Criminal History Check

Rule 7 AAC 10.900(b)

Type Rule

Background Check - (b) The provisions of 7 AAC 10.900 - 7 AAC 10.990 apply to an entity or individual service provider seeking licensure, certification, approval, or a finding of eligibility to receive payments from the department. Each individual who is to be associated with the entity or provider in a manner described in this subsection must have a valid criminal history check conducted under 7 AAC 10.900 - 7 AAC 10.990 if that individual is 16 years of age or older and will be associated with the entity or provider as
(1) an administrator or operator;
(2) an individual service provider;
(3) an employee, an independent contractor, an unsupervised volunteer, or a board member if that individual has
   (A) regular contact with recipients of services;
   (B) access to personal or financial records
maintained by the entity or provider regarding recipients of
services; or
   (C) control over or impact on the financial
well-being of recipients of services, unless the only recipient
whose financial well-being is affected is a
   (i) relative of the individual who has authorized
that individual to make financial decisions for that relative;
   (ii) recipient who has executed a power of
attorney for that individual to make financial decisions for that
recipient; or
   (iii) recipient for whom a court has authorized
that individual to make financial decisions;
   (4) an officer, director, partner, member, or principal of
the business organization that owns an entity, if that individual has
   (A) regular contact with recipients of services;
   (B) access to personal or financial records
maintained by the entity or provider regarding recipients of
services; or
   (C) control over or impact on the financial
well-being of recipients of services, unless the only recipient
whose financial well-being is affected is a
   (i) relative of the individual who has authorized
that individual to make financial decisions for that relative;
   (ii) recipient who has executed a power of
attorney for that individual to make financial decisions for that
recipient; or
   (iii) recipient for whom a court has authorized
that individual to make financial decisions;
   (5) except as provided in (c) and (d)(10) of this section,
an individual who resides in a part of an entity, including a
residence if services are provided in the residence, if the
individual remains, or intends to remain, in the entity for 45
days or more, in total, in a 12-month period; or
   (6) except as provided in (c) and (d) of this section, any
other individual who is present in the entity and would have
regular contact with recipients of services.
ST - S101 - Criminal History Check

Title  Criminal History Check
Rule  7 AAC 10.900(c)
Type  Rule

**Regulation Definition**

Background Check - (c) A criminal history check under 7 AAC 10.900 - 7 AAC 10.990 is not required for a recipient of services, unless that individual is also associated with the entity or individual service provider in any manner described in (b)(1) - (4) of this section.

**Interpretive Guideline**

ST - S102 - Criminal History Check

Title  Criminal History Check
Rule  7 AAC 10.900(d)
Type  Rule

**Regulation Definition**

Background Check - (d) A criminal history check under 7 AAC 10.900 - 7 AAC 10.990 is not required for the following individuals, if supervised access is provided in accordance with (c) of this section:

1. a relative of a recipient of services, unless that relative is also associated with the entity or provider in any manner described in (b)(1) - (5) of this section;
2. a visitor of a recipient of services, unless that visitor is also associated with the entity or provider in any manner described in (b)(1) - (4) of this section;
3. an individual for whom the entity or provider submits evidence to the department of a fingerprint-based background check
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(A) conducted and implemented under a process that meets or exceeds the standards of 7 AAC 10.900 - 7 AAC 10.990; and

(B) that is required
   (i) as a condition for obtaining a professional license or certification under AS 08;
   (ii) by federal law for an entity or individual service provider described in AS 47.05.300; or
   (iii) as a condition of employment or association that is imposed by an entity or individual service provider described in AS 47.05.300;

(4) an employee, independent contractor, unsupervised volunteer, board member, officer, director, partner, member, or principal of the business organization that owns an entity if that individual is not associated with the entity or an individual service provider in any manner described in (b)(1) - (4) of this section;

(5) an approved relative provider under 7 AAC 41.200(e);

(6) a personal physician, an infant learning teacher, an attendant for a child with special needs as described in 7 AAC 57.940, a licensor, a fire marshal, a food services sponsor, or another similar individual who
   (A) is not associated with the entity or provider under (b) of this section; and
   (B) provides support services to the entity or provider or to a recipient of services;

(7) an individual who is a vendor or an industry representative, or who provides delivery, installation, maintenance, or repair services;

(8) an individual who resides in any part of an entity, including a residence if services are provided in the residence, if the individual remains in the entity or residence for less than 45 days, in total, in a 12-month period;

(9) a parent's designee to drop off and pick up a child in care, unless the designee is also associated in a manner
described in (b) of this section with the entity providing child care;

(10) a parent who receives money from the department for purposes of paying an approved in-home child care provider under 7 AAC 41.370, and any other individual who resides in that parent's household; however, the exemption in this paragraph does not apply to an approved in-home child care provider who resides in the household;

(11) an occasional guest of the administrator or operator of an entity or of a provider.

ST - S103 - Criminal History Check

Title Criminal History Check

Rule 7 AAC 10.900(e) - (f)

Type Rule

Regulation Definition

Background Check - (e) An entity or individual service provider must provide supervised access for an individual exempted under (d) of this section if the individual is present in the entity during hours of operation. Supervised access is not required in a residence where in-home child care is provided under 7 AAC 41.370.

(f) For purposes of (b)(5) and (d)(8) of this section, "individual who resides in any part of an entity" means an individual who dwells continuously in, or legally occupies, the premises housing the entity or provider, as evidenced by

(1) the individual's address on the individual's permanent fund dividend received under AS 43.23, driver's license, fishing or hunting license, or other official record; or

(2) observation by another individual of the individual occupying the premises. (Eff. 2/9/2007, Register 181)
Background Check - Request for criminal History Check. (a) An entity or individual service provider that is subject to AS 47.05.300 - 47.05.390 and 7 AAC 10.900 - 7 AAC 10.990 must request a criminal history check under this section, or provide proof of a valid fingerprint-based criminal history check, for each individual to be associated, or to remain associated, with the entity or provider in a manner described in 7 AAC 10.900(b). An entity or individual must request a criminal history check.

(1) when the entity or provider submits an initial application for a license, certification, approval, or finding of eligibility to receive payments from the department;

(2) for a new owner, officer, director, partner, member, or principal of the business organization if there is a change in ownership of the business organization, or if an officer, director, partner, member, or principal of the business organization is replaced; the criminal history check must be completed before the individual begins association unless the department issues notice of a provisional valid criminal history check under 7 AAC 10.920;

(3) except as provided otherwise in this section, if the entity or provider wishes to hire or retain an employee, independent contractor, or unsupervised volunteer described in 7 AAC 10.900(b)(3); the criminal history check must be completed before hiring unless the department issues notice of a provisional valid criminal history check under 7 AAC 10.920;

(4) for an individual 16 years of age or older who is not a
recipient of services, and who wishes to reside in the entity or to be present as described in 7 AAC 10.900(b)(5) or (6); the criminal history check must be completed before the individual begins association unless

(A) the department issues notice of a provisional valid criminal history check under 7 AAC 10.920; or

(B) the individual is residing in the entity before that individual's 16th birthday; for an individual described in this subparagraph, the entity or provider must submit the information required under (b) of this section within 30 days before the individual's 16th birthday;

(5) at any time requested by the department

(A) to show compliance with 7 AAC 10.900 - 7 AAC 10.990 during inspection, monitoring, or investigation; or

(B) for an individual if the department has good cause to believe that the individual’s criminal history has changed; or

(6) on or before April 10, 2007, for each individual who is associated with an entity or provider operating under a current license, certification, approval, or finding of eligibility to receive payments, and who

(A) does not have a valid criminal history check; or

(B) passed a criminal history check conducted before February 9, 2007 that

(i) was not fingerprint-based; or

(ii) was fingerprint-based and conducted more than six years before February 9, 2007.

ST - S105 - Criminal History Check

Title  Criminal History Check

Rule  7 AAC 10.910(c)

Type  Rule
Aspen State Regulation Set: S 03 Specialized Hospital

**Regulation Definition**

Background Check - Request for criminal History Check. (c) Unless a more frequent fingerprint-based criminal history check is required under federal law, or for certain entities and providers under (f) of this section, a fingerprint-based criminal history check is valid for six years from the date the check became valid under (h) of this section for an individual who

1. remains associated with an entity or provider in a manner described in 7 AAC 10.900(b), subject to verification under (d) of this section;
2. becomes re-associated with the same entity or provider in a manner described in 7 AAC 10.900(b) within 100 days after terminating association with that entity or provider, subject to verification under (e) of this section; or
3. becomes associated with another entity or provider in a manner described in 7 AAC 10.900(b) within 100 days after terminating association with a previous entity or provider, subject to verification under (e) of this section.

**ST - S106 - Criminal History Check**

**Title** Criminal History Check

**Rule** 7 AAC 10.910(d)

**Type** Rule

**Regulation Definition**

Background Check - Request for criminal History Check. (d) Upon renewal of a license, certification, or approval, or when a finding is made for continued eligibility to receive payments, an entity or individual service provider must provide to the department proof that an individual described in (c)(1) of this section has a valid criminal history check. If the department determines that the criminal history check is not valid, the department will notify the entity or provider that a request for
a new criminal history check must be submitted under this section.

ST - S107 - Criminal History Check

Title  Criminal History Check
Rule  7 AAC 10.910(f)
Type  Rule

**Regulation Definition**

Criminal history check - (f) Except as provided otherwise in this subsection, and unless the department granted a variance under 7 AAC 10.935, a new criminal history check is not required if a person associated with an entity or provider in a manner described in 7 AAC 10.900(b) is transferred from one site operated by the entity or provider to another site operated by that entity or provider, if all sites are identified in the request for a criminal history check. Before October 1, 2007, an entity or provider must submit the items required under (b) of this section for an individual described in the following list, each time that individual changes employment, regardless of what entities or providers were listed on the request for a criminal history check:

(1) an individual associated with
    (A) a nursing facility;
    (B) a hospital that provides swing-bed services or that is reimbursed under 7 AAC 43 for treatment described in the definition of "swing-bed day" set out in 7 AAC 43.709; for purposes of this subparagraph,
        (i) "hospital that provides swing-bed services" has the meaning given "swing-bed hospital" in 42 C.F.R. 413.114(b); and
        (ii) the definition of "swing-bed hospital" in 42 C.F.R. 413.114(b), as revised as of October 1, 2006, is adopted by reference;
    (C) an intermediate care facility for the mentally

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Aspen State Regulation Set: S 03 Specialized Hospital

retarded or persons with related conditions;
   (D) an assisted living home;
   (E) a hospice agency;
   (F) a home and community-based services provider
as defined in 7 AAC 43.1110;
   (G) a home health agency; or
   (H) a personal care agency enrolled under 7 AAC
43.786 or 7 AAC 43.787;
   (2) an individual providing care coordination, case
management, adult day services, or respite care services.

ST - S108 - Criminal History Check

Title  Criminal History Check
Rule  7 AAC 10.915(f) - (h)
Type  Rule

Regulation Definition

(f) Except as provided otherwise in this subsection, an entity
or provider must, within 24 hours after receiving notification
under (d) or (e) of this section, terminate association with the
individual in accordance with 7 AAC 10.960. If the entity or
provider requests a variance under 7 AAC 10.930, or if the
individual requests reconsideration under 7 AAC 10.950, the
individual may remain associated with the entity or provider,
pending a decision on the request, if
   (1) the individual is removed from direct contact with
recipients of services; and
   (2) the entity or provider ensures that the individual is
provided with direct supervision if the individual is present in
any area where services are provided, during hours of
operation.

(g) If an individual remains out of association with an entity
or provider for 100 days or longer, the department will revoke
a valid criminal history check without prior notice. A new
criminal history check is required if the individual wishes to
Title  Monitoring and Notification
Rule  7 AAC 10.925(a) - (b)
Type  Rule

Monitoring and notification requirements. (a) An entity or provider shall monitor to ensure that all individuals associated with the entity or provider in a manner described in 7 AAC 10.900(b) continue to meet the applicable requirements of AS 47.05.300 - 47.05.390 and 7 AAC 10.900 - 7 AAC 10.990. The entity or provider shall require each individual for whom a criminal history check is required to report to the entity or provider within 24 hours, or the next business day if the individual is
   (1) charged with, convicted of, found not guilty by reason of insanity for, or adjudicated as a delinquent for, a barrier crime listed in 7 AAC 10.905; or
   (2) is the subject of a matter that must be reported under 7 AAC 10.955(c) for the centralized registry.
(b) In addition to the reporting requirements of 7 AAC 10.955(c) for the centralized registry, the entity or provider shall notify the department by telephone, by electronic mail, by facsimile, by letter, or in person within
(1) 24 hours, or the next business day, after the entity or provider has knowledge that an individual associated with the entity or provider has been
   (A) arrested for, charged with, convicted of, found not guilty by reason of insanity for, or adjudicated as a delinquent for, a barrier crime listed in 7 AAC 10.905; or
   (B) is the subject of a matter that must be reported under 7 AAC 10.955(c) for the centralized registry; or
(2) 14 days after any change in association with the entity or provider for an individual who has a valid criminal history check or is the subject of a provisional valid criminal history check, including a change that involves an individual
   (A) whose association described in 7 AAC 10.900(b) has been terminated; or
   (B) who has not been associated with the entity or provider for 61 days or more, but becomes re-associated within 100 days.

ST - S110 - Monitoring and Notification

Title  Monitoring and Notification
Rule  7 AAC 10.925(c)
Type  Rule

Regulation Definition
Monitoring and notification requirements. (c) Failure to notify the department as required under this section may result in an enforcement action, including suspension or revocation of the license, certification, approval, or finding of eligibility to receive payments. (Eff. 2/9/2007, Register 181)

Interpretive Guideline
ST - S111 - Criminal History Check - Request for Variance

Title  Criminal History Check - Request for Variance
Rule  7 AAC 10.930(d)
Type  Rule

Regulation Definition
Request for variance - (d)  If the department granted a variance for an offense revealed in a fingerprint-based criminal history check conducted six or more years before February 9, 2007, and if the offense for which the variance was granted is not a permanent barrier under 7 AAC 10.905, the entity or provider must submit a new request for a variance, if allowed under this section, at the time of application for renewal of that entity's current license, certification, approval, or finding of eligibility to receive payments. Except as provided in (h) and (i) of this section, if the offense for which the department granted the variance is a permanent barrier under 7 AAC 10.905, the variance is void and the entity must terminate association with the individual in accordance with 7 AAC 10.960.

