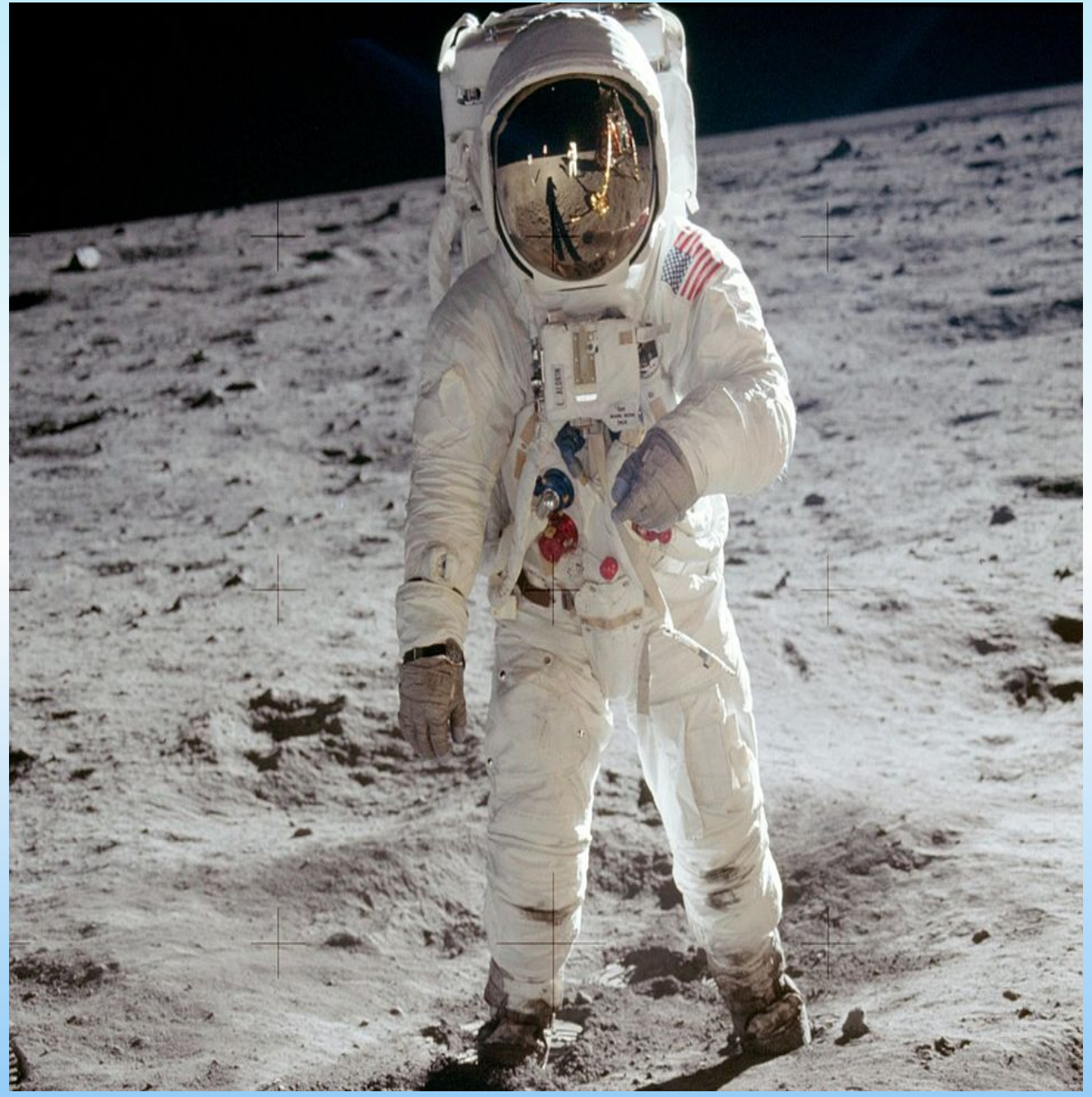
Behavioral Health Provider Survey of Tools, Programs & Models

