skills in the Sun Room at the KPH. As part of the summer dock concert series they joined together for a community jam session and concert on the downtown dock and they were literally singing in the rain.





Ketchikan Pioneer Home

Alaska Pioneer Home

Mission Statement:

Providing Elder Alaskans a home and community, celebrating life through its final breath.

KPH

141 Bryant Street

Ketchikan AK 99901

(907)225-4111 Fax 225-4115

- 9/3 Labor Day—No Activities Today
- 9/5 Library Time with Preschool
- 9/6 Baking with Arlene @ 2:00
- 9/6 Spa night with Teri and Tami @ 5:30
- 9/10 Foundation Lunch
- 9/10 Resident Council @ 1:30
- 9/13 Fresh Air Club @ 2:00
- 9/14 Ice Cream Social and Sing Along
- 9/19 Month Birthday Party @ 2:30
- 9/20 Baking with Arlene @ 2:00
- 9/20 Concert in the Great Room @ 5:45
- 9/25 Visit Museum @ 2:30
- 9/26 Lady Bugs Preschool visit
- 9/27 Fresh Air Club @ 2:00
- 9/29 Tea Party with Pioneers of Alaska

WELCOME to KPH



As many of you know Alma Parker has joined our team as the new Administrative Assistant. Alma brings 10 years of administrative experience from her work at the

State of Alaska’s Division of Public Assistance.

Just prior to joining our team in August, Alma worked in the front office at Holy Name Catholic School. She is also a local business owner and assists with many youth activities throughout our community. Please welcome her and also help wish her a happy birthday this month!



SEPTEMBER BIRTHDAYS!

RESIDENTS:

9/8: Odie Robb

9/30: Ellen Cowan

STAFF:

Christine Cruz	09/02
Alma Parker	09/08
Hanah Zellmer	09/19
Damien Ramirez	09/21
Jeanette Carey	09/26

“May all your future years be free from disappointment, care or strife, that every birthday you will be a little more in love with life.”

Thanks to our staff, volunteers, and family helpers for making the KPH Summer so fun!

