

ACTIVITY CALENDAR

MARCH

- Newspaper Reading and Coffee at 9:30 a.m. Monday—Saturday
- Our Beautician is here every Thursday
- Library Time with the Pre-school is every Friday at 10:30 a.m.
- Exercise Class with Debra is every Tuesday and Thursday at 10:30 a.m.
- Ice Cream Social is every Friday at 1:30
- CALENDAR CONTINUED ON PAGE 4



KETCHIKAN PIONEER HOME

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GREETINGS FROM THE ADMINISTRATOR

This has been an action packed month! Construction chaos continues but we can see light at the end of the tunnel. This past month has probably been the most disruptive as both the second floor and third floor were affected. Once again, the patience and the cooperative spirit of our staff astounds me. We are blessed to have such a great

group of employees. Dave Cote, our Division Director resigned this month. Dave has been a great advocate for the elderly in our State and we wish him well in all of his new adventures.

I would like to offer a big Thank You to those members of the Pioneer Homes Advisory Board who traveled to Ketchikan this week to tour our

Home. Accompanying them was Deputy Commissioner Craig Christenson, who was recently appointed to the post. It was wonderful to meet the new faces in the group and we thank them for all the work they do on behalf of our residents.

Julie Sande, Administrator



LOOKING AHEAD

We have delighted in seeing the crocus' tentatively pop their blooms above ground. With the hope of Spring comes one of our favorite celebrations of the year, the KPH Easter Egg Hunt. This year the hunt will be on Saturday March 30th at 1:30 in the Great Room. The hunt is open to all of "our" children ages 12 and under, staff, resident, and pre-school kiddos are welcome! Please join this fun event which also features lots of games and our famous Hot Cross Buns made from scratch by our amazing kitchen crew!

FRIENDS AND FAMILY DINNER



Resident Judy Hansen helps fold napkins for the family dinner.

*“And still, after all
this time, the Sun
has never said to
the Earth,
‘You owe me.’
Look what
happens with love
like that. It lifts up
the sky.”*

-Rumi

We are looking forward to another St. Patty’s Day Family and Friends dinner scheduled for March 21st. , 2013 at 5:00 p.m.

We will be serving: Wedge salad with egg mimosa

topped with crumbled bacon, Corned Beef & Cabbage, glazed carrots, rosemary red potatoes and apple dumpling with vanilla ice cream.

Please call in your reservations, be-

fore March 17th, to the activity department at 228-3372.



A great big Thanks to our loyal volunteers of Boy Scout Troop #4 who help serve at every Family Dinner.

HOLY NAME YOUTH

The residents are regularly amazed at the generosity of our community. This month the Holy Name Youth group donated handmade blankets to the residents which the

residents really appreciate because they are so bright and soft! Thank you so much to our Holy Name youth group, parent volunteers and youth group leaders. We appreciate your kindness!



QUILTING IN THE RAIN

Ketchikan is a community which is known for having such a diverse group of talented artists and one of the residents favorite displays of this talent is the annual quilt show at the mall.

Many of the residents have friends or relations who are quilters or are past quilters themselves. It is an inspiring display of hard work, creativity and talent.



Resident Mary Ellen Haseltine enjoys some of the handiwork of her talented daughter Jean Mackie.



KPH residents pose in front of one of their favorite quilts of the show.

HOW SWEET IT IS



We do so LOVE a great Valentine celebration and this year was no exception. Special thanks to Houghtaling 4th graders, Fawn Mountain students and to all of our community Secret Admirers who took the time to make

such lovely handmade Valentines. The residents were delighted with all of the Valentines that so many of you dropped off in their Valentine pouches.

We had a sticky and sweet afternoon with the chocolate fountain and other treats and then played our all time favorite game: "The Wheel of Love."



KPH FOUNDATION NEWS

The KPH Foundation is a non-profit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska.

This month members of our Foundation were able to have a round table discussion with the Pioneer Homes Advisory Board. They were strong advocates for the Home and the needs of the residents. The discussion included

the possibility of expanding the Ketchikan Pioneer Home to accommodate the growing need for senior services in our community and in our State.

Thanks very much to Bob Sivertsen, Ed Zastrow, Sherrie Slick, Alaire Stanton, and Ann Thompson for your time and expertise.

- Bob Sivertsen
- Alaire Stanton
- Nerissa Buendia
- Bill Moran
- Ed Zastrow
- Cleo Weston
- Ann Thompson
- Terry Wanzer
- Mona O'Dell
- Fred Monrean
- Sherrie Slick
- Idonna Hanson
- Ray Hendricks
- Linda Koons -Auger



Hula Hands is back by popular demand! The residents love, love, love this weekly exercise/dance activity. Thanks very much to Hilary and the Activity and C.N.A crew for being willing to bring it back to life. The residents (and spectators) enjoy it so much, a little dose of "Mahalo" will do any damp Alaskan spirit good.





KPH

Ketchikan Pioneer Home

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The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.

Activity Calendar Continued...

- 3/4 Foundation Lunch
- 3/6 Tea Party 2:30 p.m.
- 3/8 Craft Ice Cream Social 1:30 p.m.
- 3/11 Resident Council 1:30 p.m.
- 3/14 Planting Seeds 2:30 p.m.
- 3/15 St. Patty's Day party Ice Cream Social 1:30 p.m.
- 3/19 Karaoke 6:00 p.m.
- 3/21 Family Dinner 5:00 p.m.
- 3/22 Distinguished Young Women of AK 1:30 p.m.
- 3/27 Lady Bug Preschool 2:15 p.m.
- 3/29 Dying Easter Eggs 10:30 a.m.
- 3/30 Annual Easter Egg Hunt



Legislative Teleconference Schedule

Please join the Alaska Commission on Aging for the 2013 Legislative Teleconferences to discuss bills of interest to seniors in our community and across the State of Alaska. They will be held at KPH from 9:30-11:00 on: March 7 and March 21



WELCOME

The staff and residents were so pleased to welcome three new residents to the KPH this month.

If you have not done so already, please stop by and wish a very warm welcome to **Shirley Cowley, Kay Gichard, and Sadie Schurdevin.**

Resident and Staff Birthdays

STAFF

- Daizeree Cadiente 03/01
- Olivia Aparici 03/05
- Charlotte Fajardo 03/06
- Shinberry Berkey 03/17
- Joseph Fiorucci 03/19
- Kristine Dela Cruz 03/24
- Haley Widness 03/30



RESIDENTS

- Imelda Mitchell 03/16/1920
- Ilona Brady 03/18/1922
- Mary Ellen Haseltine 03/22/1924
- Ann Ruaro 03/26/1920
- Basil Nickerson 03/26/1930
- Carl McBride 3/31/1930

MORE FEBRUARY FUN!