Division of Behavioral Health
Deedee Raymond, MS
Lisa Brown, MSW
Grant Rich, PhD
Katie Chapman, LCSW
Laura Sanbei
October 24, 2018



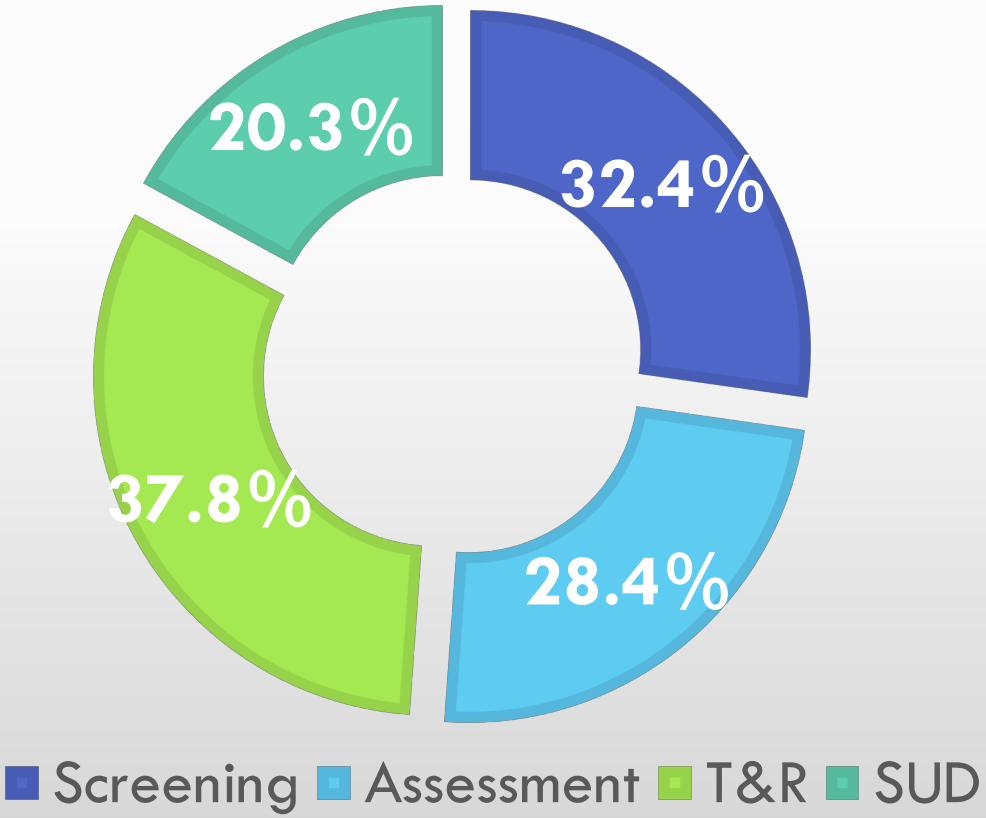
Lay of the Land

What tools, programs, and models are you currently using . . . and . . . what do you recommend for the 1115 BH Demonstration Waiver?

1. Evidence based practices
2. Alaska normed/standardized or modified tools and practices
3. Traditional Healing
4. Cost Effective
5. Time it takes to train and ensure fidelity or consistency among staff
6. If the tool is administered or self-directed

74 Grantees Surveyed

BEHAVIORAL HEALTH SURVEY RESPONSE RATES



Screening Tools	In Use Now	1115 Waiver Recommended
Alcohol Dependence Scale	1	
Alcohol Use Disorder Identification Test (AUDIT)	2	2
Alcohol Use Disorder Identification Test-C (AUDIT-C)	1	2
Alcohol, Smoking, and Substance Involvement Screening Test (ASSIST)		2
Beck Anxiety Inventory	1	
Beck Depression Inventory	2	
Brief Screener for Alcohol, Tobacco and other Drugs (BSTAD)		1

