



## Assistance Programs

Food and Nutrition Assistance			
Program & People	Benefit	Eligibility Requirements	Authority
SNAP (formerly known as Food Stamps)  34,920 average monthly caseload in SFY 2016	\$398.91 average monthly household allotment in FY 2016	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Net income of not more than \$1,237 for an individual or \$1,669 for a couple; levels increase based on household size</li> <li>Not more than \$2,250 in assets per household, \$3,250 for a household who has at least one member who is disabled or over age 60</li> </ul>	Federal / State Program  PL 110-246 (2008) 7 CFR 271 – 274  AS 47.25.975 – 990 7 AAC 46.010 – 990
Food Stamp Nutrition Education Program (SNAP ED)  3,896 clients served	Social marketing, research and direct client services. Nutrition education information is targeted to Food Stamp eligible populations	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Net income of not more than \$1,237 for an individual or \$1,608 for a couple; levels increase based on household size</li> <li>Not more than \$2,250 in assets per household, \$3,250 for a household who has at least one member who is disabled or over age 60</li> </ul>	Federal / State Program  PL 110-246 (2008) 7 CFR 271 – 274  AS 47.25.975 – 990 7 AAC 46.010 – 990
WIC  19,288 monthly participant average in SFY 2016	Provides nutrition education, referrals, breastfeeding support and checks to purchase supplemental foods designed to address nutrient inadequacies and nutrition education	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Must have a nutrition risk</li> <li>Pregnant, breastfeeding, and postpartum women, infants and children up to five years of age</li> <li>Must meet income criteria or must be within 185% of poverty</li> <li>Yearly income of \$27,454 for a 1 person household, \$37,037 for a 2 person household (2016-2017). USDA updates income guidelines annually (April).</li> </ul>	Federal / State Program  PL 111-296 (2010) 7 CFR 246



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Breastfeeding Peer Counseling Program  11,358 contacts in SFY 2016	Provides breastfeeding support through a peer-to-peer counseling structure to WIC pregnant and breastfeeding women	<ul style="list-style-type: none"> <li>• Must meet WIC eligibility requirements and be considered a WIC participant for enrollment in the Breastfeeding Peer Counseling Program (BFPC).</li> <li>• BFPC program benefits all WIC pregnant, breastfeeding, and, infant (up to one year of age) participants with breastfeeding support that augments the WIC program support through a peer-to-peer counseling structure.</li> </ul>	Federal / State Program  PL 111-296 (2010) 7 CFR 246
Commodity Supplemental Food Program  1,906 average monthly caseload for SFY 2016	Provides supplemental foods designed to address nutrient inadequacies. Includes nutrition education. Cannot have concurrent participation in WIC.	<ul style="list-style-type: none"> <li>• Alaska resident</li> <li>• 60 years or older</li> <li>• Yearly income for one person household of \$15,444, or \$26,026 for two person household</li> <li>• Only available in Anchorage, Mat-Su, Kenai, and Fairbanks and limited outlying areas</li> </ul>	Federal / State Program  PL 111-296 (2010) 7 CFR 247
WIC Farmers Market Nutrition Program  9,968 annual participant in FFY 2016	Provide checks for purchase of fruits and/or vegetables from Alaska farmers. Provide nutrition education materials.	<ul style="list-style-type: none"> <li>• Alaska Resident</li> <li>• Current WIC participants</li> <li>• Available in Anchorage, the Mat-Su Valley, Delta Junction, Dillingham, Fairbanks area, Copper Center, Bethel, on the Kenai Peninsula, and in Haines, Petersburg, and Sitka.</li> <li>• Yearly income of \$27,454 for a 1 person household, \$37,037 for a 2 person household (2016-2017). USDA updates income guidelines annually.</li> </ul>	Federal / State Program  PL 11-296 (2010) 7 CFR 248



