

ACTIVITY CALENDAR

MARCH

- **Newspaper Reading and Coffee** every morning at 9:30 a.m. Monday—Saturday
- Our **Beautician** is here every Thursday
- **Library Time** with the Pre-school is every Friday at 10:30 a.m.
- **Exercise Class** with Debra is every Tuesday and Thursday at 10:30 a.m.
- **Ice Cream Social** is every Friday at 1:30
- **CALENDAR CONTINUED ON PAGE 4**



KETCHIKAN PIONEER HOME

VOLUME 11, ISSUE 3

MARCH 2012

GREETINGS FROM THE ADMINISTRATOR



I would like to offer a big Thank You to those members of the Pioneer Home Advisory Board who traveled to Ketchikan this week to tour our Home and to meet and greet many of you.

This trip was a whirlwind of activity for the board members and I would like to apologize if anyone felt as though they

did not get enough time with the members of the board. If you have anything you would like to share with them that you were not able to during this meeting, please email me or contact: Banarsi Lal 4532 Dartmouth Dr. Fairbanks AK 99709. As always, I am so proud to be able to represent the resi-

dents and staff and was excited to give them a tour of the third floor areas which will soon be under construction.

We hope to look brand new when they come to visit next year!

Julie Sande,
Administrator

Julie.Sande@alaska.gov



RECOVERING FROM LOSS....

This has without a doubt been one of the most difficult times for the staff & residents of the Ketchikan Pioneer Home. Over the past few months we have suffered the loss of many of our dear friends. Though we celebrate their lives and take comfort in our memories it is difficult to process our grief. We would like to extend a Thank You for the care that the staff have provided to those we have lost. Please see Vanessa or Jamie if you would like access to resources on bereavement and grief counseling.

FRIENDS AND FAMILY DINNER



Lorraine Perry and family at the February family dinner.

“Every body is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid”
Albert Einstein

We are looking forward to another St. Patty’s Day Family and Friends dinner scheduled for March 15, 2012 at 5:00 p.m.

We will be serving: Wedge salad with egg mimosa

topped with crumbled bacon, Corned Beef & Cabbage, glazed carrots and rosemary red potatoes and apple dumpling with vanilla ice cream.

Please call in your reservations before

March 11 to the activity department. 228-3372



Leona Lamphier and her family enjoy the company of loved ones at the February family dinner.

MISSING YOU

We were deeply saddened to lose our dear friends Virginia Gibson, Suzanne Pierce, and Don Haseltine this month. The staff and residents miss their presence every day

but take comfort in the memories we have made with them over the years. We celebrate lives well lived and we are grateful for the honor to have been able to care for such wonderful people.



MARDI GRAS FUN

We were not exactly dancing in the street, but our Mardi Gras celebration was pretty darn festive. Adorned with the largest beads any of us have ever seen and beautiful feathered masks, the residents

hit the halls of the Ketchikan Pioneer Home for a Mardi Gras Parade. We then celebrated with a homemade Kings cake. The triumphant winner of the good luck baby was Jeanne Vike!



Shin and Hilary having fun while making our very own Kings Cake from scratch.



Who is behind that mask?

HOW SWEET IT IS



Oh my! We do so LOVE a great Valentine celebration and this year was no exception. Many thanks to Mr. O'Brien's class at Houghtaling and Ms. Brandt-Erichsen's class at Fawn Mountain school for taking

such lovely handmade Valentines. The residents were delighted with all of the Valentines that so many members of our community brought to them.

We had a sticky and sweet afternoon as we tried out our new chocolate fountain and dipped fresh strawberries, marshmallows, and even pretzels.



KPH FOUNDATION NEWS

The KPH Foundation is a non-profit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska.

This month members of our Foundation were able to have a round table discussion with the Pioneer Home Advisory Board. They were strong advocates for the Home and the needs of the residents. The discussion included

the possibility of expanding the Ketchikan Pioneer Home to accommodate the growing need for senior services in our community and in our State. Thanks very much to Ed Zastrow, Sherrie Slick, and Alaire Stanton for your time and expertise.

- Bob Sivertsen
- Alaire Stanton
- Nerissa Buendia
- Bessie Comiskey
- Bill Moran
- Ed Zastrow
- Cleo Weston
- Ann Thompson
- Terry Wanzer
- Mona O'Dell
- Fred Monrean
- Sherrie Slick
- Idonna Hanson
- Ray Hendricks



The residents, staff, and our preschoolers have been practicing Pearly Shells for the past two months. We hope you were able to attend our Luau and see their final performance! What a great way to spend time with friends.





KPH

Ketchikan Pioneer Home
 141 Bryant Street
 Ketchikan, AK 99901
 Phone: 907-228-3362
 Fax: 907-225-4115

The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.

Activity Calendar Continued...

- Read aloud with Dave or Hunter every Tuesday & Friday at 11:00 a.m.
- Therapy Dog visits every Tuesday and Thursday at 1:30 p.m.
- 3/5 Foundation Luncheon at 12:00
- 3/6 Gospel singing and planting seeds with the Church of Christ students
- 3/7 Monthly Tea Party with the Axelson Family 2:30 p.m.
- 3/12 Resident Council Meeting at 1:30 p.m.
- 3/14 Special Slide show from Israel with George Paisley
- 3/15 Low Vision Support Group at 10:30 a.m.
- 3/15 Family Dinner at 5:00 p.m.
- 3/16 St. Patricks Day Ice Cream Social
- 3/21 Monthly Birthday Party
- 3/23 Distinguished Young Women of Alaska 1:00 p.m.
- 3/29 In Season Cooking with Katy 2:30 p.m.
- 3/28 Lady Bug Preschool Visit 2:15 p.m.



Legislative Teleconference Schedule

Please join the Commission on Aging for the 2012 Legislative Teleconferences to discuss bills of interest to seniors in our community across the State of Alaska: They will be held at KPH from 9:30-11:00 on: March 1, March 15, March 29



NANA NEWS

This month I was able to do some really fun food demonstrations for the residents. On Valentines Day the food services and activity departments partnered to pull off a great activity for the resident Valentines Party. We had a great turnout and some wonderful snacks and games. I am looking forward to more fun in March!

Katy Daniel
 Food Services
 Manager



Resident and Staff Birthdays

STAFF

- Daizeree Cadiente 03/01
- Olivia Aparici 03/05
- Maggie Clark 03/07
- Allis May Davis 03/07
- Shinberry Berkey 03/17
- Joseph Fiorucci 03/19
- Darlene Abapo 03/21
- Kristine Dela Cruz 03/24

RESIDENTS

- Imelda Mitchell 03/16/1920
- Mary Ellen Haseltine 03/22/1924
- Ann Ruaro 03/26/1920

MORE FEBRUARY FUN!

