

Ketchikan Pioneer Home

141 Bryant Street
Ketchikan, AK 99901



FEBRUARY 2019
Volume 16, Issue 2

Greetings from the Administrator

Thankfully the weather has been relatively kind to us in January and we have only had a few days of slippery conditions in our parking lot. Just a reminder that on snowy days please leave the parking spots closest to the building available for our guests and visitors who may have mobility issues. If possible please park to the outer edges of the parking lot first which will help with plowing.



I do have some positive news on the recruitment front as changing the C.N.A positions to Assisted Living Aides/C.N.A has helped us identify folks in our community who may have a lot of great experience caregiving but are not licensed. This increase in our applicant pool has provided some welcome relief to our hiring managers.

In other exciting news we met with Malyn Smith and Carin Meyer of the Alaska Job Corps Center in Palmer and provided them with a tour of our home and brainstormed ways the Alaska Job Corps program may be able to partner with the Pioneer Homes to provide relief for our C.N.A or L.P.N shortage.

Special thanks to Senator Sullivan's staff for stopping by for a quick tour and visit with some of our residents during ice-cream social this week. We appreciate all of the support we receive from members of our Congressional delegation.

This month I was also able to attend the retirement gathering of our friend and partner in crime, Doug Ward who retired from Vigor Alaska Shipyard in Ketchikan. Doug has been a longtime advocate of the KPH and has always included our elders in Shipyard festivities and provided resources through his experience as an advocate for Workforce Development in our region. Thanks for all of your hard work over the years Doug!

Julie Sande

RESIDENT VALENTINE DAY SPECIAL EVENING DINNER

February 14th

(in Lieu of Family & Friend Dinner)



Please plan on Family & Friends Dinner in
MARCH

ELIZABETH PERATROVICH CELEBRATION



FEBRUARY 8th

10:30am—12:30pm

Pioneer Home
Great Room

Performance by our Preschool Class
followed by food and regalia making

We showered Gerlyn with love and a sea of blue at her baby shower on January 18th. Residents, volunteers and staff help decorate and plan the happy event that included delicious Filipino food, appetizers, sweet treats and baby shower games. Gerlyn will be going on maternity leave this month as she is expecting her 2nd child. Gerlyn works as a recreational aide in our Activities Department and is a valued employee all. We will miss her while she takes care of new baby boy and cannot wait to meet the bundle of joy.



It's A Boy!





Help Us Stay Healthy

As the flu season continues to impact our schools and community, please help us be proactive and remember to:

- WASH YOUR HANDS FREQUENTLY WITH SOAP & WATER or USE ALCOHOL BASED HAND RUB
- AVOID CLOSE CONTACT WITH PEOPLE WHO ARE ILL.
- IF YOU EXHIBIT SYMPTOMS, LIMIT YOUR CONTACT WITH OTHERS AND/OR DO NOT GO TO WORK
- COUGH & SNEEZE INTO YOUR ELBOW INSTEAD OF HANDS OR COVER WITH TISSUE (THROW TISSUE AWAY AFTER USE)
- AVOID TOUCHING EYES, NOSE & MOUTH
- DISINFECT COMMUNAL SURFACES AND OBJECTS DAILY

BE OUR VALENTINE



The Activities Department is continuing its LOVE day tradition by making Valentine Day bags for our residents. We invite the community to

give beautiful, silly or sentimental Valentines to our elders, who are always delighted to receive these cards. A printed sheet of resident FIRST names will be provided in the lobby if you wish to personalize your card (just like elementary school days). Bags will be delivered to elders on the 14th.

PFD APPLICATION SEASON is January 1st-March 31st. As a reminder, KPH staff does not file the PFD application on behalf of our residents. Families should plan on completing the application for their loved ones.

FEBRUARY 13TH, 10:30AM

HAPPY FRIENDSHIP DAY

PIONEER HOME PRESCHOOL



Decorate Friendship Cookies with the Pre-K students

Miss You....

We are deeply saddened to lose our dear friends Harold Cowan and Terry Lapinski. Harold was best known for having the sweetest smile and dearest heart. Terry Lapinski loved to sing and share stories about her life of 102 years! We will miss their presence everyday and we feel honored to have been able to share such special memories with them both.



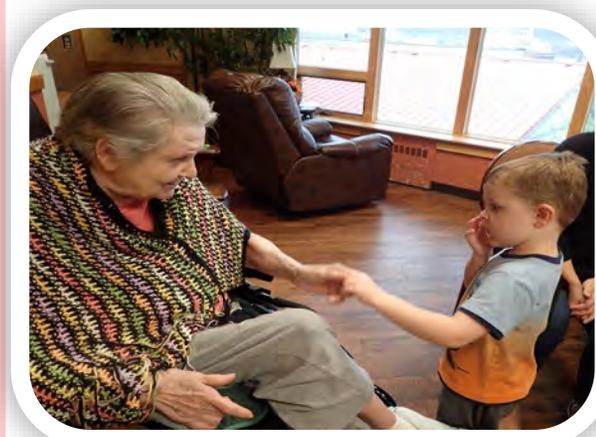
Pick.Click.Give. to Ketchikan Pioneer Home Foundation

Pick.Click.Give allows Alaskans to donate a portion (or all) of their Permanent Fund Dividend to causes they care about statewide. While applying for the PFD online, Alaskan can choose to Pick.Click.Give. In increments of \$25. All donations are tax deductible and donors will receive tax documentation for the State once their donations have been processed. PFD applications are available from January 1 to March 31, though Alaskans may choose to add or adjust their pledges online through August 31.

