

ACTIVITY CALENDAR

Regular activities:

- **Newspaper and coffee** every day at 9:30
- **Music time** on the third floor every Monday at 3:00
- **Gospel Sing Along** every Tuesday at 1:30
- **Dave Porter reads aloud** each Tuesday and Thursday.
- **Church is** every Sunday at 1:30.
- **Seventh Day Adventist** Service is every 4th Saturday at 2:00.
- **Bingo** every Wednesday at 1:30
- **Exercise** is every Monday and Wednesday at 10:30
- **Ice cream Social** every Friday at 1:30
- **Movie and popcorn** on Thursday evenings.
- **Therapy dogs** visit each week.

Calendar Continued Page 4



Ketchikan Pioneer Home

VOLUME 11, ISSUE 4

APRIL 2012

Greetings from the Administrator

The KPH is beginning to come to life again thanks to some new faces around our dining room tables and fresh buds on the flowers out front.

There is still some snow on the ground but each day feels brighter and longer and with that comes the excitement of watching our gardens grow and roof deck parties in the summer.

We are still working through our grief as we

continue to mourn our dear friends that passed away this winter but as I walk through the halls I hear the staff and other residents sharing stories and getting to know our new residents and it is refreshing to see new friendships beginning. Spring is always a great time to begin again.

Special thanks to Bob Sivertsen KPH Foundation Chair and Rep-

resentative Peggy Wilson for touring our home and meeting some of our residents. We always love to show off our house! If you're in the neighborhood, please come by to visit us.

Julie Sande, Administrator
228-3362



LOOKING FORWARD

All friends and family of staff and residents that are under the age of 12 are invited to our Annual Easter Egg Hunt and Easter Party at the KPH. The hunt will start at 1:30 on Saturday April 7th so don't be late! This event is always the perfect blend of our young friends and our older friends. The excitement of the egg hunt is contagious and we love to reminisce about our past days of Peeps and stuffed eggs, baskets and bunnies. **Please come and join us!!**

APRIL FAMILY & FRIENDS DINNER



New resident Ilona Brady happily finds friendship with volunteer Dave Porter.

The KPH April Family and Friends Dinner is scheduled for 5:00 p.m. on April 19th. We hope to see all of our friends and family for our favorite dinner of the month!

Menu:

Appetizer

- Sweet Potato Balls
- Salad
- Sautéed Fennel with Red & Golden Tomatoes

- Beef Tenderloin served with a Burgundy Demiglace
- Broccoli with Cheese Sauce and Bacon Bites
- & Roasted Red Potato sauce

Dessert

- Cream Puffs and Raspberries with Chocolate



Resident Carl McBride enjoys a special moment with his daughter during the March family dinner.

“Alone we can do little, together we can do so much.”

Helen Keller

DISTINGUISHED YOUNG WOMEN

Each year the Distinguished Young Women of Alaska spend some time with the residents of the KPH. These lovely young ladies are from all over the state and come to Ketchikan to compete for scholarships and the chance

to represent Alaska at the Nationals in Alabama. We were so pleased they could join us again this year and share their talents and then volunteer with the residents for ice cream social.



Resident Jane Church and her son pose for a photo with one of the Alaska Distinguished Young Women.

KPH VOLUNTEERS

This month more than any other we find ourselves so grateful for the efforts of the amazing volunteer core that we have at the Ketchikan Pioneer Home. We couldn't begin to carry out our activities with-

out them. In addition to our amazing core of volunteers we also enjoyed a visit from the students of Harding College who came to help us clean our green house and help the residents plant seeds for the Spring.



Regular volunteer Chris Aubertine assists the residents with their activities and keeps the flowers in our home looking so beautiful.



Students from Harding College stop for a quick break while cleaning our Green House.

PIONEER HEIGHTS

We were so proud to be asked to participate in the grand opening of the newest independent senior housing project, Pioneer Heights. Our very own Margaret McCombs was asked to cut the ribbon as she is our longest living Pioneer in Ketchikan.

The new Pioneer Heights building is located at mile 3 north Tongass and is beautiful example of what can occur through hard work and determination. The units are well built and beautiful not to mention they have stunning views of the narrows.

We are especially proud of Foundation members Ed Zastrow and Alaire Stanton for their tireless work on behalf of the Seniors in our community. Congratulations Pioneer Heights!



KPH FOUNDATION NEWS

The Ketchikan Pioneer Home Foundation is a non profit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska. Donations can be made to the KPH Foundation and sent c/o the KPH @ 141 Bryant St. KTN 99901



Resident Jeanne Vike and staff member Jenny Thompson get a kick out of their visit during the ice cream social.

- Bob Sivertsen*
- Alaire Stanton*
- Nerissa Buendia*
- Bessie Comiskey*
- Bill Moran*
- Ed Zastrow*
- Cleo Weston*
- Ann Thompson*
- Terry Wanzer*
- Mona O'Dell*
- Fred Monrean*
- Idonna Hanson*
- Sherrie Slick*
- Ray Hendricks*



Imelda Mitchell celebrated her birthday this month with the help of her friends and family. Happy Birthday Imelda!





KPH

Activity Calendar Continued...

Ketchikan Pioneer Home
141 Bryant St.
Ketchikan AK 99901
Phone: 907-228-3372

Fax: 907-225-4115

The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.



In April:

April 2 Foundation Lunch

April 3 Easter Egg crafts with ORCA

April 4 Monthly Tea Party at 2:30

April 5 Color Easter eggs with the preschool at 10:30

Easter egg hunt with the preschoolers at 10:30

April 7 Pioneer Home family Easter egg hunt and party games begin at 1:30

April 9 Resident Council meets at 1:30.

April 12 Slide Show of Israel with George Pasley at 2:30.

April 12 Librarian visits.

April 18 Monthly Birthday Party at 3:00

April 19 Family Dinner

April 17 Karaoke 6:00

April 19 Low Vision Support Group 10:30

April 20 Good Word Fellowship with Flensea 2:00

April 24 Special Concert with local musician Rudy Saccomanno at 5:30.

April 25 Lady Bugs Preschool visits at 2:15



ST. PATRICKS DAY CELEBRATION

We celebrated St Patrick's day during our ice cream social this year with help from the K-high girls soccer team. They mixed up and served green Italian sodas and wore as much green as they could. Music was provided by volunteers Tammy Jones and Stan Felsman and a good old Irish sing along led by Jos Govaars.



Resident & Staff Birthdays

STAFF

Alfredo Aparici 04/12
Joanna Claudio 04/13
LuAnne Mace 04/18
Marivic Rabacal 04/19
Jamie Easterly 04/22
Pam Graff 04/22
Debrah Hildebrand 04/29
Tessie Nacionales 04/30



RESIDENTS

04/13/1930 Oddie Johansen
04/21/1933 Ruth Craig
04/25/1922 Violet Riley
04/30/1927 Eugene Mcmanus
04/30/1929 Meredith Oyler
04/30/1932 Pat Koons

REMEMBERING A FRIEND...

Staff and residents were saddened to lose our dear friend Bessie Comiskey this month. Bessie was just one of those people that you meet that you can never forget. Bessie was kind and generous, she carried herself with quiet dignity and when she smiled she twinkled. Bessie served on our KPH Foundation since its inception and was a member of many community organizations. We are finding her presence in our lives

is deeply missed. As always, we rely on the comfort of our memories.....



WELCOME TO OUR HOME!

We are happy to report that we have had four newcomers join our family this month. We hope that you will take the time to meet our new residents: Ilona Brady, Charlie Solomon, Eugene McManus, and Donna McLane.

