

Cert Form Cheat Sheet: Alaska WIC Program

Rev 04/19 * **High Risk**

USDA	Risk Factor	USDA	Risk Factor
101	PG: Underweight; Prepregnancy BMI<18.5	353	ALL CAT: Food Allergies (consider RD referral if appropriate)
	BF/NBF: Current BMI<18.5	354	ALL CAT* : Celiac Disease
103	I/C Underweight or At Risk of Becoming Underweight	355	ALL CAT: Lactose Intolerance
	≤2.3%, I/C <24 mos; ≤5% BMI or ≤5th % wt/ht, 2-5 yrs	356	ALL CAT: Hypoglycemia
	at risk:≥ 2.3th% and <5% 0-24 months; >5% and ≤10% 2-5 yrs	357	ALL CAT: Drug-Nutrient Interactions
111	PG: Overweight; Prepregnancy BMI ≥ 25	358	PG/BF/NBF: Eating Disorders
	BF:< 6mos Prepreg BMI ≥25; ≥ 6mos Current BMI ≥25	359	ALL CAT: Recent Major Surgery, Trauma, Burns
	NBF: Prepregnancy BMI ≥ 25	360	ALL CAT* : Other Medical Conditions
113	C: Obese, ≥95% BMI or wt/stature, C 2 to 5 yrs	361	PG/BF/NBF: Depression
114	I/C: Overweight or At Risk of Overweight	362	ALL CAT: Dev/Sens/Motor Dis Feed Prob- consider RD referral
115	I/C: High Weight for Length (0-24 months) ≥97.7th%	363	BF/NBF Pre-Diabetes
121	I/C: Short or At Risk of Stature	371	PG/BF/NBF: Maternal Smoking
131	PG: Low Maternal Weight Gain	372	PG/BF/NBF: Alcohol and Substance Use
133	PG/BF/NBF: High Maternal Weight Gain	381	ALL CAT: Oral Health Conditions
134	I/C* : Failure To Thrive	382	I/C* : Fetal Alcohol Syndrome (FAS) (H* up to 1yr cert)
135	I: Slowed/Faltering Growth Pattern	383	I: Neonatal Abstinence Syndrome
141	I*/C : < 24 mos: LBW/VLBW: BW ≤5# 8oz (H:I* <5#)	401	PG/BF/NBF/C ≥2yr: Fail Meet <i>Dietary Guidelines for Americans</i>
142	I*/C :<24mo. Prematurity. Infant born ≤ 37 wks (H:I*)	411	I: Inappropriate Nutrition Practices for Infants
151	I*/C : < 24 mos: small for gest. age physician diag. (H:I*)	411.01	I: Inappropriate Breast/Formula Substitutes
152	I* : Low Head Circumference < 2.3 % (NCHS/CDC)	411.02	I: Inappropriate Use Bottle/Cup
153	I: BW ≥9# or ≥4000 g	411.03	I: Inapprop Complementary Foods (food other than breast/formula)
201	ALL Cat* : Low Hct/Hgb (H* <9gms/dl, Hct<30%)	411.04	I: Developmentally Inappropriate Feeding
211	ALL Cat: High Lead levels≥10µg/dl within 12mos	411.05	I: Feeding Harmful Foods (contaminants/toxins)
301	PG: Hyperemesis Gravidarum	411.06	I: Inappropriate Dilution of Formula
302	PG* : Gestational Diabetes	411.07	I: Limited Frequency of Nursing
303	PG: any history of gestational diabetes (GDM)	411.08	I: Diet Low Essential Nutrients (Vegan, Microbiotic, etc.)
	BF/NBF: GDM= most recent pregnancy	411.09	I: Lack Sanitation
304	PG BF/NBF History of Preeclampsia	411.10	I: Excess Vit/Mineral/Herb Supplements
311	PG: any history of preterm delivery (≤ 37 wks)	411.11	I: Inadequate Dietary Supplements (fluoride, Vit D)
	BF/NBF: preterm= most recent pregnancy	425	C: Inappropriate Nutrition Practices for Children
312	PG: any history of LBW (≤5# 8oz)	425.01	C: Inappropriate Milk Substitutes