Screening Tools	In Use Now	1115 Waiver Recommended
CAGE - Alcohol (Cut down, Annoyed, Guilty, and Eye-opener)	1	1
CAGE Adapted to Include Drugs (CAGE AID)		1
Child Behavioral Checklist	2	1
Columbia Suicide Severity Rating Scale (C-SSRS)	5	6
CRAFFT (substance use risk screen adolescents)	2	1
Dissociative Experiences Scale	1	

Screening Tools	In Use Now	1115 Waiver Recommended
Drug Abuse Screening Test - 10 item (DAST)	3	1
Generalized Anxiety Disorder (GAD) - 7	1	1
Kessler Psychological Distress Scale - 6 item (Kessler 6)		1
Mental Health Screening Form III (MHSF-III)		1
Mini Mental Status	1	
Modified Mini	2	1
Montreal Cognitive Assessment (MoCA)	1	

Screening Tools	In Use Now	1115 Waiver Recommended
Patient Health Questionnaire	1	1
Patient H Questionnaire for Depression (PHQ-9ealth)	4	5
Screening, Brief Intervention and Referral (SBIRT)	6	6
Simple Screening Instrument for Alcohol and Other Drugs (SSI-AOD)		1
Substance Abuse Subtle Screening Inventory 4	1	
Grand Total	39	36

Assessment Tools	In Use Now	1115 Waiver Recommended
ACES and Resiliency Scale	1	
Addiction Severity Index - Lite version of the DENS (ASI Lite)	2	2
Addiction Severity Index -Client Input version (ASI-MV)		1
Adolescent Drug Abuse Diagnosis (ADAD)	1	1
Adults Needs and Strengths Assessment (ANSA)		1
American Society of Addiction Medicine (ASAM)	1	
Beck Youth Inventory II	1	1
Bio/psycho/social and integrated assessment tool	1	1
Child and Adolescent Functional Scale (CAFAS)	2	1
Child and Adolescent Needs and Strengths Assessment (CANS)	2	
Clinical Institute Withdrawal Assessment for Alcohol Scale (CIWA)	2	1

Assessment Tools	In Use Now	1115 Waiver Recommended
Clinical Opiate Withdrawal Scale (COWS)	2	2
Columbia Impairment Scale for parents and youth	1	
Connors 3	1	1
CONTINUUM		1
Daily Living Activities (DLA-20)	3	4
Daily Living Activities (DLA-20) - ID/IDD	1	1
Diagnostic Classification of Mental Health Disorders of Infancy and Early Childhood (DC:0-5)	2	2
Integrated Mental Health and Substance Use Assessment	1	1
MAST	1	
North Carolina Family Assessment Scale (NCFAS)		1
Patient Health Questionnaire for Depression (PHQ-9)	1	

Assessment Tools	In Use Now	1115 Waiver Recommended
Recovery Needs Level (RNL)		1
SOCRATES	1	1
South Oaks Gambling Screen (SOGS)		1
Substance Abuse Subtle Screening Inventory Adult Adolescent (SASSI Adult Adolescent)	2	
Substance Abuse Subtle Screening Inventory Adult Female (SASSI Adult Female)	3	1
Substance Abuse Subtle Screening Inventory Adult Male (SASSI Adult Male)	3	1
Teen Addiction Severity Index (T-ASI)		1
Vineland Adaptive Behavior Scales	1	
Vineland Adaptive Behavioral Scales- II	1	1
Wechsler Assessment Batteries (WAIS, WIAT, WMS)	1	
World Health Organization Disability Assessment Survey	1	

