

ACTIVITY CALENDAR

JULY

7/1 1:30 Hilary,
the Library Lady
here today
2:30 Stowe/
Axelson Family Tea
Party

7/3 10:30 Holiday
Wheel Chair Deco-
rating in Tongass
Neighborhood
1:30 Old Fash-
ioned 50's Soda
Fountain

7/4 10:45 Load Bus
for the Parade
Viewing at Moose
Club

11:15 Line Up
for Parade Float/
Van Participants
2:30 (after the
Parade) Misty This-
tle Pipe and Drum
Corp performs in
Great Room

7/6 10-3 Massage
Therapist here to-
day

12:00 Founda-
tion Luncheon
2:00 Therapy
Swim at Pool

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KETCHIKAN PIONEER

HOME

VOLUME 7, ISSUE 7

JULY 2009

GREETINGS FROM THE ADMINISTRATOR

Well, it's official....we are becoming beautiful!

For those of you who don't live in the neighborhood, our exterior paint color has gone from a faded, splotchy, peachy-tan to a much more cheerful red. I won't post pictures until the construction is complete but we are loving our makeover and we are feeling rather proud of our new look.

As for the residents and staff, we have had a wonderful month of enjoying sunny days on the roof

deck and staff celebrations. Our activity department has kept us hopping and so far the disruption from the construction crews has been met with minimal irritation. (Sorry about the bamboo Hal :)

Please remember that the garage sale has been postponed until October so please, please, please do not drop off your goods in front of my door and please also remember that parking is super limited right now so be kind to one another.

Other than that we are looking forward to the 4th of July

as we always do and feel so grateful to the ladies and gentlemen, past and present, who have served our nation so well and sacrificed so much so that we can be free.

Happy 4th of July!



*Julie Sande, Administrator
225-4111 x312*

KPH BECOMES WATER LOGGED

KPH staff attended the Arthritis Foundation Training provided at the Mike Smithers Pool and have since begun regular programming with residents and have had AMAZING success! Please let Bett or Kim know if you are interested in participating or volunteering. If we continue to have so much interest we will attempt to add additional swim days to the calendar.



ROOF DECK GATHERINGS IN THE SUN



Pat Koons enjoys an ice cream cone while basking in the sun.

The residents and staff have enjoyed the most glorious month of June!

We have been able to gather outside on our roof deck and enjoy barbecues

with family and friends, not to mention long walks in the sun.

So far our favorite flavor of ice cream is strawberry !



Bessie Comiskey and Arne Sipe enjoy hot dogs and watermelon.

"IF WE LIVE GOOD LIVES, THE TIMES ARE ALSO GOOD. AS WE ARE, SUCH ARE THE TIMES."

SAINT AUGUSTINE

SOMETHINGS FISHY AROUND HERE

Thanks to some very bright bulbs (Ruth Hill and Virgene Harvey) and to some open minds (Nana Management Services, Cedars Lodge and the KPH Foundation) and some hard working fishermen (Weight-N-Sea Charters), the resi-

dents have received their first box of fresh fish! A long standing complaint from KPH Residents is that we do not have enough fresh fish for them to eat, many of whom have lived and worked around the water for years. Ruth's idea is that we

prepay a fish processor (Cedars) and receive donations of unwanted fish there. So if anyone out there would like to donate fresh salmon or halibut to the residents, please drop it off at Cedars and let them know its for the KPH. Thanks very much to all of you who have helped make the residents lives better!

WE MISS OUR KIDS!



Our Fawn Mountain Preschoolers absolutely out did themselves at their end of the year performance and graduation ceremony this year and their regalia was amazing!

Many of them have promised to come and visit over the summer and we hope they do as we look forward to seeing their smiling faces and we MISS them very much.





ONLINE SURVEY AVAILABLE FOR A SHORT TIME

We were so pleased to host a visit from our Division Director, Dave Cote as well as special visitor, Ellen Ganley from Information Insights.

The residents and family members who were able to participate gathered along with staff to share their thoughts and ask questions. Ms. Ganley is assisting us

with gathering information about what the future plans for the Pioneer Homes should be, taking into account changing demographics in our communities, growing senior populations and current available programming.

Information Insights is offering an online survey for anyone who is interested in

sharing feedback to her before she completes a final report.

