



Assistance Programs

Food and Nutrition Assistance			
Program & People	Benefit	Eligibility Requirements	Authority
Supplemental Nutrition Assistance Program (SNAP) 41,945 average monthly caseload in SFY 2018	\$379.42 average monthly household allotment in FY 2018	<ul style="list-style-type: none"> Alaska resident Net income of not more than \$1,265 for an individual or \$1,715 for a couple; levels increase based on household size Not more than \$2,250 in assets per household, \$3,500 for a household who has at least one member who is disabled or over age 60 	Federal / State Program PL 110-246 (2008) 7 CFR 271 – 274 AS 47.25.975 – 990 7 AAC 46.010 – 990
Supplemental Nutrition Assistance Education Program (SNAP ED) 2,064 clients served by direct education (15,465 served through social marketing and direct / indirect education combined)	Social marketing, research and direct client services. Nutrition education information is targeted to SNAP eligible populations	<ul style="list-style-type: none"> Alaska resident Net income of not more than \$1,265 for an individual or \$1,715 for a couple; levels increase based on household size Not more than \$2,250 in assets per household, \$3,500 for a household who has at least one member who is disabled or over age 60 	Federal / State Program PL 110-246 (2008) 7 CFR 271 – 274 AS 47.25.975 – 990 7 AAC 46.010 – 990
Women, Infants, and Children (WIC) 17,092 monthly participant average in SFY 2018	Provides nutrition education, referrals, breastfeeding support and checks to purchase supplemental foods designed to address nutrient inadequacies and nutrition education	<ul style="list-style-type: none"> Alaska resident Must have a nutrition risk Pregnant, breastfeeding, and postpartum women, infants and children up to five years of age Must meet income criteria or must be within 185% of poverty Yearly income of \$28,083 for a 1 person household, \$38,073 for a 2 person household (2018-2019). USDA updates income guidelines annually (April). 	Federal / State Program PL 111-296 (2010) 7 CFR 246



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Breastfeeding Peer Counseling Program 11,358 contacts in SFY 2018	Provides breastfeeding support through a peer- to-peer counseling structure to WIC pregnant and breastfeeding women	<ul style="list-style-type: none"> • Must meet WIC eligibility requirements and be considered a WIC participant for enrollment in the Breastfeeding Peer Counseling Program (BFPC). • BFPC program benefits all WIC pregnant, breastfeeding, and, infant (up to one year of age) participants with breastfeeding support that augments the WIC program support through a peer-to-peer counseling structure. 	Federal / State Program PL 111-296 (2010) 7 CFR 246
Commodity Supplemental Food Program 2,600 average monthly caseload for FFY 2018	Provides supplemental foods designed to address nutrient inadequacies. Includes nutrition education. Cannot have concurrent participation in WIC.	<ul style="list-style-type: none"> • Alaska resident • 60 years or older • Annual income for one person household of \$19,734 or \$26,754 for two person household • Only available in Anchorage, Mat-Su, Kenai, and Fairbanks and limited outlying areas 	Federal / State Program PL 111-296 (2010) 7 CFR 247
WIC Farmers Market Nutrition Program 10,000 annual participant in FFY 2018	Provide checks for purchase of fruits and/or vegetables from Alaska farmers. Provide nutrition education materials.	<ul style="list-style-type: none"> • Alaska Resident • Current WIC participants • Available in Anchorage, the Mat-Su Valley, Delta Junction, Dillingham, Fairbanks area, Copper Center, Bethel, on the Kenai Peninsula, and in Haines, Petersburg, and Sitka • Yearly income of \$28,083 for a 1 person household, \$38,073 for a 2 person household (2018-2019). USDA updates income guidelines annually (April). 	Federal / State Program PL 11-296 (2010) 7 CFR 248



