

## Individualized Service Agreements

Individualized Service Agreements (ISA) provide for individual, specialized services for youth experiencing severe emotional disturbances (SED) and who are under the age of 22. These youth must also be at risk for residential treatment. ISA funds are designated to maintain youth in the least restrictive setting closest to their families and home community.

ISA funds pay for services not funded by grants or other payers such as Medicaid, Denali Kid Care, Waivers, TEFRA, private insurance or other Third Party Payers. ISA dollars are payment of last resort.

ISAs will pay for services such as music lessons, camps, and transportation. Services requested must be related to the youth's behavioral health treatment planning. To find out more about this program, contact Behavioral Health, or your local Community Behavioral Health Center.

## Behavioral Health Resource

### Contact Information

For information regarding:

#### **Behavioral Health:**

[www.hss.alaska.gov](http://www.hss.alaska.gov) or call toll free in Anchorage (800) 770-3930, or toll free in Juneau (800) 465-4828

#### **Community Behavioral Health Centers:**

[www.hss.alaska.gov/dbh/PDF/provider\\_list](http://www.hss.alaska.gov/dbh/PDF/provider_list) or call (907) 269-3600

#### **Community Health Aide Clinics:**

[www.hss.alaska.gov/directoryhealthcare](http://www.hss.alaska.gov/directoryhealthcare) or [www.akchap.org](http://www.akchap.org)

#### **Maps of sites and descriptions of tribal services:**

[www.anthc.org/cs/chs/behavioral/ruralbehhealthneedsassmnt.dfm](http://www.anthc.org/cs/chs/behavioral/ruralbehhealthneedsassmnt.dfm)

#### **For listing of public schools in Alaska:**

[http://www.eed.alaska.gov/Alaskan\\_Schools\\_public/home.html](http://www.eed.alaska.gov/Alaskan_Schools_public/home.html)

## Payment for behavioral health services

Alaska has a number of programs that pay for behavioral health services:

- Community Behavioral Health Centers (CBHCs) receive grants to provide treatment.
- Individualized Services Agreements may be available to help cover the costs of behavioral health care for some youth. Discuss this option with your CBHC.
- Insurance carriers may cover outpatient and inpatient care.
- Medicaid offers several insurance plans for income eligible persons.
- Many service providers accept payment from families and have sliding fee scales.

## Fetal Alcohol Spectrum Disorder Waiver Demonstration Project

This research project provides services for a limited number of Medicaid eligible Alaskan youth between the ages of 14-21, who have severe emotional disturbance, are in a Residential Psychiatric Treatment Facility (RPTC) or are eligible for RPTC services. Participating youth must have a Fetal Alcohol Spectrum Disorder (FASD) or be suspected of having FASD.

Youth who are accepted into this program will have access to new community-based services that are designed to meet the unique needs of youth with FASD (or suspected FASD) and their families. The project will evaluate the effectiveness of community-based services for youth FASD or suspected FASD.

For further information, contact Shannon Cross at ([shannon.cross@alaska.gov](mailto:shannon.cross@alaska.gov)) (907) 269-3600 or (800) 770-3930.



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# Supports for Alaska's Children with Severe Emotional Disturbance



**State of Alaska**  
**Department of Health & Social Services**  
**Division of Behavioral Health**  
[www.hss.state.ak.us/dbh](http://www.hss.state.ak.us/dbh)

