



The Prospector



Sitka Pioneers' Home

May 2019 Vol.41 No.5

Resident Birthdays

<i>Rose Miller</i>	5-07
<i>Jane Eidler</i>	5-08
<i>Donna Grunow</i>	5-13
<i>Robin Emmens</i>	5-26

Staff Birthdays

<i>Resty Fernandez</i>	5-02
<i>Michael Sibayan</i>	5-05
<i>May Rose Bagoya</i>	5-11
<i>Darcy Jones</i>	5-26
<i>Mylene Famini</i>	5-29

*We will recognize residents and staff
with May birthdays at the
Home Happenings Celebration.*



Scuttlebutt:

Please welcome Kathy Ingallinara as the new RN II. Kathy has worked in the medical field for many years, and we are excited to have her join the SPH family.

Sharon Corbett is back from a trip to see her family and friends in Connecticut. It sounds like she had fun!

2019 Graduates!!

Leah Van Cise's son, Tristan, is graduating from UAF with a BA in Computer Science and a 2018-2019 Outstanding Student Award!

Mona Allen's son, Ryan, Sequoia High School in Redwood City, CA.

Sitka High Graduates:

Brian Weddel's daughter, Kaylahni
Glady Taccad's son, CJ
Tess Holden's son, Riley
Shirley Rieta's grandson, Kyle
Marchelle Rodrigo's son, Dhariel

Omelet Demonstration



With expert oversight from Greg, enough French omelets were made to feed the crowd! Many took a turn at the hotplate to practice their folding technique.



Earth Day Planting

After careful tilling and watering of the dirt, brussel sprouts, artichoke, and dill were planted. The garden lives on the front porch. Come check it out!





*Welcome
Ralph
Houston*

Ralph Houston was born on January 7, 1943 in Juneau, Alaska to Leo Houston and Rosa Miller. He has four siblings who include Leo Houston Jr (deceased), Fredrick Houston (deceased), Johanna Iverson of Hoonah, and Fran Houston of Juneau. Ralph grew up in Hoonah and was a commercial fisherman until retirement in 1980. Ralph is Tlingit and his culture is important to him. He enjoys native foods and events.

*We welcome Ralph to Ocean View
Neighborhood and the
Sitka Pioneers' Home family!*

*Welcome
Vera Evans*



Vera Katherine Steptine was born on September 27, 1935 in Unalaska, Alaska to William Steptine and Katherine Gulvine. Vera was raised by a grandmother in Unalaska for her first seven years. When her grandmother passed away she went to live with her mother and a brother. Her father passed away during the War and shortly after that her mother had to leave for medical reasons and was gone for about a year. When Vera and her brother were of age to attend the Mt. Edgecumbe boarding school, Vera's mother moved to Sitka with them. Vera earned her GED and attended Ketchikan Community College. In 1967 she married Howard Evans and they had four children: Donald Ermaloff of Ketchikan, AK; Willam Evans of Klawock, AK; Katherine Evans of Ketchikan, AK and Brenda Evans of Jacksonville, NC. Vera has four grandchildren and six great-grandchildren. Vera worked as an Administrative Assistant for the U.S. Forest Service. Vera is Aleut and really enjoys watching traditional native dancing.

*We welcome Vera to North Star
Neighborhood and the Sitka
Pioneers' Home family!*



A sunny day is a good day to go outside and work on a model destroyer.

Martha wanted a little sheep, so Becky made one with her...Pretty cute!



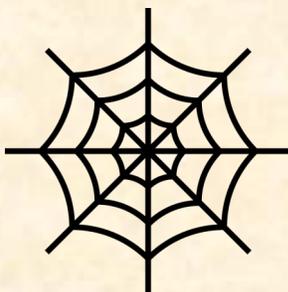
Potter made some friends during his week at the Pioneer Home.



Baby Elizabeth is always so happy to see Marta!



The Webs We Weave: By sharing a short story or interest and connecting similarities with a piece of string we wove quite a web!





Eden Alternative Journey

ALTERNATIVE®

Our Eden Alternative journey focus for April, May, June...

Principle Three:

Loving companionship is the antidote to loneliness. Elders deserve easy access to human and animal companionship.

Meetings:

Eden Gathering:

Friday, May 3 @ 1:30pm

Certified Eden Associates:

Friday, May 24 @ 10:00am

*Look to the Certified Eden Associates for support: Dayna Arnold (CEE), Skye Workman (CEE), Patty Ady, Mona Allen, Shari Carroll, Chris Davison, Betty DeCicco, Dolores Doggett, Saori Handy, Kathy Inman, Rolly Jeske, Pat Kehoe-Pendell, Jill Kollerup, Minda Manuel, Lisa Partido, Grace Roller, Katy Rouse, Sharon Stitz, Becky Tremain, Brian Weddel, & Fredi Young

Donations!! April harvest of halibut and herring eggs.



