

ACTIVITY CALENDAR

FEBRUARY

- Newspaper Reading and Coffee every morning at 9:30 a.m. Monday—Saturday
- Our Beautician is here every Thursday
- Library Time with the Pre-school is every Friday at 10:30 a.m.
- Exercise Class with Debra is every Tuesday and Thursday at 10:30 a.m.
- Ice Cream Social is every Friday at 1:30 p.m.

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VOLUME 10 ISSUE 2

Ketchikan Pioneer Home

FEBRUARY 2012

Greetings from the Administrator



This January was one of the coldest and snowiest on recent record in Ketchikan. Though the residents have enjoyed watching the beautiful flakes falling in the garden, I can tell you that our staff and visiting friends have braved treacherous conditions to get here every day. Steve and Tony in our Maintenance Department worked tirelessly to keep our parking lots and sidewalks

clear. We are very grateful for our staffs continued dedication to the residents.

Thanks very much to all of you who provided feedback at the January Family Dinner about the 3rd floor remodel drawings. Most of the comments were regarding color choices and the potential for additional windows but overall the responses have been positive so it looks like

we are on the right track. I'll keep everyone posted on the progress of the project. Please let me know if you have any questions or concerns.

Julie Sande, Administrator



Roni Thomas constructs a snowman for her Grandpa Harley

PIONEER HOME ADVISORY BOARD SCHEDULE

You are cordially invited to join the Alaska Pioneer Home Advisory Board during their tour of the Ketchikan Pioneer Home. All interested members of our KPH community are invited to attend a "Meet and Greet" in the Great room February 28th from 1:15 - 2:15. All members of the KPH Foundation and any family members or residents are encouraged to attend.

FEBRUARY FAMILY & FRIENDS DINNER



Mary Ellen Haseltine enjoys the Family Dinner with her Granddaughter

We are looking forward to another Family and Friends Dinner scheduled for February 16, 2012 at 5:00 p.m. Menu:

Appetizer
Ham & Cheese Croquettes served with a Pea sauce

Salad
Roasted Beet and Baby Green Salad

Entrée
Stuffed Gorgonzola and Spinach Chicken Served with a Mushroom Risotto and Candied Apple Brussels sprouts

Dessert
Chocolate-caramel Bread Pudding

Dinner Roll and Butter served at all tables
Please call in your reservations before Monday 2/14.

KPH HAT DAY SUCCESS

"If you hang onto the handle it's easier to maintain the illusion of control, but it's more fun if you let the wind carry you."

The Ketchikan Pioneer Home celebrated our third annual hat day. We are not sure who enjoyed the activity more, our preschool students or our residents. Together

we gathered and made special hats for one another and then paraded through the halls wearing our spectacular new finery.



Jane Church and friend show off their hats!

DINNER FOR TWO

Ruth and Joe Craig were recently nominated and selected to be the communities "Favorite Couple" by KPU Live in Ketchikan. Michelle O'Brien and Chef Joel Kotrc were kind enough

to bring them a gourmet meal of homemade crab ravioli with tomato saffron sauce, crunchy bread, citrus salad and chocolate strawberries!



Ruth and Joe Craig enjoying a romantic dinner for two

WILL YOU BE OUR VALENTINE?

The activities dept. would like to encourage people in the community (young and old) to send beautiful, silly, or sentimental Valentines to our residents. There will be a printed sheet of all resident

first names (just like when we were in elementary school) available in the lobby so you may personalize your valentines. We will deliver the Valentine bags on Feb. 14th at our Chocolate Valentine Party at 2:30 p.m. in the Great

Room. If you would like to join us please bring a chocolate valentine treat to share. We are excited to be trying out our new Chocolate fountain! Please come join in the fun!



KPH FOUNDATION NEWS

The KPH Foundation is a non-profit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska.