Assessment Tools	In Use Now	1115 Waiver Recommended
Beck Symptom Inventory	1	
BHA Integrated Behavioral Health Assessment	2	
Childhood Trauma Questionnaire (CTQ)	1	
Delis-Rating Executive Function (D-REF)	1	
Integrated Visual and Audiovisual (IVA-2)	1	
Millon Adolescent Clinical Inventory (MACI)	1	
Millon Clinical Multiaxial Inventory (MCMI-IV)	1	
Minnesota Multiphasic Personality Inventory (MMPI-2)	1	
Millon Pre-Adolescent Clinical Inventory (M-PACI)	1	
Grand Total	49	29

T&R Programs & Models	In Use Now	1115 Waiver Recommended
Applied Behavioral Analysis (ABA)	1	1
ARC model (Attachment, Regulation, Competency)	5	5
Biofeedback	1	1
Child-Parent Relationship Training	1	1
Cognitive Behavior Therapy (CBT)	16	11
Dialectical Behavior Therapy (DBT)	3	1
Eye Movement Desensitization and Reprocessing (EMDR)	9	7
Housing – Intensive Case Management (ICM)	1	1

T&R Programs & Models	In Use Now	1115 Waiver Recommended
Integrated Primary and Behavioral Healthcare services	5	3
Intensive Case Management (ICM)	1	
Interpersonal Psychotherapy (IPT)	1	
Living in Balance	1	1
MANDT	1	
Matrix Model	9	4
Mobil Crisis Response		1

T&R Programs & Models

	In Use Now	1115 Waiver Recommended
Moral Reconation Therapy (MRT)	4	2
Motivational Interviewing (MI)	15	11
Peer Services	4	4
Positive Behavior Supports	1	
Presley Ridge (Foster Parent Competency)	1	
Psychiatric Emergency Screening	1	
Relapse Prevention Strategies	5	4
Sanctuary	1	

T&R Programs & Models

	In Use Now	1115 Waiver Recommended
School Based Behavioral Health Services	1	1
Seeking Safety	7	5
Structural Family Therapy	1	1
Supported Education	1	
Supported Employment – The Clubhouse Model	1	
Transition to Independence Model (TIP)	3	2
Trauma Informed Care	13	8
Grand Total	114	75

Substance Use Disorder

	In Use Now	1115 Waiver Recommended
12 Step		
Cognitive/Behavioral		
Contract or partnership with a local DATA waivered prescriber	2	3
Coordinate MAT with psychiatric care provider(s)	3	3
Drug Abuse Screening Test - 10 item (DAST)	1	
Hub and Spoke Model	4	1
Information and Referral	1	
Integrated Primary and Behavioral Healthcare, plus, DATA waivered prescriber	3	3
Matrix Model	3	1
Nurse care managers	1	1
Opioid Treatment Program (certified OTP)	1	2
Substance Abuse Subtle Screening Inventory 4	1	
Grand Total	20	14

World Cafe

Begin & end moving between tables when the music starts & stops, for each of the 3 rounds.

Join with people that you don't know and change tables for each round.

Brainstorm & have a lively discussion

- There are no right or wrong suggestions.
- Listen to others and encourage everyone to have a chance to participate and contribute.