The program is run by The Alaska Community Foundation in partnership with the Rasmuson Foundation, The Foraker Group and the State of Alaska Permanent Fund Dividend Division. File your PFD or add a pledge at pfd.alaska.gov

STAFF BIRTHDAY SHOUTOUTS

Marilie DeLeon	02/04
Siri Alvey	02/12
Hannibal Kintana	02/14
Krystal Turner	02/25



HAPPY BIRTHDAY
ANNE CHRISTIANSON
February 25th



Please join us....

WEARABLE ART SHOW

ENCORE

Short Runway presentation at the Pioneer Home

MARCH 2nd 2:00p-3:00p

Some of the Wearable Art Artists who participated in the recent show will model their creations at Pioneer Home for our residents and families.

Join us for treats after the show!



February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Our Salon is open every Thursday with Beauticians Vicki &</p>					<p>1 9:30 Newspaper & Coffee</p> <p>10:30 3rd Floor Activities with the Pre-school.</p> <p>1:30 Ice Cream Social</p>	<p>2 10:00 Coffee Time, Third Floor</p> <p>1:30 Group Crossword puzzle with Lesley and Jim in Gardenview</p> 
<p>Newspaper and Coffee Tuesday—Friday at 9:30 in the Sun Room.</p>			<p>February Birth Flower is Violets</p> 			
<p>3 2:00 Church Service, 3rd Floor</p>	<p>4 Foundation Lunch 3:00 Pastor Keith visits in the Sun Room</p>	<p>5 9:30 Newspaper & Coffee</p> <p>10:30 Exercise Class</p> <p>1:30 Gospel Sing Along</p>	<p>6 9:30 Newspaper & Coffee</p> <p>10:30 Library Time with the Preschool.</p> <p>1:30 Bingo</p>	<p>7 9:30 Newspaper & Coffee</p> <p>10:30 Exercise Class</p> <p>12:30 Ukulele practice in Sun Room</p> <p>2:00 Third floor baking</p> <p>5:30 Spa Night with Teri and Tami</p>	<p>8 9:30 Newspaper & Coffee</p> <p>10:30 Elizabeth Petrovich Celebration with the Preschool</p> <p>1:30 Ice Cream Social</p>	<p>9 10:00 Coffee Time, Third Floor</p> <p>1:30 Group Crossword puzzle with Lesley and Jim in Gardenview</p>
<p>10 2:00 Church Service, 3rd Floor</p>	<p>11 3:00 Pastor Keith visits in Sun Room</p>	<p>12 9:30 Newspaper & Coffee</p> <p>10:30 Exercise Class</p> <p>1:30 Gospel Sing Along</p>	<p>13 9:30 Newspaper & Coffee</p> <p>10:30 Valentine Crafts with the Preschool.</p> <p>11:00 Catholic Mass</p> <p>1:30 Bingo</p> <p>2:30 Lady Bugs Pre-school visits</p>	<p>14 9:30 Newspaper & Coffee</p> <p>10:30 Exercise Class</p> <p>12:30 Ukulele practice in the Sun Room</p> <p>Special Valentine's Dinner for Residents</p> 	<p>15 9:30 Newspaper & Coffee</p> <p>10:30 3rd Floor Activities with the Pre-school.</p> <p>1:30 Ice Cream Social</p>	<p>16 10:00 Coffee Time, Third Floor</p> <p>1:30 Group Crossword puzzle with Lesley and Jim in Gardenview</p>
<p>17 2:00 Church Service, 3rd Floor</p>	<p>18 President's Day Holiday</p> 	<p>19 9:30 Newspaper & Coffee</p> <p>10:30 Exercise Class</p> <p>1:30 Gospel Sing Along</p>	<p>20 Low Vision Support Group Meets in the Sun Room</p> <p>10:30 Library Time with the Preschool.</p> <p>1:30 Bingo</p> <p>2:30 Monthly Birthday Party with the Pioneers of Alaska</p>	<p>21 9:30 Newspaper & Coffee</p> <p>10:30 Exercise Class</p> <p>12:30 Ukulele practice</p> <p>1:30 Librarian Visits</p> <p>2:00 Third floor baking</p> <p>5:30 Spa Night with Teri and Tami</p>	<p>22 9:30 Newspaper & Coffee</p> <p>10:30 3rd Floor Activities with the Pre-school.</p> <p>1:30 Ice Cream Social & Piano Bar with Diane Slagle.</p>	<p>23 10:00 Coffee Time, Third Floor</p> <p>1:30 Group Crossword puzzle with Lesley and Jim in Gardenview</p>
<p>24 2:00 Church Service, 3rd Floor</p>	<p>25 3:00 Pastor Keith visits in the Sun Room</p> <p>Anne Christianson's Birthday 1929</p>	<p>26 9:30 Newspaper & Coffee</p> <p>10:30 Exercise Class</p> <p>1:30 Gospel Sing Along</p>	<p>27 9:30 Newspaper & Coffee</p> <p>10:30 Library Time with the Preschool.</p> <p>11:00 Catholic Mass</p> <p>1:30 Bingo</p>	<p>28 9:30 Newspaper & Coffee</p> <p>10:30 Exercise Class</p> <p>12:30 Ukulele practice in the Sun Room</p>	<p>Exercise Class is every Tuesday and Thursday in the Great Room.</p> 	