

Resident Meeting Minutes

Date: Wed. May 21, 2014 Time: 1:30pm Place: Rec. Room

Attending: Nina Bernhardt, Fredi Young, Mary Tucker, Fred Hope, Pat Mears, Galen Insteness, Henriette Odell, Martha Howard, Fulton Thompson, Nancy Gangle, Ta Holmes, Amy James, Grace Hunter, Gene McGuire, Food Service Manager, Klaudia Leccese, Social Worker, and Skye Workman, Recreation Assistant.

Minutes of the April meeting were approved as read.

Food Forum:

The menu for Memorial day will feature BBQ and salads. Gene has been leaving the seafood part of the menu more general, listing it as "Catch of the Day," so as fish comes in they can use it fresh. Gene has two new waffle irons to use and residents mentioned their appreciation of the new Belgium waffle breakfast. The new napkins will not be ordered again, Gene will use up what we have and is looking at another option.

Agenda Items:

We have two new residents Naida Ziegler and Bertha Johnson. Both have moved from Juneau.

Home Happenings is set for Friday the 30th at 1:30pm, honoring our amazing Nurses.

The Sitka Summer Music Festival runs from May 31st to June 29th. The musicians will be here to perform for us during the Festival, and we are still working out the date for that. Complimentary tickets are available to residents who wish to attend the evening concerts at Centennial Hall.

The Gift Shop is now open Monday-Friday and Saturdays if a ship is in Fredi Y. has worked hard to track down enough volunteers to keep the shop open all summer. Fredi also volunteers to do the scheduling.

New Business:

Residents from the meeting would like to remind everyone to use a little more care to cover their mouths when coughing, and use good hygiene to keep the spread of germs to a minimum.

Fred is taking some of his paintings to the ANB Hall. He is working on a display that depicts how the native people of Sitka adjusted to the cannery scene. His paintings so far include: a cannery, seine boats, and a woman cannery worker.

Phil's update:

Klaudia attended on Phil's behalf. The north elevator will be replaced. There will be door opening buttons installed for the double-door access on the North wing for all floors, and at the well area door. The date for this has yet to be set for these projects.

Respectfully submitted,
Skye Workman, Recreation Assistant



The Prospector

Sitka Pioneers' Home

Resident Birthdays

Frank Parsons	6-05
Fulton Thompson	6-09
Galen Insteness	6-12
Melba Van Horn	6-17
Ida Hadley	6-20
Jim Davis	6-29

Staff Birthdays

Marc Vidad	6-08
Keith Gibson	6-13
Barb Sturm	6-15
Lea Cariaga	6-17
Allison Kaylor	6-19
Shari Carroll	6-25
Jess Holden	6-27
Cecilia Mirasol	6-28

All June birthdays will be celebrated at the Home Happenings Party on Friday, June 27th.

June 2014

Vol.34 No. 06

Scuttlebutt...

Please welcome Robert Alderman. Robert is our new PRN Nurse II. You will likely see him working in all our neighborhoods. Please help to make him feel at home.

Skye Workman has earned an Honorable Mention for her Candy Land Game from the National Certification Council for Activity Professionals and is going to Minnesota to receive the Certificate and attend their Symposium in June! Congratulations, Skye!

Karen Stalkfleet has retired! After 32 years of service she is ready to spend some quality time with her family! We wish you the best, Karen!

Lea Cariaga is expecting! She is due in January, what a wonderful way to start off a new year! Congratulations to Lea and her family!





National Nursing Assistants Week

Honoring Our CNA's

National Nursing Assistants Week takes place from 12-19 June 2014. This is also an important time to recognize the work of our CNAs who have dedicated their lives to caring for others and to learn from the skills they have gained in that time.

