

DSM-5 / ICD-10 Conversion Project

Executive Summary

Nation-wide, on October 1, 2015 all healthcare providers covered by HIPAA will be required to utilize the new *International Classification of Diseases, Tenth Edition* (ICD-10) for all service billing claims. The transition from the present ICD-9 to the new ICD-10 will require all healthcare providers, healthcare payers, and billing services to transition clinical and financial operations and convert related software to the new diagnosis and procedure codes.

In addition, behavioral healthcare providers must also transition to the *Diagnostic and Statistical Manual for Mental Disorders, Fifth Edition* (DSM-5), and the third edition of *The ASAM Criteria; Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions* (ASAM-3). These new editions were released nation-wide in 2014.

However, while the ASAM-3 was considered to be ready for immediate use and adoption, the American Psychiatric Association recommended that the DSM-5 be officially adopted as a diagnostic standard beginning January, 2015. Based on feedback from a majority of behavioral health services providers, Alaska elected to coincide adoption and use of the DSM-5 with the transition to the ICD-10 on October 1, 2015.

The Division of Behavioral Health is now moving quickly toward implementation of the new ICD-10 and the DSM-5, as well as officially adopting the new ASAM-3. This conversion will include four basic steps:

1. Converting AKAIMS from DSM-IV disorder titles and ICD-9 procedure codes to new ICD-10 coding and descriptor titles.
2. Developing and adopting revisions to the Behavioral Health Services Integrated Regulations [Title 7 of the Alaska Administrative Code, Chapters 70 and 135] and to supporting regulations in 7 AAC 160.
3. Developing policy and instruction to guide provider transition of clinical record documentation and service billing procedures.
4. Creating and delivering training on all topics related to steps No.# 1 – 3 above.

The Division will keep all Alaska behavioral health services providers continuously updated on information critical to their organizations' efforts during this transition. The Division will communicate with providers through the bi-weekly Technical Assistance Teleconference on Regulations and Medicaid Services & Billing; the monthly ABHA teleconferences; the Division's monthly Treatment & Recovery Section's Regional Provider teleconferences; and the monthly AKAIMS User Group teleconferences. The Division will send notice letters and Guidance Documents to all providers as indicated and post these documents on the Division website. All providers and individuals will have opportunity to provide feedback through the Public Comment process on the proposed regulation revisions. Finally, all providers will have opportunity to participate in on-going training and technical assistance prior to October 1, 2015 and thereafter.

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It is the intent of the Division of Behavioral Health to make the process of transition to the ICD-10 and DSM-5 and ASAM-3 as simple and straightforward as possible for all providers. Any provider who has questions about this project or who may need assistance with the transition process may contact their Division Program Manager, or submit inquiries to:

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