



**Region X  
Seattle**

**State Request for Approval of Use of  
Civil Money Penalty Funds  
for Certified Nursing Homes**



- Alaska
- Idaho
- Oregon
- Washington

# INTRODUCTION

In accordance with Survey & Certification transmittal 12-13-NH dated December 16, 2011, States must obtain approval from the Centers for Medicare & Medicaid Services (CMS) for the use of federally imposed civil money penalty (CMP) funds. A copy of this transmittal is available on the CMS website at [www.cms.hhs.gov](http://www.cms.hhs.gov). Effective January 1, 2012, CMS has established a process for reviewing applications that seek funding to improve resident outcomes in certified nursing homes. Only CMP fund applications that meet the statutory intent of the regulations, Federal law and policy will be considered.



Region X states include: Alaska, Idaho, Oregon, and Washington. Requests to use CMP funds may be made by various organizations and entities. Applications may be submitted by certified nursing homes, academic or research institutions, state, local or tribal governments, profit or not-for-profit, or other types of organizations.



# INSTRUCTIONS

## Application Process

- Entities from which CMP requests originate shall submit the request to the applicable State Agency (SA) for an initial review and recommendation.
- All CMP requests shall be submitted electronically and sent to the applicable State Agency (SA) utilizing the Region X: CMP Grant Request form.
- Requests will not be accepted via facsimile.
- Requests shall include a cover letter addressed to the State Agency (SA) Director.
- CMP request forms may be accepted from dually certified providers (SNF/NF) and nursing facilities (NF) and other organizations.
- The font for all CMP requests is Times New Roman, twelve (12) point, and shall include the entity name and page numbers on all documents.
- Requests should be limited to no more than twenty (20) pages, including appendices and the actual CMP request form.
- All sections of the request form shall be completed or the CMP request may be denied.
- When CMP funds are requested for educational purposes, the organization involved must also include the following: anticipated number of attendees; target audience; accrediting authorities; timeline for implementation and plan for sustainability; and letters of support. Representatives from any group requesting funding, or representatives who are in situations where a conflict of interest exists, must disqualify themselves from making recommendations.
- State Agency reviewers shall first assess the merit of each project and the ability of the project to improve resident outcomes and advance the care and services provided in certified long term care facilities.
- Applicants may contact the applicable state survey agency with questions regarding their CMP request.



Following State Agency review, the State Agency forwards the CMP request form to CMS for a decision.

- The mail box address is [ROX\\_CMP\\_GRANTAPPLICATION@cms.hhs.gov](mailto:ROX_CMP_GRANTAPPLICATION@cms.hhs.gov). Only CMP request forms emailed by the SA will be reviewed.

- Upon receipt by CMS, CMP request forms shall be assigned a tracking number. The tracking number consists of the year, CMS regional code, state prefix, date code, application number and entity name. For example: 2012-50-WA-12-19-01-John Doe Nursing Center. Tracking codes shall be utilized in the annual transparency report beginning in 2013.
- CMP requests are reviewed by CMS in the order of receipt.
- CMS may approve the CMP request, deny the CMP request or request additional information.
- CMP request forms that are denied are not subject to an appeal.
- Feedback to the State Agency on the status of the CMP request form submitted to CMS shall be provided within 45 calendar days of receipt.
- If the State Agency has not received a response from CMS within 45 calendar days of receipt of a completed request, the State Agency may send a request for priority processing to [QualityAssurance@cms.hhs.gov](mailto:QualityAssurance@cms.hhs.gov).
- CMS' regional office has final authority to approve requests. If a request is approved, the organization or entity from which the request originated shall be required to submit a quarterly report on the status of the project to the CMS regional office and the State Agency.

Please be mindful that CMS is not able to approve projects in certain circumstances, such as:

### **Prohibited Uses**

- Conflict of Interest—CMS will not approve projects for which a conflict of interest exists or the appearance of a conflict of interest.
- States may not use CMP funds to pay entities to perform functions for which they are already paid by State or Federal sources.

- CMP funds are not used to pay for capital improvements to a nursing home, or to build a nursing home.
- CMP funds are not used to pay for nursing home services or supplies that are already the responsibility of the nursing home, such as laundry, linen, food, heat, staffing costs, etc.
- CMP funds are not used to pay the salaries of temporary managers who are actively managing a nursing home.
- CMP funds are not used to recruit or provide Long Term Care Ombudsman certification training for staff or volunteers, or investigate and work to resolve complaints.



### Tips for Preparing the CMP Form

- All nursing homes dually certified to participate in the Medicare program or nursing homes certified to participate in the Medicaid program shall include the CMS Certification Number (CCN) in the request.
- All organizations or entities shall include the Tax Identification Number (TIN).
- Assemble and paginate the request as one pdf document, and use approved Times New Roman, 12 point font, for any appendices.
- Complete all sections of the request as instructed. Incomplete applications will be denied.
- Plan ahead and allow sufficient time for State Agency and CMS review and approval of the request.

