

# Alaska Alcohol & Drug Information School (ADIS)



## Certification & Booster Training For ADIS Instructors

The Change Companies® in collaboration with the State of Alaska, Department of Health and Social Services, Division of Behavioral Health, will be conducting two days of informative, interactive training for new and certified ADIS instructors.

### Training Dates:

**Thursday, October 27, 2016**

**8:30 am to 4:30 pm**

*ADIS Certification Training* (adult program): The ADIS facilitator training is a certification program for new instructors, plus a great refresher course for certified instructors. Explore the evidence-based research behind *Interactive Journaling*®, walk through the ADIS curriculum and learn and practice effective facilitation strategies. (6.5 CEUs)

**Friday, October 28, 2016**

**8:30 am to 4:30 pm**

*Engaging Individuals in the Change Process* (adult program): This workshop will discuss the benefits of using *Interactive Journaling*® to engage ADIS participants in the process of lasting behavior change. Methods for shifting the responsibility and initiative for change onto the participant will be discussed, with a focus on cognitive-behavioral therapy. (6.5 CEUs)

### Cost:

There is no cost for attendance.

### Register contact:

Tony Piper – ASAP Program Manager  
907-264-0500 or [tony.piper@alaska.gov](mailto:tony.piper@alaska.gov)

### Location:

The Frontier Building  
3601 C. Street  
Room 890  
Anchorage, Alaska 99503

### Trainer:

Scott Covert – Vice President of Early Intervention Services, The Change Companies®

**New instructors completing the October 27<sup>th</sup> certification training are eligible to attend the October 28<sup>th</sup> booster training.**