

ACTIVITY CALENDAR

OCTOBER

*Newspaper &
Coffee @ 9:30
Mon-Sat

*Tongass Music
Circle Mondays @
3:00

*Summer Sing-a-
long every Tuesday @
1:30

*Yoga for everyone
Tuesdays @ 3:00

*Every Sunday @
1:30 local Church
Service on the
3rd Floor

*BINGO is every
Wednesday @ 1:30

*Exercise with Debra
every Monday and
Wednesday 10:30

*Popcorn and a
Movie every Thurs-
day @ 5:30 p.m.

*Tongass Neighbor-
hood Sensory Care @
3:00

*Ice Cream Social
every Friday @
1:30

*Knitting Group
meets in the Sun
Room on Tuesdays
and Wednesdays

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KETCHIKAN PIONEER HOME

VOLUME 11, ISSUE 10

October 2013



GREETINGS FROM THE ADMINISTRATOR

This month we were delighted to welcome Division Director Ken Truitt and Alaska Pioneer Home Executive staff to the Ketchikan Pioneer Home. We were able to tour the Home, meet with residents and family members and participate in team building and brain storming exercises in scenery unique to SE Alaska. It was a great week and very productive, I know

many of you appreciated the opportunity to meet with the group. If you were unable to join us please be assured that they will be back soon and in the mean time please let me know if there is anything that you would like to pass along to the Division Director. Next week I will be traveling to Anchorage to meet with the Pioneer Home Advisory Board to discuss the needs of seniors

in our community.

Happy Fall Everyone!



Dory Lucas, Gina Delrosario, Vickie Wilson, and Angela Lindekugel enjoy the Lunch Creek trail during their recent KTN visit.

WE LOVE LUMBERJACKS

The residents were THRILLED to be able to participate in the Great Alaska Lumberjack Show this month and just in the nick of time as the tourism season draws to a close. Those lumberjacks put on a great show and kept the residents on the edge of their seats. The afternoon was a huge success and the residents loved every minute of it. They came home excited to tell the rest of us about their great adventure.



FIRST FAMILY DINNER



We love the Fall season for lots of reasons but our Family and Friends Dinner is one of the best reasons to welcome October.

The first Family and Friends Dinner is scheduled for Thursday, October 17th at 5:00 pm.

The cost is \$10.00 and the menu looks fabulous!



Our dedicated Boy Scout Troop servers!

Appetizer

Salmon Dip

Soup

Hungarian Mushroom

Entrée

Beef tips in burgundy sauce and asparagus

Dessert

Fresh Coconut Cream Pie

Please be sure to RSVP by contacting Hilary at 228-3372. We hope you will join us in catching up with old friends over a nice warm meal.

*“Oh for boyhoods
painless play,
sleep that wakes
in laughing day,
health that mocks
the doctors rules,
knowledge never
learned of
schools.”*

John Greenleaf Whittier

SQUARE DANCIN FOOLS



Thank you to all the volunteers and staff who made the Square Dance such a success. We had a band and several dance callers and enough people to push wheel chairs through the Virginia Reels, ‘Do si Do’ with your partner, and Promenade. What a great way to end the summer and dance our way into the Fall season.



HOME FOR THE HOLIDAYS

Thanks again to our North & South Tongass Volunteer Fire Department and our Ketchikan Fire Department staff who have graciously volunteered to assist us in getting residents Home for the Holidays. If you are interested in more information about this program, please contact Vanessa at 228-3365.



B-I-N-G-O

Once again the residents of the KPH were delighted with their winnings during the community wide senior BINGO night hosted by Ketchikan Medical Center/ New Horizons.

It was a really nice night enjoyed by staff, residents, family members and volunteers. The senior agencies

collaboration was evident with such a great evening of prizes and fun. Thanks to KGH, KPH, Senior Services and Rendezvous. Special thanks also to all of our community agencies and businesses who offered so many amazing prizes. B-I-N-G-O!!!



Kay Gichard and Pat Long had a successful evening.



KPH FOUNDATION NEWS

The KPH Foundation is a non-profit agency whose sole purpose is to assist the residents of the Pioneer Home with services and equipment not provided by the State.

If you would like to make a donation to the KPH Foundation please mail it to:

141 Bryant St. Ketchikan, AK 99901.

Don't forget when filling out your new PFD application for 2014 that the KPH Foundation is an approved non-profit agency and you can Pick, Click and Give to the Foundation!



Resident Mary Ellen Haseltine playing BINGO

- Bob Sivertsen*
- Alaire Stanton*
- Nerissa Buendia*
- Bill Moran*
- Ed Zastrow*
- Cleo Weston*
- Ann Thompson*
- Terry Wanzer*
- Mona O'Dell*
- Fred Monrean*
- Sherrie Slick*
- Idonna Hanson*
- Ray Hendricks*
- Linda Koons Auger*

LADIES FELLOWSHIP

One of our dedicated volunteers, Flensea Kacenas, is hosting a pot luck ladies fellowship luncheon in the Great Room on Saturday, October 26th at noon. Please bring something to share and enjoy a visit with good food and good friends.





KPH

Activity Calendar Continued...

Ketchikan Pioneer Home

141 Bryant St.

Ketchikan AK 99901

Phone: 907-225-4111 x322

Fax: 907-225-4115

The mission of AK Pioneer Homes is to assist older Alaskans to have the highest quality of life by providing assisted living in a safe home setting which promotes positive relationships, meaningful activities, and physical, emotional, and spiritual growth.

10/03 Geoduck Cooking and Sampling with Gary @ 1:30

10/05 The Great Alaska Bluegrass Band from Juneau @ 3:00

10/07 Foundation Luncheon

10/09 Karaoke @ 6:00

10/13 Music in the Great Room with Rudy Saccomanno @ 2:30



10/14 Resident Council @ 1:30

10/16 Monthly Birthday Party

10/17 Family and Friends Dinner @ 5:00

10/23 Lady Bugs come to visit

10/30 KIC Elder Dinner @ 5:00

10/31 Halloween Party for Residents and staff 3:00 p.m.

Thanks for being such a great volunteer Ben!



Happy Birthday

RESIDENTS

Ruth Pechay 10/14/1924

Kathlyn Linne 10/17/1926

STAFF

Hilary Koch 10/02

Sue Mickelson 10/06

Nida Manabat 10/21

Darlita Naval 10/29

Angelina Sevilla 10/29

“May all your future years be free from disappointment, care or strife, that every birthday you will be a little more in love with life.”

unknown



FUN FALL PHOTOS

