

ACTIVITY CALENDAR

MARCH

3/1 Foundation Luncheon 12:00
3/2 Dr. Seuss's Birthday w/ Pre-school 10:00
3/3 Monthly Tea Party
3/8 Massage Therapist Here 10-3
Resident Council 1:30
3/9 Teddy Bear Picnic & 101 Party for Inga Brink 11:00
3/10 Massage Therapist Here 2-5
Catholic Mass Cancelled Today
3/11 Halibut Dinner 5:00
3/12 Employee Appreciation Day (TBA)

**3/14 DAY
LIGHT SAVINGS BEGINS**

- **CALENDAR CONTINUED ON PAGE 4**



Ketchikan Pioneer Home

VOLUME 8, ISSUE 3

MARCH 2010

Greetings from the Administrator



I would like to offer a big thank you to those members of the Pioneer Home Advisory Board who traveled to Ketchikan last week to tour our Home and to meet and greet many of you.

The board was very impressed with the level of participation from our residents, family members, and KPH Foundation

board so thank you also to all of you who participated. Your feedback is very valuable.

As always, I am so proud to be able to represent the residents and staff and was thrilled to show off our many improvements since the PHAB's last visit. If any of you missed the opportunity but

would like to communicate with the board, you may send it to:

PHAB c/o Banarsi Lal
4532 Dartmouth Drive
Fairbanks, AK 99709



Julie Sande, Administrator

225-4111 x312

1 POTATO, 2 POTATO, 3 POTATO, 4!

The residents were so pleased to have so much community support for their potato feed fundraiser. They have been so concerned during newspaper reading about all of the devastation that our neighbors in Haiti have suffered through and worry about those without proper food and clothing. Thanks to your generous support the residents were able to raise over \$1200 for Haiti!

The residents would also like to offer a special thanks to NANA and Tatsuda for their donation of supplies.

MARCH FAMILY & FRIENDS DINNER

We are looking forward to another family and friends dinner scheduled for March 18, 2010 at 5:00 p.m. Appetizer: Fruit and Cheese Tray Entrée: Braised Beef Tips, Duchess Potato, Cali-

fornia Mix and Spring Salad Dessert: Fruit Parfait with Topping. Please call in your reservations before March 15, if possible. It is difficult to do last minute juggling

with so many people wishing to attend.



Kay Linne and daughter Sue enjoying the Family & Friends Dinner.



Leona Lamphier has a very special little visitor.

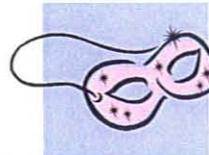
"I used to always think that I'd look back on us crying and laugh, but, I never thought that I'd look back on us laughing and cry."

Ralph Waldo Emerson

MARDI GRAS CELEBRATION

In celebration of Mardi Gras we made masks with our special preschool friends and then on Fat Tuesday we enjoyed a rowdy parade throughout the building. We ended

the festivities with a pancake lunch and learned a bit about the history of the celebration and of the great city of New Orleans.



"Peek a boo!"

SUPER BOWL PARTY!

If your friends ever become too boring to hang out with on Super Bowl Sunday, then you may

consider coming to hang out with us. We had all of the fixings for a proper football party! We had

a big screen television, good food, good friends and some good old-fashioned gambling going on!



"I see you!"

VALENTINES DAY HUGS



We felt honored to have so many people in the community drop off special Valentine cards for us. We also enjoyed the company of an entire army of volunteers who helped us celebrate the day with a chocolate fountain and live entertainment.

Valentine's Day is so much fun around here. We have more special Valentine friends than we can count and we are so thankful for them!



KPH FOUNDATION NEWS

The KPH Foundation is a non-profit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska.

This month the Foundation agreed to assist with the monthly internet fee associated with the new resident council computer and the Foundation also

agreed to assist with the upcoming Pioneer of Alaska tea party that is being planned in September. Thanks again to the Foundation for all of their generous support.

- Bob Sivertsen
- Alaire Stanton
- Nerissa Buendia
- A. Fred Miller
- Bessie Comiskey
- Bill Moran
- Wally Kubley
- Ed Zastrow
- Cleo Weston
- Ann Thompson
- Terry Wanzer
- Mona O'Dell
- Fred Monrean
- Sherrie Slick
- Idonna Hanson
- Ray Hendricks

Resident Caz Silko enjoys a meal fit for a king during the resident Birthday Lunch Bunch activity which is funded by the KPH Foundation. Happy Birthday Caz!





KPH

Ketchikan Pioneer Home

141 Bryant Street

Ketchikan, AK 99901

Phone: 907-225-4111 x 322

Fax: 907-225-4115

The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.

Activity Calendar Continued...

- 3/15 Low Vision Support 10:30
- 3/16 Karaoke Night
- 3/17 Leprechan Mischief and Hiding of the Gold 10:15
Hilary O’Koch/Librarian Here 1:30
Pioneer Igloo #7 Monthly Birthday Party 3:00
- 3/18 Family and Friends Dinner 5:00
- 3/24 Catholic Mass 11:00
Lady Bug Preschool Visits Today 2:15
- 3/27 Seventh Day Adventist service 2:00
- 3/29 Seward’s day Holiday
- 3/30 Egg Decorating/Dyeing w/ORCA on 3rd Floor at 3:00
K.I.C Native Elders Dinner 5:00



Legislative Teleconference Schedule

Please join the Commission on Aging for the 2010 Legislative teleconferences to discuss bills of interest to seniors in our community across the State of Alaska: They will be held at KPH from 9:30-11:00 on: March 4th, 18th April 1st, 8th, 15th, and 22nd.



We would like to offer a special thank you to the members of the Pioneer Home Advisory Board who toured our Home and met with residents and members of our community. Pictured from Left to Right: Sharon Howerton-Clark, Martha Penrose, Lee Cromwell, Jean Chapman, Division Director—Dave Cote, Barnasi Lal, Joe Fields, and Bob Sivertsen.

Resident and Staff Birthdays

STAFF

- Daizee Cadiente 03/01
- Olivia Aparici 03/05
- Allis May Davis 03/07
- Shinberry Berkey 03/17
- Darlene Abapo 03/21
- Kristine Dela Cruz 03/24

RESIDENTS

- Inga Brinck 03/09/1909
- Imelda Mitchell 03/16/1920
- Ann Ruaro 03/26/1920
- Carl McBride 3/31/1930



MORE FEBRUARY FUN!



BIRTHDAY GIRLS



The birthday girls enjoy opening gifts with friends and family!

Monica Fast hosted her 7th birthday party here at the Pioneer Home. Monica Fast was born on Audrey Glaser's 90th birthday and they have shared birthday wishes every year since. This was the first time they shared an actual party and birthday cake.

Audrey blew her candles out first followed by Monica snuffing out all seven of hers. Both of these lovely ladies were surrounded by friends and family.