Our CNA's are:

Maryann Abarientos
 Angelyn Adzvara
 Rocel Agbayani
 Sheila Arixa
 Lupe Carlos
 Roberto Castro
 May Joy Castro
 Gabby Cherrier
 Antonia Chong
 Dolores Doggett
 Cheryl Duncan
 Anna Ebueng
 Lea Elegado
 Mylene Famini

Resty Fernandez
 Kathy Forrester
 Saori Handy
 Josephine Johnson
 Darcy Jones
 Iris Klingler
 Salote Lavulo
 Mary Levine
 Mary Joy Malassab
 Rosalinda Manayan
 Evelyn Manuel
 Kalina Merkel
 Elvi Matalang
 Cecilia Mirasol

Edna Nicola
 Guada Nilo
 Marife Plaisance
 Marievic Ramil
 Marchelle Rodrigo
 Michael Sibayan
 Roger Sibayan
 Barbara Sturm
 Melchor Subillaga
 Glady Taccad
 Elizabeth Vidad
 Janet Vidad
 Marc Vidad
 Mary Ann Williams

We will be honoring the excellence of our Certified Nursing Assistants at the Home Happenings Party on Friday, June 27th.



Mary Stevens and Mt. Edgecombe Preschool for your wonderful puppets and songs. We really enjoyed your visit and getting to "Row, row, row" our boats with you! Thank you so much for the energy you bring to the home!



Sitka Elks Lodge for the wonderful Mothers Day celebration they hosted for the ladies of our home. Melba Vanhorn was our honored "Mother of the Year!" Thank you very much for, once again, sponsoring this annual event.

Jill Kollerup made her amazing Fruit Trifle to share with all at the Mothers Day celebration. It looked, as well as tasted, divine! It's a lot of work and Jill has been providing it annually for several years, thank you, Jill!



Marge Blankenship, once again donated several hand crafted items to our gift shop, gorgeous Alaskan design sweaters, a variety of dolls, and quilted wall hangings just to name a few. We feel fortunate to have her work displayed in our gift shop. Thank you so very much, Marge!

COMFORT FOOD CONTEST!!



I just wanted to pass along a quick thank you to all who participated in the Salad Comfort Food Contest! Best in show and recipient of the coveted Bread Pan Prize was Nan from R-House who owned the day with her amazing Avocado Shrimp (shrimp donated by Klaudia) Fruit Salad. Great Job!!!! Skye and Jill's warm German Potato Salad was a huge hit as were Pasta Salads by Audrey and Pam's whose had Sockeye in it. Charlene's Cowboy Salad as well as Patty's Taco Salad were enjoyed as well, I can personally attest to that. And then there was Rolly's Potato Salad...so very good. All of the Dessert Salads were spectacular. Shari's colorful Fruit Salad or Red Salad not only looked great but tasted great as well as Fredi's incredible Pistachio Salad which was gone before I could get seconds. And then there was Katy's Snicker Bar Salad...need I say more. I already have the recipe for that one. It truly is amazing to me what people can do with salads. Thanks again all.

Though not in the running, Gene's Golden Beet and Blue Cheese Salad was great as was the Strawberry Cake that Patty Hudson made.

I would like to also send a shout out to all the judges, Heather our new Nurse III, Wilbur Brown, Jim Davis, Mary Tucker, Nancy Gangle and Elaine Powell. You all did a great job thank you for your culinary expertise.

Thanks also to the Recreation Department, Skye and Jill for all the help on the day of the Contest and before. I would also like to thank Shari and all the others who helped serve not only the judges, but the residents too.

Anyone interested in sharing recipes is encouraged to do so. I will be putting together a cook book at some point in the future when I have accumulated enough recipes. You can drop them off at my office near the front door.

Our next Comfort Food Contest will be in late August. It's theme will be "FRESH LOCAL SEAFOOD ANYHOW ANYWAY!" I really am looking forward to see what people bring out and that includes you Peter and Brian!!! I will keep all posted when we have finalized the date.

Again thank you all, these contests mean the world to our residents.—Todd



April Happenings



May Happenings



R-House team members May Joy and Michael celebrate their birthdays with a special home-made dinner on the neighborhood.



Comfort Food Contest Winner, Nan R, receives the Bread Pan Prize from previous winner Pat K.



EDEN MOMENTS

This letter was submitted by a grateful resident:

“As of this May, I will have been here one year. In this year I have witnessed unbelievable performances and kindness, assistance, good natured caring, and thoughtful deeds by the members of the janitorial and housekeeping staff. Never have I dealt with a more accommodating crew of workers. No request is left undone, and is done with a smile. And to the triplets of paperwork and finance— I wish to commend Pat, Klaudia, and Patty. They do good. In fact— many deeds above and beyond normal work load. And always with a smile—most always!