A great big thank you to the members of the Ketchikan Pioneer Home Foundation for agreeing to provide one C.N.A scholarship to a deserving

candidate for the Spring 2012 Certified Nurse Aide class offered by UAS. Past recipients of this scholarship have made great additions to our staff.

- Bob Sivertsen
- Alaire Stanton
- Nerissa Buendia
- A. Fred Miller
- Bessie Comiskey
- Bill Moran
- Ed Zastrow
- Cleo Weston
- Ann Thompson
- Terry Wanzer
- Mona O'Dell
- Fred Monrean
- Sherrie Slick
- Idonna Hanson
- Ray Hendricks



PLAID EVERYWHERE

The residents were absolutely thrilled to be able to celebrate the anniversary of Robert Burns birthday with a special Scottish celebration! The Misty Thistle Pipes and Drums performed with special appearances by several young dancers, drummers and pipers. We wore our best Tartans and enjoyed great music which could be heard loud and clear throughout the whole Home!

MISSING YOU



January has been a very difficult month for the staff and residents of the Ketchikan Pioneer Home.

We have lost three of our residents and are still reeling from their loss.

Barbara Mix passed away after a very short time in residence here. Her family was with her constantly which we know was a great comfort to her. We were sorry to have so little time with her.



Ken Goodrich also passed away this month after a brief illness. We miss his gentle spirit and his kind heart very much. He will be remembered for his wit and his charm. He will also be remembered for his great love for his children and friends at the Landing restaurant who came daily to pick him up.

Our beloved friend and "Grandpa", Harley Hall passed away this month and we are all grieving his loss. Harley has been with us for several years and has been a friend to us all.

He had a special relationship with the children in our preschool and with the staff. Harley loved being social and carried his animated creatures around for all to see and enjoy. He will be remembered for his caring heart and his love for his family. What an honor it was to know all of these special people and to have been able to provide them comfort and care at the end of their lives.



A special person remembered and a beautiful life honored.



NANA NEWS by Katy Daniel

Our residents and staff came out on January 12 to make homemade Ice Cream. This event gave everyone the opportunity to join in

on the creativity by choosing ice cream flavors that they liked and remembered from childhood. Together, we made homemade peach,

Chocolate Cherry Cake and peppermint Ice Cream. Everyone helped with churning and had so much fun!



Katy Daniel and Ruth Pechay working together



KPH

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The mission of the AK Pioneer Home is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical and emotional and spiritual growth.

Activity Calendar Continued...

- Read aloud with Dave or Hunter every Friday at 11:00 a.m.
- Hula Hands every Thursday at 2:00 p.m.
- Therapy Dog visits every Tuesday and Thursday at 1:30 p.m.
- 2/6 Foundation Luncheon at 12:00
- 2/8 Show and Tell at 5:30 p.m.
- 2/10 Make Valentines with the preschool
- 2/13 Resident Council Meeting at 1:30 p.m.
- 2/14 Valentines Day Chocolate Party at 2:30 p.m.
- 2/15 Monthly Birthday Party
- 2/16 Low Vision Support Group at 10:30 a.m.
- 2/16 Family Dinner at 5:00 p.m.
- 2/18 Ketchikan Quilt Show
- 2/21 Mardi Gras
- 2/24 Hula Hands Luau Ice Cream Social and Performance
- 2/29 Lady Bug Preschool Visit



Legislative Teleconference Schedule

Please join the Commission on Aging for the 2012 legislative teleconferences to discuss bills of interest to seniors in our community across the State of Alaska.

The teleconferences will be held at the KPH from 9:30-11:00 a.m.

February 2 and February 16

STAFF AND RESIDENT BIRTHDAYS

STAFF

- Kelly Dilts 02/01
- Marilie Deleon 2/4
- Hannibal Kintana 2/14
- Norma Oposcolo 2/21
- Jearielyn Layague 02/23
- Nathan Royball 02/24

RESIDENTS

- 02/06/1938 Deana Nicholas