

Successful Breastfeeding is a FAMILY Effort



Your milk is the best milk

Breastfeeding your baby for the first year of life or longer
nourishes your baby for life.

We know it can be a challenge; don't quit! We're here to help: 465-3100

USDA is an equal opportunity provider and employer

Alaska Moms Grow Strong Babies



They start by breastfeeding

Breastfeeding your baby for the first year of life or longer
nourishes your baby for life.

Breastfeed with confidence — WIC can help: 465-3100

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Breast Milk is a Baby's Best Milk



Your body makes the best milk for your baby

Breastfeed your baby as often and as long as you can. Sharing the nutrients you make means sharing a lifetime bond.



**If breastfeeding is a challenge for you, give us a call
at 465-3100**

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Alaska Moms Grow Strong Babies



They start by breastfeeding

Breast milk is the most nutritious food for babies. Breastfed babies grow up stronger and healthier. Breastfeed the first year or longer.

For support and information, call 465-3100

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Breastfeeding nourishes your baby for life



You make the best milk for your baby

Breastfeeding gives your baby the right nutrients for a lifetime of health. Breastfeed the first year or longer.

Learn more about breastfeeding at 465-3100



Alaska Moms Grow Strong Babies



Your milk is the best milk

Breastfeeding? Stick it out — you'll share love and important nutrients needed for your baby's development.

We know it can be challenging; don't quit, it's worth it!

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Breastfeeding nourishes your baby for life

Your body makes the best milk for your baby

Breastfeeding gives your baby the right nutrients for a lifetime of health.
Breastfeed the first year or longer.

We know it can be challenging; don't quit! We're here to help: 465-3100

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Alaska Moms Grow Strong Babies

Breast milk is the most nutritious food for babies. Breastfeed the first year or longer.



Your body makes the right milk for your baby

Breast milk is the most nutritious food for babies. Babies breastfed a year or more grow up stronger and healthier.

We know it can be challenging; don't quit! We're here to help: 465-3100

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Share love, share strength, share health

Breast milk is the most nutritious food for babies. Breastfeeding gives your baby the right nutrients for a lifetime of health. The longer you breastfeed the better.

We know it can be challenging; don't quit! We're here to help: 465-3100