Gathering Instructions

3 Rounds

1 Screen → 2 Assessment → 3 T&R

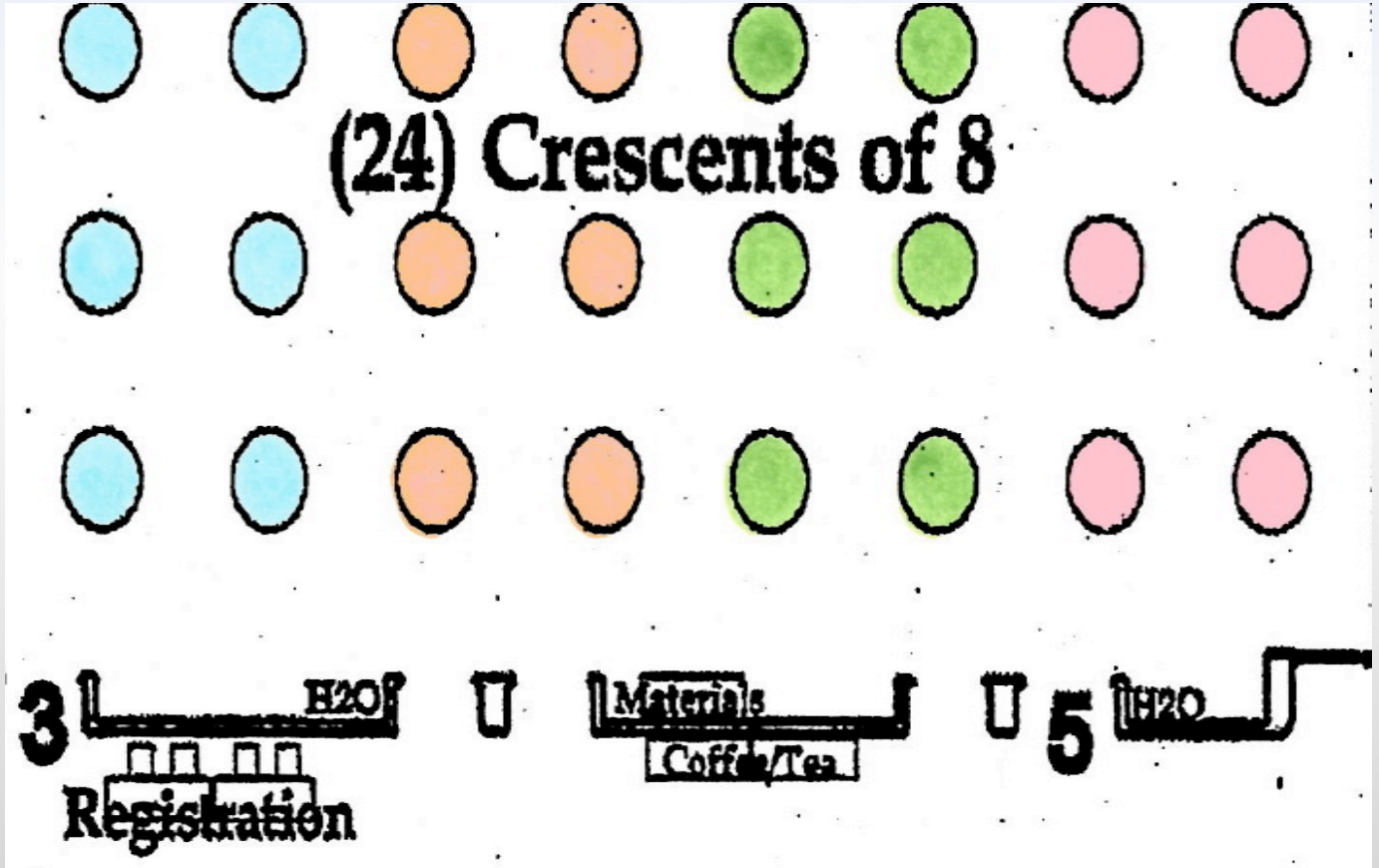
Find a different table/group for each round

Adult MH

Adult SUD

Child MH

Youth SUD



Introduce yourself & your agency

Elect a facilitator & a scribe

Scribes: List the tools/programs discussed. After the vote, write out the top choices on the poster-sticky.

Facilitator: Keep the discussion going and ensure all participants are heard. Take a vote on the groups top choices

The following areas should be included or considered in your discussion

Level of Care & Functioning

Family, IDD, Infants & Early Childhood

EBP, Time to administer, Cost, Staff credentials needed to implement the tool/program

Top Choices

On the poster-sticky, list your group's top choices for each type of practice:

- Behavioral health providers
- Primary care providers
- Traditional Healing

Stick you poster on the wall when finished