



The Prospector

Sitka Pioneers' Home

October 2019 Vol.41 No.10

Resident Birthdays

<i>Vance Kendall</i>	<i>10-3</i>
<i>George Porter</i>	<i>10-6</i>
<i>Ron VanGeystel</i>	<i>10-21</i>
<i>Doris Fox</i>	<i>10-26</i>
<i>Joseph Griffin</i>	<i>10-27</i>

Staff Birthdays

<i>Skye Workman</i>	<i>10-21</i>
<i>Elvira Matalang</i>	<i>10-25</i>
<i>Marchelle Rodrigo</i>	<i>10-25</i>

We will recognize residents and staff with October birthdays at the Home Happenings Celebration.

Scuttlebutt:

Jimmy Handy just got his State of Alaska Certificate of Appreciation



and 5 year pin, as well as the certificate from UAF that states that he is officially a Master Gardener! Congratulations, Jimmy!

There are two new on-call RNs starting soon. Please welcome Cindy Park and Tatum "Tam" Cando to the SPH nursing team!

HAPPY BIRTHDAY

Jump into Fall!





Above: Three 8-week-old kittens brought out lots of smiles.

Below: An Autumn theme painting class was enjoyed.



Our Eden Alternative journey focus for Oct., Nov., Dec...

Principle Five:

An Elder-centered community imbues daily life with variety and spontaneity by creating an environment in which unexpected and unpredictable interactions and happenings can take place. This is the antidote to boredom.

Upcoming Meetings:

Eden Gathering:

Friday, Oct. 4 @ 1:30pm

Certified Eden Associates:

Friday, Oct. 11 @ 10:00am





*Welcome
Gerald
McCutcheon*

Gerald was born in South Bend, Indiana on December 8, 1948, and was raised by his parents until the age of 14, after which, he lived with his father. Gerald had 12 siblings! He completed his junior year of high school and has worked in commercial trucking, commercial fishing, logging and janitorial work. Gerald says that working on the Alaska Pipeline is what brought him to Alaska in the 70's. Gerald was married 10 years and he raised his three daughters: Jean, Angelina, and Alicia after his wife left. He has enjoyed many years of hiking, fishing and hunting. Gerald is a proud grand-father to many grandchildren and great-grandchildren.

We welcome Gerald to Northern Lights Neighborhood and the Sitka Pioneers' Home family!

Alaska Day

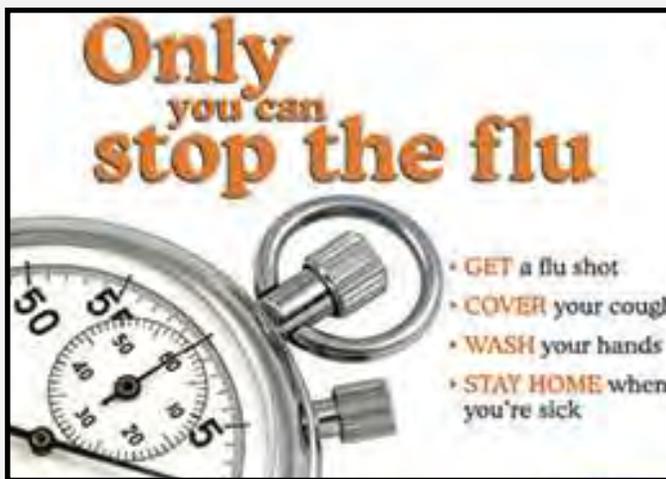
Tea Party preparations are under-way for the annual Alaska Day Tea hosted by the Sitka Pioneer Home. On Friday, October 18th, we will open our home to the community, inviting all in for coffee, tea, punch, and cookies. As always, there will be a variety of great entertainment. **The tea will be from 2-4pm in the Main Lounge & Gold Miner Diner.** Dresses and aprons are available on loan to dress up for the occasion. We always hope residents will help serve refreshments and greet guests. Your presence is what makes the occasion special! See Skye if you would like to help!