ST - S112 - Criminal History Check - New Variance Request

Title  Criminal History Check - New Variance Request
Rule  7 AAC 10.930(e)
Type  Rule

Regulation Definition
(e)  If the department granted a variance for a barrier condition described in 7 AAC 10.955 six or more years before February 9, 2007, the entity or provider must submit a new request for a variance at the time of application for renewal of
that entity's current license, certification, approval, or finding of eligibility to receive payments.

**ST - S113 - Posting of Variance Decision**

**Title** Posting of Variance Decision  
**Rule** 7 AAC 10.940  
**Type** Rule

**Regulation Definition**
Posting of variance decision required - If the department grants a variance under 7 AAC 10.935, the entity or individual service provider shall post a copy of the variance decision with the copy of the license, certification, approval, or finding of eligibility to receive payments that was issued by the department, in a conspicuous place where the copy of the variance can be readily viewed by persons interested in obtaining the services offered by the entity or provider. (Eff. 2/9/2007, Register 181)

**Interpretive Guideline**

**ST - S114 - Termination of Association**

**Title** Termination of Association  
**Rule** 7 AAC 10.960(a)  
**Type** Rule

**Regulation Definition**
Termination of Association - (a) Except as provided in (b) and (c) of this section, if an entity or provider is required to terminate association with an individual, the entity or provider shall

(1) notify the individual that the individual's employment, volunteer services, or other association with the entity or provider under 7 AAC 10.900(b) is ended, effective
immediately, unless the entity or provider takes immediate action under (2) of this subsection; the entity or provider must notify the individual under this paragraph
(A) immediately, if the individual is present at the entity or premises where the provider is providing services; or
(B) before or upon the individual's next arrival at the entity; or
(2) if the entity or provider intends to request a variance under 7 AAC 10.930, immediately reassign the duties and responsibilities of that individual so that the individual
(A) does not have contact with recipients of services;
(B) cannot access personal or financial records maintained by the entity or provider regarding recipients of services;
(C) has no control over or impact on the financial well-being of a recipient of services, unless the only recipient whose financial well-being is affected is a
   (i) relative of the individual who has authorized that individual to make financial decisions for that relative;
   (ii) recipient who has executed a power of attorney for that individual to make financial decisions for that recipient; or
   (iii) recipient for whom a court has authorized that individual to make financial decisions; and
(D) is provided with direct supervision if present in the entity or premises where the provider is providing services during hours of operation.

ST - S115 - Termination of Association

Title Termination of Association
Rule 7 AAC 10.960(b)
Type Rule
Termination of Association - (b) If the entity or provider is required to terminate association with an individual who is subject to a union agreement or employment contract that requires more notice than allowed under (a) of this section, the entity or provider shall, within 24 hours after receiving notice to terminate association, deliver a copy of the relevant language of the agreement or contract to the department. The entity or provider shall cooperate with the department in developing an appropriate termination plan for the individual that includes the measures set out in (a)(2)(A) - (D) of this section during the notice period mandated by the agreement or contract.

Termination of Association - (c) If the individual for whom termination of association is required is a relative of the operator, administrator, or provider, and resides in the entity or premises where services are provided, termination of association must occur within 24 hours, and the entity or provider shall ensure that

1. the individual does not have contact with recipients of services; and
2. the individual is provided with direct supervision if, during that 24-hour period, the individual is present in the entity or premises where the provider is providing services during hours of operation. (Eff. 2/9/2007, Register 181)
ST - S117 - Grant or Denial of General Variance

Title  Grant or Denial of General Variance
Rule  7 AAC 10.9525(b)
Type  Rule

Regulation Definition

Variance Review - (b) Grant or denial of a general variance
Subject to (c) of this section, the department may grant a
general variance, for a period that does not exceed one year, if
the department determines that the entity
(1) is unable to comply with the requirement from which
the variance is sought;
(2) has an effective plan for achieving compliance during
the term of the variance; and
(3) is able to adequately provide for the health, safety, and
welfare of recipients of services during the term of the
variance.

Interpretive Guideline

ST - S118 - Grant or Denial of General Variance

Title  Grant or Denial of General Variance
Rule  7 AAC 10.9525(c)
Type  Rule

Regulation Definition

Variance Review - (c) The department may grant a general
variance for a longer period than allowed under (b) of this
section if the department determines
(1) that
(A) strict compliance with the requirement from
which the variance is sought cannot be accomplished without a
substantial economic, technological, programmatic, legal, or
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medical hardship; or
(B) the variance will maintain or improve the quality
of services for recipients of services; and
(2) that the entity has an effective plan for meeting the
goal of the requirement from which the variance is sought, and
that the plan adequately protects the health, safety, and welfare
of recipients of services and otherwise meets all applicable
statutory or regulatory standards.

ST - S119 - Posting of a General Variance

Title  Posting of a General Variance
Rule  7 AAC 10.9530(a)
Type  Rule

Regulation Definition

Posting of a general variance. (a) If the department grants a
request for a general variance, the entity shall post a copy of
the general variance decision in a conspicuous place, with the
entity's license as required by AS 47.32.080, during the
period the variance is in effect, and shall make it available to
any person who wishes to review it. A general variance
remains in effect for the duration stated, unless the department
revokes the variance under (b) of this section.

ST - S120 - General Variance

Title  General Variance
Rule  7 AAC 10.9530(b)
Type  Rule

Regulation Definition

(b) The department will revoke a general variance if the
department finds that the entity is not following its plan for
achieving compliance, or is no longer able to adequately provide for the health, safety, and welfare of recipients of services during the term of the variance. If the department decides to revoke a variance, it will provide written notice of revocation to the entity, setting out the reasons for the department's decision. The department will advise the entity of its right to request reconsideration under 7 AAC 10.9535. A notice of revocation issued under this subsection is effective 30 days after it is received by the entity unless a request for reconsideration is submitted. Nothing in this subsection precludes the department from issuing a notice of immediate revocation if the department finds that the life, health, safety, or welfare of recipients of services is threatened.

**Title**  Plan of Correction

**Rule**  7 AAC 10.9610(a)

**Type**  Rule

**Regulation Definition**

Plan of correction - (a) The plan of correction required under AS 47.32.140 (b) must contain the following information for each violation identified in the report issued under AS 47.32.120 (a):

1. each action that will be taken to correct the violation
2. each measure that will be taken or change that will made to ensure the violation does not recur;
3. how the entity will monitor each corrective action to ensure the violation is cured and will not recur;
4. the date on or before which the violation will be cured.

**Interpretive Guideline**
Plan of correction - (b) The plan of correction must be signed by the administrator or another person responsible for operation of the entity.

Plan of correction - (c) If the department determines that any recipients of services were affected by a violation, the department may also require the entity to describe
(1) each corrective action that will be taken with regard to those recipients; and
(2) how the entity will identify other recipients of services who might be affected by the violation, and what corrective action will be taken.
### Regulation Definition

Plan of correction - (d) The entity may request that the plan of correction also act as the allegation of compliance required under 7 AAC 10.9615 if each violation listed in the report has been corrected before submission of the plan of correction.

### ST - S126 - Plan of Correction

**Title**: Plan of Correction  
**Rule**: 7 AAC 10.9610(e)  
**Type**: Rule

**Regulation Definition**

Plan of correction - (e) The department will review a plan of correction submitted under (a) - (d) of this section to determine whether the plan is acceptable. If the department determines that the plan is unacceptable, the department may:
1. Request additional information regarding one or more corrective actions described in the plan;
2. Require the entity to amend the plan as directed by the department;
3. Require the entity to comply with a plan of correction developed by the department under (g) of this section.

### ST - S127 - Plan of Correction

**Title**: Plan of Correction  
**Rule**: 7 AAC 10.9610(i)  
**Type**: Rule

**Regulation Definition**

Plan of Correction - (i) The entity shall keep on the premises a copy of each inspection document described in AS 47.32.180.
(b) for at least three years from the date of inspection and shall make each document available to any interested person upon request.

**ST - S128 - Allegation of Compliance**

**Title** Allegation of Compliance  
**Rule** 7 AAC 10.9615  
**Type** Rule

**Regulation Definition**

Allegation of compliance. An allegation of compliance required under AS 47.32.140 (c) must describe each action that was taken by the entity to correct each violation, and must include the date the violation was corrected. The allegation must be signed by the administrator or another person responsible for operation of the entity. The department will review the allegation to determine whether it provides enough detail to establish that each violation was corrected by any applicable deadline. The department may also conduct a follow-up inspection to validate the allegation of compliance.

**ST - S140 - Scope**

**Title** Scope  
**Rule** 7 AAC 12.200  
**Type** Rule

**Regulation Definition**

Scope. A hospital which is primarily engaged in the treatment of one specific type of illness or disability is a specialized hospital, and must comply with 7 AAC 12.200 - 7 AAC 12.210 and the applicable provisions of 7 AAC 12.215 - 7 AAC 12.225.
### ST - S141 - Services Required

**Title** Services Required  
**Rule** 7 AAC 12.205  
**Type** Rule

**Regulation Definition**  
Services required. A hospital described in 7 AAC 12.200 must provide nursing, dietetic, medical record, and pharmaceutical services on site. Radiological, laboratory, and social services must be provided by the hospital either on site or by contract.

### ST - S142 - Medical Staff

**Title** Medical Staff  
**Rule** 7 AAC 12.210(a)  
**Type** Rule

**Regulation Definition**  
Medical staff. (a) A hospital described in 7 AAC 12.200 must have a medical staff.

### ST - S143 - Medical Staff

**Title** Medical Staff  
**Rule** 7 AAC 12.210(b)  
**Type** Rule

**Regulation Definition**  
Medical staff. (b) The medical staff shall organize and adopt, with the approval of the governing body, bylaws and rules.
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which provide for
  (1) eligibility for medical staff membership, and recommending appointments to the governing body;
  (2) appointment of committees, including executive, credentials, medical records, tissue and transfusion, infection control, pharmacy and therapeutics, and utilization review committees, which shall keep written minutes of their meetings, including committee activities and recommendations; and
  (3) election of officers, including a chief of staff, and quarterly meetings, with minutes and records of attendance to be maintained for at least five years.

ST - S144 - Medical Staff

Title Medical Staff
Rule 7 AAC 12.210(c)(1)
Type Rule

**Regulation Definition**

Medical Staff. (c) The medical staff shall
  (1) recommend annually to the governing body the appointment of and the medical and surgical privileges for each member of the medical staff;

**Interpretive Guideline**

ST - S145 - Medical Staff

Title Medical Staff
Rule 7 AAC 12.210(c)(2)
Type Rule

**Regulation Definition**

Medical Staff. (c) The medical staff shall
  (2) ensure that a physician is available to respond to an
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emergency at all times;

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**Regulation Definition**

Medical Staff. (c) The medical staff shall
(3) place each patient under the care of a member of the medical staff;

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**Regulation Definition**

Medical Staff. (c) The medical staff shall
(4) require that an order of a practitioner, including a telephonic or other oral order, be reduced to writing and, within three days after the order is given, be dated, timed, and either initialed or signed by that practitioner or by another practitioner responsible for the care of the patient, even if the order did not originate with the other practitioner;

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### Regulation Definition

Medical Staff. (c) The medical staff shall

(5) ensure that the use of an investigational drug is properly supervised by a member of the medical staff, that an informed consent form provided by the sponsoring company or agency is used, and that complete records on the drug, including protocol and side effects, are maintained;

### Interpretive Guideline

**ST - S149 - Medical Staff**

**Title** Medical Staff  
**Rule** 7 AAC 12.210(c)(6)  
**Type** Rule

### Regulation Definition

Medical Staff. (c) The medical staff shall

(6) establish procedures for circumstances in which consultation is required;

### Interpretive Guideline

**ST - S150 - Medical Staff**

**Title** Medical Staff  
**Rule** 7 AAC 12.210(c)(7)  
**Type** Rule

### Regulation Definition

Medical Staff. (c) The medical staff shall

(7) establish standards for care by residents, interns, and medical students in accordance with a residency training program approved by the Council on Education of the American Medical Association, the American Dental Association, or applicable specialty boards;
ST - S151 - Medical Staff

Title Medical Staff
Rule 7 AAC 12.210(c)(8)

Type Rule

**Regulation Definition**
Medical Staff. (c) The medical staff shall
(8) review at regular intervals clinical and scientific work,
medical services, and maintenance of accurate medical
records;

**Interpretive Guideline**

ST - S152 - Medical Staff

Title Medical Staff
Rule 7 AAC 12.210(c)(9)

Type Rule

**Regulation Definition**
Medical Staff. (c) The medical staff shall
(9) establish guidelines for referral to a pathologist of
tissues removed by surgery; and

**Interpretive Guideline**

ST - S153 - Medical Staff

Title Medical Staff
Rule 7 AAC 12.210(c)(10)

Type Rule

**Regulation Definition**
Medical Staff. (c) The medical staff shall

**Interpretive Guideline**

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Aspen State Regulation Set: S 03 Specialized Hospital

(10) ensure that the medical history and physical examination for each patient are completed no more than 30 days before, or 24 hours after, admission; if completed within 30 days before admission, the medical staff must ensure that within 24 hours after admission

(A) an updated history and examination are completed to determine any change in the patient's condition; and

(B) the updated history and examination required under (A) of this paragraph are documented in the patient's medical record, with any change noted.

