

ACTIVITY CALENDAR

OCTOBER

10/2 Garden Club Joins us for Ice Cream Social

10/4- 10/10 Fire Prevention Week

10/5 Massage Therapist Here
10:00-3:00
Monthly Foundation Luncheon 12:00

10/6 Election Day

10/7 Catholic Mass 11:00
Hilary the Librarian is Here Today 1:30
Tea Party w/ Stowe & Axelson Families 2:30
Massage Therapist Here 2:00-5:00

10/12 Holiday/ Columbus Day

10/14 Catholic Mass 11:00

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Ketchikan

Pioneer Home

VOLUME 7, ISSUE 10

OCTOBER 2009

GREETINGS FROM THE ADMINISTRATOR



This month I had the pleasure of participating in a Breast Cancer project in Homer, Alaska.

It was amazing to be in the presence of such fine and courageous women and Homer is beautiful! I thought Southeast had the market on being the most picturesque area in our fair State but now I wonder....

I was happy to see upon my return that the windows have officially arrived and the exterior remodel project continues to hum along thanks to our friends at Alaska Commercial Contractors and our very own Facilities Maintenance folks.

In the short term please keep in mind that substantial completion is now expected in November and parking is limited so please be mindful of our visitors and neighbors. The management team has been

parking off site which I really appreciate.

Thanks very much for everyone's patience!



Julie Sande, Administrator
225-4111 x312

LOOKING FORWARD



Halloween is coming and you all know how much we love any excuse to dress up, wear lots of glitter, and eat too much candy. This year we are excited to offer a Halloween Carnival for grades 6 and under from 3-5 p.m. in the Great Room. Admission will be one bag of individually wrapped chocolates. In addition to being lots of fun, this will also be a fundraiser for the Resident Council. There will be lots of kid friendly supper items for sale so the little ones can have something nutritious to eat before trick-or-treating. The grand finale will be a costume parade which begins at 4:45 p.m. We hope to see you there.

B.I.N.G.O !!



Staff member Nora Cadiente and her mother play to win!

We look forward to Senior BINGO night every year and this year was no exception. Our big winner was Virgene Harvey who won \$700 cash in addition to other



Resident Bessie Comiskey enjoys a moment during Senior Bingo.

prizes. All of the senior service agencies contributed yummy desserts but the big thank you goes to Ron Wendte and his crew at New Horizons for soliciting and collecting the prizes as well as hosting the evening.

"There are people whom one loves and appreciates immediately and forever. Even to know they are alive in the world is quite enough."

-Nancy Spain

SPECIAL VIP GUESTS

We were honored recently to have guest performers from the Philippines join the residents for an impromptu performance. They were so kind to share their time and talent with the staff and residents. Performers included singers, Sheryn Regis, Makisig Morales and Raymond Manalo as well as comedienne, KitKat.



MOBILE MANICURES AND PEDICURES

At the residents request we have asked for mobile manicure and pedicure services to be made available to seniors in our community.

We are so thankful to announce that Dominique King of Shear Magic has answered that call and is now providing those services here at the KPH. It's a great gift idea and if you are interested in the rates please let us know and we will send you a brochure.



Pedicure: \$50.00 Manicure: \$30.00 and Combo: \$75.00 or call 617-3765 for an appointment.

SENIOR PICNIC FUN

We absolutely lucked out when the rain held for our rescheduled senior picnic at Ward Lake. It was not exactly hot and dusty but we recognize that it could have been much worse! The only complaint was about the smell of dying salmon from the streams!

The residents enjoyed

grilled picnic fare thanks to Mobile Chef Shinberry and enjoyed live music by Stan Felsman and Dave Rubin.

Thank you very much to all of the senior agencies who helped make this years picnic possible and to all of the staff and volunteers for their extra efforts.



Resident Jeanne Vike and staff member Jenny Thompson enjoy the great outdoors.



KPH FOUNDATION NEWS

The KPH Foundation has graciously offered to help pay for the continuation of the specialized exercise class offered by Marguerite Auger and has also agreed to help assist the Resident Council with a donation for activities.

The KPH Foundation is a non-profit agency whose sole

purpose is to assist the residents of the Pioneer Home with services and equipment not provided by the State. If you would like to make a donation to the KPH Foundation please mail it to: 141 Bryant St. Ketchikan AK 99901



Resident Margaret McCombs at the Ward Lake picnic.

- Bob Sivertsen
- Alaire Stanton
- Nerissa Buendia
- A. Fred Miller
- Bessie Comiskey
- Bill Moran
- Wally Kubley
- Ed Zastrow
- Cleo Weston
- Ann Thompson
- Terry Wanzer
- Mona O'Dell
- Fred Monrean
- Sherrie Slick
- Idonna Hanson

Staff, residents, and volunteers enjoy the beautiful setting during the Senior Picnic at Ward Lake .





KPH

Activity Calendar Continued...

Ketchikan Pioneer Home
141 Bryant St.
Ketchikan AK 99901
Phone: 907-225-4111 x322

Fax: 907-225-4115

The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.

10/15 Birthday Lunch Bunch 12:00

10/16 Bosses Day

10/19 Low Vision Support Group 10:30
Resident Council Meeting 1:30

10/20 Karaoke Night 6:00

10/21 Pioneer Igloo #7 Monthly Birthday Party

10/24 7th Day Adventist Services 2:00

10/28 Lady Bug Class Visits/Pumpkin Carving 2:15

10/30 Halloween Luncheon at the Moose Club 12:00

10/31 Halloween Carnival 3-5 pm (Grades 6 & under)
Costume Parade at 4:45pm



FUNDRAISING WOES

As many of you may have heard, the Resident Council is almost tapped out of funds this year. Due to delays in construction we have not been able to hold our annual garage sale and in the absence of our fundraiser we have limited funds for activities. While motivated minds attempt to come up with something new to replace it, please put the word out and let us know if you have any ideas, please also watch for future announcements.

HAPPY BIRTHDAY



RESIDENTS

Arnold Sipe 10/11/1926

Thelma Lind 10/15/1916

Kathlyn Linne 10/17/1926

STAFF

Dawn Ivans 10/02

Marnell Rethmeier 10/13

Nida Manabat 10/21

Grace Carlin 10/24

Darlita Naval 10/29

"May all your future years be free from disappointment, care or strife, that every birthday you will be a little more in love with life."

unknown

TOTEM BIGHT OUTING

Residents, friends and families recently enjoyed an outing to the final summer performance of the season by the Haida Descendant Dancers. The event took place at Totem Bight State Park.

It was an amazing display of culture and talent and the residents were thrilled by the adventure. The highlight for us was when resident Anna Dundas got up and danced with the other performers during an all women dance.