**NOTE: If the use of CMP funds is approved, the organization or entity receiving funds may still be required to complete a state contract before the funds are released.**

# REQUEST

Date of Application:      /      /       
MM DD YYYY

## PART I: Background Information

Name of the Organization: \_\_\_\_\_

Address Line 1: \_\_\_\_\_

Address Line 2: \_\_\_\_\_

City, County, State, Zip Code: \_\_\_\_\_

Tax Identification Number: \_\_\_\_\_

CMS Certification Number, if applicable:   -

Medicaid Provider Number, if applicable:   -

Name of the Project Leader: \_\_\_\_\_

Address: \_\_\_\_\_

City, County, State, Zip Code: \_\_\_\_\_

Internet E-mail Address: \_\_\_\_\_

Telephone Number:    -    -

Mobile Number:    -    -

Have other funding sources been applied for and/or granted for this proposal?  Yes  No

If yes, please explain/identify sources and amount.

\_\_\_\_\_  
\_\_\_\_\_



Name of the Management Company: \_\_\_\_\_

Chain Affiliation (please specify) Name and Address of Parent Organization: \_\_\_\_\_

Outstanding Civil Money Penalty?  Yes  No

Nursing Home Compare Star Rating: \_\_\_\_\_ (can be 1, 2, 3, 4 or 5 stars)

Date of Nursing Home Compare Rating: \_\_\_\_/\_\_\_\_/\_\_\_\_  
MM DD YYYY

Is the Nursing Home in Bankruptcy or Receivership?  Yes  No

If an organization is represented by various partners and stakeholders, please attach a list of the stakeholders in the appendix.

**NOTE:** The entity or nursing home which requests CMP funding is accountable and responsible for all CMP funds entrusted to it. If a change in ownership occurs after CMP funds are granted or during the course of the project completion, the project leader shall notify CMS and the State Agency within five calendar days. The new ownership shall be disclosed as well as information regarding how the project shall be completed. A written letter regarding the change in ownership and its impact on the CMP Grant application award shall be sent to CMS and the State Agency.

**Part III:  
Project Category**

Please place an "X" by the project category for which you are seeking CMP funding.

- Direct Improvement to Quality of Care
- Resident or Family Councils
- Culture Change/Quality of Life
- Consumer Information
- Transition Preparation



**Part VII:  
Expected Outcomes****PROJECT ABSTRACT**

Provide an abstract summary of the project that is no longer than one page. Include the requester's background and qualifications, the need for the project, a brief description of the project and its goals and objectives. Of the utmost importance is information regarding how the project will be evaluated to measure the success of the programs. Specify the person(s) who will be accountable for the project evaluation.

**STATEMENT OF NEED**

The statement of need should describe the problem that the project will attempt to address. Also describe any problems that may be encountered in the implementation of this project. Articulate the contingency plan to address these issues.

**PROGRAM DESCRIPTION**

Describe the project or program and provide information on how it will be implemented. Include information on what will be accomplished and the desired outcomes. A timeline shall accompany all proposals which outline benchmarks, deliverables and dates. Attach supplemental materials such as brochures, efficacy studies and peer reviewed literature.

**Part VIII:  
Results Measurement**

Include a description of the methods by which the results of the project will be assessed (including specific measures). Multi-year projects shall provide a provision for submission of interim progress reports and updates from the project leader to CMS. Staff attending training shall articulate how knowledge learned will be shared among other long term care employees and ultimately how the information will improve resident outcomes. Quarterly reports regarding the progress of the project shall be submitted to CMS and the State Agency.

**Part IX:  
Benefits to Nursing Home (NH) Residents**

A detailed description of the manner in which the project will directly benefit and enhance the well-being of nursing home residents.

**Part X:  
Consumer/Stakeholder Involvement**

Include a brief description of how the nursing home community (including resident and/or family councils and direct care staff) will be involved in the development and implementation of the project. Describe how the governing body of the nursing home or organization shall lend support to the project.

**Part XI: Funding**

Include an Excel spreadsheet with the budget expenses for the project, along with a narrative explanation of the costs. Mention any co-funding that you are planning to use from other sources. The narrative shall include the specific amount of CMP funds to be used for the project, the time period for such use, and an estimate of any non-CMP funds that the State or other entity expects to be contributed to the project.

**Part XII: Involved Organizations**

List a contact name, address, Internet e-mail address and telephone number of all organizations that will receive funds through this project. List any sub-contractors and organizations that are expected to carry out and be responsible for components of the project. Copies of contracts and subcontracts shall be available upon request to CMS and the State.

**CONFLICT OF INTEREST PROHIBITION STATEMENT**

CMS will not approve projects for which a conflict of interest exists or the appearance of a conflict of interest. Similarly, we will generally not approve uses that commit CMS funding to very long term projects (greater than three years). By obliging the State to fund a long and large multi-year expense, we consider such projects to raise the appearance of a conflict of interest where the levy of future CMPs could be construed to be done for the purpose of raising revenue rather than for the statutory purpose of deterring or sanctioning poor quality. We will, however, consider each project in light of the specifics of each individual case.