Please access the online survey through the following web site or see Julie for a hard copy:

www.zoomerang.com
Unfortunately July 17th is the deadline so hurry!



Div. Director Dave Cote addresses questions during a recent gathering.



KPH FOUNDATION NEWS

The KPH Foundation continues to support the residents of the KPH through their many wonderful programs such as the monthly birthday lunch bunch and assisting staff to purchase clothing and other necessary items for residents who otherwise may have to do without. This month our Foundation helped fund another year of the Birthday Lunch Bunch activity as well as \$500.00 for resident activities and funding to assist with fish processing.



- Bob Sivertsen
- Alaire Stanton
- Nerissa Buendia
- A. Fred Miller
- Bessie Comiskey
- Bill Moran
- Wally Kubley
- Ed Zastrow
- Cleo Weston
- Ann Thompson
- Terry Wanzer
- Mona O'Dell
- Fred Monrean
- Idonna Hanson
- Sherrie Slick



We desperately need volunteers for the fourth of July at the Moose, the upcoming Allen Marine Tour and the Ward Lake Picnic as well as Soup Kitchen so please let Bett know if you can participate.





KPH

Activity Calendar Continued...

Ketchikan Pioneer Home

141 Bryant St.

Ketchikan AK 99901

Phone: 907-225-4111 x322

Fax: 907-225-4115

The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.

- 7/8 2-5 Massage Therapist here today
11:00 Catholic Mass
- 7/9 10:30 Help at Soup Kitchen
- 7/10 5:45 Native Dancers Outing to Totem Bight
- 7/11 2:30 Saturday Afternoon Movie Matinee Starts
- 7/13 1:30 Resident Council (Annual Election)
2:00 Therapy Swim at Pool
- 7/15 3:00 Pioneer Igloo #7 Monthly Birthday Party
- 7/19 2:00 Home Made Ice Cream to celebrate National Ice Cream Day
- 7/20 10:30 Low Vision Support Group
2:00 Therapy Swim at Pool
- 7/21 Allen Marine Tours Boat Trip leaves the dock at 2:00pm
- 7/22 11:00 Catholic Mass
5:00 Introducing Dinner and a Movie on Wednesday evenings
- 7/25 2:00 7th Day Adventist Service
2:30 Saturday Afternoon Movie Matinee
- 7/27 2:00 Therapy Swim at Pool

Bessie Comiskey of the Eastern Star group was kind enough to donate the silver service used by these lovely ladies over the years.

The resident council would like to thank Bessie and the remaining members of the Eastern Star group for such a lovely donation.



WELCOME

We were so delighted to Welcome Kay Linne and Lorraine Perry to the Ketchikan Pioneer Home family.

We look forward to sharing stories and getting to know our new friends and their family members.

Please help them feel welcome.

HAPPY BIRTHDAY



RESIDENTS

Floy Wingren	07/06/1913
Ann Starr	07/06/1927
Don Wright	07/12/1940

STAFF

Erin Negley	07/03
Patricia Hawk	07/04
Shelby Vetter	07/17
Melchor Villaflor	07/18
Pancho Nacionales	07/27



"May all your future years be free from disappointment, care or strife, that every birthday you will be a little more in love with life."

unknown

C.N.A APPRECIATION WEEK "SCARY FUN"

We celebrated our amazing certified nurse aides with such rambunctious fun that we think we actually scared the residents and visitors who looked on.

There was an AMAZING buffet of sugar, chocolate and cream and in addition to BINGO and we also had an AGGRESSIVE game where the staff looted, stole, and ripped items out of each others hands.

We laughed, sang, and ate our way through the experience with special certificates of service also presented. WE LOVE OUR KPH STAFF!



RESIDENT COUNCIL ELECTIONS

Resident Council Elections are coming up so please contact Stella Mackie if you are interested in being nominated as an officer.

Resident Council Elections are July 13th @ 1:30 in the Great Room.

KPH ORDER FORMS AVAILABLE

Order forms are attached and available at the front desk for Ketchikan Pioneer Home Gear.

This year we are offering outrigger jackets, twill caps, and totes with our fancy, schmancy logo. Please return your completed order forms with payment to Roni by July 30th.

roni.thomas@alaska.gov



Can we have this dance?

Residents Ruth Pechay, Kay Simpson and Kay Linne dance the afternoon away to some of the oldies but goodies!

