

# STATE OF ALASKA

DEPT. OF HEALTH AND SOCIAL SERVICES

DIVISION OF BEHAVIORAL HEALTH

## The Alaska Screening Tool

### **What is the AST?**

The Alaska Screening Tool (AST) is an instrument developed in collaboration with substance abuse and mental health care providers, the Alaska Mental Health Board, the Alaska Mental Health Trust Authority, and The Division of Behavioral Health. Having three distinct sections, the AST is designed to screen for substance abuse, mental illness, and traumatic brain injury (TBI). Two questions anchored within the substance abuse portion of the AST probe for Fetal Alcohol Spectrum Disorders (FASD).

It is important to note that screening and assessment are two separate and distinct processes: **Screening** is a process for evaluating the possible presence of a particular problem; **Assessment** is a process for defining the nature of that problem and developing specific treatment recommendations for addressing the problem.

### **How is it supposed to function?**

The AST functions as a stand alone screening instrument with three distinct sections: substance abuse; mental health; and TBI. Each screening can produce multiple recommendations and result in more than one referral. For example, one screening has the potential to result in both a substance abuse and mental health referral. Additionally, the same screen may also identify possible indicators of Traumatic Brain Injury and / or indicators of Fetal Alcohol Spectrum Disorders, requiring a referral. Dual Diagnosis is a calculated field which reports the number of individuals with screening results of identified indicators for both a substance abuse and mental health referral. For more information, context, and scoring of the Alaska Screening Tool please visit: <http://www.hss.state.ak.us/dbh/AKAIMS/default.htm>

### **Who is expected to complete the AST?**

All substance abuse and/or mental health grantees are required to administer and submit the AST as a condition of their grant award from the Division of Behavioral Health. The AST is completed by the provider with responses from the client and submitted to the Division of Behavioral Health via the Alaska Automated Information Management System (AK AIMS). The AST is completed during the screening process prior to the formal assessment process. Policies are being developed around when and how to use and administer the AST, and will be forthcoming during the first quarter of fiscal year 2006.

**Why is it important to the Division?**

The AST is an important tool for the Division of Behavioral Health, providers, and other stakeholders. The AST functions as a standardized state-wide screening instrument that provides a means of identifying the needs of individuals and families, such that appropriate referrals assist in the timely access of services. Further, over time the AST will assist the DBH and providers in identifying the population needs of each agency, providing useful data for program management of the service delivery system. The information from the AST will also serve to assist the state in federal reporting requirements.

# Alaska Division of Behavioral Health

## Policy & Planning- Research and Analysis

### Alaska Screening Tool: Results by Provider

Date Range: SFY 2006 Quarters 1 & 2

Context: Each screening can result in more than one referral and more than one screening result. For example, one screening has the potential to result in both a substance abuse and mental health referral. Additionally, the same screen may also result in both a positive Traumatic Brain Injury and a positive Fetal Alcohol Spectrum Disorders screening result. Dual Diagnosis is a calculated field which reports the number of individuals screening positive for both a substance abuse and mental health referral. For more information and context on the Alaska Screening Tool please visit: <http://www.hss.state.ak.us/dbh/AKAIMS/default.htm>

Agency	Total	Referrals		Screening Results		
		Substance Abuse	Mental Health	TBI	FASD	Dual Diagnosis *
Access Alaska	15	10 67%	15 100%	12 80%	2 13%	10 67%
Akeela Inc	46	46 100%	46 100%	19 41%	7 15%	46 100%
Alaska Addiction Rehabilitation Services	13	13 100%	13 100%	2 15%	1 8%	13 100%
Alaska Children's Services	2	2 100%	2 100%	0 0%	0 0%	2 100%
Alaska Family Services	233	192 82%	122 52%	32 14%	9 4%	113 48%
Alaska Mental Health Consumer Web	1	1 100%	1 100%	0 0%	0 0%	1 100%
Alaska Women's Resource Center	50	38 76%	31 62%	5 10%	6 12%	29 58%
Alaska Youth & Parent Foundation	0	0 0%	0 0%	0 0%	0 0%	0 0%
Aleutian/Pribilof Islands Association Inc	12	11 92%	8 67%	1 8%	1 8%	7 58%
Assets Inc.	4	1 25%	3 75%	0 0%	0 0%	1 25%
Central Peninsula General Hospital	27	26 96%	25 93%	8 30%	1 4%	24 89%
Communities Organized for Health Options	5	4 80%	5 100%	2 40%	0 0%	4 80%
Community Connections	1	0 0%	0 0%	0 0%	0 0%	0 0%
Cook Inlet Council on Alcohol and Drug Abuse	77	65 84%	48 62%	14 18%	3 4%	43 56%