ST - S160 - Psychiatric Hospitals

Title Psychiatric Hospitals
Rule 7 AAC 12.215(a)
Type Rule

Regulation Definition
Psychiatric Hospitals. (a) A hospital which is primarily engaged in providing to inpatients psychiatric services for the diagnosis and treatment of mental illness is a psychiatric hospital and must comply with the provisions of this section.

ST - S161 - Psychiatric Hospitals

Title Psychiatric Hospitals
Rule 7 AAC 12.215(b)
Type Rule

Regulation Definition
Psychiatric Hospitals. (b) A psychiatric hospital must have the following minimum staff and on-site services, in addition to those required by 7 AAC 12.205:
(1) a medical service, supervised by a physician;
(2) a psychiatric service, supervised by a psychiatrist;
(3) a psychological service, which includes one or more psychologists employed on a full-time, regular part-time, or consulting basis;
(4) a social work service which includes one or more social workers employed on a full-time, part-time or consulting basis, under the direction of the medical staff;
(5) a nursing service, under the direction of a registered nurse who has the following qualifications:
   (A) a master's degree in psychiatric nursing or a related field with one year of experience in nursing administration; or
   (B) a baccalaureate degree in nursing with 2 years of experience in psychiatric nursing and two years of experience in nursing administration; and
(6) sufficient registered nursing personnel to give direct nursing care, and to plan, supervise, and coordinate care given by other mental health workers.

ST - S162 - Psychiatric Hospitals

Title  Psychiatric Hospitals
Rule  7 AAC 12.215(c)
Type  Rule

Regulation Definition
Psychiatric Hospitals. (c) In addition to the services listed in (b) of this section, a psychiatric hospital must provide the following services, either directly or through a contract with outside providers:
(1) psychological testing and counseling;
(2) assessment, screening and diagnostic services;
(3) individual psychotherapy;
(4) group therapy;
(5) family therapy; and

Interpretive Guideline
(6) therapeutic occupational and activity programs.

### ST - S163 - Psychiatric Hospitals

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<tr>
<th>Title</th>
<th>Psychiatric Hospitals</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.215(d)(1)</td>
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#### Regulation Definition

Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it

1. have a transfer agreement with a general acute care hospital which includes provision for transfer of a patient's records upon transfer of the patient;

#### Interpretive Guideline

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### ST - S164 - Psychiatric Hospitals

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<th>Title</th>
<th>Psychiatric Hospitals</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.215(d)(2)</td>
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<td>Type</td>
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</table>

#### Regulation Definition

Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it

2. admit and discharge patients in accordance with AS 47.30;

#### Interpretive Guideline

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### ST - S265 - Psychiatric Hospitals

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<th>Title</th>
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<tr>
<td>Rule</td>
<td>7 AAC 12.215(d)(3)</td>
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</table>
Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it

(3) provide for each patient a written treatment plan, developed with the patient's participation as far as practicable, which incorporates a comprehensive interdisciplinary approach based on the patient's medical, social, and psychiatric or psychological evaluations;
Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it

(5) provide organized therapeutic activities with consideration for the interests and needs of the patients;

Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it

(6) document in each patient's medical record the patient's attitude and response to treatment;

Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it

(7) provide a means for review and audit of the treatment process.
Aspen State Regulation Set: S 03 Specialized Hospital

Regulation Definition

Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it (8) establish and implement guidelines for use of physical restraints and seclusion rooms which include the following requirements:

(A) the location of a seclusion room which allows for direct supervision and observation by staff;

(B) construction of a seclusion room which minimizes opportunity for concealment, escape, injury, or suicide, including locks and doors which open outwards;

(C) recording in a patient's medical record the time the patient spent in seclusion or restraints;

(D) visiting a patient who is in restraints or seclusion at least hourly, and providing the patient with adequate opportunity for exercise, access to bathroom facilities, and time out of restraints or seclusion;

(E) limiting the use of restraints or seclusion to situations in which alternative means will not protect the patient or others from injury; and

(F) when practicable, consultation with the patient regarding the patient's preference among available forms of adequate, medically advisable restraints, including medication;

Interpretive Guideline

ST - S270 - Psychiatric Hospitals

Title Psychiatric Hospitals

Rule 7 AAC 12.215(d)(8)

Type Rule

Regulation Definition

Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it (8) establish and implement guidelines for administration of a drug when given...
AS - S271 - Psychiatric Hospitals

Title  Psychiatric Hospitals
Rule  7 AAC 12.215(d)(9)

Type  Rule

Regulation Definition

Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it provide that each treatment unit within the hospital keeps a confidential log of all referrals it initiates or receives;

Interpretive Guideline

ST - S272 - Psychiatric Hospitals

Title  Psychiatric Hospitals
Rule  7 AAC 12.215(d)(10)

Type  Rule

Regulation Definition

Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it provide an area in which a patient can meet with an outside community service provider and other hospital personnel who assist in fulfilling the goals and objectives of the treatment plan;

Interpretive Guideline
ST - S273 - Psychiatric Hospitals

Title  Psychiatric Hospitals
Rule  7 AAC 12.215(d)(11)
Type  Rule

**Regulation Definition**

Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it (11) have a committee of the medical staff periodically evaluate the services provided and make appropriate recommendations to the medical staff and administration;

**Interpretive Guideline**


ST - S274 - Psychiatric Hospitals

Title  Psychiatric Hospitals
Rule  7 AAC 12.215(d)(12)
Type  Rule

**Regulation Definition**

Psychiatric Hospitals. (d) A psychiatric hospital must have policies and procedures which require that it (12) establish and implement

(A) controls for contraband;
(B) security controls and management for potentially dangerous individuals, and for patients committed before October 1, 1982 under AS 12.45 and after September 30, 1982 under AS 12.47;
(C) preventive measures for suicide or self-harm;
(D) admission criteria for a psychiatric security unit; and
(E) controls for storage and handling of police officers' weapons.

**Interpretive Guideline**
### ST - S275 - Psychiatric Hospitals

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<th>Title</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.215(e)(1)</td>
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#### Regulation Definition

Psychiatric Hospitals. (e) If a psychiatric hospital permits human subject research, it must

1. have written policies which describe the purpose and conduct of all research using the hospital's staff, patients, or services, and which require that
   - written agreements entered into by subjects do not include exculpatory language through which the subject waives any legal rights or which releases the hospital or its staff from liability for negligence;
   - when research findings are made public, the anonymity of individual patients is assured; and
   - when bodily integrity is violated, including by the use of electroconvulsive shock therapy and chemotherapy, supervision be provided by a physician; and

#### Interpretive Guideline

### ST - S276 - Psychiatric Hospitals

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<th>Title</th>
<th>Psychiatric Hospitals</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.215(e)(2)</td>
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<td>Type</td>
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</table>

#### Regulation Definition

Psychiatric Hospitals. (e) If a psychiatric hospital permits human subject research, it must

2. establish an interdisciplinary review committee comprised of both hospital staff members and other
Health Facilities Certification & Licensing
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Aspen State Regulation Set: S 03 Specialized Hospital

knowledgeable persons, for the purpose of reviewing research activities within the facility.

ST - S277 - Psychiatric hospitals

Title  Psychiatric hospitals
Rule  7 AAC 12.215(f)
Type  Rule

Regulation Definition

Psychiatric Hospitals. (f) If a psychiatric hospital provides aftercare service, that service must include a written individualized treatment plan designed to establish continuing contact for the care of each patient and explain the risks, benefits, and side effects of medication programs to the patient.

Interpretive Guideline

Regulation Definition

ST - S278 - Psychiatric Hospitals

Title  Psychiatric Hospitals
Rule  7 AAC 12.215(g)
Type  Rule

Regulation Definition

Psychiatric Hospitals. (g) A psychiatric hospital must provide for educational or training programs for all children of school age who are educable or trainable and who are expected to be patients for longer than one month. The programs must

1. conform to educational requirements established by law and be under direction of teachers certified to teach in Alaska; and

2. if provided by a public school system, include provisions for transportation of the patients to and from school and supervision of them during the transportation.

Interpretive Guideline
Substance Abuse Hospitals

Rule 7 AAC 12.220(a)

Type Rule

**Regulation Definition**

Substance Abuse Hospitals. (a) A hospital or unit of a hospital which is operated for the primary purpose of treatment of alcoholism or substance abuse through an integrated program of medical, psychological, and social evaluation and services, and in which the major portion of the required evaluation and services is furnished within the facility is a substance abuse hospital, and must comply with the provisions of this section.

Substance Abuse Hospitals

Rule 7 AAC 12.220(b)

Type Rule

**Regulation Definition**

Substance Abuse Hospitals. (b) A substance abuse hospital must have written policies, which are available to the public upon request, regarding admission criteria and treatment methods.

Substance Abuse Hospitals
Aspen State Regulation Set: S 03 Specialized Hospital

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<tr>
<th>Regulation Definition</th>
<th>Interpretive Guideline</th>
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<tbody>
<tr>
<td>Substance Abuse Hospitals. (c) A substance abuse hospital must provide the following medical staff and services in addition to those required by 7 AAC 12.205:</td>
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<tr>
<td>(1) continuous supervision during the detoxification process by a physician or by registered nurse under the direct supervision of a physician;</td>
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<tr>
<td>(2) supervision by a physician or by a registered nurse under the direct supervision of a physician during the diagnosis and treatment of medical and psychiatric illnesses derived from or associated with substance abuse;</td>
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<tr>
<td>(3) a social or psychological evaluation that includes the drinking or substance abuse history of the patient, and a determination of current mental and emotional state, cultural background, vocational history, familial relationships, educational background, socio-economic status, and a descriptive inventory of the patient's assets;</td>
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<tr>
<td>(4) a medical evaluation;</td>
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<td>(5) an individualized treatment plan that is based upon the social or psychological and medical evaluations, and which includes:</td>
<td></td>
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<tr>
<td>(A) short- and long-term treatment goals, and estimated duration of treatment and a discharge plan; and (B) whenever practicable, developed with the participation of the patient;</td>
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<tr>
<td>(6) organized therapeutic activities, developed with consideration for the interests and needs of the patients; and (7) an area in which patients can meet with outside community service providers and other program personnel who assist in fulfilling the goals and objectives of the treatment plan.</td>
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</table>
### ST - S283 - Substance Abuse Hospitals

**Title**: Substance Abuse Hospitals  
**Rule**: 7 AAC 220(d)  
**Type**: Rule

<table>
<thead>
<tr>
<th>Regulation Definition</th>
<th>Interpretive Guideline</th>
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<tbody>
<tr>
<td>Substance Abuse Hospitals. (d) A committee of the medical staff shall periodically evaluate the services provided and make appropriate recommendations to the medical staff and administration.</td>
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### ST - S284 - Substance Abuse Hospitals

**Title**: Substance Abuse Hospitals  
**Rule**: 7 AAC 12.220(e)  
**Type**: Rule

<table>
<thead>
<tr>
<th>Regulation Definition</th>
<th>Interpretive Guideline</th>
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</table>
| Substance Abuse Hospitals. (e) A substance abuse hospital must have written policies regarding the use of restraints which include the following requirements:  
  1. recording in a patient's medical record the time the patient spent in restraints;  
  2. visiting a patient who is in restraints at least hourly, and providing the patient with adequate opportunity for exercise, access to bathroom facilities, and time out of restraints; and  
  3. limiting the use of restraints to situations in which alternative means will not protect the patient or others from injury. |

Aspen State Regulation Set: S 03 Specialized Hospital

ST - S285 - Substance Abuse Hospitals

Title  Substance Abuse Hospitals
Rule  7 AAC 12.220(ff)
Type  Rule

Regulation Definition

Substance Abuse Hospitals. (f) A substance abuse hospital must routinely report on patient outreach services and recommendations to any individual, agency, or organization that has assisted in the identification or referral of a substance abuse patient.

Interpretive Guideline

ST - S290 - Rehabilitation Hospitals

Title  Rehabilitation Hospitals
Rule  7 AAC 12.225(a)
Type  Rule

Regulation Definition

Rehabilitation Hospitals. (a) A rehabilitation hospital or unit of a hospital which is operated primarily for the purpose of assisting in the restoration of persons with physical handicaps, communication, language, or self-image disorders, through an integrated program of medical, psychological, social, and vocational evaluation and services, and in which the major portion of the evaluation and services is furnished within the facility, is a rehabilitation hospital and must comply with the provisions of this section.

Interpretive Guideline
Rehabilitation Hospitals. (b) A rehabilitation hospital must provide, in addition to services required in 7 AAC 12.205, physical therapy and occupational therapy services.

Rehabilitation Hospitals. (c) A physician who is certified by the American Board of Physical Medicine and Rehabilitation must have responsibility for the general direction and supervision of the medical services provided and the coordination of all services provided.

Rehabilitation Hospitals. (d)
Rehabilitation Hospitals. (d) An inpatient must be under the care of a member of the medical staff.

Rehabilitation Hospitals. (e) A patient at a rehabilitation hospital must receive a written evaluation, testing, and an individualized treatment plan, which includes short- and long-term goals, the estimated duration of treatment, and a discharge plan. When practicable, the individualized treatment plan must be developed with the participation of the patient.

Rehabilitation Hospitals. (f) Staff members who are involved in the care of a patient shall hold a patient care review conference as often as needed to coordinate rehabilitation and medical services provided to the patient. The treatment plan and goals must be reevaluated periodically, based on a reassessment of the patient's status within 7 to 14 calendar days of the initial assessment, and within 7 to 14 calendar days of each subsequent reassessment unless, in the treating
physician's discretion, a subsequent reassessment is deferred beyond 14 calendar days. If the treating physician determines that a subsequent reassessment is to be deferred beyond 14 calendar days, the basis for that determination must be included in the patient's medical record.

**ST - S296 - Rehabilitation Hospitals**

**Title** Rehabilitation Hospitals

**Rule** 7 AAC 12.225(g)

**Type** Rule

**Regulation Definition**

Rehabilitation Hospitals. (g) Patient participation in a treatment plan, and any involvement by the patient's family in that plan, must be recorded in the patient's medical record.

