

AUGUST

ACTIVITY

CALENDAR

*Newspaper
& Coffee @ 9:30
Mon-Sat

*Tongass Music
Circle Monday @
3:00

*Summer Sing-a-
long every Tues-
day @ 1:30

*Yoga for everyone
Tuesday @ 3:00

*Every Sunday @
1:30 local Church
Service on the
3rd Floor

*BINGO is every
Wednesday @
1:30

*Exercise with
Debra every Mon-
day and Wednes-
day 10:30

*Popcorn and a
Movie every
Thursday @ 5:30
p.m.

* Tongass
Neighborhood
Sensory Care @
3:00

*Ice Cream Social
every Friday @
1:30 p.m.

*Knitting Group
meets in the Sun
Room on Tues-
days and Wednes-
days



CONTINUED ON PAGE

4



KETCHIKAN PIONEER HOME

VOLUME 11, ISSUE 8

AUGUST 2013

GREETINGS FROM THE ADMINISTRATOR

In all of my years growing up in Southeast Alaska, I cannot recall a better year for flowers or berries. The sun has been good to us this summer and we are working hard to store enough Vitamin D for the long winter months.

Many of you may have read the Ketchikan Daily News article announcing the retirement of my friend and colleague Pat Branco from his position as

CEO of the Peace Health Ketchikan Medical Center. I want to thank Pat for all of his years of partnership and care with regard to the residents of the Ketchikan Pioneer Home. Pat has always been willing to share resources, offer assistance and develop new programs to assist our residents and it has made a difference in the care we provide. Please join me in wishing Pat a fond farewell in his new adventures. In September the Alaska Pioneer Home executive team and our Division Director, Ken Truitt will be

in Ketchikan for meetings. I know many of you would like an opportunity to meet Ken so please watch for future announcements for a meet & greet.

I hope we are all able to get outside and enjoy the fleeting days of summer!



Julie Sande, Administrator

LOOKING FORWARD



We are so excited to once again announce that the Allen Marine Tours and Holland America Princess Tours have invited the residents of the Ketchikan Pioneer Home and their guests to participate in a Harbor Cruise on Tuesday August 6th. We will be departing the Home at 12:30 p.m. The vessel is handicap accessible and includes restrooms. Please contact Hilary if you would like to attend this wonderful activity.

We are also looking forward to the community-wide Senior Picnic at Ward Lake on August 22th. Please join us as we enjoy the company of old friends in a beautiful Southeast Alaska setting.

CELEBRATING OUR PHILIPPINE CULTURE



The Ketchikan Pioneer Home is blessed to have so many people from so many cultures working at our Home. The residents were so pleased to participate in our Philippine Celebration and

the traditional dresses and dance. Staff were also kind enough to prepare a wonderful meal to share with the residents. It was a great way to learn more about our caregivers and such a fun night!

SNOEZELEN



We are excited to FINALLY announce our new sensory stimulation program called Snooze-lin, the equipment

has been recommended for elderly populations to enhance sensory stimulation by using special soothing lights. It is a program that staff,

residents and family members have been hoping to try for a long time. The equipment is finally here so watch for our Sensory Care activities in the newsletter.

GARAGE SALE SUCCESS



The annual KPH Garage Sale was a whopping success! We raised over \$7,000 through the sale of baked items and lots and lots of donated treasures. As in previous years, we have been blown away by the support of our community. This sale would most definitely not be possible without the help of our volunteers.

Thanks so much Ketchikan!



In July Floy Wingren and family celebrated her 100th birthday! Her big day was filled with flowers, cakes, balloons, photos and her dear friends and family. Happy Birthday Floy!



KPH FOUNDATION NEWS

- Bob Sivertsen
- Alaire Stanton
- Nerissa Buendia
- Idonna Hanson
- Bill Moran
- Ed Zastrow
- Cleo Weston
- Ann Thompson
- Terry Wanzer
- Mona O'Dell
- Fred Monrean
- Sherrie Slick
- Ray Hendricks
- Linda Koons Auger

The KPH Foundation is a non-profit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska.

We would like to offer a special thanks this month to Foundation members Ann Thompson and Alaire Stanton who were tireless and dedicated garage sale volunteers. We really appreciate our KPH Foundation for all the hard work they do.



Virgene Harvey enjoying a telephone call from family!

“we do not remember days... we remember moments.”

—cesare pavese



KPH

Activity Calendar Continued...

Ketchikan Pioneer Home
141 Bryant St.
Ketchikan AK 99901
Phone: 907-228-3362

Fax: 907-225-4115

The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.

- 8/2 Ice Cream Social with Rendezvous
- 8/3 Spa Day
- 8/5 Foundation Lunch
- 8/6 Allen Marine Harbor Tour 12:30
- 8/8 Tongass Sensory Care 3:00
- 8/9 Parks and Rec. Kids come for a visit
- 8/10 Ladies Fellowship Luncheon
- 8/12 Resident Council Meeting
- 8/15 Low Vision Support Group 10:30
- 8/22 Senior Picnic at Ward Lake
- 8/24 Spa Day
- 8/28 Preschool Open House 5:00



Welcome

The staff and residents of the KPH would like to welcome new residents Delores Houts and Margot Shay. Each of these ladies are long time Ketchikan residents and we are so happy to have them here.



Welcome to our Home!



HAPPY BIRTHDAY



RESIDENTS

08/19/1929 Leona Lamphier

STAFF

- Randy Rees 08/01
- Dearly Villaflor 08/04
- Jason Dimayuga 08/12
- Jay Henry 08/14
- Elena Pingul 08/18
- Henry Seludo 08/21
- Carmelita Manabat 08/23
- Ace Chenhall 08/27
- Rodger Cachero 08/28

"May all your future years be free from disappointment, care or strife, that every birthday you will be a little more in love with life."

unknown

4th of July Parade

