



## ACTIVITY CALENDAR

JANUARY

### REGULAR EVENTS:

Newspaper &  
Coffee @ 9:30  
Mon-Sat

\*Tongass Music  
Circle Mondays  
@ 3:00

\*Gospel Singing  
every Tuesday  
@ 1:30

\*Every Sunday  
@ 1:30 local  
Church Service  
on the  
3rd Floor

\*BINGO is  
every Wednes-  
day @ 1:30

\*Exercise with  
Debra every  
Monday and  
Wednesday @  
10:30

\*Tongass  
Neighborhood  
Sensory Care  
@ 3:00

\*Ice Cream So-  
cial every Fri-  
day  
@ 1:30

# KETCHIKAN PIONEER HOME

VOLUME 12, ISSUE 1

JANUARY 2014

## GREETINGS FROM THE ADMINISTRATOR

*Happy 2014 to our wonderful community of KPH family and friends!*

I hope you were able to come by and visit us over the holidays. As usual the days were action packed and full of the anticipation and hope that comes with the season.

A highlight for the residents was the village we were able to create in the Quiet Room on the 2nd floor. We love to

watch the twinkling lights of the little houses and day dream about the lives of the



little villagers. Our happy KPH village was even featured in the Ketchikan Daily News! In response to the Resident Council's request from last year, Trevor and Shawn Sande were kind enough to loan their 1950's Lionel Train set

to the village for the week leading up to Christmas. It was so fun to listen to the residents talk about their memories of childhood toys and the Christmases that were filled with wonder.

Thanks to Steve Beattie the train was functional but we hope to do some work over the course of the year to get the train restored to it's original glory. Special thanks to Pat Koons for such a great idea!

*May the new year bring us gratitude for all that we have, hope for all that we wish for, and faith that all will be well.*

*Julie Sande, Administrator*

## Bon Voyage to Violet



Our dear friend and resident of the KPH for many years, Violet Riley, has transferred to the Juneau Pioneer Home. The residents and staff enjoyed a great big send off and wished her well. Violet arrived safely in Juneau where her family lives and reports that she is doing well and liking it very much. She was already spotted in the JPH newsletter!

## February FAMILY AND FRIENDS DINNER



Special thanks to resident Dolores Houts and staff member Flora Lopez for their help folding all of the Family Dinner napkins!

**MENU:**  
 Appetizer: Olive Tray  
 Soup: Tomato Bisque  
 Entrée: Chicken Cordon Bleu, Wild Rice, and Roasted Beets  
 Dessert: Brownie with Vanilla Bean Ice Cream

Fresh dinner rolls will be served.

**The January Dinner will be on the 16th at 5:00 p.m. Please make your reservations by January 13th by calling Hilary at 228-3372.**

**The cost of the dinner is \$10.00 a plate.**



Carolers from the Kayhi Choir singing beautiful Christmas songs at the Family and Friends Dinner.

"If you are interested in something, no matter what it is, go at it at full speed ahead. Embrace it with both arms, hug it, love it and above all become passionate about it. Lukewarm is no good. Hot is no good either. White hot and passionate is the only thing to be."  
 — Roald Dahl

## HAPPY 100TH BIRTHDAY

Art Settje turned 100 years young this month. Mr. Settje is a long time resident of Ketchikan as well as part of the KPH family as his wife Eileen was also a resident. Art enjoyed celebrating his big day surrounded by

his children and in the loving embrace of his long time friends. Mr. Settje also appreciated the great food and very special birthday cake. He says he's trying to decide how to spend his next 100 years!



Art smiles at a friend during his 100th birthday celebration.

## NAUGHTY OR NICE?



We decided we must have been very nice this year because Santa paid us several visits throughout the month. It is always hard to tell who enjoys the visits from Mr. and Mrs. Claus more, the staff, residents

or our preschool kiddos? Either way it is always a marvelous surprise filled with lots of treats and wonderful photo opportunities. We hope to make his good list again next year. Thank you Santa!