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<p>Senior Farmers Market Nutrition</p> <p>Estimated 3,000 participants in FFY 2018</p>	<p>Provides checks for purchase of fresh fruits and/or vegetables from Alaska farmers. Provides nutrition education materials.</p>	<ul style="list-style-type: none"> Alaska resident Age 60 or older Participation in CSFP, TEFAP, Public Assistance, NEOP, or CSFP, or Free or Reduced School Meals OR Available in Anchorage, the Mat-Su Valley, Fairbanks area, on the Kenai Peninsula, Haines, Homer and limited outlying areas. Yearly income \$28,083 for one person household, \$38,073 for two person household (as of July 1, 2018) 	<p>Federal / State Program</p> <p>PL 111-296 (2010) 7 CFR 249</p>
<p>Medical Assistance</p>			
<p>Medicaid</p> <p>203,107 average monthly enrollees in FY 2018</p>	<p>Provides medical assistance to needy individuals and families. Basically, it is intended to provide medical coverage for needy families with children, pregnant women, low income adults, and aged, blind and disabled persons</p>	<ul style="list-style-type: none"> To be eligible, recipients must meet certain income and/or resource criteria. These criteria vary depending on the particular Medicaid category for which the recipient is eligible for Eligibility criteria for aged, blind, and disabled persons are based on eligibility criteria used for the Adult Public Assistance program Eligibility criteria for parents and other caretaker relatives, pregnant women, children under age 19, under 21 Medicaid, expansion group, and former foster children up to age 26 are based on the eligibility criteria created by the Affordable Care Act 	<p>Federal / State Program</p> <p>PL 112-238 (2012) 42 USC 1396</p> <p>AS 47.07 7 AAC 100.001 – 990</p> <p>42 CFR 435</p>



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<p>Chronic and Acute Medical Assistance (CAMA)</p>	<p>Provides emergency medical coverage for persons who do not qualify for Medicaid</p>	<ul style="list-style-type: none"> • Age 18 or older • Lack of other medical resources • Covered medical needs only include: <ul style="list-style-type: none"> ➢ A terminal illness ➢ Cancer requiring chemotherapy ➢ Diabetes and diabetes insipidus ➢ Seizure disorders ➢ Chronic mental illness ➢ Hypertension • Countable income of not more than \$300 for an individual or \$400 for a couple • Assets that do not exceed \$500 	<p>State Program</p> <p>AS 47.08.150 7 AAC 48.500 - 900</p>
<p>Assistance for Seniors & Disabled</p>			
<p>Adult Public Assistance (including Interim Assistance and Old Age Assistance)</p> <p>19,519 average monthly recipients in SFY 2018</p>	<p>Maximum \$362/month; combined with SSI max is \$1,133/month (as of January 1, 2019)</p> <p>\$269.36 average monthly payment in SFY 2018</p>	<p>The Adult Public Assistance program is designed as a State supplement to the Federal Supplemental Security Income Program (SSI). As such, it confers Medicaid eligibility to its recipients.</p> <ul style="list-style-type: none"> • Age 65 or older, blind or disabled • Alaska resident • Less than \$2,000 (single) \$3,000 (couple) in assets excluding house, one vehicle, burial fund • Monthly income below \$1,432 for an individual, \$2,121 for a couple, both eligible (as of January 1, 2019) 	<p>State Program</p> <p>AS 47.25.430 – 615 7 AAC 40.020 – 900</p>



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Senior Benefits (SB) Program 11,283 average monthly recipients in SFY 2018	Monthly payment of \$76, \$175 or \$250 depending on income	<ul style="list-style-type: none"> • Age 65 or older • Alaska resident • Effective April 1, 2018 -- yearly income of below \$26,565 for an individual or \$36,015 for a couple 	State Program AS 47.45.300 – 309 7 AAC 47.545 - 599
Heating Assistance			
Heating Assistance Program (LIHEAP) 7,308 households served by the State in FY 2018 20,645 individuals served by the State in FY 2018	Provides help paying for home heating costs \$993.32 average benefit per State served household in FY 2018	<ul style="list-style-type: none"> • Annual home heating costs must exceed \$200 • Gross monthly income at or below \$1,882 for an individual, \$2,536 for a couple (150% of federal poverty level) for FY 2018 • Household with a person age 60 or older, disabled, or under the age of 6, is considered a priority population. Households receive one additional heating point toward their benefit calculation. Value of extra point is \$90 in FY 2018 	Federal / State Program PL 97-35 (1981) 45 CFR 96.80 - 89 7 AAC 44.010 – 900
Alaska Affordable Heating Program (AKAHP) 1,374 households served by the State in FY 2016	Provides help paying for home heating costs \$565/year average per State served household in FY 2016	This program's funding was eliminated so it is not being offered in FY 2017 or FY 2018	State Program AS 47.05.010 AS 47.25.621 - 626 7 AAC 44.200 - 900



