

## ACTIVITY CALENDAR

### OCTOBER

- **Newspaper & Coffee @ 9:30 Mon-Sat**
- **Library Time with the pre-school every Friday @ 10:30 a.m.**
- **Every Sunday @ 1:30 local Church Service on the 3rd Floor**
- **BINGO is every Wednesday @ 1:30**
- **Exercise with Marguerite every Tues & Thurs @ 10:30**
- **Ice Cream Social every Friday @ 1:30 in the Great Room**



- **CALENDAR CONTINUED ON PAGE 4**



# KETCHIKAN PIONEER HOME

VOLUME 9, ISSUE 10

October 2011



## GREETINGS FROM THE ADMINISTRATOR

Torrential down pours continue to hamper our out door excursions but we have managed to find plenty of reasons to celebrate indoors. This month we were able to join the City Wide Senior Bingo which is graciously hosted by Ketchikan Medical Center /Long Term Care and our Grandparents Day dance was a lovely way to spend a Sunday

evening. Thanks very much for all of your patience as we paved the back parking area of the Home. Though it created parking issues for a few days we are very grateful for the improvements. This month has been a challenging time for us as we have lost three of our most lovely residents. They were all long time community members and residents of our Home. It

was and continues to be a very difficult time for our residents and staff. I am so proud of the way we learn to love our residents and eventually, learn to let them go.



Resident Betty Streeper and Julie Sande, Administrator

## LOOKING FORWARD

The staff and residents would like to extend a very warm welcome to Ms. Katy Daniels who is from the great State of Georgia. Katy is the new Nana food services manager and she is very excited to be out of the heat of the deep South and in the "refreshing" rain of Southeast, Alaska. Please check in with Katy if you get a chance and spend a few minutes getting to know her. We are so happy she has joined us.



# Welcome!

# FIRST FAMILY DINNER



We are off and running again! We love the fall season for lots of reasons but our Family Dinner is one of the best reasons to welcome October.

The first family dinner of the season is scheduled for Thursday, October 20th. The cost is \$10.00 and the menu looks fabulous!



Louise Lane and guests enjoy last years November Family Dinner.

**Amuse Bouche:** Stuffed Dumpling with Sesame Sauce. **Salad:** Roasted Peach & Glazed Walnuts on a bed of Spinach with a Peach Vinaigrette. **Soup:** Winter Melon. **Entrée:** Plum & Ginger Roasted Pork Served on a bed of Coconut Rice with Seasonal Seasoned Vegetables. **Desert:** Tri-layer Orange Curd Cake dressed with a mint simple syrup topped with Tamarind Whipping Cream.

Please be sure to RSVP to Hilary at ext. 322. We hope you will join us in catching up with old friends over a nice warm meal. Happy Family Dinner!

*“Everything changed the day she figured out there was exactly enough time for the important things in life.”*

*-Brian Andreas*

# GRANDPARENTS DAY CELEBRATION



We were so pleased to have so many people join us for our Grandparents Day celebration and dance. It was a great excuse to get dressed up and dance the night away. Thanks so much to Dave Kiffer, Maria Dudzak, Kim Henrickson and Kim Kleinschmidt of the band Lush Life for providing us the dance music. The K-High wrestling team served up the food and drink while the Ketchikan Theater Ballet girls helped the ladies

get ready. We had a few extra dancers pay us a visit to show us some moves and dance with the residents. A huge thank you to everyone for making the evening a night to remember!

# NANA NEWS

In addition to a change in our Food Service Manager, we have also had some extra support from Anchorage Executive Chef, Craig McCloud. He is a Nana Supervisor that is here to help train staff. While at the KPH he has been getting to know the residents and hosted a Blueberry Crepe demonstration for them. One of Craig’s areas of expertise is presentation and he made Blueberry Crepes that were so pretty we almost didn’t want to take a bite. Almost....but not quite.



# COMMUNITY WIDE SENIOR BINGO

Once again the residents of the KPH were delighted with their winnings during the community wide senior BINGO night hosted by Ketchikan Medical Center/ New Horizons.

