

## High Risk Nutrition Care Plan: *Infants/Children*

Date: \_\_\_\_\_ Client: \_\_\_\_\_  
Parent/Guardian: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_  
Physician: \_\_\_\_\_ Referral Agency: \_\_\_\_\_  
PHN: \_\_\_\_\_ Case Manager: \_\_\_\_\_  
Reason for Referral: \_\_\_\_\_

### Subjective

Appetite:  Good  Fair  Poor  
GI complaints:  Yes  No If yes, check all that apply:  Diarrhea  Nausea  Constipation  
 Vomiting  Other \_\_\_\_\_  
Weight history: \_\_\_\_\_  
Feeding concerns:  Yes  No Describe: \_\_\_\_\_  
Parent/Guardian concerns: \_\_\_\_\_  
Health and Social Service program participation:  WIC  Food Stamps  Medicaid  ILP  
 HCP-CSHCN  ATAP  Healthy Families  Other:

### Objective

Gestational age \_\_\_\_\_ Birthweight \_\_\_\_\_ Length/Height \_\_\_\_\_ %tile  
Length/Height \_\_\_\_\_ %tile Head Circumference \_\_\_\_\_ %tile Weight/Height \_\_\_\_\_ %tile  
Laboratory Values: Hemoglobin: \_\_\_\_\_ Other: \_\_\_\_\_  
Medications:  Yes  No If yes, list: \_\_\_\_\_  
Drug/Nutrient Interaction: \_\_\_\_\_  
Vitamin/Mineral Supplements:  Yes  No Type: \_\_\_\_\_

### Assessment

Growth: \_\_\_\_\_  
Feeding Skills: \_\_\_\_\_  
Feeding Behavior: \_\_\_\_\_

### Plan (developed by client and provider)

1. Guardian Desired Outcomes: \_\_\_\_\_
2. Education Provided: \_\_\_\_\_
3. Action Plan: \_\_\_\_\_
4. Referrals: \_\_\_\_\_
5. Follow-up Needed?  Yes  No Reason for Follow-up: \_\_\_\_\_  
Date of Follow-up: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Phone Number: \_\_\_\_\_