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***Alaska Day pins can be purchased at the SPH Gift Shop.***

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The **9th Army Band** will be in town for the Alaska Day festivities. They will perform here on Thursday, Oct. 17, 2018, at 11:00am in the Main Lounge! Please enjoy!



The SPH Flu Shot Clinic
Wednesday, October 2, 2019
9:00am to 2:30pm

SPH Employees:

Go to Room 122 (Conference Rm)
Bring your insurance card with you.

SPH Residents:

A Safeway employee will make room visits, but if you are able you may go to the conference room.

Find Sharon Petersen, if you have any questions on clinic day!

Pen Pal Friendship Inspiration

In November, 2016, Betty and Isabel became pen pals. Isabel's 4th grade teacher set up her advanced students with this project to give them something to do when they finished early on other projects. She coordinated with the SPH recreation department to find pen pals from the Home and committed to make a weekly connection throughout the school year. Three years later, Betty and Isabel are more than pen pals; they have built a friendship and connect in person on a regular basis. This photo and letter were mailed to them recently and it so sweetly describes their impact on a couple who visited Sitka this summer.

Dear Betty and Isabella,

My wife Laurie and met you both August 11th when we came into the Alaska Pioneer Home Gift Shop. We were on a Viking cruise and had one day to visit your beautiful town.

Undoubtedly, meeting you both and learning how your friendship started and has continued over the years was a highlight in the trip. Your story illuminates the good traits of humanity and we have shared it with friends and family on our return to California.

Thank you for sharing your story of love and friendship. It helps counter all the negative parts of humanity that make up much of the news and gives us hope for the future.

Most sincerely,

Phillip & Laurie

Phillip and Laurie Klein



Halloween Neighborhood Diorama Contest



Activities will hand out guidelines and a starter pack of supplies to each neighborhood starting the first week of October.

The dioramas will need to be complete and ready for display in the Main Lounge by October 21.

Mt. Edgecumbe Preschoolers will be the judges. Winners will be announced at the Halloween Party.

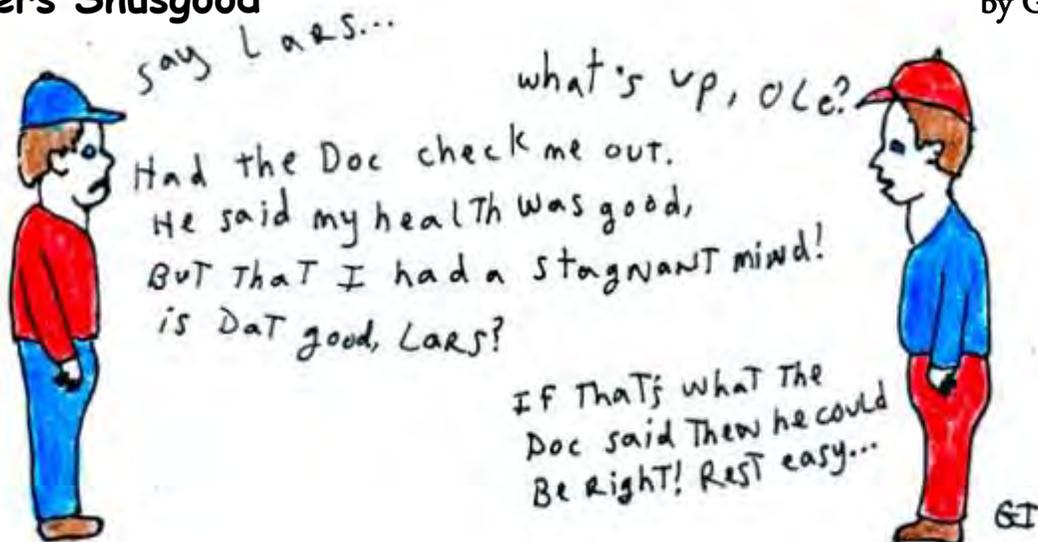
Happy Moments on Video Chat



It's a wondrous thing, this world of technology we now live in. John and his family were in awe of the ability to make a video chat call. It was extra special because his daughter, Janet, had just celebrated her birthday and he got to sing her happy birthday and catch up with his grandson, Benjamin.