# DECEMBER ACTIVITIES PROVIDE SO MUCH FUN!

Once again our Holiday season was action packed and the best part is looking through the photos afterward to see all of the amazing moments caught by our photographers. We enjoyed visits from many local school children, as well as special gifts and performances by our very own pre-school and Holy Name lady

bug students. We were so grateful to be able to go "home for the holidays" thanks to our local Fire Dept. Volunteers. Another favorite activity is always our big night out at the Landing courtesy of Kay Simms and Terry Wanzer. We snacked, visited, sang, and celebrated our community and one another all month long.

*Happy New Year!*



## KPH FOUNDATION

The residents would like to thank the Ketchikan Pioneer Home Foundation for providing \$250.00 to help purchase new Christmas decorations which really helped make our

home so festive for the holidays. Additionally, the Foundation members provide a monthly birthday lunch outing which the December babies and their guests very much enjoyed this month.



- Bob Sivertsen*
- Alaire Stanton*
- Nerissa Buendia*
- Bill Moran*
- Ed Zastrow*
- Idonna Hanson*
- Cleo Weston*
- Ann Thompson*
- Terry Wanzer*
- Mona O'Dell*
- Fred Monrean*
- Sherrie Slick*
- Ray Hendricks*
- Linda Koons Auger*





# KPH

## ACTIVITY CALENDAR

KETCHIKAN PIONEER HOME  
 141 BRYANT ST.  
 KETCHIKAN AK 99901  
 JULIE.SANDE@ALASKA.GOV  
 907 617-5005  
 907 228-3362

THE MISSION OF THE AK PIONEER HOME IS TO ASSIST OLDER ALASKANS TO HAVE THE HIGHEST QUALITY OF LIFE BY PROVIDING ASSISTED LIVING IN A SAFE HOME SETTING WHICH PROMOTES POSITIVE RELATIONSHIPS, MEANINGFUL ACTIVITIES, AND PHYSICAL AND EMOTIONAL AND SPIRITUAL GROWTH.

- 1/6 Foundation Lunch 12:00
- 1/7 Movie Premier Ketchikan: Timber Years
- 1/8 Karaoke 6:00 p.m.
- 1/9 Hula Hands 1:30 p.m.
- 1/13 Resident Council 1:30 p.m.
- 1/16 Family and Friends Dinner 5:00 p.m.
- 1/17 National Hat Day
- 1/20 Martin Luther King Holiday
- 1/22 Monthly Birthday Party
- 1/23 Hula Hands 1:30 p.m.
- 1/25 Ladies Tea with Flensea 2:30 p.m.
- 1/29 Lady Bugs Preschool visits 2:30 p.m
- 1/30 Hula Hands Exercise Class 1:30 p.m.



## STAY HEALTHY

We've been through this before but the rumor is that virus' and flu bugs are beginning to make their rounds in Ketchikan.

In an effort to combat the "crud" we hope to ramp up our infection control precautions by washing our hands more, wiping down hard surfaces with disinfectant more regularly and by asking those residents with symptoms to remain in their rooms as much as possible while exhibiting symptoms. We also ask that visitors do us a favor and STAY AWAY while ill. Thanks for helping to take extra precautions to keep our residents safe.



**SPECIAL PERMANENT FUND DIVIDEND ALERT!!!!**  
 PLEASE BE SURE YOU FILE THE PFD ON BEHALF OF YOURSELF OR YOUR LOVED ONE BEFORE THE MARCH DEADLINE. **KPH staff do not file on behalf of the residents.**

## HAPPY BIRTHDAY

**Resident:**  
 Mary Fitzgibbon 01/16/1920  
 Pat Long 01/24/1935

**STAFF:**  
 01/01 Loida Bello  
 01/02 Belinda Reno  
 01/06 Joy Mendoza  
 01/15 Fernando Flores  
 01/23 Roni Thomas  
 01/31 Nora Cadiente  
 01/31 Alan Fabros  
 01/31 Calyn Hudson  
 01/31 Alma Millendez

# DECEMBER MEMORIES