**ST - S300 - Scope**

**Title** Scope

**Rule** 7 AAC 12.600(a), (b) and (g)

**Type** Rule

**Regulation Definition**

Scope - (a) Unless indicated otherwise in this chapter, a facility required to be licensed under AS 47.32 and this chapter must comply with the provisions of 7 AAC 10.9500 - 7 AAC 10.9535 (General Variance Procedures), 7 AAC 10.9600 - 7 AAC 10.9620 (Inspections and Investigations), 7 AAC 12.600, 7 AAC 12.605, 7 AAC 12.610, 7 AAC 12.620, and 7 AAC 12.920, and with the applicable provisions of this section for each type of facility. A critical access hospital must also comply with 7 AAC 12.612.
(b) A general acute care hospital, rural primary care hospital, long-term acute care hospital, critical access hospital, specialized hospital, and nursing facility must comply with 7 AAC 12.630 - 7 AAC 12.660, 7 AAC 12.730 - 7 AAC 12.770, 7 AAC 12.860, and 7 AAC 12.890 - 7 AAC 12.910.

(g) A facility licensed under this chapter, with the exception of a home health agency, that provides a service described in 7 AAC 12.670 - 7 AAC 12.720, 7 AAC 12.780, 7 AAC 12.790 - 7 AAC 12.850, 7 AAC 12.870, or 7 AAC 12.880 must comply with the section of this chapter governing the provision of that service, unless otherwise indicated.

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**ST - S301 - Criminal History Check Requirements**

**Title** Criminal History Check Requirements

**Rule** 7 AAC 12.605

**Type** Rule

**Regulation Definition**

Criminal History Check Requirements - An entity listed in AS 47.32.010(b) that is required to be licensed under AS 47.32 and this chapter must also comply with the applicable requirements of AS 47.05.300 - 47.05.390 and 7 AAC 10.900 - 7 AAC 10.990 (Barrier Crimes, Criminal History Checks, and Centralized Registry).

**Interpretive Guideline**

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**ST - S302 - Licensure**

**Title** Licensure

**Rule** 7 AAC 12.610

**Type** Rule
Aspen State Regulation Set: S 03 Specialized Hospital

**Regulation Definition**

Licensure - (a) Unless exempt under 7 AAC 12.611, before an individual or entity may operate a facility subject to AS 47.32 and this chapter, the individual or entity must obtain a license from the department under AS 47.32 and this section. The department may bring an action to enjoin the operation of a facility that has failed to obtain a license as required under AS 47.32 and this chapter.

(b) An application for an initial license must be submitted on a form supplied by the department. The applicant must submit a complete application, providing all applicable documents and information required under this chapter, including the names and addresses of all owners, officers, directors, partners, members, and principals of the business organization that owns the entity for which licensure is sought. Within 30 days after receipt of an application, the department will review the application for completeness. If the application is incomplete, the department will return it to the applicant for additional information. If the application is complete, the department will conduct an onsite review and inspection of the facility. If, after the onsite review and inspection, and review of the application, the department determines that the applicant meets the applicable requirements of AS 47.32 and this chapter, the department will issue a provisional license in accordance with AS 47.32.050(a). If the department determines that the applicant does not meet the applicable requirements of AS 47.32 and this chapter, the department will deny the application and issue the notice as required under AS 47.32.070.

(c) If the department determines that the applicant is temporarily unable to comply with one or more applicable requirements and is taking appropriate steps to achieve compliance, the department will extend the application review period under (b) of this section for an additional 90 days.

(d) An application for renewal of a biennial license must be submitted, and will be reviewed, in accordance with AS 47.32.
47.32.060. In addition to any noncompliance with the applicable provisions of AS 47.32 and this chapter, grounds for nonrenewal include

(1) submission of false or fraudulent information to the department;
(2) failure or refusal to provide required information to the department;
(3) noncompliance that threatens the health, welfare, or safety of patients;
(4) the facility or individual, or an employee of the facility or individual,
   (A) permitting, aiding, or abetting the commission of a criminal act under AS 11, AS 21, AS 28, or AS 47 related to facility operations covered by the license;
   (B) engaging in conduct or practices detrimental to the health, welfare, or safety of patients, clients, or employees; or
   (C) participating in, offering to participate, or implying an offer to participate in rebate, kickback, or fee-splitting arrangements or substantially similar arrangements; and
(5) an insufficient number of staff at the facility with the training, experience, or judgment to provide adequate care.

ST - S320 - Governing Body

Title  Governing Body
Rule  7 AAC 12.630(a)
Type  Rule

Regulation Definition

Governing body - (a) Each facility, with the exception of birth centers, hospice agencies that do not provide inpatient care on agency premises, and intermediate care facilities for the mentally retarded, must have a governing body that assumes responsibility for implementing and monitoring policies that

Interpretive Guideline
govern the facility’s operation and for ensuring that those policies are administered in a manner that provides quality health care in a safe environment. The facility must provide to the department the name, title, and mailing address for
   (1) each owner of the facility;
   (2) each person who is principally responsible for directing facility operations; and
   (3) the person responsible for medical direction.

ST - S321 - Governing Body

**Title**  Governing Body  
**Rule**  7 AAC 12.630(b)  
**Type**  Rule  

**Regulation Definition**

Governing body - (b) The governing body shall
   (1) adopt, and revise when necessary, written bylaws providing for
       (A) election or appointment of officers and committees;
       (B) appointment of a local advisory board if the governing body is outside the state; and
       (C) frequency of meetings;
   (2) appoint an administrator, in accordance with written criteria;
   (3) maintain written records on the appointment of members to the medical staff, and the granting of privileges based on the recommendations of the medical staff;
   (4) require medical staff to sign an agreement to follow the bylaws of the medical staff;
   (5) establish appeal procedures for applicants for and members of the medical staff;
   (6) provide resources and personnel as necessary to meet patient needs; and
   (7) provide adequate equipment and supplies for the
Governing body - (c) In addition to meeting the responsibilities of a governing body set out at (b) of this section, the governing body of a critical access hospital shall:

1. make agreements with one or more appropriate entities identified in 42 C.F.R. 485.603(c), as amended through July 1, 1999 and adopted by reference, for credentialing of medical staff and for review of the quality and effectiveness of the diagnosis and treatment furnished by medical staff at the hospital; and

2. if the hospital provides inpatient care through mid-level practitioners under the offsite supervision of a physician, participate in a rural health network as described in 42 C.F.R. 485.603(a), as amended through July 1, 1999 and adopted by reference, and enter agreements with other members of the network addressing the subjects described in 42 C.F.R. 485.603(b), as amended through July 1, 1999 and adopted by reference.
Aspen State Regulation Set: S 03 Specialized Hospital

Regulation Definition

Administration - (a) Each facility, with the exception of birth centers, intermediate care facilities for the mentally retarded, home health agencies, hospice agencies that do not provide inpatient care on agency premises, and ambulatory surgical facilities must comply with the provisions of this section.

ST - S331 - Administration

Title Administration

Rule 7 AAC 12.640(b)

Type Rule

Regulation Definition

Administration - (b) A facility must have an administrator, who is directly responsible to the governing body. The administrator shall

1. coordinate staff services;
2. provide liaison between the governing body and facility staff;
3. report to the governing body regularly and at least annually on facility operations;
4. provide written notice to medical staff of initial and annual or, if approved by the governing body, biennial appointments;
5. evaluate for implementation recommendations of the facility's committees and consultants;
6. ensure that the facility complies with program standards; and
7. delineate responsibility and accountability of each service component of the facility to the administration.
ST - S332 - Administration

Title  Administration
Rule  7 AAC 12.640(c)
Type  Rule

**Regulation Definition**
Administration - (c) Each facility must have an institutional budget plan which includes an annual operating budget and a capital expenditure plan for a projected three-year period. A committee comprised of representatives of the governing body and administrative staff shall prepare the plan.

**Interpretive Guideline**

ST - S340 - Employee Health Program

Title  Employee Health Program
Rule  7 AAC 12.650
Type  Rule

**Regulation Definition**
Employee health program - (a) Each facility must have an employee health program that

(1) requires each employee to be evaluated within the first two weeks of employment and, except as provided otherwise in this paragraph, annually after that, to detect active cases of pulmonary tuberculosis, as follows:

(A) an employee who has never had a positive tuberculin skin test result shall obtain a tuberculin Mantoux skin test; if the tuberculin skin test result is negative, the employee does not need to have further annual tuberculosis evaluation under this paragraph if the employee's duties never require him or her to be in a room where patients or residents might enter, and if the employee does not handle clinical
specimens or other material from patients or from their rooms; an example of such an employee is an administrative person or research worker whose place of work is remote from patient or residential care areas and who does not come in contact with clinical specimens;

(B) an employee who has previously had a positive tuberculin skin test result, or an employee whose tuberculin skin test obtained under (A) of this paragraph has a positive result,

(i) shall have a health evaluation by a health care provider to identify symptoms suggesting that tuberculosis disease is present; the health evaluation must also include evaluation for the presence of any of the following risk factors: evidence of inadequately treated past tuberculosis disease, history of close exposure to a case of communicable pulmonary tuberculosis within the previous two years, history of a negative tuberculin test within the previous two years, diabetes mellitus (severe or poorly controlled), diseases associated with severe immunologic deficiencies, immunosuppressive therapy, silicosis, gastrectomy, excessive alcohol intake, or human immunodeficiency virus infection; if symptoms suggesting tuberculosis disease are present, or if any of the risk factors is present, a chest x-ray shall be obtained as part of the health evaluation and the health care provider shall report the case to the section of epidemiology, division of public health; and

(ii) if the employee has previously received appropriate antituberculosis chemotherapy and has no symptoms suggesting that tuberculosis is present, the employee need not have further annual tuberculosis evaluation under this paragraph; and

(2) requires evidence of immunization against rubella by

(A) a valid immunization certificate signed by a physician listing the date of rubella vaccination;

(B) a copy of a record from a clinic or health center
Aspen State Regulation Set: S 03 Specialized Hospital

showing the date of vaccination; or
   (C) the result of a serologic test approved by the
department showing the employee is immune; and
   (3) requires evidence of immunization against hepatitis B
by
   (A) a valid immunization certificate signed by a
physician listing the date of vaccination; or
   (B) a copy of a record from a clinic or health center
showing the date of vaccination.
(b) The requirements of this section do not apply to hospice
agencies that do not provide inpatient care on agency
premises. The requirements of (a)(2) of this section does not
apply to home health agencies, nursing homes, or ambulatory
surgical facilities, and, for employees of other facilities, may
be waived if a physician signs a certificate that there are
medical reasons that dictate that an employee should not be
vaccinated against rubella.

ST - S350 - Personnel

Title  Personnel
Rule  7 AAC 12.660(a)
Type  Rule

**Regulation Definition**

Personnel - (a) A facility must plan and retain records of
employee orientation, in-service training programs, and
employee supervision. In addition, the facility must maintain
for each employee a file that includes
   (1) a current job description;
   (2) a copy of the employee's current license or
certification, if a license or certification is required by statute
for the employee's profession;
   (3) a summary of the employee's education, training, and
experience; and
   (4) evidence of the employee ' s compliance with the
employee health requirements of 7 AAC 12.650.

(5) evidence of compliance with the applicable requirements of AS 47.05.300 - 47.05.390 and 7 AAC 10.900 - 7 AAC 10.990 (Barrier Crimes, Criminal History Checks, and Centralized Registry).

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<tr>
<th>Title</th>
<th>Personnel</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.660(b)</td>
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</table>

**Regulation Definition**

Personnel - (b) If required by AS 08, patient care personnel must be currently licensed, certified, authorized, or registered in the state for the practice of their particular profession.

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<th>Title</th>
<th>Personnel</th>
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<tr>
<td>Rule</td>
<td>7 AAC 2.660(c)</td>
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</table>

**Regulation Definition**

Personnel - (c) Physicians, licensed nurses, pharmacists, physical therapists, dietitians, and social workers must be involved in the orientation and in-service education program for patient care personnel.
Aspen State Regulation Set: S 03 Specialized Hospital

ST - S353 - Personnel

Title Personnel
Rule 7 AAC 12.660(d)
Type Rule

**Regulation Definition**
Personnel - (d) The facility shall
(1) document in personnel files that each employee has
completed all required orientation, education, and training;
and
(2) establish and implement personnel policies requiring
an annual evaluation of each employee's performance.

**Interpretive Guideline**

ST - S360 - Nursing Service

Title Nursing Service
Rule 7 AAC 12.670(a) and (b)
Type Rule

**Regulation Definition**
Nursing service - (a) A licensed nurse shall write a patient care
plan for each patient in consultation with other patient care
personnel and the patient.
(b) The patient care plan must reflect analysis of patient
problems and needs, treatment goals, medication prescribed
and, upon discharge, instructions given to the patient and the
patient's family regarding medication management, including
any risks, side effects, and benefits expected, and including
any recommended activities and diet.

**Interpretive Guideline**
ST - S361 - Nursing Service

Title Nursing Service
Rule 7 AAC 12.670(c)
Type Rule

**Regulation Definition**

Nursing service - (c) Each facility must have a registered nurse as the director for nursing services. The director shall perform the following duties:

1. assure that all nurses comply with the requirements of (a) of this section;
2. provide a sufficient number of registered nurses to meet patient needs;
3. write an annual evaluation on the performance of each nurse;
4. maintain records on the number of nurses employed and the hours and weeks of employment;
5. delegate to a registered nurse the responsibility to plan, assign, supervise, and evaluate the nursing care for each patient;
6. select and promote nursing personnel based on their qualifications and terminate employees when necessary; and
7. establish and implement a standard procedure for the safe administration of medications.