The Brothers Snusgood

by Galen Insteness



Rosehip Cooking

**Tuesday, October 8, at 3:00pm
in the Main Lounge.**



Come by to:

- Learn about rosehips and cook rosehip puree.
- Sample Skye's rosehip jam with Rolly's fresh bread.

Sitka Rotary Club—Pumpkin Carving

*Saturday, October 26, at 1:30pm
in the Main Lounge.*



Come on by if you would like to be part of this Jack-o-lantern creating event leading up to Halloween!

Halloween Party & Finger Foods Potluck

*Thursday, October 31, at 1:30pm
in the Main Lounge*



Costumes and treats to be had...



SPH Allen Marine Cruise— September 17, 2019



A sightseeing cruise, lunch, Bingo, sunshine & friends...what more could you ask for?



Thank you!!

Allen Marine Tours took SPH residents, staff, and guests on a wonderful trip around Sitka Sound. The Captain, crew, and accommodations on the boat were great. Thank you, Allen Marine, for the opportunity to get out on the boat with our friends. Each year, the many smiling faces that head down the ramp and onto the vessel manage to leave it with an even brighter grin. Thank you for making this possible for the Pioneers each year!

Alaska State Troopers donated a moose that was shot in Kake. Greg rounded up some help with butchering as it was delivered pretty much whole. Big thank you to the trooper team who thought the Sitka Pioneer Home residents would enjoy this treat! Mark Klingler is pictured here holding out a roast to show his mother, Dottie.



Bryanna Graham brought in three eight week old kittens that were being raised at her house. Thank you for bringing the fluffy little kitties. We loved the snuggles! See the photos on the Eden Moments page.



Neva Mathias, Alaskan doll maker, was in Sitka through the Sheldon Jackson Museum Artist in Residency Program. She came to the Home to show some of her dolls and talk about her work. Thank you for sharing!

Charlene Griffin has been steadily working away at shredding 40 boxes of archived documents! She is down to the final 14 or so...Thank you, Charlene!!!

Mark and Denise Klingler have donated the final batch of fish heads for the summer. And, boy, were they enjoyed and appreciated! Thank you!

Resident Meeting *Wednesday, Sept. 4, 2019 @ 1:00pm (Main Lounge)*

Attending: Vae B, Brenda B, Robin E, Ruth F, Donna G, Jennie H, Jack H, Martha H, Jean R, Bernice S, Melba V, George P, Dottie K, Ruth W, Alberta H, Marg W, Bonnie S, Galen I, Iris C, Betty D, Ralph H, Fredi Y, Dayna A, Administrator, and Skye W, RTI.

Food Forum:

Food requests: chop suey and barley for breakfast.

Old Business:

None.

Agenda Items:

New staff: Juliet Castillo (NMS Kitchen), Elpi Manuel (NMS Housekeeping)

MEPS Monday lunch was discussed. A few residents were interested in having a pre-schooler sit with them for lunch.

Allen Marine Cruise coming up! Volunteers have been recruited and assigned

New Business:

None.

Administrator's update:

The Annual Administrators' meeting was in Fairbanks this year. A pipe burst in the Gold Miner Diner and the carpet was deep cleaned as a result. The flags now have a solar powered light installed and will be left up with the light on after dusk. They will continue to be lowered to half staff as directed by the President and the Governor.

Recreation Kitchen upgrade to happen. Some cabinets will be removed and wall patched. The shopping services for personal items will be reduced. Please see Patty or Dayna regarding questions/concerns. A lay off notice was given to Jimmy Handy in Maintenance. Transportation is more limited for medical appointments. The main computer system will be replaced. This will help maintenance have better control of the heat in the building. Flu vaccinations will be offered in October. CARRS will be here for a one day Flu shot clinic.

Respectfully submitted, Skye Workman, Recreation Therapist I



Recreation Kitchen Project

Peter, of the lifesaving Maintenance Department, started removing the cabinets on the South wall the first week of September. This upgrade will allow for more width in the room and more flexibility with room arrangement for future activities!

