

N-08 Guidelines for completing the behavior log to monitor the effect of psychotropic medications on the resident behavior.

The elder population is more vulnerable to medication dosages, and attempts to reduce or eliminate the medication dosages are based on the documented behaviors.

Psychotropic medications, 4 groups:

1. Antipsychotic
2. Antianxiety
3. Hypnotic
4. Antidepressant

Nurses decide which behaviors to track. On occasion, physicians also request nurses to track behaviors.

The Pioneer Homes are using a coding system that uses a *0, 1, 2, or 3* to document on the behavior log flow sheet in the MAR.

- 0 = no behavior
- 1 = mild behavior
- 2 = moderate behavior
- 3 = severe behavior

Each shift the nurse initials the behavior log and enters the 0, 1, 2, or 3 for the behaviors.

No behavior (0) requires no further documenting on the behavior log.

Mild, moderate, or severe behavior (1, 2, 3) requires a note on the back of the log to describe the intensity and/or frequency of the behavior.

The behavior logs are not documented by exception; every day, every shift that behavior is monitored (2 or 3 shifts per day), is documented.

The behavior log can be printed using AccuMed.

N-08 Approved 3/27/2012