**Interpretive Guideline**

ST - S362 - Nursing Service

Title Nursing Service
Rule 7 AAC 12.670(d)
Type Rule
Regulation Definition

Nursing service - (d) Only a registered nurse who has been appropriately trained may perform a blood transfusion. All other nursing services may be performed only under the direction of a registered nurse. A licensed practical nurse may administer medications, or perform limited infusion therapy functions, if:

- (1) the licensed practical nurse is authorized under AS 08 to perform these services;
- (2) these services are authorized in the facility program standards; and
- (3) the program standards have been approved by the hospital administrator and the pharmacist.

Interpretive Guideline

Title  Nursing Service
Rule  7 AAC 12.670(e) and (f)
Type  Rule

Regulation Definition

Nursing service - (e) Licensed nursing personnel who meet the requirements under (d) of this section to administer medications, and who have been authorized in writing by the hospital administrator and the pharmacist, may perform the following services if a pharmacist is not available:

- (1) inventory and restocking of emergency drugs at least every 30 days; and
- (2) removal of a single dose of a prescribed drug for a patient or any drug packaged by a pharmacist from the licensed pharmacy or drug room.

(f) If licensed nursing personnel perform a service described in (e)(2) of this section, a pharmacy or drug room record must be kept and signed by the licensed nurse showing the name,
strength and amount of the drug, the date and time taken, and the patient to whom the drug is administered.

### ST - S364 - Nursing Service

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<th>Title</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.670(g)</td>
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</table>

**Regulation Definition**

Nursing service - (g) Except as provided in (i) of this section for a critical access hospital or 7 AAC 12.275 for a nursing facility, a facility that provides a nursing service must have a registered nurse on duty at all times.

**Interpretive Guideline**

### ST - S365 - Nursing Service

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<th>Title</th>
<th>Nursing Service</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.670(h)</td>
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<td>Type</td>
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</table>

**Regulation Definition**

Nursing service - (h) The nursing staff shall hold regular meetings to review and evaluate ways of improving nursing care. Minutes of the meetings must be made available to staff members.

**Interpretive Guideline**

### ST - S370 - Pharmaceutical Services

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<th>Title</th>
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<tr>
<td>Rule</td>
<td>7 AAC 12.680(a)</td>
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</table>
Aspen State Regulation Set: S 03 Specialized Hospital

Regulation Definition
Pharmaceutical service - (a) A facility which dispenses drugs must employ a pharmacist on a regular or consultant basis. The pharmacist shall perform the following duties:

1. procure, label, and maintain a sufficient quantity of drugs to meet patient needs at all times;
2. inventory emergency drugs every 30 days and restock, as necessary;
3. dispose of drugs that have been discontinued or have expired;
4. dispose of scheduled drugs that have been discontinued or have expired which are listed in schedules I - V of the Federal Comprehensive Drug Abuse Prevention and Control Act of 1970 as amended, 21 U.S.C. 801 et seq.;
5. assure that there is no more than one person on each shift who is performing the duties under 7 AAC 12.670(e) or is a physician, who has access to the pharmacy stock of drugs or controlled substances;
6. assure that drugs, chemicals, and biologicals are properly labeled regarding their content and strength;
7. if a consultant pharmacist, provide a written quarterly report to the administrator on the status of the pharmaceutical service; and
8. document and evaluate medication errors to prevent reoccurrence and to ensure the accuracy and adequacy of the medication distribution system.

Interpretive Guideline

Title Pharmaceutical Services
Rule 7 AAC 12.680(b)
Type Rule
Pharmaceutical service - (b) When a pharmacist dispenses drugs by written prescription, the prescription must be an original or a carbon copy of the original and must be kept on file in the pharmacy. A pharmacist may dispense drugs based on a written order by a person authorized by law to prescribe drugs.

Pharmaceutical service - (c) A facility that dispenses drugs must have a pharmacy and therapeutics committee that is composed of:

1. (A) a physician or the physician's representative;
   (B) a pharmacist or the pharmacist's representative;
   (C) a registered nurse or the registered nurse's representative;
   (D) an administrator or the administrator's representative; and

2. (A) development and maintenance of a formulary of drugs;
   (B) development and implementation of procedures for safe and effective control, storage, dispensing, and administration of medications; those procedures must ensure that
   (i) drugs and biologicals are stored in secure areas; and
Aspen State Regulation Set: S 03 Specialized Hospital

(ii) drugs listed in schedules II, III, IV, and V under 21 U.S.C. 801 - 904 (Comprehensive Drug Abuse Prevention and Control Act of 1970) are kept locked within a secure area; and
(C) development and implementation of policies limiting the duration of drug therapy and for determining the stock of poison antidotes.

ST - S373 - Pharmaceutical Services

Title Pharmaceutical Services
Rule 7 AAC 12.680(d)
Type Rule

Regulation Definition
Pharmaceutical service - (d) A verbal order for a drug may be given only to a licensed nurse or pharmacist by a person lawfully authorized to prescribe medication, and must be recorded promptly in the patient's medical record, identifying the name of the person who prescribed the order, and the signature of the person receiving the order.

Interpretive Guideline

ST - S374 - Pharmaceutical Services

Title Pharmaceutical Services
Rule 7 AAC 12.680(e)
Type Rule

Regulation Definition
Pharmaceutical service - (e) A standing order for a drug must specify the circumstances for drug administration, dosage, route, duration, and frequency of administration. The order must be reviewed annually and, if necessary, renewed. When a standing order is implemented for a specific patient, it must be
entered into the patient's record, dated, and signed by the person who prescribed the order within 24 hours.

**ST - S375 - Pharmaceutical Services**

**Title** Pharmaceutical Services  
**Rule** 7 AAC 12.680(f)  
**Type** Rule

**Regulation Definition**
Pharmaceutical service - (f) If the facility permits bedside storage of medications, written policies and procedures must be established for dispensing, storage, and maintenance of records for use of these medications.

**Interpretive Guideline**

**ST - S376 - Pharmaceutical Services**

**Title** Pharmaceutical Services  
**Rule** 7 AAC 12.680(g)  
**Type** Rule

**Regulation Definition**
Pharmaceutical service - (g) An investigational drug may be used only under supervision of a principal investigator who is a member of the medical staff. Basic information concerning the dosage, route of administration, strength, actions, uses, side effects, interactions and symptoms of toxicity of an investigational drug must be available at the nursing station where an investigational drug is being administered and in the pharmacy. The pharmacist shall be responsible for the proper labeling, storage, and distribution of such drugs in accordance with the written order of the investigator.

**Interpretive Guideline**
ST - S377 - Pharmaceutical Services

Title  Pharmaceutical Services
Rule  7 AAC 12.680(h)
Type  Rule

Regulation Definition
Pharmaceutical service - (h) A drug supplied by a facility may not be taken from the facility unless the medication has been properly labeled and prepared by the pharmacist in accordance with state and federal law for use outside of the facility.

Interpretive Guideline

ST - S385 - Physical Therapy Service

Title  Physical Therapy Service
Rule  7 AAC 12.690
Type  Rule

Regulation Definition
Physical therapy service - (a) A facility that provides physical therapy services must retain, as an employee or under contract as a consultant of the facility, a physical therapist licensed under AS 08.84. If treatment is to be rendered by a physical therapy assistant, the physical therapy assistant must be licensed under AS 08.84, and the treatment must be planned, delegated, and supervised by the physical therapist.
(b) A physical therapist may evaluate a patient and establish a treatment program only upon written or verbal instructions from the treating physician. A treatment program and any modification to it must be approved by the referring physician. A physical therapist may accept a verbal order of a physician.
(c) A physical therapist shall perform the following duties or, if one or more of these duties is delegated to a physical
therapy assistant, the physical therapist shall ensure that the
duties are properly performed:
(1) enter each treatment into the patient's medical record;
(2) prepare clinical progress notes;
(3) prepare summaries of care.

ST - S390 - Social Work Service

Title Social Work Service
Rule 7 AAC 12.700(a)
Type Rule

Regulation Definition

Social work service - (a) A facility that provides social work
services must retain a social worker licensed under AS 08.95
as an employee or consultant of the facility. The social
worker shall
(1) regularly assess the social service needs for each
patient, resident, or client, implementing the plan of care to
meet those needs, and reevaluating those needs as appropriate;
(2) link each patient, resident, or client and that
individual's family with applicable community resources as
necessary to assist in meeting ongoing social, emotional, and
economic needs;
(3) assist the physician, any interdisciplinary team, and
other staff in understanding the social and emotional factors
related to the health of each patient, resident, or client;
(4) prepare clinical and progress notes;
(5) participate in in-service training; and
(6) plan, supervise, and delegate any services furnished
by a social services specialist as provided in (c) of this section.
Title Social Work Service
Rule 7 AAC 12.700(b)

**Regulation Definition**

Social work service - (b) A facility that provides social work services must identify and provide interventions in response to the medically-related mental, behavioral, psychosocial, and advocacy needs of a patient. Social work services must assist staff, patients, and patients' families to understand and cope with emotional and social problems associated with health care.

**Interpretive Guideline**

ST - S392 - Social Work Service

Title Social Work Service
Rule 7 AAC 12.700(c) - (d)

**Regulation Definition**

Social work service - (c) A social services specialist must have a baccalaureate degree in social work or in a human service field, and at least one year of social work experience in a health care setting. A social services specialist shall act as an assistant to the social worker and shall

1. perform services delegated by the social worker, in accordance with the plan of care;
2. assist in preparing clinical progress notes;
3. participate in the interdisciplinary team meetings; and
4. participate in in-service training.

(d) In this section, "human service field" means sociology,
### ST - S396 - Occupational Therapy Service

**Title** Occupational Therapy Service  
**Rule** 7 AAC 12.710  
**Type** Rule

<table>
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<tr>
<th>Regulation Definition</th>
<th>Interpretive Guideline</th>
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</table>
| Occupational therapy service - (a) A facility which provides occupational therapy services must retain an occupational therapist as an employee or consultant of the facility.  
(b) Repealed 5/28/92.  
(c) An occupational therapist shall directly supervise assistants. |                        |

### ST - S400 - Dietetic Service

**Title** Dietetic Service  
**Rule** 7 AAC 12.720(a) - (c)  
**Type** Rule

<table>
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<tr>
<th>Regulation Definition</th>
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</table>
| Dietetic service - (a) A facility that provides dietetic services, with the exception of frontier extended stay clinics, must comply with the provisions of this section.  
(b) Except as provided in (p) and (q) of this section, a facility must employ  
(1) a full-time dietitian who is registered by the American Dietetic Association; or  
(2) a full-time dietetic service supervisor to supervise the dietetic service and a registered dietitian on a consulting basis.  
(c) A registered dietitian must be available not less than once |                        |
every three months to provide advice to the administrator and medical staff, and guidance to the supervisor and staff of the dietetic service, and shall participate in the development or revision of dietetic policies and procedures.

### ST - S401 - Dietetic Service

**Title** Dietetic Service  
**Rule** 7 AAC 12.720(d)  
**Type** Rule

**Regulation Definition**  
Dietetic service - (d) The dietetic service must provide food of the quality and quantity to meet the patient's needs in accordance with physician's orders and, to the extent medically possible, to meet the National Research Council's Recommended Dietary Allowances, 10th edition (1989), adopted by reference. If food is provided by an outside food service establishment, the facility shall ensure that the requirements of this subsection are met.

**Interpretive Guideline**

### ST - S402 - Dietetic Service

**Title** Dietetic Service  
**Rule** 7 AAC 12.720(e)  
**Type** Rule

**Regulation Definition**  
Dietetic service - (e) A facility that provides dietetic services must comply with 18 AAC 31. The facility shall retain written reports of the inspections performed under 18 AAC 31.900 on file, with notation of corrective actions in response to citations, if any.
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ST - S403 - Dietetic Service

Title  Dietetic Service  
Rule  7 AAC 12.720(f)  
Type  Rule  

**Regulation Definition**  
Dietetic service - (f) A facility must maintain adequate space, equipment, and staple food supplies to provide food service to patients in emergencies.

**Interpretive Guideline**

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ST - S404 - Dietetic Service

Title  Dietetic Service  
Rule  7 AAC 12.730(g)  
Type  Rule  

**Regulation Definition**  
Dietetic service - (g) If a facility provides dietetic services, it must maintain a current profile card for each patient indicating prescribed diet, likes and dislikes, and other pertinent information concerning the patient's dietary needs.

**Interpretive Guideline**

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ST - S405 - Dietetic Service

Title  Dietetic Service  
Rule  7 AAC 12.720(h)  
Type  Rule  

**Regulation Definition**  
Dietetic service - (h) The facility must maintain lavatories for
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<th>Title</th>
<th>Dietetic Service</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.720(i) - (l)</td>
</tr>
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<td>Type</td>
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</table>

**Regulation Definition**

Dietetic service - (i) A current manual for therapeutic diets, approved by the dietitian, must be available in the dietetic service area.
(j) A copy of the menus, with menu substitutions, must be retained for at least 60 days.
(k) Records of food purchased, showing dates of purchases, quantity, and itemized cost, must be retained on file for at least one year.
(l) Standardized recipes must be maintained and used exclusively in food preparation.

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<th>Title</th>
<th>Dietetic Service</th>
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<tr>
<td>Rule</td>
<td>7 AAC 12.720(m) - (n)</td>
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</table>

**Regulation Definition**

Dietetic service - (m) Current work schedules by job titles and weekly duty schedules for dietetic service personnel must be posted in the dietetic service area and retained for at least three months.
(n) Routine cleaning schedules must be posted and records of
cleaning must be maintained on file for at least three months.

