



Alaska SNAP-Ed Program Resource List

Below is a list of resources that SNAP-Ed program providers may find helpful. These resources are not an exhaustive list, and the Alaska SNAP-Ed program is not promoting one program or activity over another. This list is provided for informational purposes only.

Nutrition Education & Obesity Prevention curriculums/trainings/activities

- SNAP-Ed Strategies & Interventions Toolkit
<http://snap.nal.usda.gov/snap/SNAP-EdInterventionsToolkit.pdf>
- Eating smart, being active
<http://www.ext.colostate.edu/esba/>
- Alaska's Play Every Day – Sugar Sweetened Beverage Reduction Resources
<http://dhss.alaska.gov/dph/PlayEveryDay/pages/Sugary-Drink-Resources.aspx>
- SNAP-Ed Arizona Approved Resource List
<http://www.eatwellbewell.org/uploads/media/documents/snap-ed-approved-resource-chart-033114.pdf>
- SNAP-Ed Arizona- Teaching Tools
<http://www.eatwellbewell.org/contractors/teaching-tools/lesson-plans>
- My Plate Nutrition Educators Information
<http://www.choosemyplate.gov/information-educators.html>
- CARE Connection: Nutrition Education in Child Care
<http://www.nfsmi.org/ResourceOverview.aspx?ID=207>
- Money for Food Program
<http://www.uwex.edu/ces/wnep/teach/mff/index.cfm>
- Eat Healthy Be Active Community Workshop
<http://www.health.gov/dietaryguidelines/workshops/>
- Classroom Energizers Physical Activity Program
<http://www.extension.umn.edu/family/health-and-nutrition/professional-development/classroom-energizers/>
- Pennsylvania Nutrition Education Tracks
<http://www.patricks.org>

Resources for reaching culturally/ethnically diverse audiences

- Alaska Traditional Foods Database
<http://www.nativeknowledge.org/start.htm>
- Multi-ethnic Food Pyramids
<http://fnic.nal.usda.gov/dietary-guidance/past-food-pyramid-materials/ethniccultural-food-pyramids>
- Cultural and Ethnic Food & Nutrition Education Resource List
<http://www.nal.usda.gov/fnic/pubs/ethnic.pdf>

Social Marketing Resources

- Obesity Prevention Coordinators Social Marketing Guide
<http://health.usf.edu/NR/rdonlyres/1F6E6B64-967D-45D1-8BC1-357EC9B3BC30/24125/ObesityPreventionCoordinatorsSocialMarketingG.pdf>
- CDC Social Media Toolkit
<http://www.cdc.gov/socialmedia/tools/guidelines/socialmediatoolkit.html>

School Wellness Policies

- USDA Local School Wellness Policies
<http://www.fns.usda.gov/tn/local-school-wellness-policy>
- CalFresh School Wellness Policy Evaluation Guide
<http://www.cdph.ca.gov/programs/cpns/Documents/RE-AIMSschoolWellness.pdf>

Healthy, Low-Cost Recipes

- Alaska WIC cookbook
http://dhss.alaska.gov/dpa/Documents/dpa/programs/nutri/downloads/WIC/WIC_Cookbook-Cook_with_your_children_while_using_WIC_Foods.pdf
- Alaska Farmers Market Recipes
<http://dhss.alaska.gov/dpa/Documents/dpa/programs/nutri/downloads/WIC/FarmersMarketRecipesfinalversion.pdf>
- Heart Healthy Alaska Seafood Recipes
<http://www.alaskaseafood.org/recipes/HeartHealthyRecipes.htm>
- USDA/SNAP-Ed Mixing Bowl Recipes
<http://snap.nal.usda.gov/basic-nutrition-everyone/healthy-low-cost-recipes>
<http://www.whatscooking.fns.usda.gov/>
- USDA Recipe Websites
<http://www.nutrition.gov/shopping-cooking-meal-planning/recipes>
- New Jersey SNAP-Ed recipes
<http://www.snaped4me.org/Recipes.htm>
- Arizona Nutrition Network recipes
<http://www.eatwellbewell.org/recipes>
- Eat Fresh – Tasty Recipes on a Budget
<http://eatfresh.org/recipe>

Professional Development for Nutrition Educators:

- SNAP-Ed online tools & Trainings
<http://snap.nal.usda.gov/professional-development-tools/online-training>
- National Food Safety Management institute
<http://www.nfsmi.org/Templates/TemplateDefault.aspx?qs=cEIEPTI0MQ>
- USDA Library of Professional Education Courses
<http://fnic.nal.usda.gov/professional-and-career-resources/online-learning/continuing-education>
- Social Marketing for Public Health
<http://www.cdc.gov/nccdphp/dnpa/socialmarketing/training/index.htm>
<http://socialmarketingcollaborative.org/smc/>

Program Evaluation Resources:

- Western Region Evaluation Toolkit
<http://snap.nal.usda.gov/snap/WesternRegionEvaluationFramework.pdf>
- Conducting Effective SNAP-Ed Evaluations
http://www.fns.usda.gov/sites/default/files/SNAPEDWavell_Guide.pdf
- Other SNAP-Ed evaluation resources
<http://snap.nal.usda.gov/professional-development-tools/evaluation>
- National Collaborative on Childhood Obesity Research - Measures Registry
<http://nccor.org/projects/measures/index>

Local Data Sources for Nutrition Information

- 2014 Alaska SNAP-Ed Needs Assessment
http://dhss.alaska.gov/dpa/Documents/dpa/pdf/Alaska_SNAP_needs_assessment_report.pdf
- Youth Risk Behavior Surveillance System
<http://dhss.alaska.gov/dph/Chronic/Pages/yrbs/yrbs.aspxBRFFS>
- Behavioral Risk Factor Surveillance System
<http://dhss.alaska.gov/dph/Chronic/Pages/brfss/default.aspx>
- Food Research & Action Center
<http://frac.org/reports-and-resources/snapfood-stamp-monthly-participation-data/>
- Healthy Alaskans 2020
<http://hss.state.ak.us/ha2020/>