It was a really nice night enjoyed by staff, residents, family members and volunteers. The senior agencies

collaboration was evident with such a great evening of prizes and fun. Thanks to KGH, KPH, Senior Services and Rendezvous. Special thanks also to all of our community agencies and businesses who offered so many amazing prizes.

B-I-N-G-O!!!



**Virgene Harvey holds up the certificate for her \$100.00 prize!!!**



## KPH FOUNDATION NEWS

The KPH Foundation is a non-profit agency whose sole purpose is to assist the residents of the Pioneer Home with services and equipment not provided by the State.

If you would like to make a donation to the KPH Foundation please mail it to:

141 Bryant St. Ketchikan, AK 99901.

We would like to Thank the members of our Foundation for continuing to help the residents of the KPH with donations of new art. Our halls look more beautiful every day!



- Bob Sivertsen
- Alaire Stanton
- Nerissa Buendia
- A. Fred Miller
- Bessie Comiskey
- Bill Moran
- Ed Zastrow
- Cleo Weston
- Ann Thompson
- Terry Wanzer
- Mona O'Dell
- Fred Monrean
- Sherrie Slick
- Idonna Hanson
- Ray Hendricks

## PET THERAPY

Besides our regular canine friends here at the KPH we have been enjoying the company of two therapy dogs every Thursday afternoon. Murphy is a Golden Doodle (who looks more like a sheep) owned by Mary Bolshakoff and Ludwig is a sweet miniature Schnauzer owned by Danelle Landis. They both like lots of pets and hugs and brighten up our afternoons.





# KPH

## Activity Calendar Continued...

Ketchikan Pioneer Home

141 Bryant St.

Ketchikan AK 99901

Phone: 907-225-4111 x322

Fax: 907-225-4115

**The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.**

- 10/3 Foundation Luncheon
- 10/4 See Hilary if you want help voting today.
- 10/5 Catholic Mass 11:00 am
- 10/5 Monthly Tea Party 2:30 pm
- 10/6 Ketchikan Public Librarian Visits
- 10/8 Saturday Coffee Klatch 2:00 pm
- 10/11 Karaoke 6:00 pm
- 10/12 Catholic Prayer Group 10:30 am
- 10/13 "In Season" Cooking Demo and Sharing with Katy Daniels of Food Services 2:30 pm
- 10/15 Baking
- 10/17 Low Vision Support Group Meets 10:30 am
- 10/17 Singing with Peggy Hovik
- 10/17 Halloween Craft with the Ketchikan Garden Club 6:30—7:30 pm
- 10/19 Catholic Mass 11:00 am
- 10/19 Monthly Birthday Party 3:00 pm
- 10/20 Family Dinner 5:00 pm
- 10/26 Catholic Prayer Group 10:30 am
- 10/27 "In Season" Cooking Demo and Sharing with Katy Daniels of Food Services 2:30 pm
- 10/29 Seventh Day Adventist Church Service
- 10/31 Preschool Trick or Treat Parade 10:30 am
- 10/31 Halloween Party for residents, staff and families 3:00 pm



# WELCOME TO OUR HOME

We would like to extend a very warm welcome to our three new residents. Mary Ellen and Don Haseltine have moved into the Home and we are so happy they are here. As long time friends and volunteers of the KPH we are thrilled to see them each and every day.

We would also like to extend a warm welcome to Mary Fitzgibbon who is a long time community member and friend. Many of us knew her through her great work on behalf of the Saxman Elders. She enjoys company so please stop by and say Hi!

## Happy Birthday

### RESIDENTS

**Ruth Pechay 10/14/1924**

**Kay Linne 10/17/1926**

### STAFF

Dawn Ivans 10/02

Nida Manabat 10/21

Darlita Naval 10/29

Angelina Sevilla 10/29

*"May all your future years be free from disappointment, care or strife, that every birthday you will be a little more in love with life."*

*unknown*



# REMEMBERING OUR FRIENDS



This month we lost our dear friends: Lillian Ference, Pat Charles, and Betty Streeper. Each of them were a part of our family and were long time community members and residents of our Home. As we grieve their passing we take comfort in our memories.