The Brothers Snusgood

by Galen Insteness



Mt. Edgcumbe Preschool Visits



Bingo, lunchtime, anytime...

We LOVE it!

Sitka Flks Lodge "Mother of the Year"
Celebration



Honored Mother for 2019:

Jean Riederer

Flowers for all mothers and refreshments served in the Main Lounge.

Saturday, May 11, 2019 @ 1:30pm

National Nurses Week

During National Nurses Week and throughout the year, American Nurses Association (ANA) is proud to celebrate the role nurses play in delivering the highest level of quality care to their patients. Join us during National Nurses Week, May 5—11, to celebrate nurses leading the charge for health and wellness!

Take a moment to thanks a nurse this May!

Sheldon Jackson Museum 'Artist in Residence' Program

Alaskan artists, practicing traditional techniques, are coming to Sitka and will be spending time to working on and giving talks about their art. We will get to see some of them here!

Look for a table set up in the Main Lounge on:

Wednesday, May 29, at 2:30pm (June Pardue)

Thursday, June 6, at 3:30pm (Abel Ryan)

Wednesday, Sept 4, at 4:00pm (Neva Mathias)

Pioneer Home Book Shelves Featured Book

We Shall be Remembered by Evangeline Atwood

An older book, beautifully written, about the colonization of Alaska's Matanuska Valley in 1935, which relocated 202 families from three North Central U.S. states during the depression. Gives family names, professions, family size, housing and all the details. See Nancy Ricketts for location of the book.



Mike Miller donated a large halibut that turned into 100 pounds of meat for the Home! Thank you very much for sharing this delicious catch with us. It has filled our bellies a few times already and there is still more to look forward to.

Greg, thank you for the fun demonstration of how to make a proper French Omelet. We learned a lot of little tricks and it was fun to practice and share our cooking with the group. We can't wait for the waffle demo in May!

Thank you to Kim Elliot and Al Wilson for some herring eggs on branches. We know it is a lot of work to set and haul the branches and we appreciate that you shared some of your harvest with us.

The Rummage Sale was a success and we want to thank everyone who donated items to be sold as well as all the shoppers who came by and picked out things to take home. It's always fun to see the items going to a new home.

Thank you, Aaron, for your help at the Easter Party...We always enjoy a visit from the Easter Bunny.

Resident Meeting *Wednesday, April 10, 2019 @ 1:00pm (Main Lounge)*

Attending:

Maryann A, Brenda B, Betty D, Jane E, Robin E, Ruth F, Jennie H, Fred H, Martha H, Galen I, Gladys M, Mary M, George P, Nancy R, Jean R, John S, Bernice S, Bonnie S, Mrs. Teal, Melba V, Anna W, Fredi Y, Greg O, Kitchen Manager, Dayna A, Administrator, and Skye W, RTI.

Food Forum:

Omelet Demo was a success. Will do a waffle demo in May. We have received donations of herring eggs and halibut. Thank you Mike Miller. Volunteer Pizza Party this week. Special Easter lunch is upcoming. Nana satisfaction survey results are in .

Old Business:

A source for information regarding a new sound system was suggested and will be added to the research.

Working on pulling together info about a soft serve machine that is used in APH.

We had a successful Rummage Sale.

Agenda Items:

Upcoming events: Volunteer Pizza Party, Easter Party, Earth Day planting, March/April Home Happenings.

Grace Roller's family bunny 'Potter' is going to be visiting for the week before Easter.

New Business:

Updated Mt. Edgcumbe Preschool schedule: Mondays– Circle time and lunch in GMD, Tuesdays- art delivery and lunch on a neighborhood, Wednesdays- Bingo and Thursdays- Circle Time. The preschool closes for the summer; last day will be May 14.

An attendee asked for time to meet and discuss the public notices regarding the Pioneer Homes. Skye will add this to the schedule and advertise them as they happen.

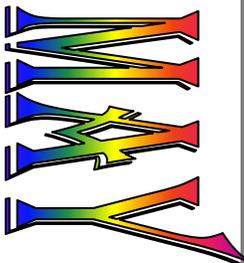
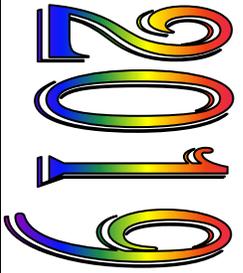
An attendee shared a request for support for Brave Heart Volunteers to hire a Volunteer Coordinator for next year. There was positive feedback during the meeting, but contact Betty to share further input.