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Program & People	Benefit	Eligibility Requirements	Authority
Senior Farmers Market Nutrition  Estimated 2,567 participants in FFY 2016	Provides checks for purchase of fresh fruits and/or vegetables from Alaska farmers. Provides nutrition education materials.	<ul style="list-style-type: none"> <li>Alaska resident</li> <li>Age 60 or older</li> <li>Participation in CSFP, TEFAP, Public Assistance, NEOP, or CSFP, or Free or Reduced School Meals <b>OR</b></li> <li>Available in Anchorage, the Mat-Su Valley, Fairbanks area, on the Kenai Peninsula, Haines, Homer and limited outlying areas.</li> <li>Yearly income \$27,454 for one person household, \$37,037 for two person household (as of July 1, 2016)</li> </ul>	Federal / State Program  PL 111-296 (2010) 7 CFR 249
<b>Medical Assistance</b>			
Medicaid  142,051 average monthly enrollees in FY 2016	Provides medical assistance to needy individuals and families. Basically, it is intended to provide medical coverage for needy families with children, pregnant women, low income adults, and aged, blind and disabled persons	<ul style="list-style-type: none"> <li>To be eligible, recipients must meet certain income and/or resource criteria. These criteria vary depending on the particular Medicaid category for which the recipient is eligible for</li> <li>Eligibility criteria for aged, blind, and disabled persons are based on eligibility criteria used for the Adult Public Assistance program</li> <li>Eligibility criteria for parents and other caretaker relatives, pregnant women, children under age 19, under 21 Medicaid, expansion group, and former foster children up to age 26 are based on the eligibility criteria created by the Affordable Care Act</li> </ul>	Federal / State Program  PL 112-238 (2012) 42 USC 1396  AS 47.07 7 AAC 100.001 – 990  42 CFR 435



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Program & People	Benefit	Eligibility Criteria	Authority
Chronic and Acute Medical Assistance	Provides emergency medical coverage for persons who do not qualify for Medicaid	<ul style="list-style-type: none"> <li>• Age 18 or older</li> <li>• Lack of other medical resources</li> <li>• Covered medical needs only include:               <ul style="list-style-type: none"> <li>➢ A terminal illness</li> <li>➢ Cancer requiring chemotherapy</li> <li>➢ Diabetes and diabetes insipidus</li> <li>➢ Seizure disorders</li> <li>➢ Chronic mental illness</li> <li>➢ Hypertension</li> </ul> </li> <li>• Countable income of not more than \$300 for an individual or \$400 for a couple</li> <li>• Assets that do not exceed \$500</li> </ul>	State Program  AS 47.08.150 7 AAC 48.500 - 900
<b>Assistance for Seniors &amp; Disabled</b>			
Adult Public Assistance (including Interim Assistance and Old Age Assistance)  18,925 average monthly recipients in FY 2016	Maximum \$362/month; combined with SSI max is \$1,097/month  \$261.62 average monthly payment in SFY 2016	The Adult Public Assistance program is designed as a State supplement to the Federal Supplemental Security Income Program (SSI). As such, it confers Medicaid eligibility to its recipients. <ul style="list-style-type: none"> <li>• Age 65 or older, blind or disabled</li> <li>• Alaska resident</li> <li>• Less than \$2,000 (single) \$3,000 (couple) in assets excluding house, one vehicle, burial fund</li> <li>• Monthly income below \$1,366 for an individual, \$2,023 for a couple, both eligible</li> </ul>	State Program  AS 47.25.430 – 615 7 AAC 40.020 – 900



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Program & People	Benefit	Eligibility Criteria	Authority
Senior Benefits Program  11,750 average monthly caseload in SFY 2016  (13,087 average monthly recipients)	Monthly payment of \$76, \$175 or \$250 depending on income	<ul style="list-style-type: none"> <li>• Age 65 or older</li> <li>• Alaska resident</li> <li>• Effective April 1, 2016 -- yearly income of below \$25,970 for an individual or \$35,035 for a couple</li> </ul>	State Program  AS 47.45.300 – 309 7 AAC 47.545 - 599
<b>Heating Assistance</b>			
Heating Assistance Program (LIHEAP)  8,347 households served by the State in FY 2016  13,935 households served including the tribes in FY 2016	Provides help paying for home heating costs  \$1,184 average benefit per State served household in FY 2016  \$1,419 average benefit for all households including the tribes  FY 2016 benefits paid out of LIHEAP and AKAHP funds	<ul style="list-style-type: none"> <li>• Annual home heating costs must exceed \$200</li> <li>• Gross income at or below \$1,855 for an individual, \$2,502 for a couple (150% of federal poverty level) for FY 2017</li> <li>• Household with a person age 60 or older, disabled, or under the age of 6, is considered a priority population. Households receive one additional heating point toward their benefit calculation. Value of extra point is \$90 in FY 2017</li> </ul>	Federal / State Program  PL 97-35 (1981) 45 CFR 96.80 - 89  7 AAC 44.010 – 900
Alaska Affordable Heating Program (AKAHP)  1,374 households served by the State in FY 2016  1,952 households served including the tribes in FY 2016	Provides help paying for home heating costs  \$565/year average per State served household in FY 2016  \$580 average benefit for all households including the tribes in FY 2016	This program's funding was eliminated so it is not being offered in FY 2017	State Program  AS 47.05.010 AS 47.25.621 - 626 7 AAC 44.200 - 900



