



250 E. Fireweed Ave. Palmer AK 99645

OCTOBER 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All neighborhoods (AN) Sunny Loop (SL) Homestead (HT) Fireweed Dining (FD) Great Room (GR) Raven Dining (RD)	<i>All activities are subject to change</i> Celia Conrad Recreation Director & Volunteer Coordinator 1-907-761-6530 celia.conrad@alaska.gov	<u>All group activities</u> Limited to 9 residents within 6 ft. distance Call 761-6530 to schedule family connections	10/03 Dorothy D. 10/09 Pat B. 10/17 David H.	1 10-12 Family connections w/ Rec. staff 3:30 Gospel Singalong (SL) 5:30 Movie & popcorn (SL)	2 10-12 Family connections w/ Rec. staff 2:30 Ice-cream social (GR) 5:30 Voices of Vets concert on TV (SL)	3 Oh my Gourdness! It's Autumm!
4 10-2 Hair Salon w/ Susie 1:00-4:00 Family connections w/ Rec. staff 6:00 Sunday Nite life Live Stream on TV	5 9:30 Yoga class (FD) 1:00 Manicures (AN) 3:00 Crossword Puzzle (GR) 5:30 Sensory hour (SL)	6 10-12 Family connections w/ Rec. staff 1:15 3:30 Name that tune w/Elaine 5:30 Variety hour (SL)	7 10:00 Social Group w/Joanne (RD) 1:30 Root Beer floats (GR) 5:30 Musical memories w/Dave Brown	8 10-12 Family connections 1:00 Rec. Staff Shopping "Walmart" \$\$ 3:30 Gospel Singalong (SL) 5:30 Movie & popcorn (SL)	9 10-12 Family connections w/ Rec. staff 2:30 Ice-cream social (GR) 5:30 Voices of Vets concert on TV (SL)	10 <i>What do you get when you drop a pumpkin?</i> <i>Squash!</i>
11 10-2 Hair Salon w/ Susie 1:30 Root beer floats & music 6:00 Sunday Nite life Live Stream on TV church services (GR)	12 Columbus Day! 9:30 Yoga class (FD) <u>1:00 Resident Council (CD)</u> 3:00 Crossword Puzzle (GR) 5:30 Sensory hour (SL)	13 10-12 Family connections w/ Rec. staff 1:15 3:30 Name that tune w/Elaine 5:30 Variety hour (SL)	 14 10:00 Social Group w/Joanne (RD) 1:30 OKTOBERFEST PARTY 5:30 Music appreciation w/Melody (SL)	15 10-12 Family connections w/ Rec. staff 3:30 Gospel Singalong (SL) 5:30 Movie & popcorn (SL)	16 10-12 Family connections w/ Rec. staff 2:30 Ice-cream social (GR) 5:30 Voices of Vets concert on TV (SL)	17 What did the pumpkin say to the pumpkin carver? Cut it out!
18 10-2 Hair Salon w/ Susie 1:00-4:00 Family connections w/ Rec. staff 6:00 Sunday Nite life Live Stream on TV	19 HOLIDAY! 	20 9:30 Special trip <i>to the polls (early voting)</i> 1:15 3:30 Name that tune w/Elaine 5:30 Variety hour (SL)	21 9:30 Special trip <i>to the polls (early voting)</i> 1:30 Fall Art & Crafts (AN) 5:30 Musical memories	22 10-12 Family connections 1:00 Rec. Staff Shopping "Walmart" \$\$ 3:30 Gospel Singalong (SL) 5:30 Movie & popcorn (SL)	23 10-12 Family connections w/ Rec. staff 2:30 Ice-cream social (GR) 5:30 Voices of Vets concert on TV (SL)	24 How do you mend a broken Jack-o'-Lantern? With a pumpkin patch!
25 10-2 Hair Salon w/ Susie 1:00-4:00 Family connections w/ Rec. staff 6:00 Sunday Nite life Live Stream on TV	26 9-3 Book Fair w/ Angie! 1:00 Manicures (AN) 9:30 Yoga class (FD) 3:00 Crossword Puzzle (GR) 5:30 Sensory hour (SL)	27 10-12 Family connections w/ Rec. staff 1:15 3:30 Name that tune w/Elaine 5:30 Variety hour (SL)	28 10:00 Social Group (RD) 1:30 Halloween Party & Costume Parade (GR) 5:30 Music appreciation w/Melody (SL)	29 10-12 Family connections w/ Rec. staff 3:30 Gospel Singalong (SL) 5:30 Movie & popcorn (SL)	30 10-12 Family connections w/ Rec. staff 2:30 Ice-cream social (GR) 5:30 Voices of Vets concert on TV (SL)	31 Where do ghosts learn to become pilots? At fright school!

Face to Face Visitation

Starting on Tuesday, 09/10/20 please contact recreation department at 761-6530 to schedule your visit. Please do not contact the nurses about scheduling.

Here's more information about the Face to Face Visitation at the Alaska Veterans and Pioneer Home:

- Open Monday to Friday 9:00 a.m. to 12:00 noon and 1:00 to 5:00 p.m. with limited hours on Sundays 1:00 – 3:00. Visitors must adhere to the schedule, if you remain past your appointment we will politely request you to leave.
- Closed on Tuesdays, Saturdays, and state holidays.
- All visits must be scheduled. No walk-ins will be allowed.
- 30 minutes maximum per visit.
- Only enough visitors to allow for social distancing. Maximum of 2 visitors per resident per visit.
- Due to high number of residents each resident is limited to one visit per week.
- Anyone 10-18 will be allowed to visit, family responsible for ensuring social distancing.
- Visitor must wear a face covering/mask at all times during the visit. You must provide your own clean face covering/mask.
- COVID screening and sanitizing will be done at the main entrance. If you have a fever/high temperature or coughing or answered "yes" to any of the screening questions, your visit must be rescheduled.
- Physical distancing of at least 6 feet between the visitor and the resident must be observed at all times. Pioneer Home staff will be monitoring this during the visit.
- The preferred setting will be outside covered areas. If the weather is not cooperating, visitation will be inside in designated areas.

Together we need to continue to do everything to stop this COVID19 virus from entering the Alaska Veterans and Pioneer Home:

- All of the staff of the Alaska Pioneer Home will be tested regularly. A second round of testing will be scheduled soon.

- While visitors are not required to do COVID testing prior to visiting, I am inviting us all to practice strict infection control (hand washing, sanitizing, clean clothes, clean face covering) during your visit.
- If you have a cold or are experiencing other symptoms, do not come, please call Activities to reschedule your visit.
- We will be monitoring the Palmer community COVID case numbers and may need to rescind visitation.

FaceTime or visiting behind glass windows will be limited to allow in person visits.

Please share this information with your other family members who need to know and decide/coordinate who will visit from your family before contacting Celia. If you have any questions or concerns, please let us know.