

A photograph of two puffins on a rocky shore. The puffin on the left is facing right, holding a piece of ice in its beak. The puffin on the right is facing left. The background shows a grey rock and some green vegetation. A white smiley face is drawn over the bottom right of the image. The text "you're cared about" is written in white, lowercase letters across the middle of the image.

you're cared  
about 😊

A photograph of two brown bears in a snowy environment. One bear is standing on the left, leaning towards the right, while the other bear is lying down on the right, leaning towards the left. They are touching noses in a kiss. The background is a bright, snowy landscape.

you're cared

about 😊

you're cared



about 😊

**This card is to let you know someone  
cares about you.**

Need to talk? Don't want to bug anyone?

Call Careline.



**CARELINE 877-266-HELP  
(4357)**