



THE STATE  
of **ALASKA**  
GOVERNOR MIKE DUNLEAVY

Department of  
Health and Social Services

ALASKA PIONEER HOMES  
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To Residents, Family, Friends, and Staff:

As COVID-19 cases continue to increase, leaders of the state and local communities are asking Alaskans to further limit their movements and limit close contact with others.

The CDC has been making these recommendations for older adults for weeks due to the higher risk for complications from the virus. Now this virus is in our state.

While precautions have been happening inside the homes, I am asking *all* people associated with the Alaska Pioneer Homes to put the precautions into practice in their personal lives and to take them very seriously. With the assistance of all, we can decrease the risk to the residents of the homes.

These precautions include:

- 1) Wash hands or use hand sanitizer frequently
- 2) Clean and disinfect surfaces
- 3) Monitor for signs of infection
- 4) Stay home
- 5) Decrease in-person contacts & avoid groups
- 6) Maintain distance of 6 feet from others

I am recommending that the Pioneer Home residents *do not leave the homes* as the risk of them being exposed to the virus outside the homes has increased. In addition, the risk of residents bringing the virus back into the home and causing infection in others has increased.

The health and wellbeing of the Alaska Pioneer Homes extended family is very important to me, so thank you for keeping yourself healthy and helping the residents of the Alaska Pioneer Homes stay healthy.

Sincerely,

  
Heidi Hamilton, ANP

APRNII

Division of Alaska Pioneer Homes