An attendee is looking for assistance with gaining access to the GCI TV schedule since it will no longer be posted in the Friday newspaper. Skye will look into options.

Administrator's update:

New EVS Journey I, Tessie Manuel. Brenda Reynolds is now a full time CNA. Recruitment is open for RN II and CNA. There will be a press release regarding levels of care proposal and rate increases. A public hearing is scheduled for May 28 at 1-4pm Join in at the SPH Chapel. There is a proposal for hospitality services (Environmental Services and Kitchen) to be contracted out. Mail boxes are here and set up has been delayed. Location for where they will be set up has been adjusted.

Respectfully submitted, Skye Workman, Recreation Therapist I

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>8:00am Visits</p> <p>10:30am Protestant Service</p> <p>11:15am Gospel Music</p> <p>1:30pm Bingo</p> <p>5:30pm Russian/Celtic</p>	<p>8:00am Visits</p> <p>9:00am Shopping</p> <p>9:30am Storytelling</p> <p>10:00 Biblical Fun</p> <p>1:00pm Strong & Steady</p> <p>1:30pm Circle Time</p> <p>5:30pm Golden Oldies</p>	<p>8:00am Visits</p> <p>11:00am Exercise</p> <p>11:15am Old Favorites</p> <p>1:30pm Eden Gathering</p>	<p>9:00am Visits</p> <p>9:30am Catholic Service</p> <p>10:00am Sitka Strings</p> <p>1:30pm Outing</p>
<p>12:30pm Piano Music</p> <p>2:30pm String Ensemble rehearsal</p>	<p>8:00am Visits</p> <p>10:45am Circle Time</p> <p>11:00am Exercise</p> <p>1:30pm Bingo</p> <p>2:45pm Bonnie</p>	<p>8:00am Visits</p> <p>9:30am Nail Care w/Rolly</p> <p>9:30am Ceramics</p> <p>1:00pm Strong & Steady</p> <p>1:30pm Movie & Popcorn</p> <p>2:30pm Kinder Group</p> <p>5:30pm Folk Music</p>	<p>8:00am Visits</p> <p>10:30am Protestant Service</p> <p>11:15am Gospel Music</p> <p>1:00pm Russian/Celtic</p> <p>1:30pm Bingo</p> <p>5:30pm Russian/Celtic</p> <p>6:00pm Draw / Paint</p>	<p>8:00am Visits</p> <p>9:00am Shopping</p> <p>9:30am Storytelling</p> <p>10:00 Biblical Fun</p> <p>1:00pm Strong & Steady</p> <p>5:30pm Golden Oldies</p>	<p>8:00am Visits</p> <p>11:00am Exercise</p> <p>11:15am Old Favorites</p> <p>1:30pm May Trivia</p>	<p>9:00am Visits</p> <p>9:30am Catholic Service</p> <p>10:00am Sitka Strings</p> <p>1:30pm Elk's Mother of the Year Celebration</p>
<p>12:30pm Piano Music</p> <p>2:30pm String Ensemble rehearsal</p>	<p>8:00am Visits</p> <p>10:45am Circle Time</p> <p>11:00am Exercise</p> <p>1:30pm Bingo</p> <p>2:45pm Bonnie</p>	<p>8:00am Visits</p> <p>9:30am Nail Care w/Rolly</p> <p>9:30am Ceramics</p> <p>1:00pm Strong & Steady</p> <p>1:30pm Movie & Popcorn</p> <p>2:30pm Kinder Group</p> <p>5:30pm Folk Music</p>	<p>8:00am Visits</p> <p>10:30am Protestant Service</p> <p>11:15am Gospel Music</p> <p>1:30pm Bingo</p> <p>5:30pm Russian/Celtic</p> <p>6:00pm Draw / Paint</p>	<p>8:00am Visits</p> <p>9:00am Shopping</p> <p>9:30am Storytelling</p> <p>10:00 Biblical Fun</p> <p>1:00pm Strong & Steady</p> <p>5:30pm Golden Oldies</p>	<p>8:00am Visits</p> <p>11:00am Exercise</p> <p>11:15am Old Favorites</p> <p>1:30pm Waffle Demo</p>	<p>9:00am Visits</p> <p>9:30am Catholic Service</p> <p>10:00am Sitka Strings</p> <p>1:30pm Ice Cream Social</p>
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Please contact the Activities Department if you would like a copy of our calendar!

Note: Activities are subject to change