## Assistance Programs

Assistance for Families with Dependent Children			
Program & People	Benefit	Eligibility Criteria	Authority
Alaska Temporary Assistance Program  8,290 average monthly recipients in SFY 2016	Maximum cash benefit of \$821 for a family with 1 child, \$923 for a family with 2 children  \$611.82 average monthly benefit in FY 2016	<ul style="list-style-type: none"> <li>• Alaska resident</li> <li>• Families with dependent children under age 18</li> <li>• Child support cooperation</li> <li>• 60-month time limit               <ul style="list-style-type: none"> <li>➤ 30 states have a 49-60 month lifetime limit</li> <li>➤ 5 states have a 37-48 month lifetime limit</li> <li>➤ 3 states have a 25-36 month lifetime limit</li> <li>➤ 12 states have a 13-24 month lifetime limit</li> <li>➤ 1 state has a 12 month lifetime limit</li> </ul> </li> <li>• Participation in work activities and family self-sufficiency planning</li> <li>• Not more than \$2,000 in assets per household, \$3,000 for a household who has at least one member who is over 60</li> <li>• Net income of not more than \$1,416 for a family with 1 child, \$1,594 for a family with 2 children</li> <li>• Benefit amount based on income (lower if more income or less need)</li> <li>• 793 cases are "Child Only" Cases (non-needy caregiver)</li> <li>• 161 cases are families living in exempt native villages</li> <li>• 74% include a parent and are subject to work and time limits               <ul style="list-style-type: none"> <li>➤ 58% have used less than 2 years</li> <li>➤ 15% have used between 2 and 3 years</li> <li>➤ 11% have used between 3 and 4 years</li> <li>➤ 10% have used between 4 and 5 years</li> <li>➤ 6% have used more than 5 years (on allowable extension)</li> </ul> </li> </ul>	Federal / State Program  42 USC 602 – 608 45 CFR 200 – 499  AS 47.27.005 – 990 7 AAC 45.150 – 990

# Assistance Programs

Program	Benefit	Eligibility Criteria	Authority
<p>Child Care Assistance</p> <p>4,302 average children per month in SFY 2016</p>	<p>Provides monthly subsidy to help low income families pay for child care. Benefit is paid to the child care provider based on geographic location, type of care and age of children</p>	<ul style="list-style-type: none"> <li>• To be eligible, the parent(s) in the family must be participating in work, seeking work, in school or training activities, and meet income criteria. Countable income is dependent on the household size.</li> <li>• Child(ren) must be under the age of 13 or under the age of 19 if developmentally disabled</li> <li>• Income limits are set at 75% of 2008 median income for Alaska: \$4,524 for household of 3, \$4,614 for a household of 4, etc.</li> </ul>	<p>Federal / State Program</p> <p>PL 112-74 (2011)            42 USC 9858            45 CFR 98 – 99</p> <p>AS 47.25.001 – 095            7 AAC 41.010 – 990</p>
<b>Other Assistance</b>			
<p>General Relief Assistance</p> <p>1,503 cases in SFY 2016</p> <p>(2,416 recipients)</p>	<p>Provides for emergent basic needs for shelter, utilities, food, clothing, or burial</p>	<ul style="list-style-type: none"> <li>• Alaska resident</li> <li>• Have an emergent need for shelter, food, clothing, or burial</li> <li>• Assets that do not exceed \$500</li> <li>• Countable income of not more than \$300 for an individual or \$400 for a couple</li> </ul>	<p>State Program</p> <p>AS 47.05.010            AS 47.25.170            7 AAC 47.050 - 290</p>

# Assistance Programs

**ACRONYM KEY**

<b>AAC</b>	Alaska Administrative Code
<b>APA</b>	Adult Public Assistance
<b>AS</b>	Alaska Statute
<b>ATAP</b>	Alaska Temporary Assistance Program
<b>CFR</b>	Code of Federal Regulations
<b>CSFP</b>	Commodity Supplemental Food Program
<b>DKC</b>	Denali Kid Care
<b>LIHEAP</b>	Low Income Heating Energy Assistance Program
<b>NEOP</b>	Nutrition Education & Obesity Prevention - Supplemental Nutrition Assistance Program
<b>PL</b>	Public Law
<b>POMS SI</b>	Social Security Administration Program Operations Manual System - Supplemental Security Income
<b>SSI</b>	Supplemental Security Income
<b>TEFAP</b>	The Emergency Food Assistance Program
<b>USC</b>	United States Code
<b>USDA</b>	U.S. Department of Agriculture
<b>WIC</b>	Women, Infants, and Children