### ST - S408 - Dietetic Service

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<th>Title</th>
<th>Dietetic Service</th>
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<tr>
<td>Rule</td>
<td>7 AAC 12.720(o)</td>
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**Regulation Definition**

Dietetic service - (o) In this section, a "dietetic service supervisor" means a person who

1. is a graduate of a dietetic technician or dietetic manager training program, corresponding or classroom, approved by the American Dietetic Association;
2. is a graduate of a course approved by the department that provided 90 or more hours of classroom instruction in food service supervision, and who has a minimum of two years of experience as a supervisor in a health care institution with consultation from a dietitian;
3. has training and experience in food service supervision and management in a military service equivalent in content to the programs in (1) or (2) of this subsection;
4. has completed all nutrition and related coursework necessary to take the registration examination required to become a registered dietitian by the American Dietetic Association;
5. is certified by the Certifying Board for Dietary Managers of the Dietary Managers Association;
6. has completed a dietary manager course curriculum approved by the American Dietary Manager Association, is registered by the American Dietetic Association, and is qualified to take the examination required to become certified by the certifying board for dietary managers of the Dietary Managers Association; or
7. has at least three years of experience in institutional dietary management, 200 or more documented contact hours.

**Interpretive Guideline**
with a dietitian registered by the American Dietetic Association, and 30 or more continuing education credits that
(A) have been approved by the American Dietetic Association or Dietary Managers Association; and
(B) directly relate to food service management and clinical nutrition.

ST - S420 - Central Service

Title Central Service
Rule 7 AAC 12.730(a)
Type Rule

**Regulation Definition**

Central service - (a) If a facility processes sterilized instruments and supplies, it must meet the requirements in this section. If a facility receives sterilized instruments and supplies from another entity through contract or agreement, the facility must ensure the contractor meets the requirements in this section.

**Interpretive Guideline**

ST - S421 - Central Service

Title Central Service
Rule 7 AAC 12.730(b)
Type Rule

**Regulation Definition**

Central service - (b) A facility must maintain a separate area for processing, decontamination, if necessary, and storage of sterile supplies and materials.

**Interpretive Guideline**
ST - S422 - Central Service

**Title** Central Service  
**Rule** 7 AAC 12.730(c)  
**Type** Rule

**Regulation Definition**

Central service - (c) A facility must develop and implement written policies and procedures for the cleaning, antimicrobial processing, and storage of supplies and equipment to prevent the transmission of infection through their use.

**Interpretive Guideline**


ST - S423 - Central Service

**Title** Central Service  
**Rule** 7 AAC 12.730(d)  
**Type** Rule

**Regulation Definition**

Central service - (d) Traffic in an area designated for processing, decontamination, and storage of supplies must be restricted to properly attired authorized personnel. Birth centers, frontier extended stay clinics, and nursing homes are not required to comply with this subsection.

**Interpretive Guideline**


ST - S424 - Central Service

**Title** Central Service  
**Rule** 7 AAC 12.730(e)  
**Type** Rule
### Regulation Definition

Central service - (e) Shipping cartons may not be stored with sterile products.

### Interpretive Guideline

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<tr>
<td>Rule</td>
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### Regulation Definition

Central service - (f) A facility must retain records of bacteriological efficiency monitoring of autoclaves at recommended frequency for three years.

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<td>Rule</td>
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### Regulation Definition

Central service - (g) Instructions for the operation of autoclaves must be posted near the equipment.

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<tr>
<td>Rule</td>
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</table>
### Regulation Definition

Central service - (h) Each facility must maintain a retrieval system for supplies whose sterility is questionable.

### Interpretive Guideline

ST - S430 - Laundry Service

**Title** Laundry Service  
**Rule** 7 AAC 12.740(a)  
**Type** Rule

### Regulation Definition

Laundry service - (a) Each facility, with the exception of home health agencies, frontier extended stay clinics, and intermediate care facilities for the mentally retarded, must provide a laundry service.

### Interpretive Guideline

ST - S431 - Laundry Service

**Title** Laundry Service  
**Rule** 7 AAC 12.740(b)  
**Type** Rule

### Regulation Definition

Laundry service - (b) A facility must develop and implement written procedures for handling, processing, storage, and transportation of linen in a manner that will prevent the spread of infection and will assure the maintenance of clean linen.
Laundry service - (c) If a facility operates its own laundry, it must be
   (1) located so that steam, odors, lint, and objectionable noises do not reach patient or personnel areas;
   (2) well-lighted, ventilated, and adequate in size for the needs of the facility;
   (3) maintained in a sanitary manner and in good repair;
   (4) separate from any storage area; and
   (5) organized so that clean and soiled functions are physically separated.

Laundry service - (d) A facility must have laundry equipment that provides hot water at a temperature of 160 degrees Fahrenheit unless the facility uses an alternative disinfectant measure, including ozonized water, bleach, or a bleach byproduct, at a lower temperature recommended by the product manufacturer. If the facility uses an alternative disinfectant measure, the facility must develop a written policy and procedure for use of the product and must maintain
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documentation of the manufacturer's minimum recommended
water temperature.

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<td><strong>Rule</strong> 7 AAC 12.740(e)</td>
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**Regulation Definition**
Laundry service - (e) Hand-washing and toilet facilities for
laundry personnel must be provided at a location convenient
to the laundry.

**ST - S435 - Laundry Service**

**Title** Laundry Service
**Rule** 7 AAC 12.740(f)
**Type** Rule

**Regulation Definition**
Laundry service - (f) Separate covered carts must be used for
transporting soiled and clean linen. The carts must be clearly
labeled and equipped with washable covers that are laundered
or suitably cleaned daily.

**ST - S436 - Laundry Service**

**Title** Laundry Service
**Rule** 7 AAC 12.740(g)
**Type** Rule
### Laundry Service

(g) If laundry service is provided by an outside laundry service establishment, the facility must choose an establishment that meets the requirements of this section.

### Housekeeping Service

- **Title**: Housekeeping Service
- **Rule**: 7 AAC 12.750(a)
- **Type**: Rule

#### Regulation Definition

Housekeeping service - (a) Each facility, with the exception of home health agencies and intermediate care facilities for the mentally retarded, must provide a housekeeping service.

#### Interpretive Guideline

Housekeeping service - (b) A facility must have routine cleaning procedures for furniture, floors, walls, ceilings, supply and exhaust grills, and lighting fixtures.
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### Regulation Definition

Housekeeping service - (c) A facility must have written procedures for cleaning all areas of the facility, including cleaning of a patient unit following discharge of a patient.

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<tr>
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### Regulation Definition

Housekeeping service - (d) Housekeeping personnel must wear clean cap, mask, and gown when cleaning a surgical or delivery suite.

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<tr>
<td>Rule</td>
<td>7 AAC 12.750(e)</td>
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<td>Type</td>
<td>Rule</td>
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</tbody>
</table>

### Regulation Definition

Housekeeping service - (e) A facility must maintain sufficient housekeeping cleaning supplies and equipment. Separate
equipment must be provided, as applicable, for operating rooms, delivery rooms, the nursery, and the dietary area. Housekeeping equipment and cleaning supplies, other than those in bulk, must be stored in designated housekeeping supply rooms. A detergent germicide must be used for all cleaning and dusting purposes. Mop heads must be removable and must be changed at least daily.

ST - S445 - Housekeeping Service

Title Housekeeping Service
Rule 7 AAC 12.750(f)
Type Rule

Regulation Definition

Housekeeping service - (f) Each facility must provide a sufficient housekeeping service to maintain the interior of the facility in a safe, clean, orderly and attractive manner and free from offensive odors.

ST - S450 - Infection Control

Title Infection Control
Rule 7 AAC 12.760(a)
Type Rule

Regulation Definition

Infection control - (a) Each facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have an infection control committee.
Title  Infection Control
Rule  7 AAC 12.760(b) - (f)
Type  Rule

**Regulation Definition**

Infection control - (b) The administrator or medical staff shall appoint an infection control committee composed of representatives of the medical staff, administration, nursing, and other services, that is responsible for maintenance and supervision of an infection control program.

(c) The infection control committee shall establish and maintain, as part of the infection control program,

1. specific procedures for diagnosing, reporting, investigating, reviewing, and maintaining records of infection of residents and personnel, such as the procedures set out in the federal Centers for Disease Control guidelines;
2. written procedures for all departments incorporating principles or practices that reduce the risk of infection in all patient care services and areas;
3. a system for reporting communicable diseases in accordance with 7 AAC 27.005 - 7 AAC 27.010; and
4. written isolation and body substance isolation techniques for known or suspected communicable diseases or infections.

(d) The infection control committee shall meet not less than quarterly, and shall retain written minutes of all meetings for at least three years.

(e) Infectious wastes must be disposed of in an incinerator which provides complete combustion.

(f) The infection control committee shall approve proposed disinfectant-detergent formulations and policies and procedures for their use.

**Interpretive Guideline**
Aspen State Regulation Set: S 03 Specialized Hospital

ST - S460 - Medical Record Service

Title Medical Record Service
Rule 7 AAC 12.770(a)
Type Rule

**Regulation Definition**

Medical record service - (a) Each facility, with the exception of home health agencies, hospice agencies, intermediate care facilities for the mentally retarded, and birth centers, must have a medical record service that complies with the applicable provisions of this section. A frontier extended stay clinic must comply with (b), (d), (g), and (i) - (k) of this section in addition to the requirements of 7 AAC 12.483.

**ST - S461 - Medical Record Service**

Title Medical Record Service
Rule 7 AAC 12.770(b)
Type Rule

**Regulation Definition**

Medical record service - (b) A facility must keep records on all patients admitted or accepted for treatment. The medical records, including x-ray films, are the property of the facility and are maintained for the benefit of the patients, the medical staff, and the facility. Medical records are subject to the requirements of AS 18.05.042, 7 AAC 43.030, and 7 AAC 43.032. This section does not affect other statutory or regulatory requirements regarding access to, use of, disclosure of, confidentiality of, or retention of record contents, or regarding maintenance of health information in patients’ records by health care providers. A facility must maintain
originals or accurate reproductions of the contents of the originals of all records, including x-rays, consultation reports, and laboratory reports, in a form that is legible and readily available

(1) upon request, to the attending physician or other practitioner responsible for treatment, a member of the facility's medical staff, or a representative of the department; and

(2) upon the patient's written request, to another practitioner.

ST - S462 - Medical Record Service

Title Medical Record Service
Rule 7 AAC 12.770(c)
Type Rule

**Regulation Definition**

Medical record service - (c) Each in-patient medical record must include, as appropriate

(1) an identification sheet which includes the

(A) patient's name;
(B) medical record number;
(C) patient's address on admission;
(D) patient's date of birth;
(E) patient's sex;
(F) patient's marital status;
(G) patient's religious preference;
(H) date of admission;
(I) name, address, and telephone number of a contact person;
(J) name of the patient's attending physician;
(K) initial diagnostic impression;
(L) date of discharge and final diagnosis; and
(M) source of payment;

(2) a medical and psychiatric history and examination
Aspen State Regulation Set: S 03 Specialized Hospital

- (3) consultation reports, dental records, and reports of special studies;
- (4) an order sheet which includes medication, treatment, and diet orders signed by a physician;
- (5) progress notes for each service or treatment received;
- (6) nurses' notes which must include:
  - (A) an accurate record of care given;
  - (B) a record of pertinent observations and response to treatment including psychosocial and physical manifestations;
  - (C) an assessment at the time of admission;
  - (D) a discharge plan; and
  - (E) the name, dosage, and time of administration of a medication or treatment, the route of administration and site of injection, if other than by oral administration, of a medication, the patient's response, and the signature of the person who administered the medication or treatment; and
  - (F) a record of any restraint used, showing the duration of usage;
- (7) court orders relevant to involuntary treatment;
- (8) laboratory reports;
- (9) x-ray reports;
- (10) consent forms;
- (11) operative report on in-patient and out-patient surgery including pre-operative and post-operative diagnosis, description of findings, techniques used, and tissue removed or altered, if appropriate;
- (12) anesthesia records including pre-operative diagnosis and post-anesthesia follow-up;
- (13) a pathology report, if tissue or body fluid is removed;
- (14) recovery room records;
- (15) labor record;
- (16) delivery record;
- (17) record of a neonatal physical examination and...
condition on discharge;
(18) if the patient was in inpatient care for 48 hours or more, a discharge summary, prepared and signed by the attending physician or mid-level practitioner, that summarizes
(A) significant findings and events of the patient's stay in the facility;
(B) conclusions as to the patient's primary and any associated diagnoses; and
(C) disposition of the patient at discharge including instructions, medications, and recommendations and arrangements for future care; and
(19) if the patient was in inpatient care for less than 48 hours, a final discharge progress note signed by the attending physician or mid-level practitioner.

ST - S463 - Medical Record Service

Title  Medical Record Service
Rule  7 AAC 12.770(d)
Type  Rule

Medical record service - (d) A facility must maintain procedures to protect the information in medical records from loss, defacement, tampering, or access by unauthorized persons. A patient's written consent is required for release of information that is not authorized to be released without consent. A facility may not use or disclose protected health information except as required or permitted by 45 C.F.R. Part 160, subpart C, and 45 C.F.R. Part 164, subpart E, revised as of October 1, 2005, and adopted by reference.
**Regulation Definition**

Medical record service - (e) A record must be completed within 30 days of discharge and authenticated or signed by the attending physician, dentist, or other practitioner responsible for treatment. The facility must establish policies and procedures to ensure timely completion of medical records. A record may be authenticated by a signature stamp or computer key instead of the treating practitioner’s signature if the practitioner has given a signed statement to the hospital administration that the practitioner is the only person who

1. has possession of the stamp or key; and
2. may use the stamp or key.

**Interpretive Guideline**

Medical record service - (f) Medical records must be filed in accordance with a standard health information archival system to ensure the prompt location of a patient’s medical record.
Medical record service - (g) The facility must ensure that a transfer summary, signed by the physician or other practitioner responsible for treatment, accompanies the patient, or is sent by electronic mail or facsimile transmission to the receiving facility or unit, if the patient is transferred to another facility or is transferred to a nursing or intermediate care service unit within the same facility. The transfer summary must include essential information relative to the patient's diagnosis, condition, medications, treatments, dietary requirement, known allergies, and treatment plan.