	BF/NBF: LBW= most recent pregnancy	425.02	C: Sugar Containing Fluids
321	PG: history of SAB, fetal or neonatal loss <20wks/<500gm	425.03	C: Improper use bottle/cup/pacifier
	BF: most recent preg and w/ ≥1 infant still living	425.04	C: Developmentally Inappropriate Feeding
	NBF: fetal neonatal loss= most recent pregnancy	425.05	C: Feeding Harmful Foods (contaminants/toxins)
331	PG* : Current Preg at ≤17 y/o (H ≤15)	425.06	C: Diet Low Essential Nutrients (Vegan, Microbiotic, etc.)
	BF*/NBF : Preg at ≤17 = most recent preg (H-BF ≤ 15)	425.07	C: Excess Vit/Mineral/Herb Supplements
332	PG: Short interpregnancy interval (<18 months)	425.08	C: Inadequate Dietary Supplements (fluoride)
	BF/NBF: Closely spaced pregnancy, current pregnancy	425.09	C: Pica
333	PG: Preg at < 20yr w/ ≥ 3 pregnancies- current preg	427	PG/BF/NBF: Inappropriate Nutrition Practices for Women
	BF/NBF: Preg at < 20yr w/ ≥ 3 preg= most recent preg	427.01	PG/BF/NBF: Excess Vit/Mineral/Herb Supplements
334	PG: Lack of or Inadequate Prenatal Care	427.02	PG/BF/NBF: Diet Low Essential Nutrients (Vegan, Microbiotic, etc.)
335	PG* : Multifetal gestation current pregnancy	427.03	PG/BF/NBF: Pica
	BF*/NBF : Multi gestation= most recent preg	427.04	PG/BF/NBF: Inadequate Diet Supplement (PG=iron, BF/NBF=folic)
336	PG: Fetal Growth Restriction (FGR)	427.05	PG: Feeding Harmful Foods (contaminants/toxins)
337	PG: Large for gest. age infant - any hx (BW ≥ 9 #)	428	I/C (4-24mo): Diet Associated w/Complementary Feed Practices (i.e. gradual addition of food/bev to infant/child's diet)
	BF/NBF: Large gest. infant= most recent preg or any hx		
338	PG: Pregnant Woman Currently Breastfeeding	501	BF/NBF/I/C: Possibility of Regression
339	PG: History of congenital birth defect	502	ALL CAT: Transfer of Certification
	BF/NBF: History of congenital birth= most recent preg	503	PG: Preg Women Presumptive Eligibility- 60 days
341	ALL CAT: Nutrient Deficiency or Disease	601	BF: Breastfeeding Mother of Infant at Nutritional Risk
342	ALL CAT: Gastro-Intestinal Disorders	602	BF* : BF Complications (woman)
343	ALL CAT: Diabetes Mellitus	603	I* : BF Complications (Infant)
344	ALL CAT: Thyroid Disorders	701	I: Infant < 6 Mo Old born to WIC/ELIG Mom
345	ALL CAT* : Hypertension (includes Chronic / Preg Induced)	702	I: Breastfeeding Infant of Woman at Nutritional Risk
346	ALL CAT: Renal Disease (excluding UTI)	801	ALL CAT: Homelessness
347	ALL CAT* : Cancer	802	ALL CAT: Migrancy
348	ALL CAT: Central Nervous System Disorders	901	ALL CAT: Recipient of Abuse: past 6 mos
349	ALL CAT: Genetic and Congenital Disorders	902	ALL CAT: Primary Caregiver w/ Limited ability feeding decisions
351	ALL CAT* : Inborn Errors of Metabolism	903	ALL CAT: Foster Care
352a	ALL CAT: Infectious Diseases- Acute	904	ALL CAT: Environmental Tobacco Smoke (ETS) Exposure
352b	ALL CAT: Infectious Diseases- Chronic		