Agency	Total	Referrals		Screening Results		
		Substance Abuse	Mental Health	TBI	FASD	Dual Diagnosis *
Cook Inlet Tribal Council	20	20 100%	20 100%	3 15%	1 5%	20 100%
Copper River Native Association	1	0 0%	1 100%	0 0%	0 0%	0 0%
Daybreak CMI	18	10 56%	18 100%	6 33%	4 22%	10 56%
Eastern Aleutian Tribes, Inc.	16	11 69%	10 63%	0 0%	0 0%	5 31%
Fairbanks Native Association	141	115 82%	107 76%	26 18%	17 12%	95 67%
Fairbanks Resource Agency	0	0 0%	0 0%	0 0%	0 0%	0 0%
Family Centered Services of Alaska	42	29 69%	40 95%	1 2%	15 36%	27 64%
Frontier Community Services	15	8 53%	15 100%	4 27%	5 33%	8 53%
Gastineau Human Services	100	83 83%	58 58%	13 13%	5 5%	55 55%
Gateway Center For Human Services	0	0 0%	0 0%	0 0%	0 0%	0 0%
Hoonah Indian Association	0	0 0%	0 0%	0 0%	0 0%	0 0%
Hope Community Resources Inc.	7	5 71%	7 100%	1 14%	1 14%	5 71%
Iliuliuk Family and Health Services	36	10 28%	34 94%	1 3%	1 3%	9 25%
Interior AIDS Association	7	7 100%	6 86%	1 14%	2 29%	6 86%
Juneau Alliance for Mental Health Inc.	0	0 0%	0 0%	0 0%	0 0%	0 0%
Kenai Peninsula Care Center	0	0 0%	0 0%	0 0%	0 0%	0 0%
Kenaitze Indian Tribe	56	28 50%	53 95%	11 20%	5 9%	28 50%
Ketchikan Indian Community	23	22 96%	11 48%	4 17%	2 9%	11 48%

Agency	Total	Referrals		Screening Results		
		Substance Abuse	Mental Health	TBI	FASD	Dual Diagnosis *
Kodiak Area Native Association	0	0 0%	0 0%	0 0%	0 0%	0 0%
Kodiak Council on Alcoholism	0	0 0%	0 0%	0 0%	0 0%	0 0%
Lynn Canal Human Resources	32	15 47%	25 78%	3 9%	1 3%	13 41%
Maniilaq Behavioral Health	63	48 76%	54 86%	12 19%	6 10%	43 68%
NAMI Juneau/Polaris House	1	1 100%	1 100%	0 0%	0 0%	1 100%
Narcotic Drug Treatment Center Inc.	11	11 100%	11 100%	2 18%	0 0%	11 100%
North Slope Borough DHSS	33	23 70%	16 48%	3 9%	3 9%	15 45%
Norton Sound Health Corporation	214	162 76%	165 77%	21 10%	9 4%	130 61%
Petersburg Mental Health Services Inc.	51	28 55%	35 69%	4 8%	4 8%	19 37%
Providence Kodiak Island Counseling Center	96	34 35%	84 88%	6 6%	2 2%	30 31%
Providence Valdez Counseling Center	103	67 65%	71 69%	9 9%	5 5%	46 45%
Railbelt Mental Health & Addictions	18	11 61%	13 72%	2 11%	0 0%	8 44%
Salvation Army Booth Memorial	2	2 100%	2 100%	0 0%	1 50%	2 100%
Salvation Army Clitheroe Center	118	103 87%	71 60%	9 8%	9 8%	69 58%
Seaview Community Services	92	58 63%	62 67%	11 12%	10 11%	41 45%
SEARHC	20	16 80%	18 90%	7 35%	3 15%	15 75%
Sitka Counseling & Prevention Services	58	50 86%	39 67%	9 16%	2 3%	33 57%
Sound Alternatives	25	18 72%	20 80%	4 16%	0 0%	13 52%

Agency	Total	Referrals		Screening Results		
		Substance Abuse	Mental Health	TBI	FASD	Dual Diagnosis *
South Peninsula Behavioral Health Services	3	0 0%	2 67%	1 33%	0 0%	0 0%
Southcentral Foundation- Behavioral Services Div	0	0 0%	0 0%	0 0%	0 0%	0 0%
Tanana Chiefs Conference	79	65 82%	54 68%	6 8%	7 9%	48 61%
The Arc of Anchorage	4	3 75%	4 100%	1 25%	1 25%	3 75%
Tok Area Counseling	3	1 33%	2 67%	0 0%	0 0%	1 33%
Volunteers of America	21	18 86%	14 67%	3 14%	1 5%	13 62%
Youth Advocates of Sitka	9	5 56%	8 89%	0 0%	0 0%	5 56%
Yukon-Kuskokwim Health Corporation	55	54 98%	36 65%	3 5%	1 2%	35 64%
Yukon Flats Care Center	0	0 0%	0 0%	0 0%	0 0%	0 0%
Yukon Koyukuk Mental Health & Alcohol Program	33	20 61%	22 67%	2 6%	1 3%	12 36%
<b>Totals Counts</b>	<b>2112</b>	<b>1555</b>	<b>1501</b>	<b>279</b>	<b>149</b>	<b>1163</b>
<b>Total Percentages</b>		<b>74%</b>	<b>71%</b>	<b>13%</b>	<b>7%</b>	<b>55%</b>