The basement crew— also of highest caliber— Skye, Rolly, Kristi, and Jill. You done good.

A big hand to the nursing staff also— the CNAs so meticulous in their dispersions of meds. Little Irene juggling it all. The nurses— they do good. Great crew, but not being sent to the doctor’s— ouch!

And last, but above all— the patience of the kitchen staff— attempting to make each resident feel as if they are special—trying to please each resident’s pallet.

And Phil and his Assistant— for keeping the whole show running like *greased lightning!*” ~ Anon-a-mouse



Leslie has been the keeper of the fish and he is proud to announce that Momma guppy gave birth to 6 *very tiny* babies! They are being held in the net on the left side of the tank for their safety. Come by and check them out!

EDEN PRINCIPLE 3: Loving companionship is the antidote to loneliness. Elders deserve easy access to human and animal companionship.

Sitka Pioneers' Home Auxiliary News

The Sitka Pioneers' Home Auxiliary is pleased to announce the new **Florence Schutte Scholarship**.

The scholarship is available to employees seeking further education to enhance their ability to serve the residents.

The scholarship is named after Florence Schutte because she was an enthusiastic supporter of the Home, coming almost daily to visit with the folks and attending many events.

She was also a charter member of the auxiliary and served as the treasurer for many years.

Florence would agree that one of the greatest assets of the Home is the dedicated staff members.

Application forms can be obtained from the front office or by contacting Auxiliary President, Kathryn Snelling.



Sitka Summer Music Festival

May 31st—June 29th

Schedule

Wine and Music with friends—
Saturday, May 31 join us to kick off the 2014 festival with founder Paul Rosenthal and a special evening of wine & tapas.

6:00pm (Centennial Hall) \$50

Evening Concerts on Fri and Sat
June 6, 7, 13, 14, 20, 21, 28, (27 TBA)
7:30pm (Centennial Hall) \$20

Family Concert & Ice Cream Social
Sunday, June 8
3-5pm (Centennial Hall) Free

Alaska Crab Feed Picnic
Sunday, June 15
3-5pm (Crescent Harbor Shelter) \$30

Allen Marine Chamber Music Cruise
Sunday, June 22
6:00pm (Crescent Harbor Launch) \$100

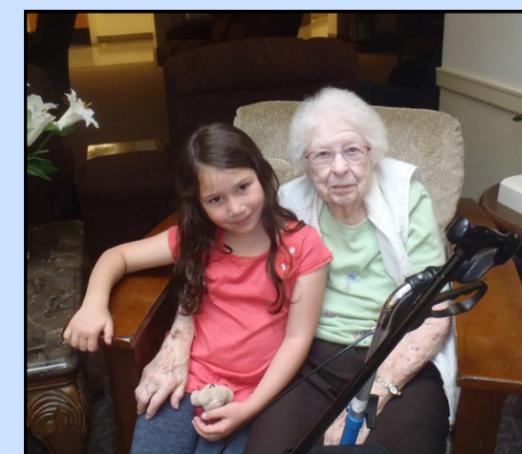
Brunch with Brahms
Sunday, June 29
(Barb Hames' House) \$100

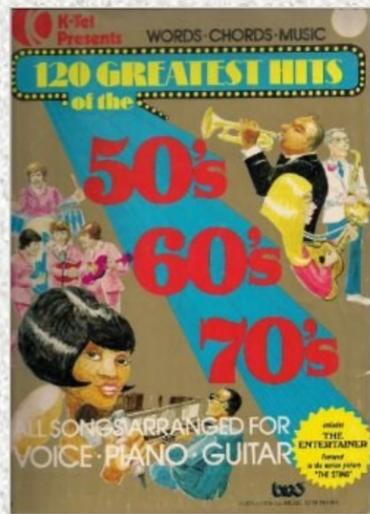
Musical Movie Nights
Tuesdays, June 10, 17, & 24
7:30pm (UAS Room 229) Free

Café Concert Series
Wednesdays, June 4, 11, 18, & 25
6:30pm (Larkspur, Dock Shack,
Channel Club, & Westmark) Free

Bach's Lunch
Thursday, June 5, 12, 19, & 26
Noon (Centennial Hall) Free

More May...