Medical record service - (h) Each facility subject to the provisions of this section, with the exception of an ambulatory surgical facility and a frontier extended stay clinic, must employ the services of a health information administrator who is registered by the American Health Information Management Association or a records technician who is accredited by the American Health Information Management Association to supervise the medical record service. If the administrator or
Aspen State Regulation Set: S 03 Specialized Hospital

Aspen technician is a consultant only, the administrator or technician must visit the facility not less than biannually to organize and evaluate the operation of the service and to provide written reports to the medical record service and the administration of the facility.

ST - S468 - Medical Record Service

Title  Medical Record Service
Rule  7 AAC 12.770(i)
Type  Rule

**Regulation Definition**

Medical record service - (i) The facility must safely preserve patient records for at least seven years after discharge of the patient, except that
   (1) x-ray films or reproductions of films must be kept for at least five years after discharge of the patient; and
   (2) the records of minors must be kept until the minor has reached the age of 21 years, or seven years after discharge, whichever is longer.

ST - S469 - Medical Record Service

Title  Medical Record Service
Rule  7 AAC 12.770(j)
Type  Rule

**Regulation Definition**

Medical record service - (j) If a facility ceases operation, the facility must inform the department within 48 hours before ceasing operations of the arrangements made for safe preservation of patient records as required in this section. The facility must have a policy for the preservation of patients’
medical records in the event of the closure of the facility.

### ST - S470 - Medical Record Service

**Title** Medical Record Service  
**Rule** 7 AAC 12.779(k)  
**Type** Rule

**Regulation Definition**
Medical record service - (k) If ownership of the facility changes, the previous licensee and the new licensee shall, before the change of ownership, provide the department with written documentation that:

1. the new licensee will have custody of the patient’s records upon transfer of ownership, and that the records are available to both the new and former licensee and other authorized persons; or
2. arrangements have been made for the safe preservation of patients’ records, as required in this section, and the records are available to the new and former licensees and other authorized persons.

**Interpretive Guideline**

### ST - S480 - Radiological Service

**Title** Radiological Service  
**Rule** 7 AAC 12.780(a)  
**Type** Rule

**Regulation Definition**
Radiological service - (a) A facility that provides radiological services, with the exception of frontier extended stay clinics, must comply with the requirements of this section.
Radiological service - (b) If a facility which provides radiological services does not have a radiologist on its staff, a radiologist must provide consultation services to the facility at least twice a year to assure high quality of the diagnostic radiological service.

Radiological service - (c) A physician or a radiologist must have clinical responsibility for the radiological services.

Radiological service - (d) Radiological services may be
performed only upon the order of a person lawfully authorized to diagnose and treat illness.

### ST - S484 - Radiological Service

**Title** Radiological Service  
**Rule** 7 AAC 12.780(e)  
**Type** Rule

<table>
<thead>
<tr>
<th>Regulation Definition</th>
<th>Interpretive Guideline</th>
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<tbody>
<tr>
<td>Radiological service - (e) If an x-ray examination is to be provided to a patient, a request by the attending physician for the x-ray examination must contain a diagnosis or a tentative diagnosis, or a concise statement of the reasons for the x-ray examination.</td>
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### ST - S485 - Radiological Service

**Title** Radiological Service  
**Rule** 7 AAC 12.780(f)  
**Type** Rule

<table>
<thead>
<tr>
<th>Regulation Definition</th>
<th>Interpretive Guideline</th>
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<tbody>
<tr>
<td>Radiological service - (f) A report of a radiological examination must be filed in the patient's medical record and maintained in the radiology unit.</td>
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### ST - S486 - Radiological Service

**Title** Radiological Service  
**Rule** 7 AAC 12.780(g)  
**Type** Rule
Radiological service - (g) Diagnostic x-ray film processing must conform to the time and temperature recommendations of the manufacturer.

Radiological service - (h) All individuals who are employed or involved in providing radiological services or who may be exposed to radiation shall wear devices that monitor radiation exposure.

Radiological service - (i) A facility must keep records identifying employees who have been exposed to radiation and the amount of exposure for each employee.
Title Radiological Service
Rule 7 AAC 12.780(j)

**Regulation Definition**
Radiological service - (j) A facility which provides nuclear medicine services must report the type of those services provided to the department and must conform, unless specifically excepted by law, to the applicable standards of the Nuclear Regulatory Commission, 10 C.F.R. Parts 0 - 170, as in effect April 30, 1983, and 18 AAC 85.

Title Radiological Service
Rule 7 AAC 12.780(k)

**Regulation Definition**
Radiological Service - (k) Radiation therapy may be given only under the direction of a radiation therapist using equipment which is specifically designed for radiation therapy.

Title Radiological Service
Rule 7 AAC 12.780(l)

Type Rule

RegSet.rpt
Radiological service - (l) A facility which uses x-ray equipment must conform to the radiation protection standards set out in 18 AAC 85.010 - 18 AAC 85.770.

Radiological service - (m) In this section, "nuclear medicine services" means medical procedures that use radio isotopes or other atomic entities in the treatment or diagnosis of illness or disease.

Laboratory service - (a) A facility that provides laboratory services must comply with 7 AAC 12.790 - 7 AAC 12.850 and must meet the requirements of 42 C.F.R. Part 493, Laboratory Requirements, as revised as of October 1, 2005, and adopted by reference.

(b) A facility must have and maintain written procedures on the scope of onsite laboratory services necessary to support the facility's emergency and patient care services. For laboratory tests not performed in the facility, the facility must...
make arrangements with an approved laboratory to meet the requirements of this section. Information specifying the laboratory tests performed at the facility, and laboratory tests available under arrangement, must be provided to the medical staff.
(c) A laboratory that provides blood or blood products must
   (1) have those products onsite or readily available from another source; and
   (2) maintain storage areas for those products under adequate control and supervision.

ST - S501 - Mailing of Laboratory Specimens

Title    Mailing of Laboratory Specimens
Rule     7 AAC 12.830
Type     Rule

Regulation Definition  Interpretive Guideline
Mailing of laboratory specimens - A laboratory specimen may be referred and mailed only to an approved laboratory. The mailing containers to be used must be provided by the laboratory to which the specimens are sent.

ST - S502 - Supervision and Direction of Laboratory

Title    Supervision and Direction of Laboratory
Rule     7 AAC 12/840
Type     Rule

Regulation Definition  Interpretive Guideline
Supervision and direction of laboratory service - (a) A laboratory must be under the supervision and direction of a physician, a laboratory specialist, or a medical technologist who
(1) meets the applicable qualification requirements of 42 C.F.R. Part 493, adopted by reference in 7 AAC 12.790; and
(2) is either employed by the laboratory or under contract to the laboratory.

(b) If a medical technologist supervises the laboratory under contract, a consulting physician or laboratory specialist supervising the laboratory under contract must make quarterly visits to the laboratory and prepare a written evaluation with recommendations to the administrator and medical staff of the facility after each visit. For a consulting physician, up to two of the required visits and evaluations each year may be made by the physician’s representative, who must be a medical technologist competent in one or more laboratory specialties. If a medical technologist supervises a laboratory as an employee of the laboratory, a consulting physician or a laboratory specialist under contract must make at least biannual visits to the laboratory and prepare a written evaluation and recommendations after each visit.

(c) In this section, "laboratory specialties" include microbiology, serology, chemistry, hematology, and immunohematology.

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**Title**  Risk Management

**Rule**  7 AAC 12.860(1)

**Type**  Rule

---

**Regulation Definition**

Risk management - A facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have a risk management program that has

(1) provision for monitoring, evaluating, identifying, correcting, and reassessing care practices that negatively affect quality of care and services provided or result in accident or
Title: Risk Management  
Rule: 7 AAC 12.860(2)  
Type: Rule

<table>
<thead>
<tr>
<th>Regulation Definition</th>
<th>Interpretive Guideline</th>
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<tbody>
<tr>
<td>Risk management - A facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have a risk management program that has</td>
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<td>(2) a preventive maintenance program that is designed to ensure the proper functioning, safety and performance of all electrical and mechanical equipment used in the care, diagnosis, and treatment of patients or residents, and for the physical plant including the electrical, plumbing, heating, and ventilation systems and their parts, including</td>
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<tr>
<td>(A) implementation of policies that specify procedures and frequencies for the maintenance of all equipment and systems and all their parts, that meets or exceeds manufacturers' recommendations, and</td>
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<tr>
<td>(B) documentation of the preventive maintenance that has occurred;</td>
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Regulation Definition | Interpretive Guideline
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Risk management - A facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have a risk management program that has

(3) a procedure to investigate, analyze, and respond to patient or resident grievances that relate to patient or resident care;

ST - S513 - Risk Management

Title | Risk Management
Rule | 7 AAC 12.860(4)
Type | Rule

Regulation Definition | Interpretive Guideline
--- | ---
Risk management - A facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have a risk management program that has

(4) a job-specific orientation program and an in-service training program for each employee that provides annual instruction in

(A) policies and procedures for that service;
(B) the employee's job responsibilities and the skills necessary to meet those responsibilities;
(C) safety, fire, and disaster plans; and
(D) principles and techniques of infection control;
Risk management - A facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have a risk management program that has

(5) provision of 24-hour emergency service by a physician, on site or on call, including posting the on-call physician's name and phone number at each nursing station; a frontier extended stay clinic or free-standing birth center is exempt from the requirements of this paragraph;

Risk management - A facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have a risk management program that has

(6) quarterly fire drills for each work shift, a record showing when each drill was held, and coordination with community or area mass casualty drills;
ST - S516 - Risk Management

Title  Risk Management
Rule  7 AAC 12.860(7)

Type  Rule

**Regulation Definition**
Risk management - A facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have a risk management program that has 
(7) an annual review of written policies and procedures approved, signed, and dated by the administrator or the administrator's designee;

**Interpretive Guideline**

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ST - S517 - Risk Management

Title  Risk Management
Rule  7 AAC 12.860(8)

Type  Rule

**Regulation Definition**
Risk management - A facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have a risk management program that has 
(8) a training program by an instructor certified in cardiopulmonary resuscitation (CPR) for all personnel who are engaged in patient care; the training program must include certification of employees by an approved organization; and

**Interpretive Guideline**
### ST - S518 - Risk Management

**Title**  Risk Management  
**Rule**  7 AAC 12.860(9)  
**Type**  Rule

<table>
<thead>
<tr>
<th>Regulation Definition</th>
<th>Interpretive Guideline</th>
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</table>
| Risk management - A facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have a risk management program that has  
  (9) a method of ensuring safe storage and transportation of gas cylinder tanks.                                           |                        |

### ST - S519 - Risk Management

**Title**  Risk Management  
**Rule**  7 AAC 12.860(10)  
**Type**  Rule

<table>
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<tr>
<th>Regulation Definition</th>
<th>Interpretive Guideline</th>
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</table>
| Risk management - A facility, with the exception of home health agencies and hospice agencies that do not provide inpatient care on agency premises, must have a risk management program that has  
  (10) a disaster plan developed in coordination with the local community to address the facility's response in case of a disaster; the plan must include community and state resources for staffing and supplies, and prioritized options to account for staffing shortages, disruptions in the supply line, community allocation of staff resources, telephone triage, and plans for establishing and maintaining communication with local, state, and federal emergency response agencies; the disaster plan |                        |
Aspen State Regulation Set: S 03 Specialized Hospital

must be in place on or before January 1, 2007, and must address response to
  (A) an earthquake, flood, major fire, tsunami, or other potential disaster relative to the area; and
  (B) a pandemic influenza outbreak; the plan must include plans for
  (i) separate entrances to buildings, and segregated seating, for patients with influenza-like illness; and
  (ii) other measures to contain or prevent transmission of the illness.

ST - S530 - Emergency Care Services

Title Emergency Care Services
Rule 7 AAC 12.870
Type Rule

Regulation Definition

7 AAC 12.870. Emergency care service. (a) If a facility provides emergency care services, those services must be available 24 hours a day and must include
  (1) a determination by trained staff of whether a person entering the service should receive a medical, psychological, or social evaluation;
  (2) treatment of acute and potentially life-threatening disorders; and
  (3) supervision of medically ill persons by trained medical staff.
(b) Guidelines for care of persons with mental or emotional problems must be present and readily accessible in the emergency room.
(c) Guidelines or protocol for the treatment of and referral for substance abuse must be present and readily accessible in the emergency room.
(d) A roster of names and telephone numbers of physicians, specialty consultants, poison control centers, and referral

Interpretive Guideline
resources must be maintained in the emergency room.

(e) The emergency care service must maintain a control register which contains, for each person served,

1. the person's name, or adequate identification;
2. the date and time of arrival;
3. an emergency record number for the person;
4. the nature of the person's complaint;
5. disposition; and
6. time of and condition on departure.

(f) The emergency medical record must contain for each patient

1. adequate identification of the patient;
2. the time of and means by which the patient arrived, including by whom transported;
3. pertinent history of the patient's current condition;
4. diagnosis and treatment given;
5. condition of the patient on discharge or transfer; and
6. final disposition, including instructions given to the patient or the patient's family regarding necessary followup care.

(g) The emergency care service must have a written plan, developed in cooperation with members of the community served, which specifies how it will deal with an extreme emergency in the community. The plan must include a triage process which describes the methods for the

1. marshalling of resources to deal with the emergency;
2. determination of the level of urgency of each case; and
3. determination of appropriate services to be performed.

(h) The emergency care service must have available a communication system to maintain contact with the police department, rescue squads, and other emergency services of the community.
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<thead>
<tr>
<th>Title</th>
<th>Outpatient Service</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.880(a)</td>
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**Regulation Definition**

Outpatient service - (a) If a facility provides outpatient service, the responsibility of the outpatient service to the medical staff and the administration of the facility must be defined in writing.

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<th>Title</th>
<th>Outpatient Service</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.880(b)</td>
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**Regulation Definition**

Outpatient service - (b) The outpatient service must develop a written plan describing its treatment philosophy, objectives, and organization.