Assistance Programs

Assistance for Families with Dependent Children			
Program & People	Benefit	Eligibility Criteria	Authority
Alaska Temporary Assistance Program (ATAP) 8,055 average monthly recipients in SFY 2018	Maximum cash benefit of \$821 for a family with 1 child, \$923 for a family with 2 children \$608.49 average monthly benefit per household in FY 2018	<ul style="list-style-type: none"> • Alaska resident • Families with dependent children under age 18 • Child support cooperation • 60-month time limit <ul style="list-style-type: none"> ➢ 30 states have a 49-60 month lifetime limit ➢ 5 states have a 37-48 month lifetime limit ➢ 3 states have a 25-36 month lifetime limit ➢ 12 states have a 13-24 month lifetime limit ➢ 1 state has a 12 month lifetime limit • Participation in work activities and family self-sufficiency planning • Not more than \$2,000 in assets per household, \$3,000 for a household who has at least one member who is over 60 • Net income of not more than \$1,484 for a family with 1 child, \$1,670 for a family with 2 children • Benefit amount based on income (lower if more income or less need) • 71% include a parent and are subject to work and time limits <ul style="list-style-type: none"> ➢ 36% have used less than 2 years ➢ 11% have used between 2 and 3 years ➢ 8% have used between 3 and 4 years ➢ 5% have used between 4 and 5 years ➢ 5% have used more than 5 years (on allowable extension) 	Federal / State Program 42 USC 602 – 608 45 CFR 200 – 499 AS 47.27.005 – 990 7 AAC 45.150 – 990



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Child Care Assistance 3,013 average children per month in SFY 2018	Provides monthly subsidy to help with child care expenses based on a sliding fee scale for eligible low-moderate income families. The family benefit is paid to the child care provider on behalf of the family, based on geographic location, type of care, age of children, unit of care authorized, and child's attendance at the child care facility.	<ul style="list-style-type: none"> • Parent(s) in the family must be participating in an eligible activity of working, attending school or a job training program, and meet non- financial and financial eligibility criteria. • Families must not exceed income limits which are set at 85% of adjusted 2016 median income for Alaska: \$5,156 for household of 3, \$6,107 for a household of 4, etc. • Child(ren) must be under the age of 13, be a US citizen or national or qualified alien, and reside with an eligible parent or parents; or be receiving or needing to receive protective services. 	Federal / State Program PL 112-74 (2011) 42 USC 9858 45 CFR 98 – 99 AS 47.25.001 – 095 7 AAC 41.010 – 990
Other Assistance			
General Relief Assistance (GRA) 1,221 cases in SFY 2018 2,455 recipients in SFY 2018	Provides for emergent basic needs for shelter, utilities, food, clothing, or burial	<ul style="list-style-type: none"> • Alaska resident • Have an emergent need for shelter, food, clothing, or burial • Assets that do not exceed \$500 • Countable income of not more than \$300 for an individual or \$400 for a couple 	State Program AS 47.05.010 AS 47.25.170 7 AAC 47.050 - 290



Assistance Programs

ACRONYM KEY

AAC	Alaska Administrative Code
ACA	Affordable Care Act
APA	Adult Public Assistance
AS	Alaska Statute
ATAP	Alaska Temporary Assistance Program
CAMA	Chronic and Acute Medical Assistance
CFR	Code of Federal Regulations
CSFP	Commodity Supplemental Food Program
FS	Food Stamps; now known as SNAP
GRA	General Relief Assistance
IA	Interim Assistance
LIHEAP	Low Income Heating Energy Assistance Program
NEOP	Nutrition Education & Obesity Prevention - Supplemental Nutrition Assistance Program
PL	Public Law
POMS SI	Social Security Administration Program Operations Manual System - Supplemental Security Income
SB	Senior Benefits
SNAP	Supplemental Nutrition Assistance Program; formerly known as Food Stamps
SSI	Supplemental Security Income
TEFAP	The Emergency Food Assistance Program
USC	United States Code
USDA	U.S. Department of Agriculture
WIC	Women, Infants, and Children