WELCOME NAIDA ZIEGLER

Naida R Ziegler was born Naida Phyllis Trumbull on February 26, 1927 in Ohio. Naida lived in Holland, Ohio until 2005. Her only daughter Elizabeth Ziegler is an attorney in Juneau and Naida moved to Juneau to be near her daughter. Naida has been living independently in Juneau prior to moving to the Sitka Pioneer Home. Naida has had dogs and cats and enjoys pets. She loves games and music of the 50s, 60s and 70s. She plays BINGO, cards and dominoes. She also likes to do ceramics, painting, and above all she loves to sing. Naida enjoys time outside walking, picnics, and gardening. She likes to read, although her eyesight hampers her, and watch TV. Naida loves to banter and joke with staff but no longer initiates as much of the conversation, so please stop by and visit with her. Naida loves company and social interaction and is a joy to be around. Naida likes having her hair and nails done. One of Naida's favorite descriptive comments is, "She/he's a good egg!"

*Please join in welcoming
Naida to the Northern
Lights neighborhood and the
Sitka Pioneer Home family!*

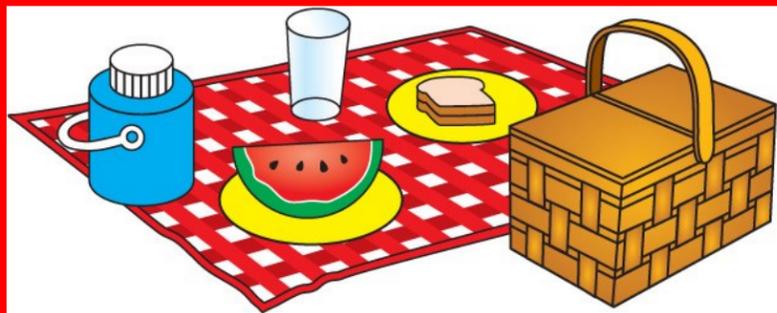


Welcome Bertha Johnson

Bertha is a delightful retired RN with wonderful stories of her nursing adventures. Bertha was born Bertha Louise Bloomer on April 6, 1921 in Pennsylvania. She studied nursing at Johns Hopkins Univ. and rode horseback to see patients as a nurse in Kentucky before moving to Nak-Nek, Alaska. She met her husband Martin there. He was a bush pilot, carpenter, and fished Bristol Bay in a double ender sailboat. They moved to Juneau where they lived for many years prior to settling in Sitka about a year ago. She and Martin have three children, Marty of Sitka, Susan McFadden of Sitka and Eric of Anchorage. She is a member of the Lutheran Church. She loves black coffee, but eats all foods. Bertha knits, crochets, and quilts. She likes to read and uses a Nook reader as well as her computer. She is hard of hearing and uses a blue tooth device for the phone and TV. Bertha is very active and we may be hard pressed to keep up with her!

*Please join in welcoming Bertha to the Ocean View
neighborhood and the Sitka Pioneer Home family!*



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 9:30am "Movers & Shakers" Exercise 11:00am Sitka Summer Music Festival Concert 1:30pm Bingo 7:00pm Social w/Linda Main Lounge	2 9:30am "Movers & Shakers" Exercise 11:00am Sitka Summer Music Festival Concert 1:30pm Bingo 7:00pm Social w/Linda Main Lounge	3 10:15am Walking & Picnic 1:30pm Nail Care w/Rolly 5:30pm Folk Music	4 9:30am "Movers & Shakers" Exercise 10:30AM Episcopal/Lutheran Chapel 2:00pm Bingo: RHouse 5:30pm Social w/Jill	5 9:00am Shopping 9:30am Stories w/Skye 10:00am Biblical Fun w/Mary 1:30pm Exercise w/Jill 5:30pm Music w/Bonnie	6 9:30am "Movers & Shakers" Exercise 10:30am 1-1's 1:30pm Outing or Games	7 9:30AM Catholic 1:30PM Projects	
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29 9:30am "Movers & Shakers" Exercise 10:30am 1-1's 1:30pm Bingo 7:00pm Social w/Linda Main Lounge	30						

JUNE 2014