

ALASKA'S SPF SIG STRATEGIC PLAN

A presentation and discussion about the role of the Strategic Prevention Framework State Incentive Grant to enhance Alaska's behavioral health *prevention* system.

- Melissa Stone, Chair, Advisory Council
- Deborah Hull-Jilly, Chair, Epidemiology Workgroup
- Jodi Barnett, Co-Chair Evidence Based Intervention Workgroup
- L. Diane Casto, Project Director

What is the SPF SIG?

- The Strategic Prevention Framework State Incentive Grant (SPF SIG) is a federally funded cooperative agreement between States and Tribes and the SAMHSA, Center for Substance Abuse Prevention (CSAP).
- The overriding focus of this federal program is to build state and community prevention infrastructure and capacity using a data-driven, outcomes oriented approach to identifying and implementing successful prevention strategies.

SPF SIG Goals

The purpose of the SPF SIG program is to provide funding to States, Federally recognized Tribes, and U.S. Territories to:

1. Prevent the onset and reduce the progression of substance abuse, including childhood and underage drinking;
2. Reduce substance abuse-related problems;
3. Build prevention capacity and infrastructure at the State, tribal, territorial and community levels.
4. **And, to see community population-level change by the end of 5-years.**

Five Steps of the SPF Process



SPF SIG Implementation Principles

- The SPF promotes a systems-based approach to substance abuse prevention;
- The SPF allows States and communities to build capacity and sustain a culturally-responsive infrastructure;
- The SPF is an example of outcome based prevention;
- The SPF requires evidence-based programs, policies and practices as the basis for program implementation;
- The SPF encourages community-level change;
- The SPF requires States to address substance issues across the life span.

Outcome-Based Prevention



The Process...

- Advisory Council established to oversee SPF SIG implementation. 28-member, multidisciplinary council.
- Epidemiology Workgroup established to collect, review and analyze all substance use consumption/consequence data for Alaska. Influences sub-committee to identify and review “intervening variables” such as risk/protective factors.
- Evidence Based Interventions Workgroup established to review and identify evidence-based programs, policies or practices to be used by community grantees and to establish guidance documents to better identify what EBI means for Alaska.

So, what have we accomplished so far...

- Development of *Epidemiologic Profile on Substance Use, Abuse and Dependency in Alaska*.
 - Identified and collected cross-discipline data related to all aspects of substance use in Alaska; a focus on consumption patterns and consequences of use.
 - Identified data gaps, and will work to close those gaps over the 5-year project.
 - Used Profile data to select SPF SIG consumption/consequence priorities.
 - Developed youth influences document identifying risk/protective factors backed with research.
 - Will continue to update and enhance the Epi Profile overtime.

So, what have we accomplished so far...

- Selected SPF SIG substance use priorities for next steps of SPF community-based funding are:
 - Youth alcohol use (ages 12-18 years of age)
 - Adult heavy and binge alcohol use (19-44 years of age)
- Consequences related to youth and adult alcohol use, that were prioritized using data, readiness and political-will are:
 - Alcohol-related mortality and deaths
 - DUI arrests/MCA citations
 - Alcohol-related crashes and collisions
 - Alcohol-related Interpersonal violence
 - Alcohol-related sexual assault
 - Suicides, with alcohol as a contributing factor

Workgroup Projects in Progress

- Evidence Based Interventions Workgroup: Exploring the “plethora” of research, articles and definitions of what *evidence based* really means.
 - Plans to develop an Alaska “guidance document” regarding EBI;
 - Review key evidence based qualities that support successful programs;
 - Outline parameters for program adaptations that retain fidelity;
 - Identify quality EB interventions aimed at SPF SIG priority issues.
- Influences Sub-committee: Exploring influences related to adult heavy and binge drinking and cultural influences that impact risk factors and protective factors related to alcohol use/abuse.
- Prevention Workforce Development Sub-committee: Exploring the development of a state Prevention Certification Specialist program; increased prevention training and academic programming; and enhanced prevention professionalism.

Next Steps for SPF SIG Implementation

- Finalize funding allocation plan
 - Planning Grants; followed by implementation and evaluation grants
 - Funding for regional, sub-regional or community-level proposals
 - Funding coalitions—not individual agencies
- Strategic plan submitted & approval by SAMHSA/CSAP
- RFP development and community grant solicitation
 - Planning grants (5 month)—complete Steps 1-3
 - Review and selection of top 4-6 strategic plans for implementation
 - Development of sustainable prevention training, TA, and support system
- State, community and cross-site evaluation—UAA Center for Behavioral Health Research & Services
 - Identify measurable outcomes for each consumption priority
 - Provide training to community in data collection and evaluation

Tentative Timelines

- Final writing and Advisory Council Approval of Alaska's Strategic Plan – month of September, 2010;
- Submit Alaska's Strategic Plan to SAMHSA/CSAP – October 1, 2010;
- Development of Request for Proposals (RFP) to solicit community interest – month of October;
- Final Approval of Alaska's Strategic Plan – November 15, 2010;
- Release of RFP – mid-November 2010;
- Proposals due to DBH – January 7, 2011;
- Funding awards *no later than February 1, 2011*;
- Community/Regional Strategic Plans due to DBH – July 1, 2011.

Creating a Stronger, Outcome-Driven Prevention System for Alaska

Research has shown that to effectively change attitudes, perceptions, and ultimately, behaviors, prevention strategies must include a comprehensive approach that addresses both the individual and the environment.

Substance abuse prevention strategies that address the shared environment are the most effective approach for large populations and are the most cost effective.

Our challenge is to develop a strong prevention foundation that meets the unique needs of Alaska, is culturally responsive, with a well-trained workforce, and is sustainable over time.

*These are exciting times and
the SPF SIG is a great opportunity
for Alaska!*

Questions?