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<tr>
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<td>7 AAC 12.880(c)</td>
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**Regulation Definition**

Outpatient service - (c) If the facility is one that performs
outpatient surgery, the written policies and procedures must make provision for at least the following:

1. types of operative procedures that may be performed;
2. types of anesthesia that may be used;
3. pre-operative evaluation of the patient which meets the same standards as apply to inpatient surgery;
4. informed consent by a patient before treatment;
5. the delivery to a pathologist designated by the facility of all anatomical parts, tissues, or foreign objects that are removed from a patient, except those designated by the medical staff as not requiring a pathologist's report, and the filing of the pathologist's findings in the patient's medical record;
6. written instructions to a patient before surgery, which include
   A) applicable restrictions on food and drugs that may be taken before surgery;
   B) any special preparations to be made by the patient;
   C) any post-operative requirements;
   D) clear explanation that admission to the hospital may be required in the event of an unforeseen circumstance; and
7. examination of each patient by a physician before discharge.

ST - S543 - Outpatient Service

Title Outpatient Service
Rule 7 AAC 12.880(d)
Type Rule

**Regulation Definition**

Outpatient service - (d) A medical record must be maintained for each patient who receives care in the outpatient service.
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ST - S544 - Outpatient Service

Title  Outpatient Service
Rule  7 AAC 12.880(e)
Type  Rule

**Regulation Definition**

Outpatient service - (e) If outpatient psychiatric followup treatment is provided, the outpatient service must comply with 7 AAC 12.215(d) (3).

**Interpretive Guideline**


ST - S545 - Outpatient Service

Title  Outpatient Service
Rule  7 AAC 12.880(f)
Type  Rule

**Regulation Definition**

Outpatient service - (f) If outpatient substance abuse followup treatment is provided, the outpatient service must comply with 7 AAC 12.220(c) (5) and 7 AAC 33.005 - 7 AAC 33.165.

**Interpretive Guideline**


ST - S550 - Rights

Title  Rights
Rule  7 AAC 12.890(a)
Type  Rule

**Regulation Definition**

Rights of patients, clients, and residents - a) Except as otherwise provided in AS 47.30.825, a patient, client, or a
nursing facility resident has rights that include the following:

1. to associate and communicate privately with persons of the patient's, client's, or resident's choice;
2. to have reasonable access to a telephone to make and receive confidential calls;
3. to mail and receive unopened correspondence;
4. to be informed of the facility's grievance procedure for handling complaints relating to patient, client, or resident care;
5. to be free from physical or chemical restraints except as specified in AS 47.30.825 or 7 AAC 12.258;
6. to be treated with consideration and recognition of the patient's, client's, or resident's dignity and individuality;
7. to confidentiality of the patient's, client's, or resident's medical records and treatment;
8. to be free from unnecessary or excessive medications;
9. to private visits by the patient's, client's, or resident's spouse, and to share a room if both spouses are patients, clients, or residents in the facility, unless medical reasons or space problems require separation;
10. to be informed in a language that the patient, client, or resident understands, before or at the time of admission and during the stay, of services that are available in the facility and their cost, including any costs for services or personal care items not covered by the facility's basic per diem rate or not covered under 42 U.S.C. 1395 - 1396v (Titles XVIII or XIX of the Social Security Act);
11. to be informed, in a language that the patient, client, or resident understands, of the patient's, client's, or resident's medical condition by the practitioner responsible for treatment;
12. to refuse to participate in experimental research, psychosurgery, lobotomy, electroconvulsive therapy, or aversive conditioning;
13. to participate in the development of a plan of care,
or discharge plan, and to receive instructions for self-care and treatment that include explanation of adverse symptoms and necessary precautions, as appropriate;
   (14) to be informed, in a language that the patient, client, or resident understands, of the rights listed in this subsection and of all the rules and regulations governing patient, client, or resident conduct and responsibility;
   (15) to be informed of the professional training and experience of the practitioner responsible for treatment;
   (16) to be informed by a practitioner of different options to the treatment recommended by the practitioner responsible for treatment, including the risks and benefits of each option.

ST - S551 - Rights

Title Rights
Rule 7 AAC 12.890(b)
Type Rule

Regulation Definition

Rights of patients, clients, and residents - (b) A written notice that sets out the rights listed in (a) of this section must be posted in a conspicuous location, and a copy must be given to a patient, a client, a resident, a family member, or the legal representative of the patient, client, or resident and, at cost, to a member of the public.

ST - S552 - Rights

Title Rights
Rule 7 AAC 12.890(c)
Type Rule
Rights of patients, clients, and residents - (c) A written notice that sets out the facility procedures for receipt and safekeeping of patients', clients', or residents' money and valuables must be posted in a conspicuous location. A copy of the notice must be given to a patient, client, or resident, or to a family member or legal representative of the patient, client, or resident. If requested, a copy of the notice must be provided, at cost, to a member of the public. A receipt for safeguarded money and valuables must be provided by the facility to the patient, client, or resident at the time of admission and following changes in the facility's procedures.

Rights of patients, clients, and residents - (d) A facility must establish written procedures to assure delivery of complaints by patients, clients, or residents to the facility's administration. The administration shall acknowledge receipt of a patient's, client's, or resident's complaint, and take appropriate action.
### Regulation Definition

Physical plant - (a) Each facility, with the exception of home health agencies, frontier extended stay clinics, and birth centers, must comply with the provisions of this section.

(b) Any renovation, expansion, or new construction must comply with

1. the requirements of Guidelines for Design and Construction of Hospital and Health Care Facilities, American Institute of Architects, 2001 edition, adopted by reference, that are applicable to the particular facility and services provided, as follows:
   - (A) secs. 1 - 6 apply to all facilities;
   - (B) sec. 7 applies to the general acute care hospitals, rural primary care hospitals, and critical access hospitals;
   - (C) sec. 10 applies to rehabilitation hospitals;
   - (D) sec. 8 applies to intermediate care facilities for the mentally retarded and to nursing facilities;
   - (E) sec. 9 applies to ambulatory surgical facilities;
   - (F) secs. 7.1; 7.2, except 7.2.B15 and 7.2.C; 7.6; 7.17 - 7.19; 7.21; 7.22; 7.25 - 7.30, except 7.28.A; 8.3; and Table 2 apply to substance abuse hospitals; and
   - (G) sec. 11 applies to psychiatric hospitals.
2. 7 AAC 09.010 - 7 AAC 09.170;
3. AS 18.60.580 - 18.60.660;
4. AS 18.60.705 - 18.60.740;
5. the International Building Code, as adopted by reference in, and revised under, 13 AAC 50.020; and
6. the International Mechanical Code, as adopted by reference in, and revised under, 13 AAC 50.023.

### Interpretive Guideline

**ST - S561 - Physical Plant**

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oRegSet.rpt
Aspen State Regulation Set: S 03 Specialized Hospital

Regulation Definition
Physical plant - (c) A facility must comply with municipal fire safety regulations, with 13 AAC 50 - 13 AAC 55, and with applicable National Fire Protection Association (NFPA) standards, including the following, which are adopted by reference:

(3) NFPA 10: Standard for Portable Fire Extinguishers, 2002 edition;
(5) NFPA 101: Life Safety Code, 2000 edition; if a waiver has been issued for a requirement of NFPA 101 under 42 C.F.R. 482.41 for a hospital, under 42 C.F.R. 485.623 for a critical access hospital, under 42 C.F.R. 483.70 for a nursing home, under 42 C.F.R. 483.470 for an intermediate care facility for the mentally retarded, or under 42 C.F.R. 416.44 for an ambulatory surgical center, the waiver will be considered a waiver of that requirement for purposes of this subsection.

Interpretive Guideline

ST - S562 - Physical Plant

Title  Physical Plant
Rule  7 AAC 12.900(d)
Type  Rule

Regulation Definition
Physical plant - (d) A facility must specify in written procedures the maximum allowable water temperature at an
outlet for patient bathing, showering, and washing, not to exceed requirements specified in (b)(1) of this section. The facility must have the capability to reduce water temperatures, and must specify in written procedures the safety factor expressed in minutes required to reduce water temperature for particular patient sensitivity due to illness or medication.

ST - S563 - Physical Plant

Title  Physical Plant
Rule  7 AAC 12.900(c)
Type  Rule

**Regulation Definition**

Physical plant - (e) Bed capacity will be determined as follows:

1. available bed space in determining bed capacity for licensure includes
   - (A) bed space in all nursing units, including intensive care units and minimal or self care units;
   - (B) isolation rooms;
   - (C) pediatrics units, including pediatrics bassinets and incubators located in the pediatrics department;
   - (D) observation units equipped and staffed for overnight use;
   - (E) space designed for, and that contains adequate space and equipment as described in (F) of this paragraph for, inpatient bed care, even if currently closed or assigned to easily convertible, non-patient uses, offices, or classrooms; and
   - (F) space in areas which have the necessary fixed equipment adequate for patient care, including oxygen, suction, a lavatory with fixtures, and a patient closet, and which are accessible to a nurses' station which is exclusively staffed for inpatient bed care, even if originally designed for other purposes;
(2) space which will not be counted in determining bed capacity includes
   (A) nurseries for newborn in the maternity department;
   (B) labor rooms;
   (C) recovery rooms;
   (D) emergency units;
   (E) preparation or anesthesia induction rooms;
   (F) rooms used for diagnostic or treatment procedures;
   (G) hospital staff bed areas, including accommodations for on-call staff;
   (H) corridors;
   (I) solaria, waiting rooms, and similar areas which are not permanently set aside, equipped, and staffed exclusively for inpatient bed care; and
   (J) unfinished space, which does not include an area which is finished except for movable equipment.

ST - S564 - Physical Plant

Title  Physical Plant
Rule  7 AAC 12.900(f)
Type  Rule

**Regulation Definition**

Physical plant - (f) Bed space under construction on or after November 19, 1983, must contain,
   (1) for each patient, fixed available oxygen, suction, a bedlight, and a closet;
   (2) for every two patients, a lavatory with fixtures and adjacent toilet; and
   (3) for each bed in a multiple-bed room, cubical curtain tracks.
ST - S565 - Physical Plant

Title  Physical Plant
Rule  7 AAC 12.900(g)
Type  Rule

**Regulation Definition**

Physical plant - (g) Facilities in existence before January 1, 1995, will be allowed a variance of 10 square feet from the standards for square footage of patient rooms required by Guidelines for Design and Construction of Hospital and Health Care Facilities, adopted by reference in (b)(1) of this section.

**Interpretive Guideline**

ST - S566 - Physical Plant

Title  Physical Plant
Rule  7 AAC 12.900(h)
Type  Rule

**Regulation Definition**

Physical plant - (h) Except as provided in 7 AAC 12.150(h), the department may waive compliance with, or grant a variance from, a requirement in this section if the commissioner determines that an equivalent alternative is provided and the safety and well-being of patients is assured. If a facility wishes to obtain a waiver or variance, its governing body must apply in writing to the commissioner and must include in the application

1. the justification for the waiver;
2. an explanation of the reasons why the particular requirement cannot be satisfied;
3. a description of the equivalent alternative proposed;

**Interpretive Guideline**
and

(4) if the application for waiver involves fire safety or other municipal or state requirements, evidence that it has been reviewed by the appropriate municipal or state authorities.

ST - S570 - Contracts

Title Contracts
Rule 7 AAC 12.910(a) - (c)
Type Rule

Regulation Definition

Contracts - (a) A facility may contract with another facility or agent to perform services or provide resources to the facility. (b) Services regulated under this chapter that are provided by contract must meet the requirements of this chapter. (c) A contract for resources or services required by regulation and not provided directly by a facility must be in writing, must be dated and signed by both parties, and must

(1) specify the respective functions and responsibilities of the contractor and the facility, and the frequency of onsite consultation by the contractor;

(2) identify the type and frequency of services to be furnished;

(3) specify the qualifications of the personnel providing services;

(4) require documentation that services are provided in accordance with the agreement;

(5) specify how and when communication will occur between the facility and the contractor;

(6) specify the manner in which the care or services will be controlled, coordinated, supervised, and evaluated by the facility;

(7) identify the procedures for payment for services furnished under the contract; and

Interpretive Guideline
(8) include the current license or registration number of
the contractor, if required by state statute or regulation.

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<tr>
<th>Title</th>
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<tbody>
<tr>
<td>Rule</td>
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**Regulation Definition**

Contracts - (d) Ambulatory surgical facilities, specialized hospitals, rural primary care hospitals, critical access hospitals, nursing homes, and intermediate care facilities for the mentally retarded must have a signed agreement with a general acute care hospital for transfer of patients who require medical or emergency care beyond the scope of the ability or license of the facility.

<table>
<thead>
<tr>
<th>Title</th>
<th>Applicable Laws and Regulations</th>
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<tbody>
<tr>
<td>Rule</td>
<td>7 AAC 12.920</td>
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<td>Type</td>
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**Regulation Definition**

Applicable federal, state, and local laws and regulations - A facility must comply with all applicable federal, state, and local laws and regulations. If a conflict or inconsistency exists between codes or standards, the more restrictive provision applies.
Accredited entities - (a) An entity licensed under this chapter with a current accreditation from a nationally recognized organization with standards the department determines meet the intent of AS 47.32 and this chapter may submit a written request to the department for a waiver of a biennial inspection by the department under AS 47.32.060. The entity must submit a separate request for each licensing period during which the accrediting organization inspected the entity. The entity must include with the request a copy of the accrediting organization's most recent report of inspection, and a plan of correction and proof of corrective action if applicable.

(b) The department will waive its biennial inspection under AS 47.32.060 during the licensing period in which the accrediting organization conducted an inspection if the entity passed that inspection or has corrected any deficiencies noted by the accrediting organization. The inspection waiver will be in effect for the remainder of that licensing period unless revoked under (c) of this section.

(c) Nothing in this section precludes the department from responding to a complaint received under AS 47.32.090, and from taking any necessary action under AS 47.32.130 or 47.32.140. If the entity fails to fulfill any plan of correction developed under AS 47.32.130 or 47.32.140, the waiver from inspection will be revoked.