**ATTESTATION STATEMENT**

CMP funds have been provided for the express purpose of enhancing quality of care and quality of life in nursing homes certified to participate in Title 18 and Title 19 of Social Security Act. Failure to use civil money penalty funds solely for certified nursing homes and for the intended purpose of the grant proposal is prohibited by Federal law. Failure to use the CMP funds as specified will result in denial of future grant applications and referral to the appropriate entity for Medicare/ Medicaid fraud and Program Integrity. The applicant shall disclose any conflicts of interest, including family relationships.

**QUESTIONS TO ANSWER BEFORE SUBMISSION OF THIS REQUEST:**

**NOTE:** Candidates should be able to confidently answer “yes” to each question below.

- | Yes                      | No                       |  |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | Does my project have a central focus and coherent direction, with good synergy and integration among components?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Does my project clearly state the benefits to residents?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Do I have sufficient preliminary data to support my project?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Is my project plan well developed?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Does the project have sufficient details, and focused approaches?  |
| <input type="checkbox"/> | <input type="checkbox"/> | Did I address problems that may be encountered, propose alternative approaches, and describe contingency plans?  |
| <input type="checkbox"/> | <input type="checkbox"/> | Did the project planning committee consider the potential difficulties and limitations of the proposed approaches?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Have I explained the significance of the overall program goals?  |
| <input type="checkbox"/> | <input type="checkbox"/> | Have I listed all of the sites where my work will take place and listed which facilities are completing which parts of the project? Have I fully coordinated among them? |
| <input type="checkbox"/> | <input type="checkbox"/> | Have I made provisions for data management and coordination?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Have I labeled all materials clearly so reviewers can easily find information?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Did I put all items in the correct section?  |
| <input type="checkbox"/> | <input type="checkbox"/> | Do I have biosketches for all personnel in the application?  |
| <input type="checkbox"/> | <input type="checkbox"/> | Does each biosketch include all required sections such as positions and honors, selected peer reviewed publications or manuscripts in press, and research support?       |
| <input type="checkbox"/> | <input type="checkbox"/> | Have I explained how my corporation can give me the support that I need to do the project?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Is there sufficient expertise for the work proposed?   |
| <input type="checkbox"/> | <input type="checkbox"/> | Are benchmarks and deliverables clearly stated?  |

# REVIEW

## LEVEL 1—INTERNAL REVIEW PROCESS.

**NOTE: This section of the application is completed by the State Survey Agency**

### THE CONTENT OF THIS REQUEST HAS BEEN REVIEWED BY:

Date Request Received:  $\frac{\quad}{MM} / \frac{\quad}{DD} / \frac{\quad}{YYYY}$

Date State Agency Reviewed:  $\frac{\quad}{MM} / \frac{\quad}{DD} / \frac{\quad}{YYYY}$

Date Request Forwarded to the CMS Mail Box:  $\frac{\quad}{MM} / \frac{\quad}{DD} / \frac{\quad}{YYYY}$

State Agency Reviewer #1: \_\_\_\_\_

State Agency Reviewer #1 E-mail address: \_\_\_\_\_

State Agency Reviewer #1 Telephone Number:     -     -

State Agency Reviewer #2: \_\_\_\_\_

State Agency Reviewer #2 E-mail address: \_\_\_\_\_

State Agency Reviewer #2 Telephone Number:     -     -

**NOTE:** The State Agency will be responsible for providing timely notification to the applicant that the request has been received, and acted upon.

As the first line reviewer, the State Survey Agency recommends:

Meets criteria  Does not meet criteria

Comments: Include the rationale for your recommendation.

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**LEVEL II—EXTERNAL REVIEW & RECOMMENDATION PROCESS**

**NOTE: This section of the application is completed by the CMS–Seattle Regional Office**

**THE CONTENT OF THIS REQUEST HAS BEEN REVIEWED BY:**

CMS Regional Office Reviewer #1 \_\_\_\_\_

CMP Tracking Number:     -     -

Y Y Y Y state M M D D

CMS recommends:

- Approval
- Denial
- Request for more information; see comments below

Date of E-mail to State Agency and Applicant :      /      /       
MM DD YYYY

Application Comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FINAL DISPOSITION**

Review by the LTC Certification & Enforcement Branch Manager:

\_\_\_\_\_

Date:      /      /       
MM DD YYYY

- Approval
- Denial
- More information, see comments below

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature: \_\_\_\_\_

Review by the ARA:

Date:      /      /       
MM DD YYYY

- Approval
- Denial
- More information, see comments below



Comments: \_\_\_\_\_

\_\_\_\_\_

Signature: \_\_\_\_\_